



**USRowing 2019
Northwest Youth Championships
Entry Packet
May 17 – 19, 2019
Vancouver Lake, Vancouver, Washington**
(Please read all of this packet prior to arrival to venue)

Entries will soon be accepted for the 2019 USRowing Northwest Youth Championships. This regatta will be held on Vancouver Lake, in Vancouver, WA., just north of Portland, OR. Races will be run on a fully buoyed 2,000-meter racecourse with stake boats. The Portland Vancouver Rowing Association and Vancouver-Clark Parks & Recreation will host this year's championship.

Important Dates and Deadlines

March 13	•First Day Regatta Central allows entry input for the regatta
April 29	•Deadline to input entries for the regatta without paying late fees •Closing date for Regatta Central •Last day to scratch entries and receive a full refund of the entry fee
April 30 – May 19	•Organizations scratching entries will be charged the entry fee and an additional scratch fees
TBD	•Poll sent via email to coaches to determine seeding for select varsity events
May 1	•Preliminary Event Schedule to be published
TBD	•Deadline for coaches to return polls to determine seeding for select varsity events
May 13	•Lane draws posted.
May 16 -- 4:00pm	•Deadline for late entries, which will only be accepted if space is available and the coach submits payments, waivers and lineup form
May 17 -- 6:30am	•Coaches & Coxswains Meeting (estimated) •Control Commission opens; coxswains and lightweights may weigh in.
May 17 -- 8:00am	•Racing begins (estimated)
May 17 – 12:00pm	•Deadline to turn in trophies, polished and engraved, to the regatta awards tent.

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Late Entry Fees

BOAT TYPE	ENTRY FEE (by April 29 th)	LATE ENTRY FEE (April th or after)
8+	\$235.00	\$352.00
4+/4x/4x+	\$170.00	\$255.00
2x/2-	\$95.00	\$142.00
1x	\$71.00	\$106.00

\$7 Volunteer Fee

In addition to the entry fees listed above, a \$7 volunteer fee is charged to each athlete. A portion of the proceeds from this fee will be divided among clubs who provide volunteers to work at the regatta. If you are interested in providing volunteers and earning some money for your club, please contact the PVRA Volunteer Coordinator at pvra.volunteer@gmail.com.

Each organization is required to provide the number of volunteers listed on the table below to assist with the regatta on Friday morning from 7:00am-12:00pm. Please provide the names and contact information to PVRA Volunteer Coordinator at pvra.volunteer@gmail.com, by the entry deadline. Crews that do not provide volunteers, or if those volunteers fail to show up for their allotted time, may be excluded from racing at the discretion of the USRowing National Events Manager, James Rawson.

Bainbridge Island Rowing Club	2
Burton Beach Rowing Club	1
Clam Island Rowing	1
Couer d'Alene Rowing Association	1
Commencement Bay Rowing Club	2
Duwamish Rowing Club	1
Eastside Preparatory School Crew	1
Everett Rowing Association	3
Green Lake Crew	3
Holy Names Academy	3
Lake Oswego Community Rowing	3
Lake Stevens Rowing	2
Lakeside School Crew	3
Mt. Baker Rowing	3
North Cascades Rowing	2
Olympia Area Rowing	2

Olympic Peninsula Rowing Assoc.	2
Orcas Island Rowing	2
Oregon Rowing Unlimited	2
Pocock Rowing Center	3
Renton Rowingh	2
Rogue Rowing	2
Rose City Rowing Club	3
Sammamish Rowing Association	3
Seattle Preparatory School	2
Seattle Rowing Center	2
South Eugene Rowing Club	2
South Kitsap School District	1
Vancouver Lake Crew	2
Vashon Island Rowing Club	2
Whatcom Rowing	2

Membership and Eligibility

USRowing Membership: The USRowing Northwest Youth Championship is a USRowing-owned event.

Each participant is required to be a current member of USRowing, with either a Basic membership with Add-On Regatta Package or a Championship member of USRowing in place. Each participant must also have a signed waiver on file for 2019.

Not familiar with our Add-On Regatta Package? Learn more about our membership deal for current Basic members through our website FAQ. Athletes can now be compliant for USRowing-owned regattas and get our most popular benefits at a serious discount.

Each competing organization is required to be a current organizational member of USRowing.

Memberships can be activated or renewed by visiting <http://www.usrowing.org/join.aspx> or by calling the Membership Services Department at (800) 314-4769.

