



2019 World Rowing Championships Press Kit

August 25-September 1, 2019

Linz, Austria

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About the Event

The 2019 World Rowing Championships will be held from August 25-September 1 in Linz, Austria. The eight-day regatta offers 29 events including the men's and women's single sculls, lightweight single sculls, double sculls, lightweight double sculls, pair, lightweight pair, quadruple sculls, lightweight quadruple sculls, four and eight, as well as the para-rowing men's and women's PR1 single sculls, PR2 single sculls, and PR3 pair; PR2 mixed double sculls; PR3 mixed double sculls and PR3 mixed four with coxswain.

Men (M): 1x, 2x, 2-, 4x, 4-, 8+

Women (W): 1x, 2x, 2-, 4x, 4-, 8+

Lightweight Men (LM): 1x, 2x, 2-, 4x

Lightweight Women (LW): 1x, 2x, 2-, 4x

Para-Rowing: PR1W1x, PR1M1x, PR2M1x, PR2W1x, PR2Mix2x, PR3Mix2x, PR3W2-, PR3 M2-PR3Mix4+

The regatta is the premier event for senior rowers with the exception of the Olympic and Paralympic Games. The World Rowing Championships serve as a showcase for athletes as they prepare for the 2020 Olympic and Paralympic Games in Tokyo. The 2019 World Rowing Championships also are the initial step in the selection process for both the Olympic and Paralympic Games, as they serve as the first opportunity for countries to qualify their boats (not individual athletes) for 2020.

[Click here](#) for more information on FISA's Olympic qualification process.

[Click here](#) for more information on FISA's Paralympic qualification process.

About the Venue

The Linz-Ottensheim regatta course was constructed on an arm of the Danube in early 1972 before a lock and hydro-electric station was built. The extension to eight lanes was completed in 2006. Since 1972, international rowing regattas, as well as the Austrian Rowing Championships, have taken place regularly.

The venue has hosted the World Rowing Junior Championships in 1998, a World Rowing Cup in 2007, the World Rowing Junior and Non-Olympic Senior Championships in 2008, the Nations Cup in 1990 and 2001, the 2013 World Rowing Under 23 Championships and the 2018 World Rowing Cup II.

Please click [here](#) to view the location of the venue on Google Maps.

Important Links

World Rowing Championships Events Page:

<http://www.worldrowing.com/events/2019-world-rowing-championships/event-information>

World Rowing Championships Homepage (LOC): <https://www.wrch2019.com/>

USRowing Homepage: <http://www.usrowing.org>

USRowing Facebook: <https://www.facebook.com/USRowing/>

Event Press Releases

The most up-to-date event information is available at

<http://www.worldrowing.com/events/2019-world-rowing-championships/event-information>

and www.usrowing.org.

Press releases and a limited selection of event photos for editorial use are available by contacting the USRowing Communications Department. To be placed on USRowing's media distribution list, please email media@usrowing.org.

Social Media

The official account of USRowing is @USRowing. The official hashtag for the event is #WRC2019 or #WRChamps. USRowing will provide updates and short commentary via Twitter, Facebook and Instagram. Athletes, fans and media are encouraged to send messages using the official hashtags.

Interview policy for U.S. National Team Members

Most rowers and coaches are available for interviews on a daily basis outside of competition. USRowing's policy is to not release athlete phone numbers without prior approval from the athlete. Interviews or photos may be arranged on an individual basis by contacting Brett Johnson, Senior Director of Programs and Communications, at Brett.Johnson@USRowing.org.

General Event Schedule (Subject to Change)

Sunday, August 25: Heats

Monday, August 26: Heats, Repechages

Tuesday, August 27: Heats

Wednesday, August 28: Quarterfinals, Repechages, C/D/E/F Semifinals, E Finals

Thursday, August 29: A/B Semifinals, Repechages, C/D/E/F Semifinals, C/D/E/F Finals

Friday, August 30: A/B Finals, A/B Semifinals, C/D Semifinals

Saturday, August 31: A/B Finals, C/D/E/F/G Finals

Sunday, September 1: A/B Finals, C Finals

For the most up-to-date schedule, visit

www.worldrowing.com/events/2019-world-rowing-championships/event-information

2019 U.S. Senior National Team Roster

Name (Hometown/University/Club Affiliation)

Women's Single Sculls

Kara Kohler (Clayton, Calif./University of California, Berkeley/USRowing Training Center - Princeton)

Men's Single Sculls

Kevin Meador (Berkeley, Calif./Northeastern University/Riverside Boat Club)

Lightweight Women's Single Sculls

Emily Schmieg (Philadelphia, Pa./University of Pittsburgh/Potomac Boat Club)

Lightweight Men's Single Sculls

Tyler Nase (Phoenixville, Pa./Princeton University/Vesper Boat Club)

PR1 Women's Single Sculls

Hallie Smith (Washington, D.C./Smith College/Community Rowing, Inc.)

PR1 Men's Single Sculls

Blake Haxton (Columbus, Ohio/The Ohio State University/Upper Arlington Crew)

PR2 Women's Single Sculls

Madison Eberhard (Getzville, N.Y./West Side Rowing Club)

PR2 Men's Single Sculls

Isaac French (Glenville, N.Y./Saratoga Rowing Association)

Women's Double Sculls

(b) Cicely Madden (Weston, Mass./Brown University/Cambridge Boat Club)

(s) Genevra Stone (Newton, Mass./Princeton University/Cambridge Boat Club)

Men's Double Sculls

(b) Erik Frid (Madbury, N.H./Ithaca College/Penn AC Rowing Association)

(s) Justin Keen (Hatfield, Pa./Pennsylvania State University/Penn AC Rowing Association)

Lightweight Women's Double Sculls

(b) Michelle Sechser (Folsom, Calif./University of Tulsa/Vesper Boat Club)

(s) Christine Cavallo (Windermere, Fla./Stanford University/Hydrow Rowing Club)

Lightweight Men's Double Sculls

(b) Nick Trojan (Los Alamitos, Calif./Orange Coast College/Newport Aquatic Center)

(s) Andrew Campbell (New Canaan, Conn./Harvard University/Cambridge Boat Club)

PR2 Mixed Double Sculls

(b) Laura Goodkind (Los Angeles, Calif./Whittier College/Saratoga Rowing Association/Long Beach Rowing Association/California Adaptive Rowing Program)

(s) Russell Gernaat (Redwood City, Calif./Bair Island Aquatic Center)

PR3 Mixed Double Sculls

(b) Joshua Boissoneau (Bedford, N.H./Elmira College/Community Rowing, Inc.)

(s) Pearl Outlaw (Charlottesville, Va./Ithaca College/Community Rowing, Inc.)

Women's Quadruple Sculls

(b) Lauren Schmetterling (Moorestown, N.J./Colgate University/USRowing Training Center - Princeton)

(2) Sophia Vitas (Franklin, Wis./University of Wisconsin/USRowing Training Center - Princeton)

(3) Emily Huelskamp (Sainte Genevieve, Mo./Wheaton College/USRowing Training Center - Princeton)

(s) Kate Roach (North Oaks, Minn./Cornell University/USRowing Training Center - Princeton)

Men's Quadruple Sculls

(b) John Graves (Cincinnati, Ohio/Trinity College/Craftsbury Sculling Center)

(2) Tristan Amberger (Towson, Md./University of Wisconsin/Penn AC Rowing Association)

(3) Michael Knippen (Germantown, Wis./University of Wisconsin/Seattle Rowing Association)

(s) Gregory Ansolabehere (Bakersfield, Calif. /California State University, Sacramento/Penn AC Rowing Association)

Lightweight Women's Quadruple Sculls

(b) Mary Reckford (Short Hills, N.J./Dartmouth College/Bair Island Aquatic Center)

(2) Rosa Kemp (Putnam Valley, N.Y./University of Buffalo/Sarasota Crew)

(3) Michaela Copenhaver (Berkeley, Calif./Princeton University/GMS Rowing Center)

(s) Jessica Hyne-Dolan (Verdi, Nev./Arizona State University/Sarasota Crew)

Lightweight Men's Quadruple Sculls

- (b) Peter Schmidt (Providence, R.I./Drexel University/Potomac Boat Club)
- (2) Daniel Madden (New Rochelle, N.Y./Manhattan College/New York Athletic Club)
- (3) Jasper Liu (Phoenix, Ariz./University of Pennsylvania/Vesper Boat Club)
- (s) Zachary Heese (Pelham, N.Y./University of Virginia/Vesper Boat Club)

Women's Pair

- (b) Megan Kalmoe (St. Croix Falls, Wis./University of Washington/USRowing Training Center - Princeton/New York Athletic Club)
- (s) Tracy Eisser (Fair Lawn, N.J./Cornell University/USRowing Training Center - Princeton)

Men's Pair

- (b) Ezra Carlson (Eureka, Calif./University of Washington/USRowing Training Center - Oakland)
- (s) Anders Weiss (Barrington, R.I./Brown University/USRowing Training Center - Oakland)

Lightweight Women's Pair

- (b) Margaret Bertasi (London, England/Princeton University/GMS Rowing Center/Riverside Boat Club)
- (s) Cara Stawicki (Wall, N.J./Lehigh University/Penn AC Rowing Association/Sarasota Crew)

Lightweight Men's Pair

- (b) James Nelson (Austin, Texas/Franklin and Marshall College/Seattle Rowing Center)
- (s) Alex Twist (Seattle, Wash./University of Puget Sound/Riverside Boat Club)

PR3 Women's Pair

- (b) Jaclyn Smith (Williston Park, N.Y./Sacred Heart University/Great River Rowing)
- (s) Molly Moore (Indianapolis, Ind./Harvard College/Community Rowing, Inc.)

PR3 Men's Pair

- (b) Todd Vogt (Rochester, N.Y./University of Buffalo/Potomac Boat Club/Community Rowing, Inc.)
- (s) Andrew Wigren (Wellesley, Mass./Community Rowing, Inc.)

Women's Four

- (b) Vicky Opitz (Middleton, Wis./University of Wisconsin/USRowing Training Center - Princeton)
- (2) Madeleine Wanamaker (Neenah, Wis./University of Wisconsin/USRowing Training Center - Princeton)
- (3) Caryn Davies (Ithaca, N.Y./Harvard University/Union Boat Club)
- (s) Molly Bruggeman (Dayton, Ohio/University of Notre Dame/USRowing Training Center - Princeton)

Men's Four

- (b) Tom Peszek (Farmington Hills, Mich./University of Michigan/Texas Rowing Center/San Diego Rowing Club)
- (2) Tom Dethlefs (Lawrenceville, N.J./Yale University/USRowing Training Center - Oakland/New York Athletic Club)
- (3) Andrew Reed (Wayland, Mass./Harvard University/USRowing Training Center - Oakland)
- (s) Clark Dean (Sarasota, Fla./Harvard University/USRowing Training Center - Oakland)

PR3 Mixed Four with Coxswain

- (b) Allie Reilly (North Kingstown, R.I./University of Rhode Island/Community Rowing, Inc.)
- (2) John Tanguay (Pennington, N.J./Columbia University)
- (3) Charley Nordin (Alameda, Calif./Gonzaga University/Community Rowing, Inc.)
- (s) Dani Hansen (Patterson, Calif./University of Washington/Community Rowing, Inc.)
- (c) Karen Petrik (Glastonbury, Conn./University of Rhode Island/Community Rowing, Inc.)

Women's Eight

- (b) Felice Mueller (Cleveland, Ohio/University of Michigan/USRowing Training Center - Princeton)
- (2) Kristine O'Brien (Massapequa Park, N.Y./University of Virginia/USRowing Training Center - Princeton)
- (3) Meghan Musnicki (Naples, N.Y./Ithaca College/USRowing Training Center - Princeton)
- (4) Dana Moffat (Manlius, N.Y./University of California, Berkeley/USRowing Training Center - Princeton)
- (5) Olivia Coffey (Watkins Glen, N.Y./Harvard University/USRowing Training Center - Princeton)

- (6) Emily Regan (Buffalo, N.Y./Michigan State University/USRowing Training Center - Princeton)
- (7) Gia Doonan (Rochester, Mass./University of Texas/USRowing Training Center - Princeton)
- (s) Erin Reelick (Brookfield, Conn./Princeton University/USRowing Training Center - Princeton/New York Athletic Club)
- (c) Katelin Guregian (Detroit, Mich./University of Washington/USRowing Training Center - Princeton)

Men's Eight

- (b) Alex Karwoski (Moultonborough, N.H./Cornell University/USRowing Training Center - Oakland)
- (2) Patrick Eble (Fort Washington, Pa./Princeton University/USRowing Training Center - Oakland/Cambridge University Boat Club)
- (3) Conor Harrity (Weston, Mass./Harvard University/USRowing Training Center - Oakland)
- (4) Nick Mead (Strafford, Pa./Princeton University/USRowing Training Center - Oakland)
- (5) Alexander Richards (Watertown, Mass./Harvard University/Newell Training Center/USRowing Training Center - Oakland)
- (6) Mike DiSanto (Boston, Mass./Harvard University/USRowing Training Center - Oakland/ Oxford University Boat Club)
- (7) Ben Davison (Inverness, Fla./University of Washington/USRowing Training Center - Oakland)
- (s) Austin Hack (Old Lyme, Conn./Stanford University/USRowing Training Center - Oakland)
- (c) Julian Venonsky (Malvern, Pa./University of California, Berkeley/USRowing Training Center - Oakland)

Alternates

- Allyson Baker (North Royalton, Ohio/The Ohio State University/USRowing Training Center - Princeton)
- Kyle Flagg (Newport Beach, Calif./University of California, Berkeley/USRowing Training Center - Oakland)
- Regina Salmons (Jamestown, R.I./University of Pennsylvania/USRowing Training Center - Princeton)
- Elizabeth Sonshine (Short Hills, N.J./Bates College/USRowing Training Center - Princeton)

Coaches

Sasha Bailey, PR2 Women's Single Sculls
Sarah Baker, PR1 Women's Single Sculls
Guenter Beutter, Lightweight Women's Pair
Ben Carr, Men's Double Sculls
Peter Choi, PR3 Men's Pair
Shelagh Donohoe, PR3 Mixed Four with Coxswain
Yasmin Farooq, Women's Pair
Casey Galvanek, Lightweight Women's Quadruple Sculls
Hilary Gehman, Women's Quadruple Sculls
Sean Hall, Men's Quadruple Sculls
Alice Henderson, PR2 Mixed Double Sculls
Patrick Kington, PR1 Men's Single Sculls
Laurel Korholz, Women's Four/Women's Single Sculls
David Lefebvre, Lightweight Men's Pair
Matthew Madigan, Lightweight Women's Single Sculls
Peter Mansfield, Lightweight Men's Single Sculls/Lightweight Men's Quadruple Sculls
Tim McLaren, Men's Eight/Men's Four/Men's Pair
Christopher Meyer, PR2 Men's Single Sculls
Ellen Minzner, PR3 Women's Pair/Para High Performance Director
Linda Muri, Lightweight Men's Double Sculls/Lightweight Women's Double Sculls
Beth Noll, PR3 Mixed Double Sculls
Greg Stone, Women's Double Sculls
Michael Teti, Men's Eight/Men's Four
Tom Terhaar, Women's Eight
Stephen Whelpley, Men's Single Sculls

Support Staff

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Dr. Jo Hannafin, Team Doctor
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Dr. Kris Karlson, Team Doctor
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Patricia Kolesa, USRowing Dietetic Intern
Alicia Lamb, Team Physical Therapist
Deirdre McLoughlin, Team Physical Therapist

Patrick McNerney, USRowing CEO
Marc Nowak, Team Physical Therapist
Dr. Lonnie Sarnell, Sport Psychologist
Wendy Wilbur, Team Staff
Alex Wilson, Team Staff
Michael Zimmer, Team Leader

Event Preview

The U.S. will have 29 crews competing at the 2019 World Rowing Championships in Linz, Austria. The championships will feature nearly 1,200 athletes from 80 nations including the largest number of para-rowers ever at a World Rowing Championships.

At the 2018 World Rowing Championships, the U.S. came home with 10 medals including gold in the women's four, women's eight and PR3 women's pair; silver in the lightweight women's double sculls, PR3 mixed four with coxswain, and lightweight women's pair; and bronze in the women's double sculls, PR1 women's single sculls, lightweight men's single sculls and lightweight men's pair. This year's roster includes 51 members of the 2018 World Rowing Championships, 17 Olympians and four Paralympians.

The 2019 World Rowing Championships are the initial step in the selection process for the Olympic and Paralympic Games, as they serve as the first opportunity for countries to qualify their boats (not individual athletes) for 2020. The U.S. will be looking to build upon last year's performance, as well as qualify as many of the 14 Olympic and four Paralympic boat classes as possible for Tokyo.

After a one-year hiatus from the top of the medal stand, the U.S. women's eight once again won gold at the 2018 World Rowing Championships ahead of Canada and Australia. This year's lineup includes **Katelin Guregian, Erin Reelick, Gia Doonan, Emily Regan, Olivia Coffey, Dana Moffat, Meghan Musnicki, Kristine O'Brien** and **Felice Mueller**. Reelick and Musnicki are the additions to the lineup. Reelick won gold in the four last year, while the two-time Olympic gold medalist Musnicki returns to the team after taking a couple of years off following the 2016 Olympic Games in Rio. There are 11 entries in the women's eight this year.

This year's men's eight lineup will be looking to improve on last year's fourth-place finish at the world championships. The crew of coxswain **Julian Venonsky, Austin Hack, Ben Davison, Mike DiSanto, Alexander Richards, Nick Mead, Conor Harrity, Patrick Eble** and **Alex Karwoski** includes four rowers plus the coxswain from last year's boat. Davison, Richards and Mead were all in other boats last year, while Hack returns after taking two years off following the 2016 Olympic Games. Ten men's eights are entered in the event. Last year, Germany, Australia and Great Britain won the medals.

Last year, the U.S. won gold in the women's four, with Australia and Russia taking home the other two medals. This year's boat returns **Molly Bruggeman** and **Madeleine Wanamaker** from the gold-medal crew, with **Caryn Davies** and **Vicky Opitz** being added to the mix. Davies is making her first international appearance since stroking the women's eight to gold at the 2012 Olympic Games in London. Opitz won gold in the eight and finished ninth in the pair at last year's world championships. Sixteen crews are entered in the event in Linz.

The PR3 mixed four with coxswain won the silver medal at the 2018 World Rowing Championships behind Great Britain. This year's lineup includes coxswain **Karen Petrik, Dani Hansen, Charley Nordin, John Tanguay** and **Allie Reilly**. Hansen, Nordin and Reilly all raced in the boat last year, while Petrik and Tanguay are national team rookies. France rounded out the medals last year, winning the bronze. This year's field includes 17 crews.

In the women's single sculls, **Kara Kohler** returns after finishing fourth at last year's world championships. Kohler will take on an impressive field that has entries from 39 nations and features reigning world champion Sanita Puspure of Ireland, 2017 world champion and 2018 silver medalist Jeannine Gmelin of Switzerland, and hometown favorite and 2018 bronze medalist Magdalena Lobnig, as well as the return of New Zealand's Emma Twigg.

Hallie Smith won bronze in the PR1 women's single sculls last year and will be looking to get back on the medal stand in 2019. There are 14 entries in the event this year, six more than in 2018. Reigning world champion and world-record holder Birgit Skarstein from Norway is the sculler to beat. Israel's Moran Samuel, last year's silver medalist, returns to race as well.

After finishing fourth last year in the PR1 men's single sculls, 2016 Paralympian **Blake Haxton** will be racing against 26 other scullers in Linz. Last year's medalists from Australia, Ukraine and Russia all return to this year's field.

Kevin Meador returns in the men's single sculls and is one of 44 scullers scheduled to compete in Linz. The field includes Norway's Kjetil Borch, the reigning world champion, the Czech Republic's Ondrej Synek, Lithuania's Mindaugas Griskonis and Cuba's Angel Fournier Rodriguez, among others. Meador finished 20th last year.

In the women's double sculls, the U.S. tandem of **Gevvie Stone**, 2016 Olympic silver medalist in the single sculls, and **Cicely Madden** defeated the reigning world championship bronze medalists, **Ellen Tomek** and **Meghan O'Leary**, at the U.S. National Team Trials in May. Stone and Madden then went on to win a silver medal behind New Zealand's Brooke Donoghue and Olivia Loe in their first international race together in June at World Rowing Cup II in Poznan, Poland. The duo will take on 21 other crews in Linz. Last year, Lithuania won gold, while New Zealand's Donoghue and Loe won silver. Both crews return with the same lineups in 2019.

The men's double sculls has 31 entries including the U.S. duo of **Justin Keen** and **Erik Frid**. Keen and Frid were part of the U.S. quadruple sculls last year. France, Switzerland and New Zealand won the medals last year, with the U.S. finishing 14th. All three medal-winning crews return in 2019.

The U.S. won the silver medal in the lightweight women's double sculls last year but sees a new lineup this year as **Christine Cavallo** and **Michelle Sechser** team up. Cavallo raced in the lightweight quadruple sculls last year, while Sechser competed in the lightweight single sculls.

Romania's gold-medal double is back, as is The Netherlands' bronze-medal combination. There are 28 boats entered in the event.

In the lightweight men's double sculls, **Andrew Campbell** will team up with **Nick Trojan** for the U.S. Campbell, who won bronze in the lightweight single last year, reached the finals in the lightweight double at the 2016 Olympics in Rio with a different partner. Trojan brings experience to the boat as well. Last year, Ireland, Italy and Belgium won the medals. Thirty-three lightweight doubles are scheduled to go to the line in Linz.

In the PR2 mixed double sculls, **Laura Goodkind** and **Russell Gernaat** are one of 12 entries scheduled to race. Goodkind raced in the event last year, while Gernaat returns to the national team for the first time since 2017. The Netherlands, Poland and Ukraine won the medals last year.

The women's pair of **Tracy Eisser** and **Megan Kalmoe** won a bronze medal at the 2019 World Rowing Cup II in Poznan and won silver in the event at the 2017 World Rowing Championships on home soil in Sarasota-Bradenton, Fla. Eisser and Kalmoe will be looking to return to the medal stand in Linz. Last year, the U.S. finished ninth with a different lineup. Canada, New Zealand and Spain won the three medals in 2018. Twenty-six boats are scheduled to race in the event in 2019.

Anders Weiss returns to race in the pair for the fourth consecutive year, this time with **Ezra Carlson** as his partner. Weiss' boat finished 15th last year, with Croatia, Romania, and France winning the medals. Twenty-nine crews are entered in the event this year.

In the women's quadruple sculls, the U.S. crew of **Kate Roach**, **Emily Huelskamp**, **Sophia Vitas** and **Lauren Schmetterling** will be looking to improve on last year's sixth-place finish. Only Huelskamp returns from the 2018 boat. The U.S. will face off against 11 other countries. Poland, Germany and The Netherlands won the medals last year.

The men's quadruple sculls crew of **Gregory Ansolabehere**, **Tristan Amberger**, **Michael Knippen** and **John Graves** finished eighth at the World Rowing Cup race in Poznan earlier this summer. Nineteen countries have entered the event in Linz, including the defending world champions from Italy, and the silver and bronze medalists from Australia and Ukraine.

The men's four features three senior national team veterans and a senior national team rookie. **Clark Dean**, who won gold in the junior men's single sculls just last year at the 2018 World Rowing Junior Championships, joins veterans **Andrew Reed**, **Tom Dethlefs**, and **Tom Peszek** in the U.S. lineup. Twenty-two crews will be racing in Linz. Last year, Australia, Italy and Great Britain won the medals with the U.S. finishing 13th.

In the lightweight women's single sculls, **Emily Schmiege** will take on 18 other scullers. Schmiege won a silver medal last year in the lightweight double sculls. In the lightweight single,

France, Italy and Great Britain won the medals, with American **Michelle Sechser** finishing fourth. None of the medalists from 2018 return in the event, so the medals appear to be up for grabs.

Tyler Nase, a 2016 Olympian in the lightweight men's four, returns to international competition in the lightweight men's single sculls. Last year, American **Andrew Campbell** won the bronze medal in the event. Campbell has moved on to the lightweight double sculls this year. Germany and Switzerland took the top two spots in 2018, but like Campbell, they are not entered in the event this year. This year's field includes 32 scullers.

