



**Nathan Benderson Park, Sarasota-Bradenton, Fla.
June 6-9, 2019**

USRowing and Nathan Benderson Park would like to thank you for choosing to attend the 2019 USRowing Youth National Championships.

This is the third time that Nathan Benderson Park has hosted the event. Nathan Benderson Park will host the 2019 U23 World Rowing Championships this July.

Spectator Tickets

- General Admission tickets are now available for all spectators attending the 2019 Youth National Championships.
- Daily tickets are \$10 per day, or a 4-day pass is available for \$35.
- Tickets include admission to the spectator and team tent areas during race days.
- Tickets can be purchased online: <https://tickets.usrowing.com/>
- Coaches and athletes do not need to purchase spectator tickets. However, coaches will need credentials to enter the boat yard. Please inform the registration desk as to how many coaches will need credentials when you pick up your registration packet.

Special Events

- USRowing Graduation Ceremony
 - USRowing will host a graduation ceremony on Wednesday, June 5, for all graduating seniors and their coaches, teammates, family and friends attending the USRowing Youth National Championships.
 - The event will take place at the regatta venue, near the grandstands from 6:00 p.m. - 7:00 p.m., after the Coaches and Coxswains Meeting. Check in for the event will begin at 5:30 p.m.
 - The commencement speaker will be National Champion and orthopedic surgeon Sara Simmons, M.D.
 - Anyone wishing to participate should register online at <http://www.usrowing.org/event/2019-youth-national-championships/>

- “Rowing in College”
 - Parents and athletes with aspirations of rowing in college are welcome to attend an informational session during lunch breaks at the regatta.
 - Topics covered will include; differences between rowing at the varsity or club level, recruiting timelines, initial eligibility and more.
 - CaptainU will also be on hand to share how they can help athletes get the most out of their recruiting process and have all the tools necessary to take the next step in their collegiate careers. USRowing will also have a staff member on hand at the USRowing information tent to answer any specific questions parents or student-athletes may have.

- Olympic Day
 - As part of the festivities around the final day of racing, USRowing will be hosting an Olympic Day from 9:00 a.m. - 2:00 p.m. at the regatta venue.
 - Olympians will be on site for meet and greet opportunities, autographs, and photos.

- Vendor Village
 - Get ready for college recruiting with Captain U.
 - Order championship rings at Strokside Design.
 - Purchase event merchandise at the N&D tent.
 - You can also find USRowing gear at the JL Racing & Wild Oar tent.
 - Other vendor tents include: Shimano, Felippi, Gay & Lesbian Rowing Federation, Row for the Cure, South Bay Rowing, Rubini, Easily Elegant - Color Street, WinTech, Hudson, Pocock, SportsGraphics, ICEpodz and more!

On-Site Registration, Coach and Competitor Credentials

- Competitor and Coach Credentials
 - The boat rigging area will be closed off to the general public, and will only be accessible to credentialed athletes and coaches.
 - The USRowing registration desk will distribute coaching and competitor credentials and regatta administration, and will be located at the entrance of the credentialed area.
 - A coach or team representative will be allowed to pick up credentials at the USRowing registration area. Credentials will be withheld from teams that have an outstanding balance for entry fees on RegattaCentral and for athletes whose membership and waiver information is not up-to-date.
 - Credentials must be worn in order for coaches and athletes to access the boat rigging area, and for athletes to pass through Control Commission and weigh-ins. Athletes will not be allowed to compete without having the USRowing athlete credentials.

- The USRowing desk will be available at the following times:
 - Wednesday, June 5: 8 a.m. - 5:00 p.m.
 - Thursday, June 6: 6:30 a.m.- end of racing
 - Friday, June 7: 6:30 a.m.- end of racing
 - Saturday, June 8: 6:30 a.m.- end of racing
 - Sunday, June 9: 6:30 a.m.- end of racing
 - Memberships completed on-site are subject to an additional \$5 administrative fee.
 - Lost credentials may be replaced at the USRowing desk at a cost of \$10.