Memberships should be handled prior to arriving for the event. USRowing staff has limited availability on race days to assist with compliance issues. A current listing of your athletes, their member numbers, and expiration dates can be found on your online roster through the Membership Portal at <http://membership.usrowing.org>.

Waivers: All athletes should make sure to sign their USRowing waiver using their Basic w/ Regatta Package or Championship member number.

Credentials: Credentials will be issued to athletes once registration is complete, membership and waiver information is verified, and all fees are paid in full. **A coach or team representative may pick up the credentials for their team if all team members meet the above criteria and the organization's membership and regatta fees are paid in full. All team credentials must be picked up at the same time. Partial groups will not be distributed.**

Coaches must collect their credentials at the USRowing membership tent. Athletes will be required to show credentials in order to pass through Control Commission and launch for racing sessions. Crews will not be able to launch without showing proper credentials.

Each athlete will receive one complimentary credential as part of his or her registration for the event. Any replacement credentials can be purchased for \$10 at the registration desk.

“Express Lane”: Any crew whose line-ups are complete, fully compliant with Membership requirements, and fully paid up on all entry and other fees are eligible for the “Express Lane” on-site registration option.

These crews may collect their credentials without waiting in line to speak with a USRowing representative.

To be eligible, crews must be in full compliance by the end of the business day on May 14th.

After this deadline, a list of eligible crews will be made available.

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Definitions

- **Participants:** Rowers must be 18 years of age or younger as of December 31, 2019, or be attending high school grades 9-12.
- **Varsity:** The first boat for an organization in a boat class.
- **Junior Varsity: (2V)** The second boat for organizations competing in the varsity race of the same event.
- **Third Varsity: (3V)** The third boat for teams competing in the varsity race of the same event.
- **Fourth Varsity: (4V)** The fourth boat for teams competing in the varsity race of the same event.
- **Fifth Varsity: (5V)** The fifth boat for teams competing in the varsity race of the same event.
- **Inclusive Events:** Open to crews comprised of a mixture of Classified Rowers and Non-Classified Rowers. The crew must contain an equal number of Classified and Non- Classified Rowers.
- **Novice Sweep/Scull:** All crew must be new to competition, as of May 19, 2018.
- **High School:** All crew must be attending the same high school during that school term.
- **Youth:** All crew members must be age 14 or under as of May 17, 2019.
- **Lightweight Men:** Maximum weight of 150 pounds, no average.
- **Lightweight Women:** Maximum weight of 130 pounds, no average.
- **Men's Coxswain:** Minimum weight of 120 pounds.
- **Women's Coxswain:** Minimum weight of 110 pounds.
- **Novice Coxswains:** To steer novice events, the athlete must be new to competition as a coxswain as of May 19, 2018
- **Youth Coxswains:** In the interests of keeping the regatta on schedule, coxswains of youth events may be older (up to age 18) and may have race experience prior to May 19, 2018.

Eligibility

The USRowing Northwest Region is defined as the states of Alaska, Idaho, Montana, North Dakota, Oregon, South Dakota, Washington and Wyoming.

Classifications

Qualifying Events: The following events may qualify crews for the USRowing Youth National Championships. Only competitors based in the USRowing Northwest Region may compete in these qualifying events, which include men's & women's:

Varsity 1x	Varsity 2x	Varsity 2-
Varsity 4x	Varsity 4+	Varsity 8+
Varsity Light 2x	Varsity Light 4+	Varsity Light 8+

Non-Qualifying Events: Eligibility is open to all competitors in the Northwest region. Entries from Canada or other USRowing regions will be accepted on a "space available" basis. If lanes are available without creating additional heats, crews from outside the NW region will be welcome.

New Programs: Organizations with youth programs less than two years old may enter their first boats in the junior varsity events without entering a varsity boat.

Composite Crews: In the interests of keeping entries to a manageable number, no composite crews will be allowed at the 2019 Championship. Only exceptions will be in the High School 8+ events.

USROWING YOUTH NATIONAL CHAMPIONSHIPS

Youth National Qualification Rules:

The USRowing Northwest Youth Championships offer 3 bids to the USRowing Youth National Championships events.

The bids will be distributed to the top 3 crews in each qualifying event that are eligible to use the USRowing Northwest Youth Championships as their qualifying regatta.

All crews from a given organization must qualify at the same qualification regatta.