In the PR2 women's single sculls, **Madison Eberhard** will be making her international debut. Eberhard will take on five other scullers. France, The Netherlands, and Poland won the medals last year, with only the Dutch sculler returning in 2019.

In the PR2 men's single sculls, **Isaac French** returns to the national team after taking last year off. French is one of eight scullers entered in the event. Last year, The Netherlands' Corne de Koning won gold, with Canada and Italy taking home silver and bronze, respectively. All three medalists return in 2019.

Pearl Outlaw and **Joshua Boissoneau** return to the national team in the PR3 mixed double sculls after finishing fifth last year. Seven boats are entered in the race in 2019. Brazil, Austria and Russia won the medals last year.

Mary Reckford, **Rosa Kemp**, **Michaela Copenhaver** and **Jessica Hyne-Dolan** will take on four other crews in the lightweight women's quadruple sculls. The U.S. finished fourth in the event last year behind China, Denmark and Germany. Only Copenhaver returns from that crew.

The lightweight men's quadruple sculls crew of **Jasper Liu**, **Daniel Madden**, **Peter Schmidt** and **Zachary Heese** will face seven other boats in Linz. The U.S. finished 10th last year, with Germany, Italy and Turkey bringing home the medals.

Five boats are entered in the lightweight women's pair including the U.S. crew of **Cara Stawicki** and **Margaret Bertasi**. The U.S won silver last year behind Italy.

The lightweight men's pair features **Alex Twist** and **James Nelson**. Last year, the U.S. finished third behind Italy and Greece. This year's event has nine entries.

In last year's debut of the PR3 women's pair, **Jaclyn Smith** and **Dani Hansen** won the gold medal as the lone entry in the event. This year, Smith will race with **Molly Moore** against the crew from Italy.

In the PR3 men's pair, **Todd Vogt** and **Andrew Wigren** will compete against seven other crews. Vogt and Wigren are making their national team debuts. Canada, Australia and France won the medals last year. The U.S. did not enter the event in 2018.

Athlete Bios

Tristan Amberger

Men's Quadruple Sculls

Date of Birth: 5/21/1996

Birthplace: Baltimore, Md.

Hometown: Towson, Md.

Current Residence: Philadelphia, Pa.

Height: 6'11"

Weight: 215

High School: Towson High School

Undergraduate Education: University of Wisconsin, Personal Finance, 2018

Current Club Affiliation: Penn AC Rowing Association

Current Coach: Sean Hall

Training Location: Philadelphia, Pa.

National Teams: Two – Under 23, 2017; Senior, 2019

International Results: Placed eighth in the quadruple sculls at the 2019 World Rowing Cup II...Made the quadruple sculls at the 2017 World Rowing Under 23 Championships but was unable to compete due to injury.

National Results: Won the quadruple sculls at the 2019 Senior World Championships Trials...Finished sixth in the double sculls at the 2019 National Selection Regatta II...Finished 12th in the varsity eight at the 2018 Intercollegiate Rowing Association (IRA) Championships...Finished 11th in the varsity eight at the 2017 Intercollegiate Rowing Association (IRA) Championships.

Personal: Tristan began rowing at a learn-to-row camp after getting cut from the basketball team his freshman year in high school.

Gregory Ansolabehere

Men's Quadruple Sculls

Date of Birth: 9/19/1986

Birthplace: Bakersfield, Calif.

Hometown: Bakersfield, Calif.

Current Residence: Philadelphia, Pa.

Height: 6'6"

Weight: 215

High School: Centennial High School

Undergraduate Education: Bakersfield College/California State University, Sacramento, 2009

Current Club Affiliation: Penn AC Rowing Association

Current Coach: Sean Hall

Training Location: Philadelphia, Pa.

National Teams: Two – Senior, 2018-19

International Results: Finished eighth in the quadruple sculls at the 2019 World Rowing Cup II...Finished 11th in the quadruple sculls at the 2018 World Rowing Championships...Finished ninth in the quadruple sculls at the 2018 World Rowing Cup II...Finished 11th in the quadruple sculls at the 2017 World Rowing Cup III.

National Results: Finished third in the single sculls at the 2016 U.S. Olympic Trials - Rowing.

Personal: Gregory was named the 2018 Schuylkill Navy Male Athlete of the Year...He enjoys working on cars, home renovation and construction, manual labor and hiking...He likes German cars and is a classical music enthusiast...Gregory said that rowing found him at Sacramento States...He used to weigh 320 pounds in high school and stuck with rowing to keep the weight off...His [story](#) was featured in USA Today during the 2016 Olympic Trials...Gregory said his dad is his role model for always being there to help and his unwavering support.

Allyson Baker

Women's Alternate

Date of Birth: 8/14/1994

Birthplace: North Royalton, Ohio

Hometown: North Royalton, Ohio

Current Residence: Princeton, N.J.

Height: 5'11"

Weight: 175

High School: North Royalton High School

Undergraduate Education: The Ohio State University, B.S. Health and Rehabilitation Sciences, 2016

Current Club Affiliation: USRowing Training Center - Princeton

Current Coaches: Tom Terhaar, Laurel Korholz

Training Location: Princeton, N.J.

National Teams: One – Senior, 2019

International Results: Finished fourth in the four and seventh in the pair at the 2019 World Rowing Cup II.

National Results: Finished third in the pair at the 2019 National Selection Regatta I...Finished second in the second varsity eight at the 2016 NCAA Women's Rowing Championships...Finished second in the second varsity at the 2015 NCAA Women's Rowing Championships...Won the national team title at the 2015 NCAA Women's Rowing Championships and finished second in the team standings at the 2016 NCAA Women's Rowing Championships...Was a four-time team champion at the Big 10 Conference Championships while at Ohio State.

Personal: Allyson was a three-time Ohio State Scholar Athlete. She was a CRCA National Scholar Athlete and Academic All-Big Ten. In 2015, she was named Ohio State Rowing's Most Improved Athlete. She enjoys baking, playing golf with her dad and cheering on Ohio State athletics. She was a three-year letter winner and MVP of her high school golf team and competed on the Southwest Junior Golf Tour and Golf Week Junior Tour. She was scouted on campus sophomore year of college and began on the novice team in the fall of 2013 at Ohio State.

Margaret Bertasi

Lightweight Women's Pair

Date of Birth: 11/1/1992

Birthplace: Sacramento, Calif.

Hometown: London, England

Current Residence: Boston, Mass.

Height: 5'9"

Weight: 126

High School: American School in London

Undergraduate Education: Princeton University, B.A. History; Minor in Environmental Studies; Minor in Energy Technology; 2014

Current Club Affiliations: GMS Rowing Center/Riverside Boat Club

Current Coach: Guenter Beutter

Training Locations: New Milford, Conn./Boston Mass.

National Teams: Five – Junior, 2009-10; Under 23, 2014; Senior, 2018-19

International Results: Finished fourth in the lightweight quadruple sculls at the 2018 World Rowing Championships...Finished seventh in the quadruple sculls at the 2014 World Rowing Under 23 Championships...Finished sixth in the quadruple sculls at the 2010 World Rowing Junior Championships...Finished ninth in the quadruple sculls at the 2009 World Rowing Junior Championships.

National Results: Finished fourth in the double sculls at the 2017 World Championship Trials...Won the double sculls at the 2014 Under 23 World Championship Trials...Won the varsity eight at the 2014 Ivy League Championships and finished seventh at the 2014 NCAA Women's Rowing Championships...Finished third in the second varsity eight at the 2013 Ivy League Championships and finished sixth at the 2013 NCAA Women's Rowing Championships...Won the second varsity eight race at the 2012 Ivy League Championships and finished fourth at the 2012 NCAA Women's Rowing Championships...Won the varsity four at the 2011 Eastern Women's Sprints and finished ninth the 2011 NCAA Women's Rowing Championships...Coached the lightweight quadruple sculls at the 2015 World Rowing Under 23 Championships.

Personal: Margaret was named Athlete of the Year in 2009 and 2010 at the American School in London and was All-Ivy League at Princeton in 2014. She enjoys baking, cooking, and knitting because she loves the creativity in all of them. Margaret also enjoys telemark skiing, snowboarding, trying new things & foods, and drinking coffee. She is a huge winter sports-woman and is only hindered in her pursuits by the fact that it takes away from much-needed erg time. She grew up a soccer player and ski racer before her family moved to London where there were no mountains for her to race down. She started rowing because her older sister was a rower, and she was in the market for a new sport. Her personal hero is her mom, Sarah, who grew up playing sports and took up adventure racing (with her dad) while simultaneously raising four young children. Margaret said seeing her drive and commitment in

such an intense sport greatly impacted her development as an athlete, and she wouldn't be where she was today if not for her mother.

Joshua Boissoneau

PR3 Mixed Double Sculls

Date of Birth: 9/10/1987

Birthplace: Manchester, N.H.

Hometown: Bedford, N.H.

Current Residence: Brighton, Mass.

Height: 5'10"

Weight: 165

Began Rowing: 2015, Community Rowing, Inc.

Undergraduate Education: Assumption College

Current Club Affiliation: Community Rowing, Inc.

Current Coaches: Beth Noll, Sarah Baker

Training Location: Brighton, Mass.

National Teams: Two – Senior, 2018-19

International Results: Finished fifth in the PR3 mixed double sculls at the 2018 World Rowing Championships.

National Results: Finished second in the mixed inclusion double sculls at the 2018 Head of the Charles.

Personal: Joshua is a former competitive hockey and lacrosse player. He transitioned to competitive para-rowing in 2015 after coming down with an undiagnosed neurological disease. Due to this life-altering event, he was unable to play competitive hockey, and while at the local gym, the only cardio he could perform was on the erg. He said that since finding rowing his competitive drive has returned, providing him the confidence to follow his dreams and make the national team. His hobbies included ice hockey, lacrosse, auto racing and camping.

Molly Bruggeman

Women's Four

Date of Birth: 6/19/1992

Birthplace: Dayton, Ohio

Hometown: Dayton, Ohio

Current Residence: Princeton, N.J.

Height: 5'11"

Weight: 175

Began Rowing: Dayton Boat Club, 2007

High School: Chaminade-Julienne High School

Undergraduate Education: University of Notre Dame, Anthropology and Pre-Health (supplementary), 2014

Current Club Affiliation: USRowing Training Center - Princeton

Current Coaches: Tom Terhaar, Laurel Korholz

Training Location: Princeton, N.J.

National Teams: Seven – Under 23, 2013-14; Pan American Games, 2015; Senior, 2016-19

International Results: Finished fourth in the four at the 2019 World Rowing Cup II...Finished fourth in the four at 2019 World Rowing Cup I...Won gold in the four at the 2018 World Rowing Championships...Finished fourth in the pair at the 2018 World Rowing Cup III...Finished fourth in the four at the 2017 World Rowing Championships...Finished third in the eight and fourth in the four at the 2017 World Rowing Cup II...Placed second in the four at the 2016 World Rowing Championships...Won the pair at the 2015 Pan American Games...Won the four and eight at the 2014 World Rowing Under 23 Championships...Placed sixth in the quadruple sculls at the 2013 World Rowing Under 23 Championships...Placed sixth in the four at the 2012 World Rowing Under 23 Championships.

National Results: Finished third in the pair at the 2017 Spring Speed Order 1...Won the pair at the 2015 Pan American Games Trials...Finished ninth in the eight at the 2014 NCAA Women's Rowing Championships...Finished sixth in the championship women's eight at the 2013 Head of the Charles...Finished 13th in the eight at the 2013 NCAA Women's Rowing Championships...Finished 16th in the varsity eight at the 2012 NCAA Women's Rowing Championships...Finished second in the senior eight at the 2011 USRowing Club National Championships...Finished fifth in the four with coxswain at the 2011 Head of the Charles...Finished sixth in the four with coxswain at the 2010 USRowing Youth National Championships...Finished fifth in the four with coxswain at the 2009 USRowing Youth National Championships...Finished fourth in the four with coxswain at the 2008 USRowing Youth National Championships.

Personal: Molly enjoys reading, drinking coffee, watching movies and hanging out with friends. She has two older brothers and a younger sister and has a dog named George. She was a First-Team Collegiate Rowing Coaches Association Pocock All-American in 2011 and 2012 and a Second-Team CRCA Pocock All-American in 2014. She was a First-Team All-Big East selection in 2011 and 2013 and a First-Team All-ACC selection in 2014. She lists her most memorable sporting achievement as winning the Midwest Regional Championships in the four with coxswain in 2010. Molly lists Mike Miles, her coach at Dayton Boat Club, as the most influential person in her sporting career.

Andrew Campbell

Lightweight Men's Double Sculls

Date of Birth: 2/2/1992

Birthplace: Barrington, Ill.

Hometown: New Canaan, Conn.

Current Residence: Cambridge, Mass.

Height: 5'10"

Weight: 155

Began Rowing: Maritime Rowing Club, 2005

High School: New Canaan High School

Undergraduate Education: Harvard University

Current Club Affiliation: Cambridge Boat Club

Current Coach: Linda Muri

Training Location: Cambridge, Mass.

National Teams: Thirteen – Junior, 2010; Under 23, 2009, 2011, 2013-14; Senior, 2011-2016, 2018-19

International Results: Finished 15th in the lightweight double sculls at the 2019 World Rowing Cup II...Won bronze in the lightweight single sculls at the 2018 World Rowing Championships...Placed fifth in the lightweight double sculls at the 2016 Olympic Games...Placed sixth in the lightweight double sculls at the 2016 World Rowing Cup II...Finished eighth in the lightweight double sculls at the 2015 World Rowing Championships...Placed fourth in the lightweight double sculls at the 2015 World Rowing Cup II...Finished 13th in the lightweight single sculls at the 2014 World Rowing Championships...Won gold in the lightweight single sculls at the 2014 World Rowing Under 23 Championships...Finished seventh in the lightweight single sculls at the 2013 World Rowing Championships...Won gold in the lightweight single sculls at the 2013 World Rowing Under 23 Championships...Placed third in the lightweight single sculls at the 2012 World Rowing Championships...Finished third in the lightweight double sculls at the 2012 Final Olympic Qualification Regatta...Finished fourth in the lightweight single sculls at the 2011 World Rowing Championships...Placed third in the lightweight single sculls at the 2011 World Rowing Under 23 Championships...Placed third in the single sculls at the 2010 World Rowing Junior Championships...Finished seventeenth in the lightweight double sculls at the 2009 World Rowing Under 23 Championships.

National Results: Won the lightweight double sculls at the 2016 Olympic & Paralympic Team Trials...Won the lightweight double sculls at the 2015 National Selection Regatta 1...Won the lightweight single sculls at the 2014 World Championship Trials...Won the lightweight single sculls at the 2014 Under 23 World Championship Trials...Won the lightweight single sculls at the 2013 World Championships Trials...Won the lightweight single sculls at the 2013 Under 23 World Championships Trials...Won the lightweight single sculls at 2012 World Rowing Non-Olympic Senior Championship Trials...Won the lightweight double sculls at the 2012 Non-Qualified Small Boat Olympic Trials...Finished second in the championship double sculls at the 2011 Head of the Charles Regatta...Won the lightweight single sculls at the 2011 World Championships Trials...Won the lightweight single sculls at the 2011 Under 23 World Championships Trials...Won the lightweight single sculls and finished third in the lightweight double sculls at the 2011 USRowing National Championships...Finished seventh in the lightweight freshman eight at the 2011 Eastern Sprints Regatta...Won the single sculls and the lightweight double sculls at the 2010 USRowing Youth National Championships...Finished second in the lightweight double sculls at the 2009 USRowing Youth National Championships...Finished fourth in the lightweight double sculls at the 2008 USRowing National Championships.

Ezra Carlson

Men's Pair

Date of Birth: 4/28/1994

Birthplace: Trinidad, Calif.

Hometown: Eureka, Calif.

Current Residence: Oakland, Calif.

Height: 6'3"

Weight: 175

Began Rowing: Humboldt Bay Rowing Association, 2005

High School: Eureka Senior High School

Undergraduate Education: University of Washington

Current Club Affiliation: USRowing Training Center - Oakland

Current Coaches: Tim McLaren, Mike Teti

Training Location: Oakland, Calif.

National Teams: Three – Junior, 2012; Under 23, 2016; Senior, 2019

International Results: Finished sixth in the four with coxswain at the 2016 World Rowing Under 23 Championships...Finished 14th in the quadruple sculls at the 2012 World Rowing Junior Championships.

National Results: Won the four with coxswain at the 2016 Junior, Under 23 and Senior Team Trials...Won gold in the eight at the 2015 Intercollegiate Rowing Association (IRA) Championships...Won gold in the eight at the 2015 Pac-12 Championships...Took fourth place in double sculls at the 2012 USRowing Youth National Championships...Placed seventh in single sculls at the 2011 USRowing Youth National Championships...Finished in sixth place in the double sculls at the 2010 USRowing Youth National Championships.

Personal: Ezra's most memorable sporting achievement was qualifying for and competing at the 2010 USRowing Youth National Championships in the junior men's double sculls. He likes to go mountain biking and running. He first started rowing because he wanted to follow in his older brother's footsteps.

Christine Cavallo

Lightweight Women's Double Sculls

Date of Birth: 5/5/1995

Birthplace: Orlando, Fla.

Hometown: Windermere, Fla.

Current Residence: Boston, Mass.

Height: 5'5"

Weight: 128

Began Rowing: 2006

High School: Olympia High School

Undergraduate Education: Stanford University, International Relations, 2017

Graduate Education: Stanford University, MA in Environmental Communications, 2020

Current Club Affiliation: Hydrow Rowing Club

Training Location: Boston, Mass.

National Teams: Six – Junior, 2012-13; Under 23, 2014, 2017; Senior, 2018-19

International Results: Finished sixth in the lightweight double sculls at the 2019 World Rowing Cup II...Finished fourth in the lightweight quadruple sculls at the 2018 World Rowing Championships...Finished fourth in the lightweight single sculls at the 2018 World Rowing Cup

II...Finished 10th in the lightweight double sculls at the 2018 World Rowing Cup I...Won the lightweight category at the 2018 World Rowing Indoor Championships, setting a new world record...Finished sixth in the quadruple sculls at the 2017 World Rowing Under 23 Championships...Finished fifth in the lightweight quadruple sculls at the 2014 World Rowing Under 23 Championships...Finished fifth in the pair at the 2013 World Rowing Junior Championships...Won a silver medal in the junior pair, a first medal for the United States in the event, at the 2012 World Rowing Senior and Junior Championships.

National Results: Won the lightweight quadruple sculls at the 2014 Under 23 World Championship Trials...Took second in the lightweight eight at the 2014 IRA Championships...Finished first in the pair at the 2013 Junior World Championship Trials...Finished second in the pair at 2013 USRowing Youth National Championships...Won the pair at the 2012 Junior World Championships Trials...Set a world record in the junior lightweight 2,000-meter and 500-meter events at the 2012 and 2013 C.R.A.S.H.-B. Indoor Rowing Championships.

Personal: Christine likes to run and go to the beach. Her personal heroes are her mother and father. She has a younger sister, Elizabeth and three dogs. Sometimes, she dances before her races. The sporting accomplishment she is most proud of is beating the odds of her young lineup and taking second at states in Florida her senior year of high school. Kirsten Anderson, Al Acosta and Cass Cunningham have had the most influence on her sporting career.

Olivia Coffey

Women's Eight

Date of Birth: 1/29/1989

Birthplace: Elmira, N.Y.

Hometown: Watkins Glen, N.Y.

Current Residence: Princeton, N.J.

Height: 6'1"

Weight: 170

High School: Phillips Academy Andover

Undergraduate Education: Harvard University

Graduate Education: Cambridge University

Current Club Affiliation: USRowing Training Center - Princeton

Current Coaches: Tom Terhaar, Laurel Korholz

Training Location: Princeton, N.J.

National Teams: Eight – Under 23, 2009-2011; Senior, 2013-15, 2018-19

International Results: Won silver in the eight at the 2019 World Rowing Cup II...Finished fifth in the four and eighth in the pair at the 2019 World Rowing Cup I...Won gold in the eight at the 2018 World Rowing Championships...Finished third in the eight at the 2018 World Rowing Cup III...Finished sixth in the quadruple sculls at the 2016 World Rowing Cup II...Won gold in the quadruple sculls at the 2015 World Rowing Championships...Won gold in the eight and the four at the 2015 World Rowing Cup II...Won bronze in the quadruple sculls at the 2014 World Rowing Championships...Won gold in the four at the 2013 World Rowing Championships...Won bronze in the eight at the 2011 World Rowing Under 23 Championships...Won gold in the eight

at the 2010 World Rowing Under 23 Championships...Won silver in the eight at the 2009 World Rowing Under 23 Championships.

National Results: Finished fifth in the pair at the 2015 National Selection Regatta I...Finished third in the pair at the 2014 National Selection Regatta I...Won the four at the 2013 World Championships Trials.

Personal: Olivia's father stroked the men's pair to a silver medal at the 1976 Olympics. She has three older sisters.

Michaela Copenhaver

Lightweight Women's Quadruple Sculls

Date of Birth: 11/29/1989

Birthplace: Berkeley, Calif.

Hometown: Berkeley, Calif.

Current Residence: New Milford, Conn.

Height: 5'7"

Weight: 125

Began Rowing: Berkeley High School, 2003

High School: Berkeley High School

Undergraduate Education: Princeton University

Current Club Affiliation: GMS Rowing Center

Current Coach: Guenter Beutter

Training Location: New Milford, Conn.

National Teams: Two – Senior, 2018-19

International Results: Finished fourth in the lightweight quadruple sculls at the 2018 World Rowing Championships...Finished fourth in the lightweight quadruple sculls at the 2013 Sydney International Rowing Regatta...Placed first in the senior quadruple sculls at the 2012 Canadian Henley.

National Results: Won the lightweight quadruple sculls at the 2019 USRowing Senior World Championships Trials III...Won the lightweight quadruple sculls at the 2018 USRowing Senior/Para World Championships Trials II...Placed third in the lightweight single sculls at the 2017 World Championship Trials...Placed second in the lightweight single sculls at the 2016 Non-Olympic World Championship Trials...Placed first in the lightweight double sculls at the 2015 USRowing National Championships...Placed first in the lightweight quadruple sculls at the 2014 USRowing National Championships...Placed second in the lightweight eight at the 2011 IRA Championships.

Personal: Michaela enjoys dancing, eating, gardening, reading, learning foreign languages, bicycling, and trail running. She works as a high school math/science tutor. She's been married for seven years to her husband, Dan. Her older sister was a coxswain on their high school team and recruited Michaela.

Caryn Davies

Women's Four

Date of Birth: 4/14/1982

Birthplace: Ithaca, N.Y.

Hometown: Ithaca, N.Y.

Current Residence: Boston, Mass.

Height: 6'4"

Weight: 175

Began Rowing: The Friends' School, Tasmania, Australia, 1996

High School: Ithaca High School

Undergraduate Education: Harvard College, 2005

Graduate Education: Columbia Law School, J.D., 2013

Current Club Affiliation: Union Boat Club

Current Coaches: Dave Ringham, Tom Terhaar, Laurel Korholz

Training Location: Princeton, N.J.

National Teams: Twelve – Junior, 1999-2000; Senior, 2002-2008, 2011-12, 2019

International Results: Won the 2015 Oxford-Cambridge Boat Race...Won gold in the eight at the 2012 Olympic Games...Won gold and set a world record (5:54.17) in the heat in the eight at the 2012 World Rowing Cup II...Finished eighth in the pair at the 2011 World Rowing Championships...Won gold in the eight at the 2011 World Rowing Cup III...Won the Princess Grace Challenge Cup at the 2011 Henley Royal Regatta...Won gold in the eight at the 2008 Olympic Games in Beijing...Won gold in the eight at the 2008 World Rowing Cup II...Won gold in the eight at the 2007 World Rowing Championships...Won gold and set a world record in the eight at the 2006 World Rowing Championships...Took silver in the eight at the 2006 World Rowing Cup III...Finished fifth in the quadruple sculls at the 2005 World Rowing Championships...Took bronze in the quadruple sculls at the 2005 World Rowing Cup in Munich...Took silver in the eight at the 2004 Olympic Games in Athens...Won gold in the eight at the 2004 World Rowing Cup II...Won gold in the eight and took bronze in the pair at the 2004 World Rowing Cup I...Won gold in the four at the 2003 World Rowing Championships...Won gold in the eight at the 2002 World Rowing Championships...Won gold in the four and finished fourth in the eight at the 2000 World Rowing Junior Championships...Took silver in the eight and finished fourth in the four at the 1999 World Rowing Junior Championships.