Vehicle Access Updates and Reminders

- No vehicles will be allowed to enter or exit the team tent area after Wednesday. For the safety of the athletes and equipment no vehicles will be allowed to enter and exit during the day and will be directed to the general parking lot if outside of the above timeframe.
- Each Boat trailer tow vehicle will receive one parking pass for the weekend. All vehicles entering and exiting the boat trailer lot on a daily basis will only be able to do so before 7a.m. and after the conclusion of racing each day. For the safety of the athletes and equipment no vehicles will be allowed to enter and exit and will be directed to the general parking lot if outside of the above timeframe.

“Express Lane” On-Site Registration

- Teams that have achieved 100% membership compliance (organizational and individual Add-On Regatta Package or Championship), and have paid their entry fees in full at least two days before the regatta will be eligible for the “Express Lane”.
- An email will be sent to the RegattaCentral account associated with the entries, and your team’s credentials will be in a separate line from the normal registration area.
- Instead of waiting in line, you can simply walk up, sign out that you’ve collected your credentials, and get back to your team.

Team Information and Economic Impact Survey

- Each team should have completed economic impact information as part of the RegattaCentral registration process. Each team is required to have a completed economic impact survey on record in order to collect their credentials. A copy of the form is included at the end of this packet.
- This survey is important to help secure the funding for holding the event.
- If you have not completed the crew bio information on RegattaCentral, please complete the attached team information form. This information will be used by the announcers to give more information on the teams competing at the event.

Volunteer Opportunities

- Volunteers are still needed for the Youth National Championship Regatta, for any parents or non-competing athletes interested in assisting with the regatta please have them visit <https://www.signupgenius.com/go/20f054daca928a2f49-usrowing3>
- We promise to keep them well fed, hydrated and looking good in our new volunteer shirts and hats!

Team Tent Layout

- For all teams that have rented tents- The rental spaces will be setup and labeled upon your arrival. A volunteer will be present on Wednesday and Thursday to assist teams with locating their spot.

Traffic Pattern Maps

- Copies of the practice and race day traffic pattern maps are available on the USRowing web site:
- Practice Traffic Pattern:
<http://www.usrowing.org/wp-content/uploads/2019/06/USYN-PRACTICE-TRAFFIC-PATTERN.pdf>
- Time Trial Traffic Pattern:
<http://www.usrowing.org/wp-content/uploads/2019/06/USYN-Time-Trail-TRAFFIC-PATTERN.pdf>
- Sprint Racing Traffic Pattern:
<http://www.usrowing.org/wp-content/uploads/2019/06/2019-YNC-Race-Traffic-Pattern-Final-.pdf?x52716>

Practice Information

- The course will be available for official practice sessions at the following times:
 - Tuesday, June 4, 8:00 a.m. - 12:00 p.m. and 2:00 p.m. - 5:00 p.m.
 - Wednesday, June 5, 8:00 a.m. - 12:00 p.m. and 2:00 p.m. - 5:00 p.m.
 - This session will include opportunities for crews to practice using the Light starting system.
 - Thursday, June 6, The course will be available 30 minutes after the final race until 6:00 p.m.
 - Friday, June 7 -- The course will be available 30 minutes after the final race until 7:00 p.m.
 - Saturday, June 8 -- The course will be available 30 minutes after the final race. until 6:00 p.m.

The last launch for all practice times is 30 minutes prior to the close of each session.

Practice Scales

- One scale will be available for coxswains and lightweights to use for practice on Tuesday, June 4 and Wednesday, June 5 beginning at 8:00 a.m. Practice weighing during racing sessions will be available at the discretion of the referees. Priority will be given to crews officially weighing in for competition.
- Boat scales will be available beginning at 8:00 a.m. on Tuesday, June 4. Scales will remain open during times when the course is open for practice. Scales may be available for practice weighing during racing sessions, at the discretion of the Chief Referee. Priority will be given to crews selected for official weighing during competition.
- Crews will not move or change the scales in any way.