Full rules regarding qualification for the 2019 Youth National Championships will be available in the event entry packet which will be posted on the event website no later than March 1, 2019:

<http://www.usrowing.org/event/2019-youth-national-championships/>

Athlete Restrictions (See DEFINITIONS for more details)

Limit of 2 Races per Athlete: All athletes are restricted to two races at this year's NW District Championships. This rule does not pertain to the High School Category races or coxswains.

- An athlete may row the Varsity Quad, the Varsity Double and the High School Eight
- An athlete may not row the Varsity Eight and the Varsity Four and the Varsity Double

Event Class Separation: Eights, fours, quads, doubles and singles are all considered separate event classes. An athlete may only compete in one boat for each event class with varsity level designations. Examples:

- An athlete may not row both the Varsity 8+ and the 2V 8+.
- An athlete may not row both the Varsity 8+ and the 3V 4+ or 4V 4+.
- An athlete may not row both the Varsity 8+ or 2V8+ and the 5V 4+.
- Clubs entering a 2V 4+ must also enter a Varsity 4+. The Varsity 4+ must be the faster of the two boats.
- An athlete may row the Varsity 4x and the 2V 2x as long as they already have an entry in the Varsity 2x.
- An athlete may not row in the 2V 2x unless the V 2x has been entered. The same is for the 3V 2x, where there must already be a Varsity and a 2V entry

Novice Athletes Competing in Varsity Designated Events: There is no restriction on a novice athlete competing in both novice and varsity designated events.

Coxswain Exemptions: Coxswains are exempt from restrictions on the number of events per day. Coxswains may compete in more than two events per day but only acting as the coxswain. Examples:

- Jane Doe may steer the V8+, 2V8+ & 3V8+.
- NOTE: Only Novice Coxswains may steer Novice Boats.

Events with Varsity Designation Levels

Organization Restrictions: For events with varsity designations (Varsity, 2V, 3V, etc), one boat may be entered for each organization at each priority level.

Race Restrictions: For events with varsity level designations (Varsity, 2V, 3V, etc), a minimum of three boats from three different organizations must enter an event, or the event will be canceled. EXCEPTION: For Youth National Championships Qualifier events, if only two organizations enter the event, the event will still be run.

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Scratches Creating Straight Finals: When a scratch eliminates the heats for an event and the event goes directly to the final, the final will be held at the scheduled race time for the “final.”

Lowest Varsity Level Designation: These events will allow two boats from each organization. Entries should be identified with “A” or “B” designation, in order of priority: “A” being the top priority and the fastest crew. If heats are not created, “C” and “D” entries from each organization will be put on a wait list and will be included on a “space available” basis.

Examples:

Varsity Women’s 2x	<ul style="list-style-type: none"> • One boat per organization
2V Women’s 2x	<ul style="list-style-type: none"> • One boat per organization
3V Women’s 2x	<ul style="list-style-type: none"> • Straight Final: Two boats per organization, designate A & B • Heats Created: Four boats per organization, designate A-B-C-D

Events Without Varsity Designation Levels

Organization Restrictions: For events that allow multiple entries per club, those should be identified with “A” or “B” designation, in order of priority. “A” will be the top priority and the fastest crew. If heats are not created, “C” and “D” entries from each organization will be waitlisted and will be included on a “space available” basis. The Novice 4+ and 8+ will also be limited to one boat per organization.

Examples:

Women’s Lightweight 1x	<ul style="list-style-type: none"> • Heats Created: Two boats per organization, designate A & B
Women’s Lightweight 1x	<ul style="list-style-type: none"> • Straight Final: Four boats per organization, designate A-B-C-D
Nov Women’s 4+	<ul style="list-style-type: none"> • One boat per organization
2Nov Women’s 4+	<ul style="list-style-type: none"> • Straight Final: Two boats per organization, designate A & B • Heats Created: Four boats per organization, designate A-B-C-D

Race Restrictions: For these events, a minimum of three boats representing at least two organizations must enter or the event will be canceled.

Examples:

Event will take place	Event will be cancelled
Lane 2: Wyoming BC “A”	Lane 2: Wyoming BC “A”
Lane 3: Wyoming BC “B”	Lane 3: Wyoming BC “B”
Lane 4: Montana RC	Lane 4: Wyoming BC “C”

Inclusive Events

The Inclusive category is open to crews comprised of a mixture of Classified Rowers and Non-Classified Rowers. The crew must contain an equal number of Classified and Non-Classified Rowers.

The Inclusive events are open to athletes that have been classified in the PR-3, PR-2, or PR-1 sport classes included in the Rules of Rowing. Rowers may compete in a more functional sport class than their assigned sport class but not in a less functional sport class. For example, a Rower classified as PR2 may compete in PR3 Events, but may not compete in PR1 Events.

A rower may compete in an Adaptive or Para Rowing event if his or her disability meets the criteria set out in the Adaptive Rowing Classification Regulations and has been classified by a national or international Classification Panel into an eligible sport class. A rower without a sport class or whose sport class has been withdrawn may not compete in Adaptive or Para Rowing events.

The sport class requirement pertains only to the Rower who has been classified.

All Rowers racing in Adaptive Rowing Races shall be classified before competition by a USA or FISA Classification Panel. If a Rower enters a Regatta and does not have a classification status, the LOC may default him or her from the final results of the Race.

There shall be no protests over another Rower's sport class designation.

At all times when on the water during practice, warm up, cool down, and competition from the opening day of the Course until completion of the final Race of their competition, all Rowers who row in Adaptive Rowing Races must row with the prescribed equipment which must be used according to the boat and sport class. Equipment in this context refers to strapping and pontoons.

USROWING RULES OF RACING

The 2018 USRowing Rules of Rowing will govern this event.

An online version of the rulebook is available at <http://www.usrowing.org/rules-of-rowing/>

All organizations should have received a copy of the 2019 USRowing Rules of Rowing when they renewed their organizational membership.

USRowing licensed referees will officiate the event to ensure fairness and safety.

Please note the 2019 Rules Changes listed on the first page of the rulebook.

The following rules will be waived or amended as follows:

1. Rule 3-104 Minimum Weight of Boats – Waived

Entry Process

Regatta Central: The Northwest Youth Championships will use Regatta Central for all entries. The entry window for the NW Youth Championships will be March 13, 2019 – April 29, 2019. Any changes to your entries after April 29, 2019 will still occur in Regatta Central, but may be subject to additional fees.

Line-ups: All entries should include the line-up of athletes to compete as part of that entry. All entry line-ups must be submitted by Monday, April 29, 2019. Any entry without line-ups after this time will be treated as a late entry. Line-ups with placeholder names such as "A. Rower" will be considered incomplete and will also be considered late entries.

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Line-ups will remain open on Regatta Central for editing until 11:59 pm Monday, May 13, 2019. Regatta Central will remain closed for credential printing and "Express Lane" notifications. Regatta Central will be re-opened to accept any last minute line-up changes on Thursday, May 16 and Friday, May 17.

Submitting Lineup Changes Onsite: Any line-up changes needed on racing days must be completed at USRowing registration at the Vancouver Lake site. Lineup changes must be processed a minimum of an hour prior to the first race in which the change is being made. Changes may not be made between heats and finals, unless extenuating circumstances occur. Any unauthorized changes may result in an exclusion from racing at the discretion of the Regatta Director.

Any line-up change required on Friday, Saturday or Sunday will be subject to a \$5 administrative fee for processing the request. Payment is due before a line-up change can be officially made.

Email lineup changes will not be accepted.

Late Entries: Beginning May 1, 2019, entries may be accepted in events where additional entries do not change the progression, or exceed any listed entry maximums. These entries are subject to the higher entry fees listed above.

Online late entries must be submitted via Regatta Central from May 1-May 14, 2019.

After May 14, late entries will only be accepted at the regatta venue during official registration hours.

E-mail submissions will NOT be accepted.

Scratches: Entries may be scratched or changed without penalty by end of day April 29, 2019.

Scratches received beginning April 30, 2019, are subject to a forfeiture of the entry fees, and are not eligible to receive a refund.

Scratches must be made on Regatta Central through May 14, 2019.

After that time, all scratches must be submitted to USRowing at the regatta venue during official registration hours. E-mail submissions will NOT be accepted.

Scratches made after 6:00pm on Thursday, May 16, 2019, will be subject to a forfeiture of entry fees and an additional \$25 scratch fee.

Any crew failing to submit written notification of a scratch may be subject to an additional no-show fee of \$100 to be charged to the Regatta Central account holder.

Any crew that competes in the first round of a Youth Nationals qualification event is required to finish the event. A crew that scratches after competing in the first round of a Youth Nationals qualification event is ineligible to compete in that event at the next year's regatta. This does not apply to crews that scratch due to injury, and are able to provide medical documentation to verify that injury.

Team Rosters and Waivers: Please use Regatta Central to submit your rosters and the USRowing website to submit your waivers. These documents may be mailed, but must arrive by April 30, 2018, at the USRowing office in Princeton, NJ. Otherwise, your entry will be held until the waivers and rosters arrive, and your crews will be subject to space availability and the late fee.

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Outstanding Payments: Any organization with outstanding balances for entry fees or scratch fees at the start of racing will not be eligible to participate in the regatta and any future USRowing events until the fees are paid.

Coaches and Coxswains Meeting

Friday May 17 (estimate 6:30 am) A meeting will be held within two hours of the start of racing at the USRowing Registration tent to review regatta procedures and the race schedule. All organizations and individual competitors are required to send a representative to the meeting.

Hot Seating

Hot Seating: Crews that need to hot seat should notify the USRowing officials at the control commission tent before launching for the initial race. The hot seating crew will be given priority to change out rowers/coxswains, but the race is still planned to start on time.

Medals and Trophies

Returning Trophies: Crews awarded USRowing Northwest Youth Championship Trophies in 2018 should deliver the trophies to the Awards Tent by Friday May 7 by 12:00 p.m. Any organization that does not return a trophy will be barred from racing Friday, Saturday or Sunday until the trophy is produced.

Lost or Damaged Trophies: If the trophy is lost or damaged, it is the responsibility of the club to purchase a replacement trophy and engrave with all winners beginning with 2003.

Awards Ceremonies: There will be awards ceremonies for all regatta events. Winning crews should come to the awards tent as soon as possible after the race final concludes to receive their trophy and medals.

Medals: First, second and third-place crews will receive medals at the awards tent. For non-qualifying events, if the first-place crew is from outside the region, that crew will receive first-place medals but no trophy. The highest placing Northwest crew will receive duplicate first-place medals, the trophy and the designation of Northwest District champion.

Regatta Concessions: Regatta souvenir t-shirts will be on sale at the venue. USRowing merchandise will also be available Friday through Sunday.

Weigh-in Procedures

*****Including updated language pertaining to lightweight rowing for 2018*****

Competitors shall be weighed in racing uniform without shoes or other footgear.

Lightweights:

The weight Youth Rowers in lightweight events shall be determined once **each day** during either the Weigh-in Window or the Adjusted Weigh-in Window, but not both, **that applies to the first applicable Race of the day** (**the bolded text is new for 2018**).

Each Youth Rower shall have only one (1) initial opportunity to weigh in. A Rower within one (1.0) pound or less of the weight standard is allowed one (1) re-weigh within the same window as his or her initial opportunity. A Rower whose initial weight is greater than one (1.0) pound above the weight standard will be ineligible to compete in the Event.

Competitors who fail to weigh-in during either the Weigh-in Window or the Adjusted Weigh-in Window shall be deemed ineligible to race.

When an Adjusted Weigh-in Window is created due to a scheduling change, a Competitor may weigh-in during either the original Weigh-in Window or the Adjusted Weigh-in Window, but not both, provided the Competitor completes his or her weigh-in prior to the newly Scheduled Time of the Race and on the same day as the newly Scheduled Time of the Race.

“Adjusted Weigh-in Window”: Should Race Officials adjust or alter the racing schedule for compelling reasons, changing the amount of time between the Weigh-in Window and the newly Scheduled Time of the Race, an Adjusted Weigh-in Window shall be created. The Adjusted Weigh-in Window shall be no less than one (1) hour and not more than two (2) hours before the newly Scheduled Time of the Race.

An “Adjusted Weigh-in Window” is only created if an adjusted schedule is officially posted or published by USRowing. Commonly occurring delays throughout the day are not considered an official adjustment to the schedule.

Lightweight Men:

Max: 150 lbs. (no average)

Lightweight Women:

Max: 130 lbs. (no average)

Coxswains:

The weight of Coxswains shall be determined once **each day** during either the Weigh-in Window or Adjusted Weigh-in Window, but not both. In the event a Coxswain is weighed after the applicable Weigh-in Window or Adjusted Weigh-in Window but before the first Race in which the weight is relevant, the Coxswain may be subject to one of the penalties described in Rule 2-602 (“Types of Penalties”); the presumed penalty for such infraction is a Warning. Failure to weigh-in at any point in time prior to the first Race in which the weight is relevant shall constitute a violation of Rule 4-105.1 (“Coxswain’s Weight”) and result in the Coxswain being deemed ineligible to race.