National Results: Finished fourth in the pair at the 2012 National Selection Regatta #1...Won the pair at the 2011 Senior World Championship Trials...Finished second in the four and third in the quadruple sculls at the 2006 Australian National Championships...Won the championship double at the 2005 Head of the Charles Regatta...Finished third in the varsity eight at the 2005 NCAA Championships...Won the varsity eight and the team championship at the 2003 NCAA Championships...Won the single sculls at the 2000 USRowing Youth Invitational...Finished second in the single sculls at the 1998 and 1999 USRowing Youth Invitational.

Personal: Caryn was a three-time finalist for World Rowing's Thomas Keller Medal (the highest honor in the sport). She enjoys hiking, skiing, paddling, and listening to books on Audible. In the seven years between retiring from international competition in 2012 and returning in 2019, Caryn graduated from law school, worked as a judicial clerk on the Ninth Circuit Court of Appeals in Honolulu, won a Hawaii state championship in outrigger canoeing, earned her MBA, and worked for three years as a corporate lawyer in Boston. She returned to

rowing when she realized that she will never be the best lawyer in the world, but she can still be one of the best oarswomen. She was scouted in a local supermarket at 12 years old, as she was already almost 6-foot tall. She lists her brother, Kenneth, as one of her personal heroes. Caryn likes to joke that he's the brains of the family, while she's the brawn, but actually he was the rowing team captain at Cornell the same year he graduated top of his class in engineering. She looks up to him in all respects, which is why she cherishes her memory from the Olympics in Beijing when he hoisted her on his shoulders and ran around the friends and family enclosure proclaiming, "My sister won a gold medal!" Caryn is a motivational speaker and performance coach (www.caryndavies.com) and also has her own law practice (www.caryndavieslaw.com).

Ben Davison

Men's Eight

Date of Birth: 7/24/1996

Birthplace: Durham, England

Hometown: Inverness, Fla.

Current Residence: Oakland, Calif.

Height: 6'4"

Weight: 190

High School: Citrus High School

Undergraduate Education: University of Washington

Current Club Affiliation: USRowing Training Center - Oakland

Current Coach: Mike Teti, Tim McLaren

Training Location: Oakland, Calif.

National Teams: Eleven – Junior, 2013-14; Under 23, 2014-18; Senior, 2016-19

International Results: Finished 14th in the double sculls at the 2018 World Rowing Championships...Finished fourth in the single sculls at the 2018 World Rowing Under 23 Championships...Finished seventh in the double sculls at the 2018 World Rowing Cup III...Finished ninth in the double sculls at the 2017 World Rowing Championships...Won bronze in the four with coxswain at the 2017 World Rowing Under 23 Championships...Finished seventh in the single sculls at the 2016 World Rowing Under 23 Championships...Raced in the quadruple sculls at the 2016 World Rowing Cup II...Finished third in the quadruple sculls at the 2016 European and Final Olympic Qualification Regatta...Finished seventh in the single sculls at the 2015 World Rowing Under 23 Championships...Finished sixth in the single sculls at the 2014 World Rowing Junior Championships...Finished 21st in the single sculls at the 2014 World Rowing Under 23 Championships...Finished sixth in the quadruple sculls at the 2013 World Rowing Junior Championships.

National Results: Won silver in the varsity eight at the 2019 IRA Championships...Won gold in the varsity eight at the 2019 Pac-12 Championships...Won the championship single sculls at the 2018 Head of the Charles...Won the senior double sculls and under 23 single sculls at the 2018 USRowing U19, U23 and Senior World Championship Trials I...Won the senior double sculls at the 2017 U.S. Senior and Para World Championship Trials...Won the four with coxswain at the 2017 Under 23 Team Trials...Won the single sculls at the 2016 Junior, Under 23 and Senior Team Trials...Won the single sculls at the 2015 Under 23 World Championship

Trials...Won the single sculls at the 2014 Under 23 and Junior World Championship Trials...Won the quadruple sculls at the 2013 Junior World Championship Trials.

Personal: Ben was named the Pac-12 Conference Men's Rowing Athlete of the Year in 2019. Ben lists his family as the most important people in his life. Ben's hobbies include rowing, eating and playing Temple Run. He said he hopes to row for the U.S. National Team as many times as possible and someday make it to the Olympics.

Clark Dean

Men's Four

Date of Birth: 2/3/2000

Birthplace: Sarasota, Fla.

Hometown: Sarasota, Fla.

Current Residence: Sarasota, Fla.

Height: 6'4"

Weight: 205

High School: Pine View High School

Undergraduate Education: Harvard University

Current Club Affiliations: Harvard University/USRowing Training Center - Oakland

Current Coaches: Charley Butt, Mike Teti, Tim McLaren

Training Locations: Boston, Mass./Oakland, Calif.

National Teams: Four – Junior, 2016-18; Senior 2019

International Results: Won gold in the single sculls at the 2018 World Rowing Junior Championships...Won gold in the single sculls and placed sixth in the four with coxswain at the 2017 World Rowing Junior Championships...Placed third in the quadruple sculls at the 2016 World Rowing Junior Championships...Won the under 17 single sculls and under 17 quadruple sculls at the 2015 Canadian Henley.

National Results: Finished third in the varsity eight at the 2019 Intercollegiate Rowing Association (IRA) Championships...Finished second in the varsity eight at the 2019 Eastern Sprints...Won the single sculls at the 2018 Under 19 World Championship Trials...Won gold in the eight at the 2018 USRowing Youth National Championships...Won the single sculls at the 2017 Under 19 World Trials...Won silver in the under 19 quadruple sculls at the 2016 USRowing Club National Championships...Won bronze in the eight at the 2016 17 USRowing Youth National Championships...Won gold in the under 17 single sculls, under 17 quadruple sculls and under 17 eight at the 2015 USRowing Club Nationals Championships...Finished seventh in the eight at the 2015 USRowing Youth National Championships...Won gold in under 17 single sculls and under 17 eight, silver in the under 17 quadruple sculls, bronze in the under 17 double sculls and placed fifth in the under 17 single sculls at the 2014 USRowing Club National Championships...Placed fifth in the lightweight eight at the 2014 USRowing Youth National Championships.

Tom Dethlefs

Men's Four

Date of Birth: 5/6/1990

Birthplace: Tilton, N.H.

Hometown: Lawrenceville, N.J.

Height: 6'6"

Weight: 210

High School: The Lawrenceville School

Undergraduate Education: Yale University

Current Club Affiliations: USRowing Training Center - Oakland/New York Athletic Club

Current Coaches: Mike Teti, Tim McLaren

Training Location: Oakland, Calif.

National Teams: Ten – Junior, 2008; Under 23, 2010-12; Senior, 2013-16, 2018-19

International Results: Finished 11th in the four at the 2019 World Rowing Cup II...Placed fourth in the eight at the 2018 World Rowing Championships...Served as an alternate at the 2016 Olympic Games...Finished seventh in the eight at the 2015 World Rowing Championships...Won bronze in the eight at the 2015 World Rowing Cup II...Finished fourth in the eight at the 2014 World Rowing Championship...Won gold in the eight at the 2014 World Rowing Cup II...Won bronze in the eight at the 2013 World Rowing Championships...Won gold in the eight at the 2013 World Rowing Cup III...Won gold in the eight at the 2012 World Rowing Under 23 Championships...Won silver in the eight at the 2013 World Rowing Cup I...Won gold in the eight at the 2011 World Rowing Under 23 Championships...Took silver in the eight at the 2010 World Rowing Under 23 Championships...Competed at the 2010 E.On Hanse Cup in Rendsburg, Germany...Won bronze in the eight at the 2008 World Rowing Junior Championships.

National Results: Finished third in the pair at the 2015 National Selection Regatta I...Finished second in the pair at the 2014 National Selection Regatta II...Won the eight at the 2013 USRowing National Championships.

Personal: Tom enjoys traveling, skiing and hammocks. He lists winning the 2011 World Rowing Under 23 Championships and setting the Under 23 World Best Time (5:24.31) as his most memorable sporting achievement. He set the junior (under 19) world record for 30 minutes on the Concept2 ergometer in 2008.

Mike DiSanto

Men's Eight

Date of Birth: 12/10/1989

Birthplace: Boston, Mass.

Hometown: Boston, Mass.

Current Residence: Oakland, Calif.

Height: 6'1"

Weight: 195

Began Rowing: The Belmont Hill School, 2006

High School: Belmont Hill School

Undergraduate Education: Harvard University

Graduate Education: Oxford University

Current Club Affiliations USRowing Training Center - Oakland/Oxford University Boat Club

Current Coaches: Mike Teti, Tim McLaren

Training Location: Oakland, Calif.

National Teams: Six – Under 23, 2011; Senior, 2013, 2015-16, 2018-19

International Results: Placed fourth in the eight at the 2018 World Rowing Championships...Placed fourth in the eight at the 2016 Olympic Games...Placed third in the eight at the 2016 World Rowing Cup II...Placed ninth in the pair at the 2015 World Rowing Championships...Placed 14th in the pair at the 2013 World Rowing Championships...Finished sixth in the four at the 2011 World Rowing Under 23 Championships...Won the Ladies' Challenge Plate at the 2010 Henley Royal Regatta.

National Results: Finished first in the pair at the 2016 National Selection Regatta I...Won the pair at the 2015 Senior World Championship Trials II...Won the pair at 2013 World Championships Trials...Finished second in the varsity eight at the 2011 Intercollegiate Rowing Association (IRA) Championships...Won the varsity eight at the 2010 and 2011 Eastern Sprints...Finished second in the freshman eight at the 2009 Intercollegiate Rowing Association (IRA) Championships...Won the four at the 2007 USRowing Youth National Championships.

Gia Doonan

Women's Eight

Date of Birth: 6/30/1994

Birthplace: Rochester, Mass.

Hometown: Rochester, Mass.

Current Residence: Princeton, N.J.

Height: 6'0"

Weight: 173

High School: Tabor Academy

Undergraduate Education: University of Texas, B.S. in Kinesiology

Current Club Affiliation: USRowing Training Center - Princeton

Current Coaches: Tom Terhaar, Laurel Korholz

Training Location: Princeton, N.J.

National Teams: Four – Under 23, 2016; Senior, 2017-19

International Results: Finished second in the eight at the 2019 World Rowing Cup II...Finished second in the four at the 2019 World Rowing Cup I...Finished ninth in the pair and first in the eight at the 2018 World Rowing Championships...Finished third in the eight at the 2018 World Rowing Cup III...Served as an alternate at the 2017 World Rowing Championships...Won gold in the four and eight at the 2016 World Rowing Under 23 Championships.

National Results: Finished seventh in the pair at the 2019 National Selection Regatta I...Won the pair at the 2018 Senior World Championships Trials II...Finished third in the pair at the 2018 National Selection Regatta II.

Madison Eberhard

PR2 Women's Single Sculls

Date of Birth: 1/31/2002

Birthplace: Buffalo, N.Y.

Hometown: Buffalo, N.Y.

Current Residence: Buffalo, N.Y.

Height: 5'2"

Weight: 125

High School: Buffalo Academy of the Sacred Heart

Current Club Affiliation: West Side Rowing Club

Current Coach: Sasha Bailey

Training Location: Buffalo, N.Y.

National Teams: One – Senior, 2019

National Results: Won the PR2 single sculls at the 2019 Senior, U23, U19, Para World Championships Trials III.

Personal: Madison competes internationally with the U.S. Women's Development Sled Hockey Team. The team won the 2018 World Championships in the Czech Republic. She was introduced to rowing by a hockey coach who suggested she try it.

Patrick Eble

Men's Eight

Date of Birth: 6/4/1994

Birthplace: Wynnewood, Pa.

Hometown: Fort Washington, Pa.

Current Residence: Alameda, Calif.

Height: 6'4"

Weight: 195

Began Rowing: La Salle College High School, 2009

High School: La Salle College High School

Undergraduate Education: Princeton University

Graduate Education: Cambridge University

Current Club Affiliations: Cambridge University Boat Club/USRowing Training Center - Oakland

Current Coaches: Mike Teti, Tim McLarem

Training Location: Oakland, Calif.

National Teams: Six – Junior, 2010-12; Senior, 2017-19

International Results: Placed fourth in the eight at the 2018 World Rowing Championships...Placed second in the eight at the 2017 World Rowing Championships...Finished fifth in the eight at the 2012 World Rowing Junior Championships...Finished fifth in the eight at the 2011 World Rowing Junior Championships...Finished fifth in the four with coxswain at the 2010 World Rowing Junior Championships.

National Results: Placed third in the eight at the 2016 Intercollegiate Rowing Association (IRA) Championships...Placed third in the eight at the 2015 Intercollegiate Rowing Association (IRA) Championships...Finished sixth in the senior eight at the 2011 Stotesbury Cup

Regatta...Won the junior B four and the junior B eight at the 2009 USRowing Club National Championships.

Personal: Patrick enjoys cooking, small-game hunting and pool basketball. He lists coach Bill Lamb as the most influential person in his sporting career. Patrick began rowing after he got cut from his high school basketball team.

Tracy Eisser

Women's Eight

Date of Birth: 11/20/1989

Birthplace: Fair Lawn, N.J.

Hometown: Fair Lawn, N.J.

Current Residence: Princeton, N.J.

Height: 6'1"

Weight: 185

High School: Fair Lawn High School

Undergraduate Education: Cornell University

Current Club Affiliation: USRowing Training Center - Princeton

Current Coaches: Tom Terhaar, Laurel Korholz

Training Location: Princeton, N.J.

National Teams: Six –Senior, 2014-2019

International Results: Finished third in the pair at the 2019 World Rowing Cup II...Won gold in the eight at the 2018 World Rowing Championships...Placed third in the eight and four at the 2018 World Rowing Cup III...Placed second in the pair at the 2017 World Rowing Championships and World Rowing Cup II...Placed fifth in the quadruple sculls at the 2016 Olympic Games...Won the quadruple sculls at the 2015 World Rowing Championships...Placed third in the quadruple sculls at the 2015 World Rowing Cup II...Earned bronze in the quadruple sculls at the 2014 World Rowing Championships...Placed second in the quadruple sculls at the 2014 World Rowing Cup II...Won the senior pair at the 2011 Royal Canadian Henley.

National Results: Won the pair at the 2019 National Selection Regatta...Finished first in the pair at the 2017 Spring Speed Order I...Finished sixth in the pair at the 2014 National Selection Regatta I.

Personal: Tracy was a Collegiate Rowing Coaches Association National Scholar Athlete from 2010-2012. She was a track and field athlete in high school, participating in the high jump, and she won a New Jersey State Track and Field Championship in 2008. She enjoys doing crossword puzzles and watching movies in her free time.

Kyle Flagg

Men's Alternate

Date of Birth: 11/29/1994

Birthplace: Newport Beach, Calif.

Hometown: Newport Beach, Calif.

Current Residence: Berkeley, Calif.

Height: 6'4"

Weight: 192

High School: Newport Harbor High School

Undergraduate Education: University of California, Social Welfare, 2017

Current Club Affiliation: USRowing Training Center - Oakland

Current Coach: Mike Teti

Training Location: Oakland, Calif.

National Teams: Three – Under 23, 2015-16; Senior, 2019

International Results: Finished 10th in the eight at the 2016 World Rowing Under 23 Championships...Finished fourth in the four at the 2015 World Rowing Under 23 Championships.

National Results: Won bronze in the second eight at the 2016 Intercollegiate Rowing Association (IRA) Championships...Won silver in the eight at the 2015 Intercollegiate Rowing Association (IRA) Championships...Won silver in the freshman eight at the 2014 Intercollegiate Rowing Association (IRA) Championships.

Personal: Kyle enjoys surfing, sailing, playing and listening to music and cycling in his free time. He started rowing in high school after injuring his ankle training for basketball. His sporting hero is anyone who makes the most out of what they've got. He has two younger sisters that he loves and parents that have supported him his whole life.

Isaac French

PR2 Men's Single Sculls

Date of Birth: 8/15/2000

Hometown: Glenville, N.Y.

Current Residence: Glenville, N.Y.

Weight: 115

High School: Arbor Homeschool Cooperative

Current Club Affiliation: Saratoga Rowing Association

Current Coach: Christopher Meyer

Training Location: Saratoga, N.Y.

National Teams: Two – Senior, 2017, 2019

International Results: Finished fifth in the PR2 mixed double sculls at the 2017 World Rowing Championships.

Erik Frid

Men's Double Sculls

Date of Birth: 8/20/1992

Birthplace: Corpus Christi, Texas

Hometown: Madbury, N.H.

Current Residence: Philadelphia, Pa.

Height: 6'4"

Weight: 215

Began Rowing: Great Bay Rowing, 2004

High School: Oyster River High School

Undergraduate Education: Ithaca College

Current Club Affiliation: Penn AC Rowing Association

Current Coaches: Sean Hall, Paul Coomes

Training Location: Philadelphia, Pa.

National Teams: Four – Under 23, 2014; Senior, 2017-19

International Results: Finished 11th in the quadruple sculls at the 2018 World Rowing Championships...Placed 15th in the quadruple sculls at the 2017 World Rowing Championships...Placed fourth in the double sculls at the 2017 Holland Beker Regatta...Placed 14th in the double sculls at the 2014 World Rowing Under 23 Championships.

National Results: Placed first in the quadruple sculls at the 2017 U.S. Senior and Para World Championship Trials...Won the men's double sculls at the 2017 Spring Speed Order II...Won the double sculls at the 2014 Under 23 World Championship Trials...Finished fourth in the eight at the 2014 ECAC/NIRC Championships...Won the eight at the 2012 New York State Championships.

Personal: Erik was co-commodore at Ithaca College. His brother, Nick, influenced his decision to join the rowing team. Erik's parents are his personal heroes. Dan Robinson, Manny Delgado, Dave Olsen, Chris Mulstay, and his brother have been the most influential people in his sporting career and life.

Russell Gernaat

PR2 Mixed Double Sculls

Date of Birth: 7/9/1966

Birthplace: Grand Rapids, Mich.

Hometown: Redwood City, Calif.

Current Residence: Redwood City, Calif.

Height: 6'5"

Weight: 220

Began Rowing: Bair Island Aquatic Center, 2016

Current Club Affiliation: Bair Island Aquatic Center

Current Coaches: Alice Henderson

Training Location: Redwood City, Calif.

National Teams: Two – Senior, 2017, 2019

International Results: Finished fifth in the PR3 mixed double sculls at the 2017 World Rowing Championships.

National Results: Won the PR3 mixed double sculls at the 2017 Senior and Para World Championships Trials.

Personal: Russell is the previous American record holder for 50 and 100 free SYC. He attended Navy Seal training, while serving in the U.S. Navy.

Laura Goodkind

PR2 Mixed Double Sculls

Date of Birth: 4/22/1986

Birthplace: New York, N.Y.

Hometown: Los Angeles, Calif.

Current Residence: Los Angeles, Calif.

Height: 5'7"

Weight: 150

High School: The Forman School

Undergraduate Education: Whittier College

Current Club Affiliations: Saratoga Rowing Association/Long Beach Rowing Association/
California Adaptive Rowing Program

Current Coaches: Patrick Kington, Alice Henderson

Training Location: Saratoga Springs, N.Y.

National Teams: Four – Senior, 2016-19

International Results: Finished sixth in the PR2 single sculls and PR2 mixed double sculls at the 2018 World Rowing Championships...Finished fifth in the PR2 mixed double sculls at the 2017 World Rowing Championships...Placed 10th in the trunk and arms mixed double sculls at the 2016 Paralympic Games.

National Results: Won the PR2 mixed double sculls at the 2017 U.S. Senior and Para World Championship Trials.

Personal: Laura is an athlete ambassador for Angel City Sports and volunteers with Ready, Set, Gold! and UCLA Santa Monica Hospital. She is an amateur DIY'er.

John Graves

Men's Quadruple Sculls

Date of Birth: 3/26/1988

Hometown: Cincinnati, Ohio

Current Residence: Princeton, N.J.

Height: 6'0"

Weight: 185

High School: Cincinnati Country Day School

Undergraduate Education: Trinity College

Current Club Affiliation: Craftsbury Sculling Center

Current Coaches: Steve Whelpley, Sean Hall

Training Location: Princeton, N.J.

National Teams: Eight – Under 23, 2009-10; Senior, 2013-15, 2017-19

International Results: Finished eighth in the quadruple sculls at the 2019 World Rowing Cup II...Finished 14th in the double sculls at the 2018 World Rowing Championships...Finished seventh in the double sculls at the 2018 World Rowing Cup III...Finished 19th in the single sculls at the 2018 World Rowing Cup I...Finished ninth in the double sculls at the 2017 World Rowing Championships...Finished eighth in the double sculls at the 2017 World Rowing Cup I...Raced in the quadruple sculls at the 2016 World Rowing Cup II...Placed fourth in the quadruple sculls at the 2016 European and Final Olympic Qualification Regatta...Placed 16th in the double sculls at the 2015 World Rowing Championships...Placed 10th in the double sculls at the 2015 World Rowing Cup III...Placed 11th in the double sculls at the 2015 World Rowing Cup II...Placed eighth in the quadruple sculls at the 2014 World Rowing Championships...Won

bronze in the quadruple sculls at the 2014 World Rowing Cup III...Placed 10th in the double sculls at the 2013 World Rowing Championships...Placed ninth in the single sculls at the 2013 World Rowing Cup III....Placed 11th in the lightweight single sculls at the 2010 World Rowing Under 23 Championships....Placed 13th in the pair at the 2009 World Rowing Under 23 Championships...Reached the final of the Temple Challenge Cup at the 2008 Henley Royal Regatta.

National Results: Won the elite/senior single sculls at the 2019 USRowing National Championships...Won double sculls at the 2017 U.S. Senior and Para World Championship Trials...Won the single sculls at the 2017 Spring Speed Order I....Won the double sculls at the 2015 Senior World Championship Trials II...Won the double sculls at the 2015 National Selection Regatta I...Won the quadruple sculls at the 2014 Senior I World Championship Trials...Won the single sculls at the 2013 USRowing East Coast Fall Speed Order...Won the double sculls at 2013 World Championships Trials...Won the single sculls at the 2013 National Selection Regatta I...Finished third in the lightweight single sculls at the 2011 National Selection Regatta I...Won the collegiate varsity eight at the 2010 San Diego Crew Classic...Won the pair at the 2009 Under 23 World Championships Trials...Won the eight at the 2008 ECAC National Invitational Regatta...Finished second in the junior double sculls and junior single sculls at the 2006 USRowing National Championships...Finished second in the single sculls at the 2006 Junior World Championships Trials.

Katelin Guregian

Women's Eight

Date of Birth: 8/16/1987

Birthplace: Nashua, N.H.

Hometown: Detroit, Mich.

Current Residence: Princeton, N.J.

Height: 5'4"

Weight: 110

Began Rowing: Winter Park High School, 2003

High School: Winter Park High School

Undergraduate Education: University of Washington

Current Club Affiliation: USRowing Training Center - Princeton

Current Coaches: Tom Terhaar, Laurel Korholz

Training Location: Princeton, N.J.