Boat Weigh-Ins

- As in years past, and according to the USRowing Rules of Rowing, boat weighing will be conducted at this year's event.
- Official boat weighing sessions will be conducted in accordance with Rule 3-104 Minimum Weight of Boats during all racing sessions.
- Crews are responsible for ensuring they comply with Rule 3-104.
- Boat weigh-in rules, weights and procedures will be posted outside of the boat weigh-in tent.

Line-up Changes and Scratches

- To allow for further ease at the registration table, USRowing will be accepting lineup changes in person.
- Any line-up changes must be submitted by completing a form at the USRowing Information Desk.
- No line-up changes will be allowed less than 1 hour before the first race of an event.
- Reminder: Crews are only allowed to substitute a maximum of 50% of the line-up that qualified. No substitutions may be made for single scull entries.
- Crews that scratch from an event will not be allowed to enter that event at next year's Youth National Championships.

Schedule

- The initial, tentative schedule is available on the USRowing web site: <http://www.usrowing.org/wp-content/uploads/2019/03/2019-Youth-Nationals-Estimated-Schedule.pdf?x52716>
- The lane draws will be available Tuesday, June 4 on both the USRowing web site and RegattaCentral.

Live Streaming Video

- USRowing will broadcast semifinals and finals live on Friday, Saturday, and Sunday.
- Please inform parents and other interested parties that they can watch racing online on USRowing's YouTube Channel: <https://www.youtube.com/user/usrowingorg>

Results

- HereNow results will be posted on the USRowing web site, and in the USRowing Membership tent in the vendor area at the regatta venue.

Awards Ceremonies

- Medals will be awarded to crews at the conclusion of each “A” Final.
- The top 3 crews will be directed by the finish marshall to row into the awards dock at the conclusion of their race. A medal ceremony will take place on the Awards Dock, then crews will row to the recovery dock.
- Coaches are invited to join their crews as they are honored on the Awards Dock.

Trophy Return

- Teams returning trophies from 2018 should bring the trophy to the USRowing registration desk when they arrive on the venue.
- Trophies must be received prior to the start of racing on Thursday.

Contact Information

- USRowing: James Rawson, james.rawson@usrowing.org, 503-473-6239
- USRowing: AJ Edenzon, alexandra.edenzon@usrowing.org, 609-405-1331
- USRowing: Megan Peres, megan.peres@usrowing.org, 504-236-0049
- SANCA (Local Organizing Committee): Sarah Kupiec, sarah@sanca.us, 941-224-9395

ECONOMIC IMPACT STUDY

Team Name: _____
 Team City: _____ State _____
 Number of Athletes _____
 Number of Coaches _____
 Number of Spectators: Youth _____ Adult _____
 Are you staying in paid-accommodations? Yes No
 Type of accommodations: Hotel/Motel Condo Vacation House
 Name of team accommodation: _____
 If different from above, name and type of spectator accommodations:

 How many nights will your team stay in Sarasota? _____
 Estimated # of rooms or units per night: _____

Information garnered from this document will only be used for economic impact purposes. The collection of this information is crucial for the future success of this event. Thank you for your participation.

2019 USRowing Youth National Championship Information Sheet

[for use by announcers]

Team: _____

Head Coach: _____

Assistant Coaches and Squads they coach:

Body of water you row on: _____

Years program in existence: _____

Number of rowers in your program: _____

Recent Regional, State or National success:

Brief summary of this season's racing (including Fall): _____

Interesting facts about any of your rowers, i.e., seniors recruited to colleges, members of the team who are Junior National Team Members, etc: _____

Did you race at Youth Nationals last year? If so, how did you do (identify events):

Are there any Olympians who rowed for your program, or any other major figures in the rowing world?

Any other information about your rowers or program that you think would be interesting and appropriate to air during the Regatta: