

## Appendix D – Coaches

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In order for a coach to become a member of the Team (nominated by a trial winning crew or appointed by the HPC) they must have completed the items listed below in the requirements. A trial winning crew must declare a coach in order to be named to the Team. That coach will be responsible to attend Team meetings, disseminate Team info and to be held accountable for the crew's compliance with Team rules, rights and responsibilities.

A coach who has been nominated to a Team must fulfill the following requirements prior to being accredited to a Team:

- Be a current USRowing member with a minimum of a “Basic plus Regatta or Coaches Package”, and be in good financial standing with, USRowing
- Be a USRowing Level 2 certified coach
- Be Safesport Certified for the calendar year
- Completed an NCSI Background Check
- Have a valid boating safety certificate
- Be CPR and First Aid Certified
- Abide by the Athlete Selection Procedures and the USRowing/FISA regulations and Rules of Rowing
- Read and abide by [Appendix F – Code of Conduct](#)
- Sign [Appendix G – Athlete and Coaches Agreement](#)

### **Level 2 Certification**

USRowing views all national team and development camp coaches as role models and ambassadors for the rowing community in the United States. Certification is becoming a crucial part of what it means to be one of the nation's best coaches. To begin the process and submit payment for the online course, call Samantha Wonderlin with USRowing Member Services at (609) 751-0705.

### **SafeSport**

USRowing has partnered with the Center for SafeSport to provide training and education on the various forms of misconduct. The center has developed a comprehensive online program, which is free to all members of the USRowing community and is required for all national team/development camp coaches. Following are the instructions for SafeSport (there is no charge to do this):

1. Go to the following link : <https://safesport.org/>
2. Click "Sign In" in the upper right-hand corner
3. Click "register" and create a new account, or if you have completed SafeSport training within the last year, update your record by selecting the “Refresher Course”

4. During the registration process when prompted to connect a membership click on that option and then from the dropdown menu select USRowing
5. Enter the following code when prompted: **J5YZ-UJKV-YMFX-4ENI**

Be aware that you will have to complete all three modules of the SafeSport program. It will take about 90 minutes to complete, you can pause at any point in a module and return to it later. Once you have completed all three modules you will need to submit the certificate saying you have completed the training, it looks like this:



Once you have completed all three modules, submit the final certificate (not the certificate at the end of each module) indicating you have completed the training to Willie Black at [Willis.Black@USRowing.org](mailto:Willis.Black@USRowing.org).

### **Background Check**

USRowing has partnered with the National Center for Safety Initiatives (NCSI) to provide discounted background checks for all USRowing covered individuals for \$20 (additional county fees may apply).

1. Visit the NCSI website: <https://www.ncsisafe.com/Members/SelfRegBatchCode.aspx>
2. Enter code 11408575
3. Follow the on-screen instructions
4. Forward notification of your completed background check to Willie Black at [Willis.Black@USRowing.org](mailto:Willis.Black@USRowing.org)

### **Boating Safety**

For those not able to attend an in-person Boating Safety course, there is an online option. All online courses need to be approved by the National Association of Safe Boating Law Administrators (NASBLA). If your state does not offer a free or online course, select a state from



the NASBLA approved list. For a list of all states that offer online courses, visit [www.boat-ed.com](http://www.boat-ed.com).

### **First Aid/CPR**

First Aid and CPR courses can also be completed online. The First Aid, Health and Safety for Coaches course offered through the Red Cross provides an overview of first aid and 'best practices' for many first aid situations encountered by coaches. Visit [www.redcross.org/take-a-class/coaches](http://www.redcross.org/take-a-class/coaches) for more information or to register.

The Adult First Aid/CPR/AED online course will prepare you to recognize and care for a variety of first aid, breathing and cardiac emergencies involving adults. Visit [www.redcross.org/take-a-class/adult-first-aid](http://www.redcross.org/take-a-class/adult-first-aid) for more information or to register.

If you are required to, or would simply like to, complete a CPR class that allows you to demonstrate skill proficiency to a certified instructor, the Red Cross offers blended Simulation Learning and classroom-based courses. To find a class near you, visit [www.redcross.org/take-a-class/cpr](http://www.redcross.org/take-a-class/cpr).

Have specific questions about Level 2 Certification or National Team Coach requirements? Contact Willie Black at (609) 786-9034 or [willis.black@usrowing.org](mailto:willis.black@usrowing.org)