National Teams: Eleven – Under 23, 2006–08; Senior, 2009, 2013–19

International Results: Finished second in the eight at the 2019 World Rowing Cup II...Won gold in the eight at the 2018 World Rowing Championships...Finished third in the eight at the 2018 World Rowing Cup III...Finished fourth in the eight at the 2017 World Rowing Championships...Placed third in the eight at the 2017 World Rowing Cup II...Won gold in the eight at the 2016 Olympic Games...Won gold in the eight at the 2016 World Rowing Cup II...Won gold in the eight at the 2015 World Rowing Championships...Won gold in the eight at the 2015 World Rowing Cup II...Won gold in the eight at the 2014 World Rowing Championships...Won gold in the eight at the 2014 World Rowing Cup II...Won gold in the

eight at the 2013 World Rowing Championships...Won gold in the eight at the 2013 World Rowing Cup III...Won gold in the eight at the 2010 World Rowing Cup III...Won gold in the eight at the 2009 World Rowing Championships...Took silver in the eight at the 2009 World Rowing Cup III...Won gold in the eight at the 2008 World Rowing Under 23 Championships...Placed third in the eight at the 2007 World Rowing Under 23 Championships...Won gold in the eight at the 2006 World Rowing Under 23 Championships.
National Results: Won the women's championship eight at the 2009 Head of the Charles...Won gold in the men's varsity eight at the 2009 Intercollegiate Rowing Association (IRA) Championships...Won silver in the men's varsity eight at the 2008 Intercollegiate Rowing Association (IRA) Championships...Finished first in the men's championship eight at the 2008 Head of the Charles...Won gold in the men's varsity eight at the 2007 Intercollegiate Rowing Association (IRA) Championships...Won gold in the men's freshmen eight at the 2006 IRA Championships.

Personal: Katelin enjoys zoos, aquariums, museums, books, rollerblading and the beach. She has one younger brother, Ben, who is serving in the Air Force as an Arabic translator.

Austin Hack

Men's Eight

Date of Birth: 5/17/1992

Birthplace: Springfield, Mass.

Hometown: Old Lyme, Conn.

Current Residence: Old Lyme, Conn.

Height: 6'8"

Weight: 212

Began Rowing: Blood Street Sculls, 2005

High School: Lyme-Old Lyme High School

Undergraduate Education: Stanford University, Political Science, 2014

Current Club Affiliation: USRowing Training Center - Oakland

Current Coaches: Mike Teti, Tim McLaren

Training Location: Oakland, Calif.

National Teams: Nine – Junior, 2009-10; Under 23, 2011-12; Senior, 2013-16, 2019

International Results: Finished fifth in the four at the 2019 World Rowing Cup II...Finished fourth in the eight at the 2016 Olympic Games...Won bronze in the eight at the 2016 World Rowing Cup II...Won the eight at the 2016 Final Olympic Qualification Regatta...Finished seventh in the eight at the 2015 World Rowing Championships...Won bronze in the eight at the 2015 World Rowing Cup II...Finished fourth in the eight at the 2014 World Rowing Championships...Won bronze in the eight at the 2013 World Rowing Championships...Won gold in the eight at the 2013 World Rowing Cup III...Finished fourth in the pair at the 2012 World Rowing Under 23 Championships...Won gold in the eight at the 2011 World Rowing Under 23 Championships...Won gold in the eight at the 2010 World Rowing Junior Championships...Finished fourth in the eight at the 2009 World Rowing Junior Championships...Won the junior eight and junior four with coxswain at the 2008 CanAmMex Regatta.

National Results: Finished third in the pair at the 2016 National Selection Regatta I...Won gold in the eight at the 2013 USRowing National Championships...Finished 14th in the varsity eight at the 2012 Intercollegiate Rowing Association (IRA) Championships...Finished ninth in the freshman eight at the 2011 Intercollegiate Rowing Association (IRA) Championships...Won the junior four with coxswain and finished second in both the junior eight and intermediate eight at the 2008 USRowing Club National Championships...Finished fifth in the senior double sculls at the 2008 Stotesbury Cup Regatta.

Personal: Austin enjoys skiing, gastronomy and traveling. His parents rowed in college. He lists Scott Belford, his development camp coach in 2008, as the most influential person in his sporting career for introducing him to the competitive rowing world. Austin was the Pac-12 Rower of the Year 2013 and 2014, first-team All-Pac-12 and first-team All-Academic.

Dani Hansen

PR3 Mixed Four with Coxswain

Date of Birth: 10/16/1993

Birthplace: Patterson, Calif.

Hometown: Patterson, Calif.

Current Residence: Boston, Mass.

Height: 6'1"

Weight: 165

Began Rowing: University of Washington, 2012

High School: Patterson High School

Undergraduate Education: University of Washington

Current Club Affiliation: Community Rowing, Inc.

Current Coaches: Shelagh Donohoe, Ellen Minzner

Training Location: Boston, Mass.

National Teams: Six – Senior, 2014-19

International Results: Won gold in PR3 mixed four with coxswain at the 2019 World Rowing Cup II...Won gold in the PR3 women's pair and silver in the PR3 mixed four with coxswain at the 2018 World Rowing Championships...Finished second in the PR3 mixed four with coxswain at the 2017 World Rowing Championships...Finished second in the legs, trunk and arms mixed four with coxswain at the 2016 Paralympic Games...Finished second in the legs, trunk and arms mixed four with coxswain at the 2015 World Rowing Championships...Finished second in the legs, trunk and arms mixed four with coxswain at the 2014 World Rowing Championships.

National Results: Won the novice eight at the 2014 Pac-12 Championships.

Personal: Dani lists her hobbies as going to church and the beach, rowing, playing guitar and ukulele, and hanging out with her friends and family. She chose rowing because it was the only sport a coach would let her play with Erb's Palsy in her arm. Her parents are the most influential people in her sporting career because they have worked hard their entire lives and always stay humble, persevere through setbacks and put God first.

Conor Harrity

Men's Eight

Date of Birth: 9/3/1994

Birthplace: Boston, Mass.

Hometown: Weston, Mass.

Current Residence: Oakland, Calif.

Height: 6'4"

Weight: 208

Began Rowing: Boston College High School, 2009

High School: Boston College High School

Undergraduate Education: Harvard College, B.A. in Economics, 2018

Current Club Affiliation: USRowing Training Center - Oakland

Current Coach: Mike Teti

Training Location: Oakland, Calif.

National Teams: Two – Senior, 2018-19

International Results: Finished 11th in the four at the 2019 World Rowing Cup II...Placed fourth in the eight at the 2018 World Rowing Championships.

National Results: Finished fourth in the varsity eight at the 2018 Intercollegiate Rowing Association (IRA) Championships...Won bronze in the varsity eight at the 2017 Intercollegiate Rowing Association (IRA) Championships.

Personal: Conor was team captain at Harvard University his senior year. He graduated with a degree in economics. Conor was named to the All-Ivy League second team in 2017. Analyst at Hines

Blake Haxton

PR1 Men's Single Sculls

Date of Birth: 12/17/1990

Birthplace: Columbus, Ohio

Hometown: Columbus, Ohio

Current Residence: Columbus, Ohio

Height: 3'2"

Weight: 160

High School: Upper Arlington High School

Undergraduate Education: The Ohio State University

Graduate Education: The Ohio State University – Moritz College of Law, 2016

Current Club Affiliation: Upper Arlington Crew

Current Coach: Patrick Kington

Training Location: Upper Arlington, Ohio

National Teams: Six – Senior, 2014-19

International Results: Finished fourth in the PR1 single sculls at the 2018 World Rowing Championships...Placed sixth in the PR1 single sculls at the 2017 World Rowing Championships...Placed fourth in the arms and shoulders single sculls at the 2016 Paralympic Games...Placed fifth in the arms and shoulders single sculls at the 2015 World Rowing Championships...Placed fourth in the arms and shoulders single sculls at the 2014 World Rowing Championships.

National Results: Finished first in the PR1 single sculls at the 2017 U.S. Senior and Para World Championship Trials...Won the arms and shoulders single sculls at the 2016 Olympic & Paralympic Team Trials...Won the arms and shoulders single sculls at the 2015 Para Rowing and Junior World Championships Trials...Won the arms and shoulders single sculls at the 2014 U.S. Para-Rowing World Championships Trials...Winner of the 2014 C.R.A.S.H. B. Indoor Rowing Championships...Finished fifth in the youth four with coxswain at the 2007 Head of the Charles Regatta.

Personal: Blake chose rowing in high school when his friends and family really wanted him to give it a try. He gave in and was hooked within a few weeks. He lists making the U.S. National Team as his most memorable achievement. Blake lists his older brother, Anderson, as the most influential person in his life.

Zachary Heese

Lightweight Men's Quadruple Sculls

Date of Birth: 5/31/1996

Birthplace: Washington, D.C.

Hometown: Pelham, N.Y.

Current Residence: Philadelphia, Pa.

Height: 6'0"

Weight: 160

High School: Pelham Memorial High School

Undergraduate Education: University of Virginia, Computer Science, 2018

Current Club Affiliation: Vesper Boat Club

Current Coach: Peter Mansfield

Training Location: Philadelphia, Pa.

National Teams: Two – Under 23, 2018; Senior, 2019

International Results: Finished 19th in the lightweight single sculls at the 2018 World Rowing Under 23 Championships.

Personal: Zach has unlocked all 128 playable characters in Lego Star Wars: The Complete Saga. He enjoys reading, watching Star Wars, and making people laugh.

Emily Huelskamp

Women's Quadruple Sculls

Date of Birth: 1/17/1987

Birthplace: St. Louis, Mo.

Hometown: Sainte Genevieve, Mo.

Current Residence: Princeton, N.J.

Height: 6'2"

Weight: 180

Began Rowing: Wheaton College, 2006

High School: Sainte Genevieve High School

Undergraduate Education: Wheaton College (Ill.), Applied Health Science, 2009

Graduate Education: Boston University, Sport Psychology, 2010

Current Club Affiliation: USRowing Training Center - Princeton

Current Coach: Hilary Gehman

Training Location: Princeton, N.J.

National Teams: Six – Pan American Games, 2015; Senior, 2013, 2016-19

International Results: Finished seventh in the pair at the 2019 World Rowing Cup II...Finished fifth in the four and eighth in the pair at the 2019 World Rowing Cup I...Finished sixth in the quadruple sculls at the 2018 World Rowing Championships...Placed fifth in the quadruple sculls at the 2017 World Rowing Championships...Placed second in the four at the 2016 World Rowing Championships...Placed sixth in the quadruple sculls at the 2016 World Rowing Cup II...Won the pair at the 2015 Pan American Games...Won the four at the 2013 World Rowing Championships.

National Results: Finished third in the pair at the 2019 National Selection Regatta...Finished fifth in the pair at the 2016 National Selection Regatta I...Won the pair at the 2015 Pan American Games...Finished eighth in the pair at the 2014 National Selection Regatta I...Won the four at the 2013 World Championships Trials...Won gold in the single sculls and finished second in the double sculls at the 2012 USRowing National Championships...Finished third in the quadruple sculls at the 2011 USRowing National Championships.

Personal: Emily enjoys reading, baking and hiking. She lists her team winning the cross-country state championship during her senior year of high school as her most memorable athletic achievement. After rowing, Emily intends to pursue a doctoral degree and then teach and coach at the collegiate level.

Jessica Hyne-Dolan

Lightweight Women's Quadruple Sculls

Date of Birth: 2/8/1993

Birthplace: Reno, Nev.

Hometown: Reno, Nev.

Current Residence: Sarasota, Fla.

Height: 5'7"

Weight: 124

Began Rowing: Arizona State University

High School: Robert McQueen High School

Undergraduate Education: Arizona State University

Current Club Affiliation: Sarasota Crew

Current Coach: Casey Galvanek

Training Location: Sarasota, Fla.

National Teams: One – Senior, 2019

International Results: Finished 11th in the lightweight women's single sculls at the 2018 Pan American Games Qualification Regatta...Won the senior lightweight double sculls and finished second in the lightweight single sculls at the 2018 Canadian Henley...Finished second in the lightweight single sculls at the 2016 61st International Regatta in Bled, Slovenia.

National Results: Won the lightweight quadruple sculls at the 2019 Senior, U23, U19, Para World Championships Trials III...Finished fourth in the lightweight double sculls at the 2019

Senior World Championships Trials II...Finished fourth in the lightweight single sculls at the 2019 USRowing Spring Speed Order...Won the lightweight single sculls at the 2019 Pan American Games Trials.

Personal: Jessica enjoys surfing, jumping in the ocean early in the morning, hot yoga, coffee and donut dates, going out to breakfast, spending time with family, cooking, traveling the world, writing, taking pictures and going on adventures. She learned how to row at Arizona State University and then learned how to scull in San Diego over the summers in Mission Bay. Jessica lists her mom as “hands down my biggest hero.” She has taught Jessica to believe in the good in the world and chase her dreams no matter what the circumstances may be. She has taught Jessica that true strength is having the courage to see there is always a way -- over, under, around, or through. “Do the things that make you smile, be kind, and always help those around you.”

Megan Kalmoe

Women’s Pair

Date of Birth: 8/21/1983

Birthplace: Minneapolis, Minn.

Hometown: St. Croix Falls, Wis.

Current Residence: Princeton, N.J.

Height: 5’10”

Weight: 160

Began Rowing: University of Washington, 2002

High School: St. Croix Falls High School

Undergraduate Education: University of Washington, Latin and English, 2006

Current Club Affiliations: USRowing Training Center - Princeton/ New York Athletic Club

Current Coaches: Tom Terhaar, Laurel Korholz

National Teams: Twelve – Under 23, 2005; Senior, 2008-17, 2019

International Results: Finished third in the pair at the 2019 World Rowing Cup II...Finished second in the pair at the 2017 World Rowing Championships...Finished second in the pair at the 2017 World Rowing Cup III...Finished second in the pair at the 2017 World Rowing Cup II...Finished fifth in the quadruple sculls at the 2016 Olympic Games...Finished seventh in the quadruple sculls at the 2016 World Rowing Cup II...Won gold in the quadruple sculls at the 2015 World Rowing Championship...Won silver in the pair at the 2015 World Rowing Cup II...Won silver in the pair at the 2014 World Rowing Championships...Won gold in the eight and silver in the pair at the 2014 World Rowing Cup II...Finished fifth in the quadruple sculls at the 2013 World Rowing Championships...Finished sixth in the double sculls at the 2013 World Rowing Cup III...Won silver in the quadruple sculls at the 2013 World Rowing Cup I...Won bronze in the quadruple sculls at the 2012 Olympic Games...Took eighth in the quadruple sculls at the 2012 World Rowing Cup II...Won silver in the quadruple sculls at the 2011 World Rowing Championships...Finished fourth in the quadruple sculls at the 2011 Rowing World Cup III...Reached the semifinals of the Princess Grace Cup at the 2011 Henley RoyalRegatta...Finished fifth in the quadruple sculls at the 2010 World Rowing

Championships...Won gold in the double sculls and silver in the quadruple sculls at the 2009 Rowing World Cup III...Finished fifth in the double sculls at the 2008 Olympic Games.

National Results: Won the pair at the 2019 National Selection Regatta...Finished first in the pair at the 2017 Spring Speed Order I.... Finished fourth in the pair at the 2016 National Selection Regatta I...Finished second in the pair at the 2015 National Selection Regatta I...Won the championship four at the 2014 Head of the Charles Regatta...Won the pair at the 2014 National Selection Regatta I...Finished third in the single sculls at the 2013 National Selection Regatta I...Won the championship eight at the 2012 Head of the Charles Regatta...Finished second in the double sculls at the 2011 National Selection Regatta II...Finished third in the single sculls at the 2011 National Selection Regatta I...Finished third in the double sculls at the 2010 National Selection Regattas II and III...Finished fifth in the single sculls at the 2010 National Selection Regatta I...Won the championship double and the championship four at the 2009 Head of the Charles Regatta...Won bronze in the single sculls at the 2009 USRowing National Championships...Won the double sculls at the 2009 National Selection Regatta II...Finished fifth in the single sculls at the 2009 National Selection Regatta I...Won the double sculls at the 2008 National Selection Regatta II...Finished second in the quadruple sculls and fourth in the double sculls at the 2007 USRowing National Championships...Finished sixth in the double sculls at the 2007 National Selection Regatta III...Finished ninth in the varsity eight at the 2006 NCAA Women's Rowing Championships...Finished 12th in the varsity eight at the 2005 NCAA Women's Rowing Championships...Finished sixth in the second varsity eight at the 2004 NCAA Women's Rowing Championships...Finished second in the intermediate pair and fourth in the senior pair at the 2004 USRowing National Championships.

Personal: After finishing her rowing career, Megan would like to return to the Pacific Northwest, start writing her book, and travel as much as possible, with special emphasis on American National Parks and hiking the Triple Crown. Megan writes a blog about her training, travel and competitive experiences at. Megan enjoys reading, writing, film, sending snapchats of her cat to fellow teammates, cooking, baking, gardening and knitting.

Alex Karwoski

Men's Eight

Date of Birth: 9/16/1990

Birthplace: Nashua, N.H.

Hometown: Moultonborough, N.H.

Height: 6'4"

Weight: 195

Began Rowing: Groton School, 2008

High School: Groton School

Undergraduate Education: Cornell University

Current Club Affiliation: USRowing Training Center - Oakland

Current Coaches: Mike Teti, Tim McLaren

Training Location: Oakland, Calif.

National Teams: Eight – Under 23, 2012; Senior, 2013-2019

International Results: Finished fifth in the four at the 2019 World Rowing Cup II...Placed fourth in the eight at the 2018 World Rowing Championships...Finished second in the eight at the 2017 World Rowing Championships...Placed fourth in the eight at the 2016 Olympic Games...Placed third in the eight at the 2016 World Rowing Cup II...Placed seventh in the eight at the 2015 World Rowing Championships...Won bronze in the eight at the 2015 World Rowing Cup II...Placed 20th in the double sculls at the 2014 World Rowing Championships...Finished 14th in the pair at the 2013 World Rowing Championships...Placed fourth in the four at the 2012 World Rowing Under 23 Championships.

National Results: Finished third in the pair at the 2016 National Selection Regatta I...Won the pair at the 2015 National Selection Regatta 1...Won the double sculls at the 2014 Senior II World Championships Trials... Finished seventh in the pair at the 2014 National Selection Regatta 2...Won the pair at 2013 World Championships Trials.

Personal: Alex loves his family and is thankful that his mother and his sisters are so supportive of him. Alex's brother is a professional triathlete. He lists his father as the most influential person in his sporting career.

Justin Keen

Men's Double Sculls

Date of Birth: 6/6/1990

Birthplace: Hatfield, Pa.

Hometown: Philadelphia, Pa.

Current Residence: Philadelphia, Pa.

Height: 6'3"

Weight: 200

High School: North Penn High School

Undergraduate Education: Penn State University

Graduate Education: Fellow of the Society of Actuaries

Current Club Affiliation: Penn AC Rowing Association

Current Coaches: Sean Hall, Ben Carr

Training Location: Philadelphia, Pa.

National Teams: Two – Senior, 2018-19

International Results: Finished 11th in the quadruple sculls at the 2018 World Rowing Championships...Finished ninth in the quadruple sculls at the 2018 World Rowing Cup II...Finished 11th in the quadruple sculls at the 2017 World Rowing Cup III.

National Results: Won the double sculls at the 2018 USRowing Spring Speed Order.

Rosa Kemp

Lightweight Women's Quadruple Sculls

Date of Birth: 9/11/1991

Hometown: Putnam Valley, N.Y.

Current Residence: Sarasota, Fla.

Height: 5'8"

Weight: 130

High School: James I. O'Neill High School

Undergraduate Education: SUNY Buffalo, B.S. Exercise Science, 2013

Current Club Affiliation: Sarasota Crew

Current Coach: Casey Galvanek

Training Location: Sarasota, Fla.

National Teams: One – Senior, 2019

International Results: Finished second in the senior single sculls at the 2018 Canadian Henley.

National Results: Won the lightweight quadruple sculls at the 2019 Senior, U23, U19, Para World Championships Trials III...Finished second in the lightweight double sculls at the 2019 Senior World Championships Trials II...Finished third in the lightweight single sculls at the 2019 USRowing Trials I/Spring Speed Order I...Finished fourth in the single sculls at the 2018 East Coast Speed Order...Won the intermediate single sculls and the elite/senior quadruple sculls and finished third in the elite/senior single sculls at the 2018 USRowing Club National Championships...Finished second in the lightweight double sculls at the 2017 Senior World Championships Trials...Finished third in the lightweight double sculls at the 2016 U.S. Olympic Trials - Rowing.

Personal: Rosa enjoys watching sports documentaries, Bravo TV and HGTV, keeping up to date with the health and fitness field, cooking and eating with family/friends, window shopping for real estate and home décor. She followed in the footsteps of her older brother and tried rowing her freshman year of high school. She lists Erin Cafaro as one of her personal heroes because she made Rosa believe from a young age that she could be fast even though she doesn't have the height and Tia-Clair Toomey as another personal hero because, a girl can dream.

Michael Knippen

Men's Quadruple Sculls

Date of Birth: 5/5/1994

Birthplace: Milwaukee, Wis.

Hometown: Germantown, Wis.

Current Residence: Seattle, Wash.

Height: 6'5"

Weight: 220

Began Rowing: Seattle Rowing Center, 2012

Undergraduate Education: University of Wisconsin

Current Club Affiliation: Seattle Rowing Center

Current Coaches: Sean Hall, Carlos Dinares, Conal Groom

Training Location: Philadelphia, Pa.

National Teams: Two – Senior, 2018-19

International Results: Finished eighth in the quadruple sculls at the 2019 World Rowing Cup II...Finished 11th in the quadruple sculls at the 2018 World Rowing Championships.

National Results: Won the quadruple sculls at the 2019 Senior, U23, U19, Para World Championships Trials III...Won the single sculls at the 2019 Senior World Championships Trials

I...Finished sixth in the second varsity eight at the 2016 Eastern Sprints and fifth at the Intercollegiate Rowing Association (IRA) Championships.

Personal: Michael majored in biochemistry and applied mathematics in biological structures. He received All-Big Ten Academic Honors in the 2012-2013 rowing season. Michael worked and coached for a year after graduation. In 2018, he lived on both coasts and trained in every boat class besides the elusive triple. His mom, dad, and younger brother have been extremely supportive of his journey. His favorite place is Waupaca, Wis.

Kara Kohler

Women's Single Sculls

Date of Birth: 1/20/1991

Birthplace: Clayton, Calif.

Hometown: Clayton, Calif.

Height: 6'2"

Weight: 175

Began Rowing: University of California, Berkeley, 2009

High School: Clayton Valley High School

Undergraduate Education: University of California, Berkeley

Current Coach: Laurel Korholz

Current Club Affiliation: USRowing Training Center - Princeton

Training Locations: Oakland, Calif./Princeton, N.J.

National Teams: Seven – Under 23, 2010; Senior, 2011-13, 2017-19

International Results: Finished fourth in the single sculls at the 2019 World Rowing Cup II...Finished fourth in the single sculls at the 2018 World Rowing Championships...Finished fourth in the single sculls at the 2018 World Rowing Cup III and seventh at the 2018 World Rowing Cup I...Finished fifth in the quadruple sculls at the 2017 World Rowing Championships...Finished sixth in the pair at the 2014 World Rowing Cup 1...Finished fifth in the quadruple sculls at the 2013 World Rowing Championships...Finished sixth in the quadruple sculls at the 2013 World Rowing Cup III...Won bronze in the quadruple sculls at the 2012 Olympic Games...Finished eighth in the quadruple sculls at 2012 World Rowing Cup II...Finished fourth in the quadruple sculls at the 2012 World Rowing Cup I...Won gold in the four at the 2011 World Rowing Championships...Won gold in the eight at the 2011 World Rowing Cup III...Won the Princess Grace Challenge Cup at the 2011 Henley Royal Regatta...Won gold in the eight at the 2010 World Rowing Under 23 Championships.

National Results: Won the single sculls at the 2019 Senior World Championships Trials I...Finished fifth in the pair at the 2016 National Selection Regatta I...Won the four at the 2011 World Rowing Championships Trials...Finished fourth in the varsity eight at the 2010 NCAA Championships...Won the varsity eight at the 2010 Pac-10 Championships.

Personal: Kara was a competitive swimmer throughout high school, swimming at the 2008 Janet Evans Grand Prix Swim Meet at USC and the 2008 Pacific Swimming North America Cup Challenge. Her hobbies include camping, swimming, triathlons, cooking and baking. Kara was encouraged by a family friend to attend the University of California and to consider the sport of rowing. She lists the late Cal coxswain, Jill Costello, as her personal hero, and her parents as the

most influential people in her life. Kara was named the Pac-10 Conference Newcomer of the Year in 2010 and won Cal's Most Promising Freshman Award. Kara was a 2010 Division I Second-Team All-American and a 2010 First-Team Division I All-West Region selection. Kara was a 2011 Division I First-Team All-American.

Jasper Liu

Lightweight Men's Quadruple Sculls

Date of Birth: 10/2/1994

Hometown: Phoenix, Ariz.

Current Residence: Philadelphia, Pa.

Height: 5'10"

Weight: 162

Began Rowing: University of Pennsylvania, 2013

Undergraduate Education: University of Pennsylvania, BSE Mechanical Engineering, 2017

Current Club Affiliation: Vesper Boat Club

Current Coach: Peter Mansfield

Training Locations: Philadelphia, Pa.

National Teams: One – Senior, 2019

International Results: Won the senior lightweight single sculls at the 2018 Canadian Henley.

National Results: Won the lightweight single sculls at the 2019 USRowing Spring Speed Order...Won the lightweight single sculls at the 2018 USRowing Spring Speed Order...Won silver in the lightweight eight at the 2017 Intercollegiate Rowing Association (IRA) Championships.

Personal: Jasper as Academic All-Ivy League in 2017. He was named to the *Philadelphia Inquirer* All-Area Team in 2017. Jasper received the Civilian Award for Heroism from the Citizens Crime Commission in May of 2018 and a Citizens Commendation from the Philadelphia Police Department in April of 2018 for his [heroics in rescuing a woman trapped in a car in the Schuylkill River](#). He enjoys sleeping, photography, and eating pastries. Jasper was a walk-on at Penn in the Fall of 2013. He learned to row with the freshman heavyweight crew, then joined the lightweight team for the Spring 2014 season.

Cicely Madden

Women's Double Sculls

Date of Birth: 3/28/1995

Birthplace: Newton, Mass.

Hometown: Weston, Mass.

Current Residence: Cambridge, Mass.

Club Affiliation: Community Rowing, Inc.

Height: 5'10"

Weight: 146

High School: Buckingham Browne and Nichols High School

Undergraduate Education: Brown University, 2018

Current Club Affiliation: Cambridge Boat Club

Current Coach: Gregg Stone

Training Location: Cambridge, Mass.

National Teams: Five – Junior, 2012-13; Under 23, 2016-17; Senior, 2019

International Results: Finished second in the double sculls at the 2019 World Rowing Cup

II...Finished fourth in the double sculls at the 2017 World Rowing Under 23

Championships...Finished fourth in the single sculls at the 2016 World Rowing Under 23

Championships...Won a silver medal in the quadruple sculls at the 2013 World Rowing Junior

Championships...Won a silver medal in the quadruple sculls at the 2012 World Rowing Junior

Championships...Finished first in the single sculls and quadruple sculls at the 2011 CanAmMex Regatta.

National Results: Finished third in the championship single at the 2018 Head of the

Charles...Won the women's double sculls at the 2017 Under 23 World Championships Trials...

Finished first in the under 23 women's single sculls at the 2016 Junior, Under 23 and Senior

Team Trials...Won the Ivy League Points Trophy in 2015-17...Finished third in the team

championship at the 2015 NCAA Women's Rowing Championships...Won the varsity eight at

the 2015 Ivy League Championships...Finished first in the women's quad at the 2013 Junior

World Championship Trials...Won gold in the single sculls at the 2013 USRowing Youth

National Championships...Finished first in the intermediate quadruple sculls and senior

quadruple sculls at the 2013 USRowing Club National Championships...Finished third in the

single sculls at the 2012 USRowing Youth National Championship...Won the youth double

sculls at the 2012 Head of the Charles Regatta...Finished fourth in the youth eight at the 2011

Head of the Charles Regatta...Won gold and finished with a course record in the youth eight at

the 2010 Head of the Charles Regatta.

Personal: Cicely was a CRCA First-Team All-American in 2017 and a Second-Team

All-American in 2018. She was Brown University's Frederick W. "Doc" Marvel 1894 Award

winner in 2018. Cicely enjoys running, skiing, painting, and hiking. Her older sister introduced

her to the sport.

Danny Madden

Lightweight Men's Quadruple Sculls

Date of Birth: 5/20/1996

Birthplace: Bronx, N.Y.

Hometown: New Rochelle, N.Y.

Current Residence: New Rochelle, N.Y.

Height: 6'0"

Weight: 155

High School: Iona Prep

Undergraduate Education: Manhattan College

Current Club Affiliation: New York Athletic Club

Current Coaches: Nick Dawe, Guenter Beutter

Training Location: New Rochelle, N.Y.

National Teams: Three – Under 23, 2017-18; Senior, 2019

International Results: Finished third in the lightweight quadruple sculls at the 2018 World Rowing Under 23 Championships...Won the lightweight double sculls at the 2018 Canadian Henley...Finished 22nd in the lightweight double sculls at the 2017 World Rowing Under 23 Championships.

National Results: Won the lightweight quadruple sculls at the 2019 Senior, U23, U19, Para World Championships Trials III...Finished fourth in the lightweight double sculls at the 2019 Senior World Championships Trials II...Placed first in the lightweight double sculls at the 2018 National Selection Regatta II...Placed fourth in the lightweight single sculls at the 2018 National Selection Regatta I/Spring Speed Order I...Won the lightweight double sculls at the 2017 Under 23 World Trials...Finished third in the lightweight freshman eight at the 2017 Dad Vail Regatta.

Personal: Danny enjoys reading, running and biking.

Nick Mead

Men's Eight

Date of Birth: 3/12/1995

Birthplace: Strafford, Pa.

Hometown: Strafford, Pa.

Current Residence: Oakland, Calif.

Height: 6'6"

Weight: 212

High School: Episcopal Academy

Undergraduate Education: Princeton University, History, 2017

Current Club Affiliation: USRowing Training Center - Oakland

Current Coaches: Mike Teti, Tim McLaren, Kris Korzeniowski

Training Location: Oakland, Calif.

National Teams: Five – Junior, 2013; Under 23, 2016; Senior, 2017-19

International Results: Finished 13th in the four at the 2018 World Rowing Championships...Placed second in the eight at the 2017 World Rowing Championships...Placed 10th in the eight at the 2016 World Rowing Under 23 Championships...Placed seventh in the eight at the 2013 World Rowing Junior Championships.

National Results: Won the pair at the 2019 National Selection Regatta...Finished third in the varsity eight at the 2016 Intercollegiate Rowing Association (IRA) Championships...Finished third in the varsity eight at the 2015 Intercollegiate Rowing Association (IRA) Championships...Finished first in the men's four with coxswain at 2013 Scholastic Rowing Association of America Championships National Championships...Finished second in the men's four with coxswain at 2012 Scholastic Rowing Association of America (SRAA) Championships.

Kevin Meador

Men's Single Sculls

Date of Birth: 6/28/1994

Birthplace: Oakland, Calif.

Hometown: Berkeley, Calif.

Current Residence: Boston, Mass.

Height: 6'0"

Weight: 183

Began Rowing: Berkeley High School, 2009

High School: Berkeley High School

Undergraduate Education: Northeastern University

Current Club Affiliation: Riverside Boat Club

Current Coaches: Andrew Hashway, Tom Keister

Training Location: Boston, Mass.

National Teams: Two – Senior, 2018-19

International Results: Finished 20th in the single sculls at the 2018 World Rowing Championships.

National Results: Won the single sculls at the 2019 Senior World Championship Trials

V...Won the single sculls at the 2018 Senior and Para World Championship Trials II.

Dana Moffat

Women's Eight

Date of Birth: 4/30/1997

Birthplace: Palo Alto, Calif.

Hometown: Manlius, N.Y.

Current Residence: Princeton, N.J.

Height: 6'1"

Weight: 185

High School: Fayetteville-Manlius High School

Undergraduate Education: University of California, Berkeley, Economics, 2019

Current Club Affiliation: USRowing Training Center - Princeton

Current Coaches: Tom Terhaar, Laurel Korholz

Training Location: Princeton, N.J.

National Teams: Five – Junior, 2014-15; Under 23, 2017; Senior, 2018-19

International Results: Finished second in the eight at the 2019 World Rowing Cup II...Won gold in the eight at the 2018 World Rowing Championships...Won silver in the eight at the 2017 World Rowing Under 23 Championships...Won gold in the four at the 2015 World Rowing Junior Championships...Finished second in the junior division at the 2015 C.R.A.S.H.-B. Sprints Indoor Rowing Championships...Placed fourth in the pair at the 2014 Youth Olympic Games...Won silver in the four at the 2014 World Rowing Junior Championships...Won the junior division at the 2014 C.R.A.S.H.-B. Sprints Indoor Rowing Championships...Won the junior division at the 2013 C.R.A.S.H.-B. Sprints Indoor Rowing Championships.

National Results: Won gold in the varsity eight at the 2018 NCAA Women's Rowing Championships, helping the Golden Bears claim the overall NCAA team title...Placed fourth in the senior double at the 2015 Scholastic Rowing Association of America Championships...Placed fifth in the senior four at the 2014 Scholastic Rowing Association of America Championships.

Personal: Dana chose rowing because her mom and older sister convinced her that she was built for the sport. She was named the 2019 Pac-12 Athlete of the Year and earned First-Team

All-America honors in 2018 and 2019. She also earned 2018 CRCA Scholar-Athlete Honors and was a First-Team Pac-12 All-Academic selection. She enjoys hiking, going to the beach, the *New York Times* crossword and having dinner with friends.

Molly Moore

PR3 Women's Pair

Date of Birth: 5/4/1995

Birthplace: Indianapolis, Ind.

Hometown: Indianapolis, Ind.

Current Residence: Boston, Mass.

Height: 5'3"

Weight: 167

Began Rowing: Harvard College

High School: Warren Central High School

Undergraduate Education: Harvard College, A.B. in Economics, 2017

Graduate Education: Harvard Kennedy School, Ph.D. Student, 2022

Current Club Affiliation: Community Rowing, Inc.

Current Coach: Ellen Minzner

Training Location: Boston, Mass.

National Teams: One – Senior, 2019

International Results: Competed in the Gavirate International Para Rowing Regatta in 2016 and 2018.

National Results: Four-time gold medalist at the Head of the Charles and a two-time winner of the C.R.A.S.H.-B. World Indoor Championships...Won the varsity four C at the 2017 Eastern Sprints.

Personal: Molly was named Most Inspirational Senior for Radcliffe Crew in 2017. She enjoys traveling the globe, camping, CrossFit, canoeing and biking. She enjoys listening to the Beatles' "Eight Days a Week." If possible, she's even more competitive playing cards than she is on the water. After swimming for a decade, she walked on to Radcliffe Crew her freshman year of college and fell in love with the sport, rowing on the Charles and being surrounded by strong, inspiring female athletes. Molly's grandmother, Mary Clemons, is her personal hero for her continual fight for women's rights and furthering education. Molly is currently a Ph.D. student at the Harvard Kennedy School, studying Public Policy with a focus in judgement and decision making.

Felice Mueller

Women's Eight

Date of Birth: 9/10/1989

Birthplace: White Plains, N.Y.

Hometown: Cleveland, Ohio

Current Residence: Princeton, N.J.

Height: 6'1"

Weight: 160

Began Rowing: Pomfret School, 2005

High School: Pomfret School

Undergraduate Education: University of Michigan

Current Club Affiliation: USRowing Training Center - Princeton

Current Coaches: Tom Terhaar, Laurel Korholz

Training Location: Princeton, N.J.

National Teams: Ten – Junior, 2007; Under 23, 2010-11; Senior, 2013-19

International Results: Finished second in the eight at the 2019 World Rowing Cup II...Finished second in the four and third in the pair at the 2019 World Rowing Cup I...Won gold in the eight at the 2018 World Rowing Championships...Finished third in the pair and eight at the 2018 World Rowing Cup III...Placed seventh in the single sculls at the 2017 World Rowing Championships...Placed fourth in the pair at the 2016 Olympic Games...Won gold in the pair at the 2016 World Rowing Cup II...Took bronze in the pair at the 2015 World Rowing Championships...Placed fourth in the pair at the 2015 World Rowing Cup II...Took bronze in the quadruple sculls at the 2014 World Rowing Championships...Won gold in the quadruple sculls at the 2014 World Rowing Cup II...Won gold in the four at the 2013 World Rowing Championships...Won gold in the pair and bronze in the eight at the 2011 World Rowing Under 23 Championships...Won gold and set a world record in the pair at the 2010 World Rowing U23 Championships...Won gold in the senior pair at the 2008 Canadian Henley...Placed third in the eight at the 2007 World Rowing Junior Championships.

National Results: Won the single sculls at the 2017 U.S. Senior and Para World Championship Trials...Won gold in the senior/elite single sculls at the 2017 USRowing Club National Championships...Finished first in the single sculls at the 2017 Spring Speed Order I...Finished first in the pair at the 2016 National Selection Regatta I...Finished first in the pair at the 2015 National Selection Regatta I...Finished fifth in the pair at the 2014 National Selection Regatta I...Won the women's four at 2013 Senior World Championship Trials...Finished second in the pair at the 2013 National Selection Regatta II...Won the pair at the 2010 USRowing Under 23 World Championships Trials...Won the senior eight at the 2007 USRowing Club National Championships...Finished second in the four with coxswain at the 2006 USRowing Youth National Championships...Finished third in the four with coxswain at the 2006 New England Interscholastic Rowing Association Championships.

Meghan Musnicki

Women's Eight

Date of Birth: 2/5/1983

Hometown: Naples, N.Y.

Birthplace: Naples, N.Y.

Current Residence: Princeton, N.J.

Height: 5'11"

Weight: 175

Began Rowing: St. Lawrence University, 2001

High School: Canandaigua Academy

Undergraduate Education: Ithaca College, Psychology, 2005

Current Club Affiliation: USRowing Training Center – Princeton

Current Coach: Tom Terhaar

National Teams: Eight – Senior, 2010-16, 2019

International Results: Finished second in the eight at the 2019 World Rowing Cup II...Finished fourth in the four and seventh in the pair at the 2019 World Rowing Cup I...Won gold in the eight at the 2016 Olympic Games...Won gold in the eight and bronze in the pair at the 2016 World Rowing Cup II...Won gold in the eight at the 2015 World Rowing Championships...Won gold in the eight in the 2015 World Rowing Cup II...Won gold in the eight at the 2014 World Rowing Championships...Won gold in the eight at the 2014 World Rowing Cup II...Won gold in the eight and finished fourth in the pair at the 2013 World Rowing Championships...Won bronze in the pair at the 2013 World Rowing Cup III...Won silver in the pair and eight at the 2013 World Rowing Cup I...Won gold in the eight at the 2012 Olympic Games...Won gold and set a world record (5:54.17) in the heat in the eight at the 2012 World Rowing Cup II...Won gold in the eight at the 2011 World Rowing Championships...Finished fourth in the pair at the 2011 World Rowing Cup III...Won the Remenham Challenge Cup and set the course record at the 2011 Henley Royal Regatta...Took silver in the pair at the 2011 World Rowing Cup II...Won gold in the eight at the 2010 World Rowing Championships...Won gold in the eight and silver in the pair at the 2010 Rowing World Cup III.

National Results: Finished second in the pair at the 2016 National Selection Regatta 1...Finished third in the pair at the 2015 National Selection Regatta 1...Finished seventh in the pair at the 2014 National Selection Regatta I...Won the pair at the 2013 National Selection Regatta II...Finished fourth in the pair at the 2012 National Selection Regatta I...Won the pair at the 2011 National Selection Regatta II...Won the pair at the 2010 National Selection Regatta III...Finished third in the pair at the 2010 National Selection Regatta II...Finished fourth in the pair at the 2010 National Selection Regatta I.

Personal: Meghan enjoys baking, reading, shopping, and listening to music. She was a 2005 First-Team Division III All-American. Meghan lists her parents as the most influential people in her rowing career for their unconditional support in everything she does. After her rowing career, Meghan plans on attending nursing school to become a nurse practitioner.

Tyler Nase

Lightweight Men's Single Sculls

Date of Birth: 8/30/1990

Birthplace: Phoenixville, Pa.

Hometown: Phoenixville, Pa.

Current Residence: Philadelphia, Pa.

Height: 6'0"

Weight: 155

Began Rowing: La Salle College High School, 2006

High School: LaSalle College High School

Undergraduate Education: Princeton University, Sociology, 2013

Current Club Affiliation: Vesper Boat Club

Current Coach: Peter Mansfield

National Teams: Seven – Junior, 2008; Under 23, 2011-12; Senior, 2014-16, 2019

International Results: Finished 10th in the lightweight four at the 2016 Olympic Games...Won bronze in the lightweight four at the 2016 World Rowing Cup I...Finished seventh in the lightweight men's four at the 2015 World Rowing Championships...Finished 15th in the lightweight pair at the 2014 World Rowing Championships...Won silver in the lightweight pair at the 2013 World Rowing Cup III...Finished seventh in the lightweight four at the 2012 World Rowing Under 23 Championships...Finished ninth in the lightweight four at the 2011 World Rowing Under 23 Championships...Finished third in the junior eight at the 2008 World Rowing Senior and Junior Championships.

National Results: Finished second in the lightweight pair at the 2016 National Selection Regatta I...Won the lightweight pair at the 2014 Senior I World Championships Trials...Finished seventh in the pair at the 2014 National Selection Regatta II...Won the eight at the 2011 USRowing National Championships...Took second in the four at the 2011 USRowing National Championships...Won the lightweight eight at the 2010 Head of the Charles...Finished third in the freshman eight at the 2010 Intercollegiate Rowing Association (IRA) Championships...Took third in the lightweight freshman eight at the 2010 Eastern Sprints...Finished second in the lightweight eight at the 2009 Head of the Charles.

Personal: Tyler's hobbies include riding motorcycles and cooking. Before each race, he watches the movie Gladiator. His most memorable sporting moment was earning silver in the lightweight men's pair at 2013 World Cup III in Lucerne.. Tyler lists Marty Crotty as the most influential person in his sporting career and his parents as his personal heroes.

James Nelson

Lightweight Men's Pair

Date of Birth: 12/23/1994

Birthplace: Baltimore, Md.

Hometown: Austin, Texas

Current Residence: Seattle, Wash.

Height: 6'1"

Weight: 155

Began Rowing: Texas Rowing Center, 2006

Undergraduate Education: Franklin & Marshall College

Current Club Affiliation: Seattle Rowing Center

Current Coaches: Conal Groom, Emanuel Valentin

Training Location: Seattle, Wash.

National Teams: Two – Senior, 2018-19

International Results: Finished 10th in the lightweight quadruple sculls at the 2018 World Rowing Championships.

Personal: James enjoys rowing, cycling and running.

Charley Nordin

PR3 Mixed Four with Coxswain

Date of Birth: 8/16/1997

Birthplace: San Francisco, Calif.

Hometown: Alameda, Calif.

Current Residence: Spokane, Wash.

Height: 6'8"

Weight: 205

Undergraduate Education: Gonzaga University

Current Club Affiliations: Gonzaga University Men's Rowing/Community Rowing, Inc.

Current Coaches: Ellen Minzner, Mark Voorhees

Training Location: Spokane, Wash.

National Teams: Two – Senior, 2018-19

International Results: Won gold in PR3 mixed four with coxswain at the 2019 World Rowing Cup II...Won silver in the PR3 mixed four with coxswain at the 2018 World Rowing Championships.

National Results: Finished third in the second varsity eight at the 2018 Husky Open...Won the second varsity eight at the 2018 Western Sprints Challenge.

Personal: Charley loves making new friends, listening to music and exploring big cities. He started rowing his freshman year at Gonzaga as a walk-on.

Kristine O'Brien

Women's Eight

Date of Birth: 10/3/1991

Birthplace: Clane, County Kildare, Ireland

Hometown: Massapequa Park, N.Y.

Current Residence: Princeton, N.J.

Height: 5'11"

Weight: 164

Began Rowing: St. John the Baptist Diocesan High School, 2005

High School: St. John the Baptist Diocesan High School

Undergraduate Education: University of Virginia, Sociology, 2013

Current Club Affiliation: USRowing Training Center - Princeton

Current Coaches: Tom Terhaar, Laurel Korholz

Training Location: Princeton, N.J.

National Teams: Nine – Junior, 2009; Under 23, 2011-13; Senior, 2015-19

International Results: Finished second in the eight at the 2019 World Rowing Cup II...Finished second in the four at the 2019 World Rowing Cup I...Won gold in the eight at the 2018 World Rowing Championships...Won bronze in the pair and eight at the 2018 World Rowing Cup III...Placed fourth in the four at the 2017 World Rowing Championships...Took bronze eight at the 2017 World Rowing Cup II...Took silver in the four at the 2016 World Rowing Championships...Won the Remenham Challenge Cup at the 2016 Henley Royal Regatta...Won gold in the four at the 2015 World Rowing Championships...Won gold in the eight at the 2013 World Rowing Under 23 Championships...Won gold in the eight at the 2012 World Rowing Under 23 Championships...Placed seventh in the quadruple sculls at the 2011

World Rowing Under 23 Championships...Placed sixth in the pair at the 2009 World Rowing Junior Championships.

National Results: Finished sixth in the pair at the 2015 National Selection Regatta I...Finished fourth in the varsity eight at the 2013 NCAA Women's Rowing Championships...Finished third overall and won the collegiate category in the championship eight at the 2012 Head of the Charles Regatta...Won the varsity eight and team title at the 2012 NCAA Women's Rowing Championships...Won the championship eight at the 2011 Head of the Charles...Finished seventh in the varsity eight at the 2011 NCAA Women's Rowing Championships...Finished second in the championship eight at the 2010 Head of the Charles...Won the intermediate double sculls and senior eight at the 2010 USRowing Club National Championships...Finished second in the varsity eight at the 2010 NCAA Women's Rowing Championships...Won the senior double sculls at the 2009 Stotesbury Cup Regatta...Finished second in the senior double sculls at the 2009 Scholastic Rowing Association of America Championships...Won the youth double sculls at the 2008 Head of the Charles.

Personal: Kristine, nicknamed "O'B," enjoys beach volleyball and Buffalo wings. She was the 2010 ACC Freshman of the Year and was a part of the ACC Crew of the Year from 2010-2013. In 2011, 2012, and 2013, she was All-ACC, CRCA All-South Region, and First Team All-American. In 2011 and 2013, she won the Coaches Award for Excellence. Kristine lists winning the varsity eight and team title at the 2012 NCAA Women's Rowing Championships as her most memorable sporting achievement. She lists her grandmother as the most influential person in her life, and her parents and Kevin Sauer as the most influential people in her rowing career.

Vicky Opitz

Women's Four

Date of Birth: 6/5/1988

Birthplace: Madison, Wis.

Hometown: Middleton, Wis.

Current Residence: Princeton, N.J.

Height: 5'11"

Weight: 153

High School: Middleton High School

Undergraduate Education: University of Wisconsin, B.A. Political Science & Communication Arts, 2011

Current Club Affiliation: USRowing Training Center – Princeton

Current Coach: Tom Terhaar

Training Location: Princeton, N.J.

National Teams: Five – Senior, 2013-15, 2018-19

International Results: Finished fourth in the four at the 2019 World Rowing Cup II...Finished fourth in the four at the 2019 World Rowing Cup I...Won gold in the eight and finished ninth in the pair at the 2018 World Rowing Championships...Placed third in the eight and four at the 2018 World Rowing Cup III...Placed fourth in the four and third in the eight at the 2017 World Rowing Cup II...Won the Remenham Challenge Cup at the 2016 Henley Royal Regatta...Won the eight at the 2015 World Rowing Championships...Won the eight at the 2014 World Rowing

Championships...Placed first in the eight at the 2014 World Rowing Cup II...Placed first and set a world record in the eight at the 2013 World Rowing Cup III...Placed first in the senior four and second in the senior double sculls, second in the senior quadruple sculls and second in the championship eight at the 2012 Canadian Henley.

National Results: Finished fifth in the pair at the 2015 National Selection Regatta I...Finished fourth in the pair at the 2014 National Selection Regatta I...Finished second in the pair at the 2013 National Selection Regatta II...Finished second in the champion four at the 2012 Head of the Charles Regatta.

Personal: Vicky enjoys reading, cooking, baking, yoga, tennis traveling and napping. She was named the 2012 Vesper Boat Club Female Athlete of the Year. Her most memorable athletic achievement was being part of the first-ever Wisconsin Big Ten rowing championship, the highest finish at the South-Central Regatta, and the highest team finish of seventh at the NCAA Championships. After rowing, Vicky would like to go back to school for business or law or go completely in the other direction and go to culinary school, specializing in pastry.

Pearl Outlaw

PR3 Mixed Double Sculls

Date of Birth: 11/12/1997

Birthplace: Charlottesville, Va.

Hometown: Charlottesville, Va.

Current Residence: Ithaca, N.Y.

Height: 5'9"

Weight: 160

Undergraduate Education: Ithaca College

Current Club Affiliations: Community Rowing, Inc./Ithaca College Crew

Current Coaches: Beth Noll, Becky Robinson, Beth Greene

Training Location: Boston, Mass., Ithaca, N.Y.

National Teams: Two – Senior, 2018-19

International Results: Finished fifth in the PR3 mixed double sculls at the 2018 World Rowing Championships...Finished fifth in the PR3 mixed four with coxswain at the 2018 International Para Rowing Regatta.

National Results: Finished fourth in the mixed inclusion double sculls at the 2017 Head of the Charles Regatta...Finished second in the novice eight at the 2017 National Invitational Rowing Championship.

Tom Peszek

Men's Four

Date of Birth: 1/4/1985

Hometown: Farmington Hills, Mich.

Current Residence: Oakland, Calif.

Height: 6'3"

Weight: 205

High School: Farmington High School

Undergraduate Education: University of Michigan, 2007

Graduate Education: University of Michigan, MSI, 2009

Current Club Affiliations: Texas Rowing Center/San Diego Rowing Club

Current Coaches: Tim McLaren, Mike Teti

Training Location: Oakland, Calif.

National Teams: Ten – Under 23, 2007; Senior, 2010-13, 2015-19

International Results: Placed fourth in the eight at the 2018 World Rowing Championships...Won silver in the eight at the 2017 World Rowing Championships...Placed fifth in the pair with coxswain at the 2016 World Rowing Championships...Placed seventh in the eight at the 2015 World Rowing Championships...Won bronze in the eight at the 2015 World Rowing Cup II...Won gold in the eight at the 2014 World Rowing Cup II...Won bronze in the eight at the 2013 World Rowing Championships...Won gold in the eight at the 2013 World Rowing Cup II...Won silver in the eight at the 2013 World Rowing Cup I...Placed eighth in the pair at the 2012 Olympic Games...Placed ninth in the pair at the 2011 World Rowing Championships...Placed sixth in the eight at the 2010 World Rowing Championships...Placed fourth in the eight at the 2007 World Rowing Under 23 Championships.

National Results: Won the pair at the 2019 National Selection Regatta...Won the pair at the 2017 Spring Speed Order I...Won the pair with coxswain at the 2016 Junior, Under 23 and Senior Team Trials...Finished sixth in the pair at the 2016 National Selection Regatta I...Finished fourth in the pair at the 2014 National Selection Regatta II...Won gold in the eight at the 2013 USRowing National Championships...Won the pair at the 2012 Olympic Trials - Rowing...Won the pair at the 2011 Senior World Championship Trials...Finished second in the pair at the 2011 National Selection Regatta II...Finished second in the pair at the 2011 National Selection Regatta I...Finished third in the pair at the 2010 National Selection Regatta III..Finished seventh in the pair at the 2010 National Selection Regattas I and II.

Personal: Tom enjoys skeet-shooting. His most memorable sporting achievement is winning the Canadian Henley Dash for Cash in back-to-back years. He chose rowing as a way to be competitive and stay in shape. He lists all of the people who ever have, or currently do, row for Michigan Crew, as well as the Michigan coaching staff, as the most influential people in his sporting career. Tom said they are the epitome of collegiate athletics and truly embody the spirit of competition. His personal heroes are his brother, Greg, Erik Hult and Patrick Kington. He thanks his parents, Donna and Larry, for their unwavering support.

Karen Petrik

PR3 Mixed Four with Coxswain

Date of Birth: 11/18/1997

Birthplace: New Britain, Conn.

Hometown: Glastonbury, Conn.

Current Residence: Glastonbury, Conn.

Height: 5'1"

Weight: 110

High School: Glastonbury High School

Undergraduate Education: University of Rhode Island, Elementary Education, May 2019

Current Club Affiliation: Community Rowing, Inc.

Current Coach: Shelagh Donohoe

Training Location: Boston, Mass.

National Teams: One – Senior, 2019

International Results: Won gold in the PR3 four with coxswain at the 2019 World Rowing Cup II.

National Results: Finished 21st in the varsity eight at the 2019 NCAA Women's Rowing

Championships...Won the varsity eight at the 2019 Atlantic 10 Conference

Championships...Finished 20th in the second varsity eight at the 2018 NCAA Women's Rowing

Championships...Won the second varsity eight at the 2018 Atlantic 10 Conference

Championships.

Personal: Karen enjoys spending time with family and friends and loves the outdoors. She has aspirations to become an elementary school teacher. Karen was introduced to rowing through a friend and quickly took to the sport. She was a coxswain for four years in high school and continued for four years in college. She was a CRCA Athlete Scholar Award winner in 2018 and 2019.

Mary "Molly" Reckford

Lightweight Women's Quadruple Sculls

Date of Birth: 10/9/1992

Birthplace: Short Hills, N.J.

Hometown: Short Hills, N.J.

Current Residence: Menlo Park, Calif.

Height: 5'10"

Weight: 125

High School: Phillips Exeter Academy

Undergraduate Education: Dartmouth College, B.A. Government & Psychology, 2015

Current Club Affiliation: Bair Island Aquatic Center

Current Coach: Casey Galvanek

Training Location: Menlo Park, Calif.

National Teams: One – Senior, 2019

National Results: Finished second in the lightweight double sculls at the 2018 Senior World

Championships Trials II...Finished seventh in the lightweight single sculls at the 2018 Spring

Speed Order...Won six gold medals at the 2018 USRowing Masters National Championships.

Personal: Molly enjoys cooking, reading, cycling, eating, and erging. Through a combined eight years of high school and college rowing, she never finished a spring season in the first varsity boat. She retired from competitive rowing in 2015 when she graduated college (after a spectacularly mediocre career as a heavyweight sweep rower), only to pick up sculling again for fun in January of 2018. After her first race as a masters' rower (Gold Rush Regatta), she realized that she doesn't do anything casually and decided to compete at masters nationals, after which it was a slippery slope to trying for the national team. Molly's father and sister both rowed in high school, and she copies them both whenever possible. Her grandparents, Bill and Judy Spencer, are her heroes and inspiration. Bill was an athlete on the U.S. Biathlon team for the

1964 and 1968 Winter Olympics, and without his example, Molly wouldn't think that living this dream was possible. Judy helped make his accomplishments possible for him, traveling with him around the world, and is one of the strongest people that Molly has ever met. She wouldn't be here without her support, encouragement, and advice. Molly would like to thank her training partner, Matt, for never waiting up for her, and Boris Roque Alvarez for believing in her before anybody else did.

Andrew Reed

Men's Four

Date of Birth: 12/19/1991

Birthplace: Worcester, Mass.

Hometown: Wayland, Mass.

Current Residence: Oakland, Calif.

Height: 6'3"

Weight: 195

Began Rowing: Belmont Hill School, 2006

High School: Belmont Hill School

Undergraduate Education: Harvard University

Current Club Affiliation: USRowing Training Center - Oakland

Current Coach: Mike Teti

Training Location: Oakland, Calif.

National Teams: Three – Senior, 2017-19

International Results: Finished fifth in the four at the 2019 World Rowing Cup II...Placed fourth in the eight at the 2018 World Rowing Championships...Won silver in the eight at the 2017 World Rowing Championships...Won gold in the championship pair at the 2015 and 2016 Canadian Henley...Won the Visitor's Cup at the 2014 Henley Royal Regatta.

National Results: Finished second in the pair at the 2017 Spring Speed Order I.

Personal: Andrew enjoys cross-country skiing, paddle boarding, movies and watching rowing footage. He lists high school coach Chris Richards, college freshman coach Bill Manning and teammates at Craftsbury Sculling Center as the most influential people in his rowing career.

Erin Reelick

Women's Eight

Date of Birth: 12/13/1993

Birthplace: Torrington, Conn.

Hometown: Brookfield, Conn.

Current Residence: Princeton, N.J.

Height: 6'0"

Weight: 162

High School: Brookfield High School

Undergraduate Education: Princeton University

Current Club Affiliations: USRowing Training Center - Princeton/New York Athletic Club

Current Coaches: Tom Terhaar, Laurel Korholz

Training Location: Princeton, N.J.

National Teams: Six – Junior, 2011; Under 23, 2014-15; Senior, 2017-19

International Results: Finished second in the eight at the 2019 World Rowing Cup II...Finished fifth in the pair and four at the 2019 World Rowing Cup I...Won gold in the four at the 2018 World Rowing Championships...Finished fourth in the pair at the 2018 World Rowing Cup III...Placed fourth in the four at the 2017 World Rowing Championships...Won silver in the four at the 2017 World Rowing Cup II...Won gold in the eight at the 2015 World Rowing Under 23 Championships...Won gold in the eight at the 2014 World Rowing Under 23 Championships...Placed fourth in the quadruple sculls at the 2011 World Rowing Junior Championships.

National Results: Finished second in the pair at the 2017 Spring Speed Order I...Finished seventh in the varsity eight at the 2014 NCAA Women's Rowing Championships...Won the varsity eight at the 2014 Ivy League Championships...Finished second in the varsity eight at the 2013 NCAA Women's Rowing Championships...Won the varsity eight at the 2013 Ivy League Championships...Won the quadruple sculls at the 2012 USRowing Youth National Championships...Won the double sculls at the 2011 Head of the Charles Regatta...Finished fourth in the quadruple sculls at the 2011 USRowing National Championships...Won the quadruple sculls at the 2011 USRowing Youth National Championships...Finished third in the double at the 2010 Head of the Charles Regatta...Won the eight at the 2010 USRowing Youth National Championships.

Personal: Erin grew up on the North Island of New Zealand and made her rowing debut as a coxswain. She was influenced by her siblings to pursue rowing. Erin enjoys baked goods, camping, and traveling. She hopes to visit 30 countries before the age of 30.

Emily Regan

Women's Eight

Date of Birth: 6/10/1988

Birthplace: Buffalo, N.Y.

Hometown: Buffalo, N.Y.

Current Residence: Princeton, N.J.

Height: 6'2"

Weight: 175

Began Rowing: Michigan State University, 2006

High School: Nichols School

Undergraduate Education: Michigan State University

Current Club Affiliation: USRowing Training Center – Princeton

Current Coach: Tom Terhaar

Training Location: Princeton, N.J.

National Teams: Nine – Under 23, 2010; Senior, 2011, 2013-19

International Results: Finished fourth in the four at the 2019 World Rowing Cup II...Finished second in the four and third in the pair at the 2019 World Rowing Cup I...Won gold in the eight at the 2018 World Rowing Championships...Won bronze in the four and eight at the 2018 World Rowing Cup III...Finished fourth in the eight at the 2017 World Rowing

Championships...Finished third in the eight at 2017 World Rowing Cup II...Placed fourth in the four at the 2017 World Rowing Cup II...Placed first in the eight at the 2016 World Rowing Cup II...Won gold in the eight at the 2016 Olympic Games...Won the eight and four at the 2015 World Cup II...Won the eight at the 2015 World Rowing Championships...Placed second in four at the 2014 World Rowing Championships...Won the eight at the 2013 World Rowing Championships...Won the eight at the 2013 World Cup III that set a world record (5:54.16)...Won the four at the 2011 World Rowing Championships...Won the eight at the 2010 World Rowing Under 23 Championships.

National Results: Finished second in the pair at the 2017 Spring Speed Order I...Finished fourth in the pair at the 2015 National Selection Regatta I...Won the four at the 2011 Senior World Championship Trials...Won the varsity eight at the 2008, 2009 and 2010 Big 10 Championships.

Personal: After rowing, Emily would like to pursue a masters degree. Her parents are her personal heroes. The most influential person in her sporting career has been her college coach, Matt Weise, who showed her how much potential she had and encouraged her to keep developing herself in the sport of rowing. In 2010, Emily was named a Division I First-Team All-American, First-Team All-Big Ten, First-Team All-Central Region and the Big Ten Rowing Conference Athlete of the Year.

Allie Reilly

PR3 Mixed Four with Coxswain

Date of Birth: 9/30/1997

Hometown: North Kingstown, R.I.

Current Residence: Boston, Mass.

Height: 5'10"

Weight: 150

Began Rowing: 2015, University of Rhode Island

Undergraduate Education: University of Rhode Island, Kinesiology, 2019

Current Club Affiliation: Community Rowing, Inc.

Current Coach: Shelagh Donohoe

Training Location: Boston, Mass.

National Teams: Two – Senior, 2018-19

International Results: Won gold in the PR3 open division at the 2019 World Rowing Indoor Championships, setting a world record...Finished second in the PR3 four with coxswain at the 2018 World Rowing Championships.

National Results: Finished 21st in the varsity eight at the 2019 NCAA Women's Rowing Championships...Won the varsity eight at the 2019 Atlantic 10 Conference Championships...Finished 21st in the varsity eight at the 2018 NCAA Women's Rowing Championships...Won the varsity eight at the 2018 Atlantic 10 Conference Championships.

Personal: Reilly likes skiing and going to the beach. She has one sister and one brother. She loves the Boston Red Sox and New England Patriots. Allie was a USRowing Fan's Choice Award nominee in 2018 and was a NCAA Sportswoman of the Year Award nominee in 2019. She received the Winifred Kearney Award for most outstanding female athlete at the University of

Rhode Island in 2019. Allie was first-team all-conference in 2019 and was a CRCA Scholar Athlete Award recipient in 2018-19.

Alexander Richards

Men's Eight

Date of Birth: 8/12/1995

Birthplace: Newton, Mass.

Hometown: Watertown, Mass.

Current Residence: Oakland, Calif.

Height: 6'6"

Weight: 215

Began Rowing: The Belmont Hill School, 2009

High School: Belmont Hill School

Undergraduate Education: Harvard University

Current Club Affiliation: Newell Training Center

Current Coaches: Mike Teti, Tim McLaren

Training Location: Cambridge, Mass.

National Teams: Five – Junior, 2013; Under 23, 2017; Senior, 2017-19

International Results: Finished 11th in the four at the World Rowing Cup II...Finished 13th in the four at the 2018 World Rowing Championships...Placed 10th in the four at the 2017 World Rowing Championships...Placed fourth in the pair at the 2017 World Rowing Under 23 Championships...Finished sixth in the four at the 2013 World Rowing Junior Championships.

National Results: Placed second in the four at the 2012 USRowing Youth National Championships...Won the four at the 2012 New England Interscholastic Rowing Association Championships...Won the second four at the 2011 New England Interscholastic Rowing Association Championships.

Personal: Alexander is an aspiring comedian and a proud Bostonian. He is a lover of larger dogs. Alexander lists his dad as the most influential person in his sports career, as well as his personal hero. In his free time, Alex will read, run and listen to music. He would like to compete in the Olympics and have a family when he gets older.

Kate Roach

Women's Quadruple Sculls

Date of Birth: 3/6/1993

Birthplace: Iowa City, Iowa

Hometown: North Oaks, Minn.

Current Residence: Princeton, N.J.

Height: 5'11"

Weight: 170

High School: Mounds Park Academy

Undergraduate Education: Cornell University, BS, 2015

Graduate Education: Cornell University, MS, 2016

Current Club Affiliation: USRowing Training Center - Princeton

Current Coaches: Laurel Korholz, Tom Terhaar

Training Location: Princeton, N.J.

National Teams: Two – Under 23, 2014; Senior, 2019

International Results: Finished seventh in the pair at the 2017 World Rowing Cup II...Won gold in the eight at the 2014 World Rowing Under 23 Championships.

National Results: Finished fourth in the double sculls at the 2019 Senior, U23, U19, Para World Championships Trials III...Finished 15th in the varsity eight at the 2013 NCAA Women's Rowing Championships...Finished 14th in the second varsity eight at the 2012 NCAA Women's Rowing Championship.

Personal: Honored as a CRCA First-Team All-American in 2013 and 2015, and CRCA Second-Team All-American in 2014. Voted USRowing Fan's Choice Collegiate Athlete of the Year in 2014. Kate enjoys reading, hiking, and Reese's peanut butter cups. She lists her parents and sister as several of the most inspirational people in her life. Kate enjoys crossword puzzles, reading, and music. She was a walk-on her freshman year at Cornell.

Regina Salmons

Women's Alternate

Date of Birth: 4/21/1997

Birthplace: Boston, Mass.

Hometown: Jamestown, R.I.

Current Residence: Hopewell, N.J.

Height: 6'1"

Weight: 175

High School: Derryfield School

Undergraduate Education: University of Pennsylvania, English and Pre-Law, 2018

Current Club Affiliation: USRowing Training Center - Princeton

Training Location: Princeton, N.J.

National Teams: Three – Under 23, 2016, 2018; Senior 2019

International Results: Finished fifth in the four at the 2019 World Rowing Cup II...Won gold in the pair at the 2018 World Rowing Under 23 Championships...Won gold in the four and eight at the 2016 World Rowing Under 23 Championships.

National Results: Placed third in the varsity eight at the 2018 Ivy League Championships (Penn's first medal since 1980)...Won gold in the intermediate four with coxswain at the 2015 USRowing Club National Championships.

Personal: Regina loves to write poetry, and in college, she was the editor in chief of the feminist literary and arts magazine "The F-word" and chaired the poetry workshop group "TheBody Electric" named after Walt Whitman's poem. She admires her parents for their sheer love and determination and wants to grow up to be as kind and strong and persistent as they are. Regina is a 2017 and 2018 Scholar Athlete Award (CRCA) winner, for maintaining above a 3.5 GPA and participating in more than 75% of varsity races those years. She also was a 2018 All-Ivy First-Team selection.

Lauren Schmetterling

Women's Quadruple Sculls

Date of Birth: 8/3/1988

Birthplace: Voorhees, N.J.

Hometown: Moorestown, N.J.

Current Residence: Princeton, N.J.

Height: 5'11"

Weight: 170

Began Rowing: 2003, Moorestown Rowing Club

High School: Moorestown High School

Undergraduate Education: Colgate University

Current Club Affiliation: USRowing Training Center – Princeton

Current Coaches: Tom Terhaar, Laurel Korholz

Training Location: Princeton, N.J.

National Teams: Seven – Senior, 2013-2019

International Results: Served as an alternate at the 2018 World Rowing Championships...Finished fourth in the eight at the 2017 World Rowing Championships...Finished 18th in the single sculls at the 2017 World Rowing Cup III...Finished eleventh in the single sculls at the 2017 World Rowing Cup II...Won gold in the eight at the 2016 Olympic Games, 2014-2016 World Rowing Cup II, 2013-2015 World Rowing Championships...Placed first in the four at the 2015 World Rowing Cup II...Finished sixth in the pair at the 2014 World Rowing Cup II...Placed first and set a world record in the eight at the 2013 World Rowing Cup III...Placed first in the open single sculls and double sculls at the 2012 Royal Canadian Henley.

National Results: Finished second in the single at the 2017 Spring Speed Order 1.... Finished fourth in the pair at the 2015 National Selection Regatta I...Finished eighth in the pair at the 2014 National Selection Regatta 1...Finished third in the pair at the 2013 National Selection Regatta 2...Finished third in the single sculls at the 2012 USRowing Fall Speed Order.

Personal: Lauren enjoys crossword puzzles, downhill skiing and napping. She lists her parents, Eric and Lorie, and former Riverside coach, Tom Keister, as the most influential people to her athletic career.

Peter Schmidt

Lightweight Men's Quadruple Sculls

Date of Birth: 2/20/1989

Birthplace: Providence, R.I.

Hometown: Providence, R.I.

Current Residence: Arlington, Va.

Height: 6'0"

Weight: 154

Began Rowing: Narragansett Boat Club, 2006

High School: Classical High School

Undergraduate Education: Drexel University

Current Club Affiliation: Potomac Boat Club

Current Coach: Judith Vogel

Training Location: Washington, D.C.

National Teams: Six – Senior, 2014-2019

International Results: Finished 25th in the lightweight double sculls at the 2018 World Rowing Championships...Placed 16th in the lightweight single sculls at the 2017 World Rowing Championships...Placed 10th in the lightweight double sculls at the 2017 World Rowing Cup II...Placed 11th in the lightweight quadruple sculls at the 2016 World Rowing Championships...Won bronze in the lightweight eight at the 2015 World Rowing Championships...Placed seventh in the lightweight quadruple sculls at the 2014 World Rowing Championships.

National Results: Placed first in the lightweight double sculls at the 2017 U.S. Senior and Para World Championship Trials...Won the lightweight quadruple sculls at the 2016 Junior, Under 23 and Senior Team Trials...Won the lightweight eight in the 2015 Senior I World Championship Trials...Won the senior four at the 2012 USRowing Club National Championships...Won the senior eight at the 2012 USRowing Club National Championships...Won the pair at the 2011 Dad Vail Regatta...Won the pair at the 2010 Dad Vail Regatta...Won the lightweight eight at the 2009 USRowing Club National Championships.

Personal: Peter is a professional engineer, amateur chef and baker.

Emily Schmieg

Lightweight Women's Single Sculls

Date of Birth: 5/11/1988

Birthplace: Philadelphia, Pa.

Hometown: Philadelphia, Pa.

Height: 5'6"

Weight: 121

Began Rowing: University of Pittsburgh, 2006

High School: Merion Mercy Academy

Undergraduate Education: University of Pittsburgh

Current Club Affiliation: Potomac Boat Club

Current Coach: Matthew Madigan

Training Location: Washington, D.C.

National Teams: Four – Senior, 2016-19

International Results: Won silver in the lightweight double sculls at the 2018 World Rowing Championships...Placed seventh in the lightweight double sculls at the 2018 World Rowing Cup III...Finished eighth in the lightweight single sculls at the 2018 World Rowing Cup II...Placed sixth in the lightweight double sculls at the 2018 World Rowing Cup I...Won bronze in the lightweight double sculls at the 2017 World Rowing Championships...Placed 10th in the lightweight single sculls at the 2017 World Rowing Cup III...Finished fifth in the lightweight quadruple sculls at the 2016 World Rowing Championships.

National Results: Won the lightweight double sculls at the 2017 U.S. Senior and Para World Championship Trials...Finished first in the lightweight quadruple sculls at the 2016 Junior, Under 23 and Senior Team Trials...Finished first in the lightweight single sculls at the 2015

USRowing Speed Order East Coast...Won silver in the lightweight single sculls and double sculls at the 2015 USRowing National Championships...Won gold in the lightweight quadruple sculls at the 2015 USRowing National Championships...Finished third in lightweight single sculls at the 2015 Pan American Games Trials...Finished second in the lightweight single sculls at the 2015 Head of the Charles.

Michelle Sechser

Lightweight Women's Double Sculls

Date of Birth: 11/1/1986

Birthplace: San Luis Obispo, Calif.

Hometown: Folsom, Calif.

Current Residence: Philadelphia, Pa.

Height: 5'5"

Weight: 130

Began Rowing: Capital Crew, 2000

High School: Folsom High School

Undergraduate Education: University of Tulsa

Graduate Education: University of Tulsa

Current Club Affiliation: Vesper Boat Club

Current Coach: Yohann Rigogne

Training Location: Philadelphia, Pa.

National Teams: Eight – Pan Am, 2011; Senior, 2012-15, 2017-19

International Results: Finished sixth in the lightweight double sculls at the 2019 World Rowing Cup II...Finished fourth in the lightweight single sculls at the 2018 World Rowing Championships...Won bronze in the lightweight single sculls at the 2017 World Rowing Championships...Placed 11th in the lightweight double sculls at the 2015 World Rowing Championships...Won bronze in the lightweight double sculls at the 2015 World Rowing Cup III...Placed 10th in the lightweight double sculls at the 2014 World Rowing Championships...Placed eighth in the lightweight double sculls at the 2014 World Rowing Cup II...Placed seventh in the lightweight single sculls at the 2013 World Rowing Championships...Placed fourth in the lightweight quadruple sculls at the 2012 World Rowing Senior and Junior Championships...Took bronze in the lightweight double and quadruple sculls at the 2011 Pan American Games.

National Results: Won the lightweight double sculls at the 2017 U.S. Senior and Para World Championship Trials...Won the lightweight double sculls at the 2014 Senior II World Championships Trials...Won the lightweight single sculls at the 2014 National Selection Regatta I...Won the lightweight single sculls at 2013 Senior World Championships Trials...Won the lightweight quadruple sculls at 2012 World Rowing Non-Olympic Senior Championship Trials...Won lightweight double sculls at 2012 USRowing National Regatta...Finished second in the lightweight quadruple sculls at 2012 USRowing National Regatta...Finished third in lightweight double sculls at 2012 National Selection Regatta...Won the lightweight double sculls at the 2011 Pan American Games Trials...Finished fourth in the women's quadruple sculls at the 2011 USRowing National Championships...Finished fifth in the lightweight double sculls

at the 2011 National Selection Regatta II...Won gold in the senior lightweight single sculls, intermediate lightweight single sculls and senior lightweight quadruple sculls at the 2009 USRowing Club National Championships...Won bronze in the lightweight division at the 2009 C.R.A.S.H.-B. Indoor Rowing Championships...Took silver in the lightweight division at the 2008 C.R.A.S.H.-B. Indoor Rowing Championships.

Hallie Smith

PR1 Women's Single Sculls

Date of Birth: 4/18/1993

Birthplace: Washington, D.C.

Hometown: Washington, D.C.

Current Residence: Boston, Mass.

Height: 5'5"

Weight: 160

High School: St. Stephen's and St. Agnes School

Undergraduate Education: Smith College, B.A. in Psychology, 2015

Current Club Affiliation: Community Rowing, Inc.

Current Coaches: Beth Noll, Sarah Baker

Training Location: Boston, Mass.

National Teams: Three – Senior, 2017-19

International Results: Finished third in the PR1 single sculls at the 2018 World Rowing Championships...Won gold in the PR1 event at the 2018 World Rowing Indoor Championships....Placed sixth in the PR1 single sculls at the 2017 World Rowing Championships.

Personal: Hallie is the PR1 women's 2,000-meter indoor world record holder. She enjoys comic books, baking, NHL and NWHL hockey. Hallie likes to fix things and do her own wheelchair adjustments and repairs. She once built an Ikea shelf in less than 30 minutes. Hallie became paralyzed in May of 2014 due to hereditary spastic paraplegia. In January of 2016, she was at a workout class at MedStar National Rehabilitation Hospital in Washington, D.C., and the rowing coach approached her and asked if she wanted to try the erg. Two weeks later, she won her category at the Mid-Atlantic Erg Sprints, and a month-and-a-half after that, she hit the USRowing elite standard time for a 1k (the Paralympic distance at the time). She's been hooked ever since. Hallie is the daughter of Joe and Vicky Smith and sister of Naval flight officer Tom Smith.

Jaclyn Smith

PR3 Women's Pair

Date of Birth: 7/3/1993

Birthplace: Mineola, N.Y.

Hometown: Williston Park, N.Y.

Current Residence: Fairfield, Conn.

Height: 5'9"

Weight: 150

Began Rowing: 2007, Our Lady of Mercy Academy

Undergraduate Education: Sacred Heart University, B.S. in Psychology, 2015

Graduate Education: Sacred Heart University, Masters in Education, 2016; Fairfield University, Masters in School Counseling, December 2019

Current Club Affiliation: Great River Rowing

Current Coaches: Ellen Minzner, John Leonard

Training Location: Boston, Mass.

National Teams: Seven – Senior, 2013-19

International Results: Won gold in the PR3 pair at the 2018 World Rowing Championships...Won silver in the PR3 four with coxswain at the 2017 World Rowing Championships...Won silver in the legs, trunk and arms mixed four with coxswain at the 2016 Paralympic Games..Won silver in the legs, trunk and arms mixed four with coxswain at the 2015 World Rowing Championships...Won silver in the legs, trunk and arms mixed four with coxswain at the 2014 World Rowing Championships...Finished fourth in the legs, trunk and arms mixed four with coxswain at the 2013 World Rowing Championships.

National Results: Won the legs, trunk and arms four at the 2015 C.R.A.S.H.-B. Indoor Rowing Championships..Finished second in the pair at the 2015 Dad Vail Regatta...Won the legs, trunk and arms mixed four with coxswain at the 2014 Head of the Charles.

Personal: Jaclyn is the second oldest of four to parents James and Annmarie Smith – older brother, James, younger brother, Brian, and younger sister, Caleigh. Born into a very athletic family, Jaclyn played all sorts of sports growing up in order to keep up with her very athletically talented siblings. Jaclyn was inspired to row when she attended high school at Our Lady of Mercy Academy, and they offered rowing as a varsity sport. She took up rowing because she believed it was a sport that she would be able to excel in. She favors all New York sports teams – the Yankees, Giants, Rangers, and Knicks. Her favorite book is "Hope Solo's Memoir" and her favorite TV show is "Friday Night Lights." During her free time, Jaclyn loves going to the beach and spending time with friends. She lists her grandfather as her personal hero because he has always been the person that would have her back until the end of the earth. Her grandfather is an extremely hardworking and strong man, who always puts his family first. He has always been the most supportive person and pushes Jaclyn to be her best everyday and also encourages her to learn from her mistakes. She said, "It is pretty incredible to have someone who believes in you more than you believe in yourself" and counts her blessings every day to have someone in her life that loves her as endlessly as he does. Jaclyn is an assistant coach of the women's rowing team at Sacred Heart University. Her favorite athlete is Air Bud.

Elizabeth Sonshine

Women's Alternate

Date of Birth: 8/9/1990

Birthplace: Bronx, N.Y.

Hometown: Short Hills, N.J.

Current Residence: Princeton, N.J.

Height: 5'10"

Weight: 170

Began Rowing: Bates College, 2008

High School: Millburn High School

Undergraduate Education: Bates College, Geology, 2012

Current Club Affiliation: USRowing Training Center - Princeton

Current Coaches: Tom Terhaar, Laurel Korholz

Training Location: Princeton, N.J.

National Teams: Three – Senior, 2017-19

International Results: Finished sixth in the quadruple sculls at the 2018 World Rowing Championships...Placed fifth in the quadruple sculls at the 2017 World Rowing Championships.

National Results: Finished second in the varsity eight at the 2011 NCAA Women's rowing Championships...Finished second in the varsity eight at the 2010 NCAA Women's Rowing Championships...Finished third in the second varsity eight at the 2009 New England Championships.

Personal: Elizabeth began rowing as a walk-on at Bates College, where she majored in Geology. In 2012, Sonshine joined the Green Racing Project in Craftsbury, Vt., where she trained full-time for three years and became a somewhat proficient cross-country skier until moving to Boston to train with Riverside's high performance group in 2015. After the Olympic Trials, she moved to Saratoga and joined the ARION team in the summer of 2016. She enjoys baking bread for her teammates, reading and drinking coffee.

Cara Stawicki

Lightweight Women's Pair

Date of Birth: 1/29/1983

Birthplace: Point Pleasant, N.J.

Hometown: Wall, N.J.

Current Residence: Philadelphia, Pa.

Height: 5'10"

Weight: 125

High School: Wall High School

Undergraduate Education: Lehigh University, B.A. in Journalism and Political Science, 2005

Graduate Education: Lehigh University, M.A. in Political Science, 2006

Current Club Affiliations: Penn AC Rowing Association/Sarasota Crew

Current Coaches: Guenter Beutter; Casey Galvanek

Training Location: Sarasota, Fla.

National Teams: Two – Senior, 2017, 2019

International Results: Won the lightweight double sculls at the 2018 Canadian Henley...Finished seventh in the lightweight quadruple sculls at the 2017 World Rowing Championships...Won the lightweight double sculls at the 2016 Canadian Henley...Won the lightweight double sculls, lightweight quadruple sculls and lightweight eight and finished second in the lightweight single sculls at the 2013 Canadian Henley.

National Results: Won the lightweight pair at the 2019 Senior, U23, U19, Para World Championships Trials III...Finished fourth in the lightweight double sculls at the 2019 Senior World Championships Trials II...Won the quadruple sculls at the 2018 USRowing Club National

Championships...Won the lightweight quadruple sculls at the 2017 Senior World Championships Trials...Finished fourth in the lightweight single sculls at the 2017 National Selection Regatta I...Won the lightweight double sculls and lightweight quadruple sculls at the 2014 USRowing National Championships...Won the lightweight double sculls at the 2013 USRowing National Championships...Won the lightweight single sculls and lightweight pair at the 2012 USRowing National Championships...Finished first in the collegiate eight at the 2002 Head of the Charles.

Personal: Cara was Lehigh University's Athlete of the Year and Most Valuable Female Rower in 2005. She was senior captain of women's varsity crew in 2004-05. She enjoys writing, cooking, listening to podcasts, reading autobiographies and memoirs, traveling and eating the local cuisine, and drinking coffee. Cara loves to write and is fascinated by the human mind and psychology of sport. She marries the two at her blog, which she hopes is a resource for young rowers and aspiring elites (<https://carastawicki.com>). She will be celebrating her 11th wedding anniversary in November. One of her favorite things to do is spend time with her husband. They started dating freshman year in college, so actually have been together for almost 18 years. Cara loves weightlifting and hopes to pursue Olympic lifting (for fun, not in competition) when she's done rowing. She also wants to learn to play golf. She was a swimmer growing up and one of her teammates who was a year older started rowing her freshman year of college. Cara erged with her when she came home for winter break, and then went to check out the Dad Vail Regatta in Philadelphia. She walked on the team as a freshman at Lehigh, fell in love and never looked back. She lists her mom as her personal hero because she is strong, smart, generous, and just simply incredible.

Genevra Stone

Women's Double Sculls

Date of Birth: 7/11/1985

Birthplace: Boston, Mass.

Hometown: Newton, Mass.

Current Residence: Cambridge, Mass.

Began Rowing: The Winsor School, 2001

Height: 6'0"

Weight: 157

High School: The Winsor School

Undergraduate Education: Princeton University, 2007

Graduate Education: Tufts University, M.D., 2014

Current Club Affiliation: Cambridge Boat Club

Current Coaches: Gregg Stone, Lisa Stone, Sarah Baker

Training Location: Cambridge, Mass.

National Teams: Eight – Under 23, 2006-07; Senior 2011-12, 2014-16, 2019

International Results: Won silver in the double sculls at the 2019 World Rowing Cup II...Won silver in the single sculls at the 2016 Olympic Games...Won silver in the single sculls at the 2016 World Rowing Cup II...Finished fourth in the single sculls at the 2015 World Rowing Championships...Won bronze in the single sculls at 2015 World Rowing Cup III...Won silver in

the single sculls at 2015 World Rowing Cup II...Finished ninth in the single sculls at the 2014 World Rowing Championships...Finished seventh in the single sculls at the 2012 Olympic Games...Finished eighth in the quadruple sculls at the 2012 World Rowing Cup II...Finished third in the single sculls at the 2012 Final Olympic Qualification Regatta...Finished 11th in the single sculls at the 2011 World Rowing Championships...Finished 13th in the single sculls at the 2011 World Rowing Cup III...Reached the final of the Princess Royal Challenge Cup at the 2011 Henley Royal Regatta...Finished seventh in the single sculls at the 2010 World Rowing Cup III...Reached the final of the Princess Royal Challenge Cup at the 2010 Henley Royal Regatta.
National Results: Won the championship single sculls at the 2016, 2017 and 2018 Head of the Charles Regatta...Won the single sculls at the 2016 Olympic & Paralympic Team Trials...Won the single sculls at the 2015 National Selection Regatta I...Won the single sculls at the 2014 National Selection Regatta II...Won the single sculls at the 2014 National Selection Regatta I...Won the single sculls at the 2012 Non-Qualified Small Boat Olympic Trials...Won the championship single at the 2011 Head of the Charles Regatta...Won the single sculls at the 2011 Senior World Championships Trials...Finished second in the double sculls at the 2011 National Selection Regatta II...Won the single sculls at the 2011 National Selection Regatta I...Won the championship single at the 2010 Head of the Charles Regatta...Won the single sculls at the 2010 National Selection Regatta I.

Personal: Gevvie was named USRowing's Female Athlete of the Year in 2016. She enjoys baking, gardening, sailing, hiking, reading, cross-country skiing and, of course, eating ice-cream and sleeping. She says she may have one of the most stretched out student-athlete careers ever, now extending into her 19th year of rowing and learning. In addition to nerding out on rowing and medicine, she was a U.S. history major. Gevvie said she can go on talking for too long about ice-cream, my parents' dog, Hank, and my summer camp (the old-fashioned, all-girls kind). On how she got into rowing, Gevvie said, "Some say I was born into it. I would say I resisted it until I realized after all (sophomore/junior year of high school) that it probably was a better fit for me than ball sports." She lists her personal heroes as Michelle Kwan, who showed true sports(wo)manship at the highest stages of her skating career and then went on to use her brain to help the world, and also Tom Brady because GOAT.

John Tanguay

PR3 Mixed Four with Coxswain

Date of Birth: 3/3/1988

Hometown: Pennington, N.J.

Began Rowing: Princeton National Rowing Association/Mercer

Height: 6'3"

High School: Hopewell Valley

Undergraduate Education: Columbia University

Current Club Affiliation: Columbia University

National Teams: One – Senior, 2019

National Results: Finished 14th in the second varsity eight at the 2019 Intercollegiate Rowing Association (IRA) Championships...Finished 13th in the second varsity eight at the 2019 EARC Sprints...Finished 14th in the varsity eight at the 2018 EARC Sprints...Finished 16th in the

second varsity eight at the 2017 Intercollegiate Rowing Association (IRA) Championships...Finished 11th in the second varsity eight at the 2017 EARC Sprints...Finished seventh in the youth eight at the 2015 Head of the Charles...Finished 10th in the youth four with coxswain at the 2014 Head of the Charles.

Nick Trojan

Lightweight Men's Double Sculls

Date of Birth: 1/18/1991

Hometown: Los Alamitos, Calif.

Current Residence: Bellingham, Wash.

Height: 5'10"

Weight: 164

Began Rowing: Long Beach Junior Rowing Club, 2006

High School: Los Alamitos High School

Undergraduate Education: Orange Coast College

Current Club Affiliation: Newport Aquatic Center

Current Coach: Linda Muri

Training Location: Newport Beach, Calif.

National Teams: Six – Junior 2009, Under 23, 2010, 2012; Senior, 2015, 2017, 2019

International Results: Finished 15th in the lightweight double sculls at the 2019 World Rowing Cup II...Finished 10th in the lightweight single sculls at the 2017 World Rowing Championships...Finished fifth in the lightweight single sculls at the 2015 World Rowing Championships...Finished 12th in the lightweight double sculls at the 2013 World Rowing Championships...Finished fourth in the lightweight double sculls at the 2012 World Rowing Under 23 Championships...Finished 19th in the lightweight double sculls at the 2010 World Rowing Under 23 Championships...Finished 25th in the double sculls at the 2009 World Rowing Junior Championships.

National Results: Won the lightweight double sculls at the 2019 Senior World Championships Trials II...Placed first in the lightweight single sculls at the 2017 U.S. Senior and Para World Championship Trials...Won the lightweight single sculls in the 2015 World Championship Trials...Won the lightweight single at the 2015 National Selection Regatta 1...Won the lightweight double sculls at 2013 World Championships Trials...Finished third in the lightweight double sculls and second in the lightweight four with coxswain at the 2009 USRowing Youth National Championships.

Alex Twist

Lightweight Men's Pair

Date of Birth: 10/13/1985

Birthplace: Norman, Okla.

Hometown: Boston, Mass.

Current Residence: Boston, Mass.

Height: 5'10"

Weight: 155

Began Rowing: University of Puget Sound, 2004

High School: William J. Palmer

Undergraduate Education: University of Puget Sound, Mathematics, Economics, 2008

Graduate Education: University of Washington, Economics, 2015

Current Club Affiliation: Riverside Boat Club

Current Coaches: David Lefebvre, Mark Grinberg

Training Location: Boston, Mass.

National Teams: Three – Senior, 2015, 2017, 2019

International Results: Finished third in the lightweight division at the 2019 World Rowing Indoor Championships...Finished sixth in the lightweight pair at the 2017 World Rowing Championships...Won bronze in the lightweight eight at the 2015 World Rowing Championships.

National Results: Won the lightweight pair at the 2019 Senior, U23, U19, Para World Championships Trials III...Won the lightweight double sculls at the 2018 National Selection Regatta...Placed first in the lightweight pair at the 2017 U.S. Senior and Para World Championship Trials...Finished second in the lightweight single sculls at the 2016 Head of the Charles...Won the lightweight eight in the 2015 Senior I World Championship Trials...Finished third in the lightweight single sculls at the 2013 USRowing Speed Order...Finished fifth in the lightweight double sculls at the 2012 Olympic Trials – Rowing...Finished ninth in the varsity four with coxswain at the 2007 Intercollegiate Rowing Association (IRA) Championships.

Personal: Alex received the 2008 Ben Fusaro award for mathematical modeling and also was a 2007 winner for mathematical competition in modeling. He enjoys math, travel, and binge-watching TV. He started rowing in college to stay in shape.

Julian Venonsky

Men's Eight

Date of Birth: 10/15/1993

Hometown: Malvern, Pa.

Current Residence: New York, N.Y.

Height: 5'6"

Weight: 120

Undergraduate Education: University of California, Berkeley

Current Club Affiliation: USRowing Training Center - Oakland

Current Coach: Mike Teti

Training Location: Oakland, Calif.

National Teams: Three – Senior, 2017-19

International Results: Placed fourth in the eight at the 2018 World Rowing Championships...Placed second in the eight at the 2017 World Rowing Championships...Won the Ladies' Challenge Plate at the 2014 Henley Royal Regatta.

National Results: Won the varsity eight at the 2016 Intercollegiate Rowing Association (IRA) Championships...Won the second varsity eight at the 2014 Intercollegiate Rowing Association (IRA) Championships.

Sophia Vitas

Women's Quadruple Sculls

Date of Birth: 12/22/1992

Birthplace: Milwaukee, Wis.

Hometown: Franklin, Wis.

Current Residence: Princeton, N.J.

Height: 6'2"

Weight: 180

Began Rowing: University of Wisconsin, 2013

High School: Franklin High School

Undergraduate Education: University of Wisconsin, B.S. Nutritional Sciences, 2016

Current Club Affiliation: USRowing Training Center - Princeton

Current Coaches: Hilary Gehman, Tom Terhaar

Training Location: Princeton, N.J.

National Teams: Two – Senior, 2017, 2019

International Results: Finished fourth in the four at the 2018 World Rowing Cup III...Finished fourth in the eight at the 2017 World Rowing Championships...Finished seventh in the pair at the 2017 World Rowing Cup II.

National Results: Finished 10th in the second varsity eight at the 2016 NCAA Women's Rowing Championships...Finished second in the second varsity eight at the 2016 Big Ten Championships...Finished 13th in the varsity eight at the 2015 NCAA Women's Rowing Championships.

Personal: Sophia lists cooking, bouldering and brunching as her favorite hobbies. She discovered rowing her junior year of college as a walk-on. The most influential people in her life are her family, especially her parents, Mark and Kelly.

Todd Vogt

PR3 Men's Pair

Date of Birth: 8/31/1974

Birthplace: Rochester, N.Y.

Hometown: Rochester, N.Y.

Current Residence: Portland, Ore.

Height: 6'4"

Weight: 205

High School: Webster High School

Undergraduate Education: University of Buffalo, BS Biochemistry, 1996

Graduate Education: University of Buffalo, MA Biochemistry, 2000

Current Club Affiliations: Portland Boat Club, Community Rowing, Inc.

Current Coach: Peter Choi

Training Location: Boston, Mass.

National Teams: One – Senior, 2019

International Results: Won gold in the PR3 four with coxswain at the 2019 World Rowing Cup II.

National Results: Finished third in the club four with coxswain at the 2004 Head of the Charles...Finished second in the intermediate four at the 1999 USRowing National Championships.

Personal: Todd enjoys drinking coffee, watching movies, riding his bike, and walking his dog. His favorite movie is The Big Lebowski. He was a walk-on at the University of Buffalo. He saw a flyer in the freshman dorm and it sounded interesting.

Madeleine Wanamaker

Women's Four

Date of Birth: 2/14/1995

Birthplace: Neenah, Wis.

Hometown: Neenah, Wis.

Current Residence: Princeton, N.J.

Height: 5'11"

Weight: 165

Began Rowing: University of Wisconsin, 2013

High School: Neenah High School

Undergraduate Education: University of Wisconsin, Environmental Studies & Life Sciences Communication, 2017

Current Club Affiliation: USRowing Training Center - Princeton

Current Coach: Laurel Korholz

Training Location: Princeton, N.J.

National Teams: Four – Under 23, 2016-17; Senior, 2018-19

International Results: Raced in the four at the 2019 World Rowing Cup II...Finished fifth in the pair and the four at the 2019 World Rowing Cup I...Won gold in the four at the 2018 World Rowing Championships...Placed second in the eight at the 2017 World Rowing Under 23 Championships...Placed 11th in the quadruple sculls at the 2016 World Rowing Under 23 Championships.

National Results: Finished ninth in the varsity eight at the 2016 NCAA Women's Rowing Championships...Finished ninth in the second varsity eight at the 2015 NCAA Women's Rowing Championships.

Personal: Maddie ran and played soccer in high school but chose to pursue rowing in college. She walked on to the University of Wisconsin program in 2013 and cites this decision as one of the best she's ever made. She was CRCA Second-Team All-Region and Second-Team All-Big Ten Conference in 2017. She was Academic All-Big Ten from 2015-2017. Maddie was the 2017 Big Ten Distinguished Scholar. In addition to rowing, Madeleine is passionate about art, music and the outdoors. On her afternoons off, you can find Madeleine at the Princeton Library, Small World Coffee or watching reality TV with her teammates. Madeleine's spirit dog is the Shiba Inu. Madeleine is a second generation, Wisconsin rowing, walk-on. She had been dead set on going to UW Madison since she learned what college was. When it was obvious that she was not going to run or play soccer at her dream school, her parents suggested rowing. When Madeleine started rowing, Vicky Optiz and Grace Latz, Wisconsin alumnae, were making a name for themselves on the international rowing scene. They were living proof that walk-ons from Wisco

could be among the best in the world. Madeleine looked up to them her entire rowing career and was starstruck when she started rowing with them at the USRowing Training Center - Princeton. They've been amazingly supportive the past few years, and Madeleine is especially honored to be rowing with Vicky at this year's world championships. Maddie would like to thank her family, friends and host family for their continued support and love.

Anders Weiss

Men's Pair

Date of Birth: 10/5/1992

Birthplace: Providence, R.I.

Hometown: Barrington, R.I.

Current Residence: Oakland, Calif.

Height: 6'4"

Weight: 200

Began Rowing: Narragansett Boat Club, 2008

High School: Barrington High School

Undergraduate Education: Brown University, Economics, 2015

Graduate Education: Oxford University

Current Club Affiliation: USRowing Training Center - Oakland

Current Coaches: Mike Teti, Tim McLaren

Training Location: Oakland, Calif.

National Teams: Five – Under 23, 2013; Senior, 2016-19

International Results: Finished 15th in the pair at the 2018 World Rowing Championships...Placed 11th in the pair at the 2017 World Rowing Championships...Placed 11th in the pair at the 2016 Olympic Games...Took silver in the eight at the 2013 World Rowing Under 23 Championships.

National Results: Won the pair at the 2019 Senior World Championships Trials V...Won the pair at the 2017 U.S. Senior and Para World Championship Trials...Finished third in the pair at the 2017 Spring Speed Order I.... Won the pair at the 2016 Olympic Team Trials - Rowing.

Personal: Anders' sister started rowing at Brown University as a walk-on and suggested he give it a shot. Once he did, he said he loved it. Anders' biggest sports accomplishment is qualifying for the Olympics in the pair. He enjoys playing chess and the card game, hearts.

Andrew Wigren

PR3 Men's Pair

Date of Birth: 8/1/1974

Birthplace: Providence, R.I.

Hometown: Providence, R.I.

Current Residence: Wellesley, Mass.

Height: 6'3"

Weight: 190

High School: Moses Brown

Undergraduate Education: Hobart College

Current Club Affiliation: Community Rowing, Inc.

Current Coach: Peter Choi

Training Location: Boston, Mass.

National Teams: One – Senior, 2019

National Results: Won the PR3 open division at the 2019 C.R.A.S.H.-B. Indoor Championships.

Personal: Andy enjoys hockey, CrossFit, cycling, cooking, and travel. He plays on the USA Standing Amputee Hockey Team and his favorite workout is the Harvard Stadium. Andy has completed the Pan Mass Challenge for the last eight years. Andy's wife, Kelley, is also from Rhode Island and they have two kids: Owen (13) and Ella (11).

United States Senior World/Olympic Finishes: 1896-2018

Men

<u>Year</u>	<u>4+</u>	<u>2x</u>	<u>2-</u>	<u>1x</u>	<u>2+</u>	<u>4-</u>	<u>4x</u>	<u>8+</u>
2018 (w)	/	14	15	20	/	13	11	4
2017 (w)	/	9	11	19	/	10	15	2
2016 (o/w)	/	-	11	-	5	7	-	4
2015 (w)	/	16	9	21	8	7	12	7
2014 (w)	/	20	6	25	8	2	8	4
2013 (w)	/	10	14	13	4	3	13	3
2012 (o/w)	/	dnq	8	24	6	3	13	4
2011 (w)	/	16	9	11	6	4	8	8
2010 (w)	/	7	9	12	4	5	8	6
2009 (w)	/	16	5	12	1	13	12	9
2008 (o/w)	/	13	6	11	9	9	5	3
2007 (w)	1	9	8	-	7	8	9	4
2006 (w)	4	16	dnq	12	4	4	8	3
2005 (w)	2	10	13	14	3	5	9	1
2004 (o/w)	3	6	11	-	8	10	11	1
2003 (w)	1	10	11	19	1	7	14	2
2002 (w)	6	14	14	11	2	12	10	3
2001 (w)	6	13	-	16	5	4	5	4
2000 (o/w)	2	8	2	8	1	5	7	5
1999 (w)	1	9	13	11	1	13	12	1
1998 (w)	4	12	4	8	3	7	4	1
1997 (w)	4	14	3	1	1	7	10	1
1996 (o/w)	-	-	7	10	8	11	2	5
H4+ and H2+ replaced with Lightweight event								
1995 (w)	1	20	9	9	-	7	6	3
1994 (w)	2	13	8	11	9	9	7	1
1993 (w)	8	5	10	16	8	3	13	3
1992 (o/w)	4	9	6	19	8	2	8	4
1991 (w)	7	6	8	14	9	2	5	8
1990 (w)	7	4	-	-	-	9	-	5
1989 (w) 1	1	-	-	dnq	-	2	dnq	4
1988 (o/w)	5	dnq	9	6	11	2	dnq	3
1987 (w)	dnq	dnq	dnq	7	5	3	dnq	1

1986 (w)	3	12	10	9	9	1	12	3
1985 (w)	5	dnq	7	2	5	-	-	3
1984 (o/w)	2	1	6	4	3	2	7	2
1983 (w)	7	6	8	3	12	6	7	7
1982 (w)	3	dnq	dnq	3	6	7	10	4
1981 (w)	2	10	11	3	-	dnq	dnq	3
1980 (o)	-	-	-	-	-	-	-	-
1979 (w)	4	7	10	dnq	3	8	5	5
1978 (w)	4	5	6	9	7	-	-	-
1977 (w)	10	5	6	11	dnq	12	9	6
1976 (o/w)	11	8	2	7	11	8	6	9
1975 (w)	10	12	10	9	5	7	12	5
1974 (w)	6	8	10	2	9	5	10	1
H4x event added to Worlds								
1973 (ec)	4	dnq	7	12	dnq	7	/	6
Last European Championships								
1972 (o)	5	dnq	9	5	11	dnq	/	2
1971 (ec)	dnq	dnq	10	6	dnq	11	/	12
1970 (w)	11	3	7	7	10	dnq	/	10
1969 (ec)	11	1	1	9	7	12	/	9
1968 (o)	5	3	2	4	5	5	/	6
1967 (ec)	6	6	1	6	11	3	/	2
1966 (w)	6	2	10	1	5	9	/	dnq
1965 (ec)	11	10	-	11	-	-	/	3
1964 (o)	7	2	10	6	1	3	/	1
Current U.S. oar design is introduced								
1964 (ec)	-	-	4	3	7	7	/	-
1963 (ec)	-	2	-	-	-	-	/	-
1962 (w)	10	9	-	3	5	-	/	dnq
First World Championships								
1961 (ec)	dnq	dnq	-	3	-	dnq	/	-
1960 (o)	dnq	dnq	5	5	3	1	/	5
1958 (ec)	-	-	-	-	-	dnq	/	2
1957 (ec)	-	-	-	dnq	-	5	/	-
1956 (o)	dnq	2	1	3	1	2	/	1
1955 (ec)	-	-	-	4	-	-	/	-
1952 (o)	3	dnq	1	dnq	dnq	dnq	/	1
1949 (ec)	-	-	-	1	-	-	/	-
1948 (o)	1	dnq	dnq	dnq	dnq	3	/	1

1936 (o)	dnq	5	dnq	3	dnq	dnq	/	1
1932 (o)	dnq	1	dnq	2	1	4	/	1
1930 (ec)	dnq	-	-	-	-	-	/	1
USA begins to enter European Championships								
1928 (o)	dnq	1	3	2	dnq	2	/	1
1924 (o)	3	1	-	2	3	-	/	1
H2- and H4- events added								
1920 (o)	2	1	/	1	-	/	/	1
1912 (o)	-	/	/	-	/	/	/	-
1908 (o)	/	/	-	-	/	-	/	-
1904 (o)	/	1	1	1	/	1	/	1
Only North American oarsmen competed								
1900 (o)	-	/	/	-	-	/	/	1
First races in Olympics								
1896 (o)	First Olympic Games - rowing events were rained out							
1893 (ec)	-	-	-	-	-	-	-	-
First European Championships								

Women

<u>Year</u>	<u>4+/4-</u>	<u>2x</u>	<u>2-</u>	<u>1x</u>	<u>4x+/4x</u>	<u>8+</u>
2018 (w)	1	3	9	4	6	1
2017 (w)	4	2	2	7	5	4
2016 (o/w)	2	6	4	2	5	1
2015 (w)	1	11	3	4	1	1
2014 (w)	2	6	2	9	3	1
2013 (w)	1	7	4	5	5	1
2012 (o/w)	/	6	4	7	3	1
2011 (w)	1	9	8	11	2	1
2010 (w)	3	5	3	10	5	1
2009 (w)	2	6	1	13	2	1
2008 (o/w)	2	5	7	2	5	1
2007 (w)	1	8	7	3	6	1
2006 (w)	3	12	4	5	5	1
2005 (w)	-	8	6	3	5	4
2004 (o/w)	7	dnq	9	9	5	2
2003 (w)	1	11	6	12	6	5
2002 (w)	5	8	12	13	7	1
2001 (w)	4	12	11	7	3	4
2000 (o/w)	5	4	3	12	5	6

1999 (w)	3	11	7	12	4	2
1998 (w)	dnq	4	3	17	9	2
1997 (w)	4	12	6	7	9	6
1996 (o/w)	1	9	2	6	8	4

Lightweight events added to Olympics

1995 (w)	1	11	2	6	5	1
1994 (w)	2	12	6	12	6	2
1993 (w)	2	8	3	6	3	2
1992 (o/w)	2	11	3	4	5	6
1991 (w)	2	8	6	4	9	4
1990 (w)	5	3	2	7	-	2
1989 (w)	-	8	4	9	-	6

4+ replaced with 4-

1988 (o/w)	5	6	6	2	9	6
1987 (w)	5	3	4	6	9	2
1986 (w)	6	10	9	5	8	4
1985 (w)	6	6	2	3	4	4

4x+ replaced with 4x

1984 (o/w)	4	6	5	2	2	1
1983 (w)	5	10	7	3	5	3
1982 (w)	2	4	8	6	4	2
1981 (w)	3	5	9	8	8	2
1980 (o)	-	-	-	-	-	-

USA Boycotts Olympic Games

1979 (w)	9	5	5	5	6	3
1978 (w)	2	3	-	5	-	4
1977 (w)	9	3	6	5	8	dnq
1976 (o/w)	6	5	7	2	7	3

Women's events in Olympics

1975 (w)	6	9	8	5	5	2
1974 (w)	10	11	5	7	7	9

First World Championships

1973 (ec)	9	9	/	6	9	dnq
1972 (ec)	-	-	/	15	8	-
1971 (ec)	-	-	/	11	8	-
1970 (ec)	-	-	/	dnq	-	-
1969 (ec)	-	-	/	10	-	dnq
1968 (ec)	-	-	/	-	-	-
1967 (ec)	-	-	/	-	dnq	6

Lightweight Men**Lightweight Women**

<u>Year</u>	<u>1x</u>	<u>4-</u>	<u>2x</u>	<u>4x</u>	<u>8+</u>	<u>2-</u>	<u>1x</u>	<u>2x</u>	<u>4-</u>	<u>2-</u>	<u>4x</u>
2018 (w)	3	/	25	10	/	3	4	2	/	2	4
2017 (w)	10	6	16	16	/	6	3	3	/	/	7
2016 (o/w)	10	10	5	11	/	6	4	10	/	/	5
2015 (w)	5	7	8	5	3	5	3	11	/	/	6
2014 (w)	13	10	10	7	5	15	3	6	/	/	3
2013 (w)	7	5	12	7	3	8	7	2	/	/	2
2012 (o/w)	3	8	dnq	8	9	9	4	11	/	/	4
2011 (w)	4	13	14	5	5	15	4	4	/	/	3
2010 (w)	10	10	11	6	5	9	6	8	/	/	2
2009 (w)	14	12	15	6	2	11	4	11	/	/	3
2008 (o/w)	21	11	-	6	1	11	4	10	/	/	3
2007 (w)	6	11	19	6	5	10	2	11	/	/	4
2006 (w)	-	9	17	5	5	11	6	9	/	/	5
2005 (w)	-	9	10	6	-	-	10	2	/	/	7
2004 (o/w)	10	9	7	4	5	8	13	7	/	/	3
2003 (w)	11	8	13	6	2	3	13	4	/	4	4
2002 (w)	3	10	18	6	3	5	2	7	/	-	3
2001 (w)	4	9	13	11	3	11	4	7	/	2	2
2000 (o/w)	10	6	11	8	1	16	4	3	/	2	7
1999 (w)	11	9	6	6	1	10	2	2	/	1	1
1998 (w)	6	9	9	3	2	12	8	1	/	3	2
1997 (w)	4	5	11	4	6	11	1	5	/	2	6
1996 (o/w)	4	3	9	9	7	7	3	2	3	1	/
1995 (w)	5	7	8	9	5	10	11	7	1	1	/
1994 (w)	5	8	10	7	5	11	8	3	1	/	/
1993 (w)	6	1	14	8	dnq	10	4	4	3	/	/
1992 (w)	3	5	10	4	7	/	8	3	5	/	/
1991 (w)	5	6	8	6	3	/	4	2	3	/	/
1990 (w)	19	8	1	9	6	/	5	2	dnq /	/	/
1989 (w)	8	4	8	9	4	/	1	1	5	/	/
1988 (w)	6	dnq	dnq	/	2	/	1	7	4	/	/
1987 (w)	7	7	5	/	3	/	4	3	1	/	/
1986 (w)	3	9	9	/	6	/	3	1	1	/	/
1985 (w)	3	3	6	/	2	/	3	4	2	/	/
1984 (w)	2	11	4	/	5	/	/	/	/	/	/

1983 (w)	4	10	10	/	5	/	/	/	/	/	/
1982 (w)	2	6	2	/	7	/	/	/	/	/	/
1981 (w)	1	8	2	/	5	/	/	/	/	/	/
1980	2	5	2	/	4	/	/	/	/	/	/
1979	1	dq	4	/	2	/	/	/	/	/	/
1978	3	8	3	/	8	/	/	/	/	/	/
1977	3	9	-	/	11	/	/	/	/	/	/
1976	4	10	-	/	3	/	/	/	/	/	/
1975	3	4	-	/	2	/	/	/	/	/	/
1974	1	3	-	/	1	/	/	/	/	/	/

Para-Rowing

<u>Year</u>	<u>PR1Mix1x</u>	<u>PR1W1x</u>	<u>PR1M1x</u>	<u>PR2Mix2x</u>	<u>PR3Mix4+</u>	<u>PR3ID4+</u>	<u>PR3Mix2x</u>
2018 (w)	/	3	4	6	2	/	5
2017 (w)	/	6	6	5	2	/	5
2016 (p/w)	/	7	4	10	2	/	-
2015 (w)	/	8	5	10	2	/	/
2014 (w)	/	8	4	-	2	/	-
2013 (w)	/	9	12	4	4	/	3
2012 (p/w)	/	-	8	3	6	/	/
2011 (w)	/	10	4	9	6	-	/
2010 (w)	/	-	9	-	6	-	/
2009 (w)	/	-	4	-	8	-	/
2008 (p/w)	/	3	5	7	2	/	/
2007 (w)	/	6	5	5	5	/	/
2006 (w)	/	2	2	1	5	/	/
2005 (w)	/	/	3	1	-	/	/
2004 (w)	/	/	3	1	7	/	/
2003 (w)	/	/	/	1	4	/	/
2002 (w)	1, 2	/	/	/	3	/	/

<u>Year</u>	<u>PR2W1x</u>	<u>PR2M1x</u>	<u>PR3W2-</u>	<u>PR3M2-</u>
2018 (w)	6	-	1	-
2017 (w)	/	/	/	/
2016 (p/w)	/	/	/	/
2015 (w)	/	/	/	/
2014 (w)	/	/	/	/
2013 (w)	/	/	/	/
2012 (p/w)	/	/	/	/
2011 (w)	/	/	/	/
2010 (w)	/	/	/	/

2009 (w)	/	/	/	/
2008 (p/w)	/	/	/	/
2007 (w)	/	/	/	/
2006 (w)	/	/	/	/
2005 (w)	/	/	/	/
2004 (w)	/	/	/	/
2003 (w)	/	/	/	/
2002 (w)	/	/	/	/

(-) USA did not enter boats in this event

(dnq) USA crews did not qualify for placement

(dq) USA crew disqualified for two false starts

(/) Event not included in schedule

(o) Olympic Games

(p) Paralympic Games

(w) World Rowing Championships

(ec) European Rowing Championships

(o/w) Non-Olympic events held at world championships

(p/w) Non-Paralympic events held at world championships

About USRowing

USRowing is a nonprofit membership organization recognized by the United States Olympic Committee as the national governing body for the sport of rowing in the United States.

USRowing selects, trains and manages the teams that represent the U.S. in international competition, including the world championships, Pan American Games, Olympic Games and Paralympic Games.

More than 85,000 individuals and 1,350 member organizations strong, USRowing serves and promotes the sport on all levels of competition. USRowing membership reflects the spectrum of American rowers – juniors, collegians, masters and those who row for recreation, competition or fitness.

In 1982, the United States Rowing Association was formed by the merger of the National Association of Amateur Oarsmen, founded in 1872, and the National Women's Rowing Association, established in the early 1960s. USRowing brought these two organizations together with a name incorporating both men and women and reflecting the broader interests of rowing. In 1985, the organization moved from Philadelphia, Pa., to Indianapolis, Ind., home of several other Olympic sports governing bodies; and in 1994, Indianapolis became the only U.S. city to host a world rowing championship. In February 2006, USRowing moved its corporate headquarters to Princeton, N.J.

USRowing registers hundreds of regattas across the country each year, ensuring they are run under specific safety guidelines. The association also provides programs to educate referees and coaches. USRowing stages national championship regattas annually and conducts regional championships and national team selection events.

USRowing is a member of the United States Olympic Committee and Federation Internationale des Societes D'Aviron (FISA), the international rowing federation.

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Glossary of Rowing Terms

Bow: The forward section of the boat. The first part of the boat to cross the finish line. Also, the person in the seat closest to the bow, who crosses the finish line first.

Button: A wide collar on the oar that keeps it from slipping through the oarlock.

Coxswain: The person who steers the shell and is the on the water coach for the crew.

Deck: The part of the shell at the bow and stern that is covered with fiberglass cloth or a thin plastic.

Ergometer: Rowers call it an “erg.” It’s a rowing machine that closely approximates the actual rowing motion. The rowers’ choice is the Concept2, which utilizes a flywheel and a digital readout so that the rower can measure his “strokes per minute” and the distance covered.

Gate: The bar across the oarlock that keeps the oar in place.

Lightweight: Refers to the rowers, not the boats; there is a maximum weight for each rower in a lightweight event as well as a boat average.

Oar: Used to drive the boat forward; rowers do not use paddles.

Port: The left side of the boat, while facing forward, in the direction of the movement.

Power 10: A call for rowers to do 10 of their best, most powerful strokes. It’s a strategy used to pull ahead of a competitor.

Repechage: The second-chance race, which ensures that everyone has two chances to advance from preliminary races since there is no seeding in the heats.

Rigger: The triangular shaped metal device that is bolted onto the side of the boat and holds the oars.

Run: The run is the distance the shell moves during one stroke. You can figure it by looking for the distance between the puddles made by the same oar.

Sculls: One of the two disciplines of rowing, where scullers use two oars or sculls.

Shell: Can be used interchangeably with boat.

Slide: The set of runners for the wheels of each seat in the boat.

Starboard: The right side of the boat, while facing forward, in the direction of movement.

Stern: The rear of the boat; the direction the rowers are facing.

Straight: Refers to a shell without a coxswain, i.e. a straight four or straight pair.

Stretcher or Foot stretcher: Where the rower’s feet go. The stretcher consists of two inclined footrests, which hold the rower’s shoes. The rower’s shoes are bolted into the footrests.

Stroke: The rower who sits closest to the stern. The stroke sets the rhythm for the boat; others behind him must follow his cadence.

Sweep: One of the two disciplines of rowing, where rowers use only one oar. Pairs (for two people), fours (for four people) and the eight are sweep boats. Pairs and fours may or may not have a coxswain. Eights always have a coxswain.

Swing: The hard to define feeling when near perfect synchronization of motion occurs in the shell, enhancing the performance and speed.

Viewer's Guide & Frequently Asked Questions

The Race

All events at the World Rowing Championships are 2,000 meters, or approximately 1.25 miles. The racecourse is divided into six lanes and each 500-meter section is marked with buoys.

The race begins with all boats aligned at the start in the lanes they've been assigned. Individuals in each lane hold the stern of each boat steady while an official, known as the aligner, ensures that each boat is even with the others and squarely facing the course.

Each crew is allowed one false start; two means disqualification. If within the first 100 meters there is legitimate equipment breakage (e.g., an oar snaps in two), the race will be stopped and restarted with repaired equipment.

The *stroke rate* (the number of rowing strokes per minute that a crew is taking) is high at the start – maybe 45 to even 50 for an eight, 38 to 42 for a single scull. Then, the crew will “settle” into the body of the race and drop the rating back – 38 to 40 for an eight, 32 to 36 for a single. The coach and the way the race is going determine when the crew will sprint, but finishing stroke rates of 46+ in the last 200 meters aren't unheard of. However, higher stroke rates are not always indicative of speed. A strong, technically talented crew may be able to cover more water faster than a less capable crew rowing a high stroke rate.

Unlike canoe/kayak competitions, rowers are allowed to leave their lanes without penalty, so long as they do not interfere with anyone else's opportunity to win. An official follows the crews to ensure safety and fairness.

Despite the exhaustion that follows each race, the crew will row for five to 10 minutes afterwards in order to cool down. In rowing, the medal ceremonies include the shells. The three medal winning crews row to the awards dock, climb out of their shells and receive their medals before rowing away.

The Stroke

The whole body is involved in moving a shell through the water. Although rowing tends to look like an upper body sport, the strength of the rowing stroke comes from the legs.

The stroke is made up of four parts: *catch, drive, finish and recovery*. As the stroke begins, the rower is coiled forward on the sliding seat, with knees bent and arms outstretched. At the *catch*, the athlete drops the oar blade vertically into the water.

At the beginning of the *drive*, the body position doesn't change – all the work is done by the legs. As the upper body begins to uncoil, the arms begin their work, drawing the oar blades through the water. Continuing the drive, the rowers move their hands quickly into the body, which by this time is in a slight “layback” position, requiring strong abdominal muscles.

During the *finish*, the oar handle is moved down, drawing the oar blade out of the water. Then, the rower “feathers” the oar – turning the oar handle – so that the oar blade changes from a vertical position to a horizontal one. The oar remains out of the water as the rower begins *recovery*, moving the hands away from the body and past the knees. The body follows the hands and the sliding seat moves forward until, knees bent, the rower is ready for the next catch.

The Equipment

Oars

Oars move the boat through the water and act as balancers. Sweep oars are longer than sculling oars and may have wooden handles instead of rubber grips. The shaft of the oar is made of extremely lightweight carbon fiber instead of the heavier wood used years ago. The popular “hatchet” blade – named because of its cleaverlike shape – is about 20 percent larger than previous blades. Its larger surface area has made it the almost universal choice among elite level rowers.

The Boats – Sculls and Shells

All rowing boats can be called shells. Rowing boats with scullers in them (each person having two oars) are called sculls, *e.g. single scull, double scull, quadruple scull*. So, all sculls are shells but not vice versa. Originally made of wood, today's boats – especially those used in competition – are made of honeycombed carbon fiber. They are light and appear fragile but are crafted to be strong and stiff in the water.

The smallest boat – the single scull – is approximately 27 feet long and as narrow as 10 inches across. At 58 feet, the eight is the longest boat on the water. The oars are attached to the boat with riggers, which provide a fulcrum for the levering action of rowing. Generally, sweep rowers sit in configurations that have the oars alternating from side to side along the boat. But sometimes, the coach will rig the boat so that two consecutive rowers have their oars on the same side in order to equalize individual athlete power.

Rowing Quick Facts

Rowing is one of the original sports in the modern Olympic Games. Baron Pierre de Coubertin, founder of the modern Olympics, was a rower.

Eight oared shells are about 60 feet long, about 20 yards on a football field.

Rowing was the first intercollegiate sport contested in the United States. Yale College founded the first collegiate boat club in the U.S. in 1843.

Physiologically, rowers are superb examples of physical conditioning. Cross-country skiers and long-distance speed skaters are comparable in terms of the physical demands the sport places on the athletes.

An eight, which carries more than three quarters of a ton (1,750 pounds), may weigh as little as 200 pounds. The boats are made of fiberglass composite material.

Singles may be as narrow as 10 inches across, weigh only 30.86 pounds, and stretch nearly 27 feet long.

FISA, the international governing body of the sport, requires all eights used in international competition to be sectional, so that crews who must disassemble and ship their boats overseas in standard shipping containers will not be at a disadvantage.

The first amateur sport organization was a rowing club, Philadelphia's Schuylkill Navy, founded in 1858.

From 1920 through 1956, the United States won the gold medal in the men's eight at every Olympic Games.

The first national governing body for a sport in the United States was for rowing. Founded as the National Association for Amateur Oarsmen in 1872, it was changed in 1982 to the United States Rowing Association.

FISA, the first international sports federation, was founded in 1892.

Dr. Benjamin Spock, the famous doctor, was an Olympic rower in 1924 and won a gold medal in the eight. Legendary Hollywood actor Gregory Peck rowed at the University of California in 1937.

Physiologists claim that rowing a 2,000-meter race – equivalent to 1.25 miles – is equal to playing back to back basketball games. All Olympic events are contested over a 2,000-meter course with six lanes. In the 1976, 1980, and 1984 Olympics, women raced 1,000 meters.