When an Adjusted Weigh-in Window is created due to a scheduling change, a Competitor may weigh-in during either the original Weigh-in Window or the Adjusted Weigh-in Window, but not both, provided the Competitor completes his or her weigh-in prior to the newly Scheduled Time of the Race and on the same day as the newly Scheduled Time of the Race.

“Adjusted Weigh-in Window”: Should Race Officials adjust or alter the racing schedule for compelling reasons, changing the amount of time between the Weigh-in Window and the newly Scheduled Time of the Race, an Adjusted Weigh-in Window shall be created. The Adjusted Weigh-in Window shall be no less than one (1) hour and not more than two (2) hours before the newly Scheduled Time of the Race.

An “Adjusted Weigh-in Window” is only created if an adjusted schedule is officially posted or published by USRowing. Commonly occurring delays throughout the day are not considered an official adjustment to the schedule.

Coxswains who do not comply with the minimum weight standard must provide their own materials to create deadweight in accordance with the USRowing Rules of Rowing. This weight must be placed in the boat as close to the torso of the coxswain as possible, and is specifically forbidden to be distributed throughout the boat. At any time, before or immediately after the race, the Referee, another Race Official, or a member of the Control Commission may require the weight of the deadweight to be checked.

Crews must provide their own weight making materials.

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Excess clothing, equipment, electronic systems, tools, and other utilitarian devices germane to competition shall not be considered part of the coxswain's weight and shall not be included as part of any deadweight. Weighted vests cannot be worn in order to achieve the minimum weight.

Coxswain for Men's Event:

Minimum: 120 lbs.

Coxswain for Women's Event:

Minimum: 110 lbs.

Unsportsmanlike Conduct

Unsportsmanlike conduct includes, but is not limited to, failure to heed the instructions of race officials, use of obscene language or gestures, delaying a race without just cause, intentional or flagrant disregard of principles of safety and fairness, or abusive behavior toward any official, team member, or spectator.

A crew that engages in unsportsmanlike conduct may be assessed a penalty by a race official.

Any team member, including a competitor, who engages in unsportsmanlike conduct, on or off of the water, at any time during the regatta, may have his or her further participation at the regatta curtailed or prohibited by a race official.

Schedule Publication and Seeding

*****New rule from 2018 – Seeding will occur in all national qualifying events*****

TBD – Seeding Polls Emailed: The Northwest Rowing Council will email the region's junior coaches the seeding poll for this year's regatta.

May 2 – Preliminary Event Schedule Published: This document will be published and sent to each club's regatta contact. Please be certain your contact information on Regatta Central is accurate. All questions regarding entries and the schedule should be directed to USRowing National Events Manager, James Rawson, (503) 473-6239 or james.rawson@usrowing.org.

May 15 – Lane Draws Published: This document will be published and sent to each club's regatta contact. Please be certain your contact information on Regatta Central is accurate. All questions regarding entries and the schedule should be directed to USRowing National Events Manager James Rawson, (503) 473-6239 or james.rawson@usrowing.org.

Schedule Overview

Centers: All events will run on eight-minute centers. *Coaches, please review the procedures to back shells into stake boats, how to correct lines with sculling, and other start line procedures well in advance of the championships.* A crew or sculler that is unable to lock on to the stake boat or keep a steering point may be excluded from the race at the discretion of the Starter.

Practice Times: Vancouver Lake will be open for practice Monday-Wednesday, as long as that crew has a coaching launch present. No participating crews will be allowed on the course all of Thursday and Friday morning prior to launch time for racing. The course is defined as the entire lake.

For crews that bring their boats to the course on Thursday from other parts of the lake, you must email the USRowing National Events Manager, James Rawson james.rawson@usrowing.org, by Wednesday, 5/14 at 12:00pm to have the crews escorted from their launching area to the course. At no time on the way to the course are crews to practice the course or engage in any race warm up drills (starts, power pieces, etc.)

The course will be closed for practice at all other times during the regatta. Crews violating any of the times when the course is closed, failing to obtain a PVRA escort, or practicing on the course without a coaching launch, will be excluded from racing at the discretion of the USRowing Events Manager (James Rawson).

Semi Finals: In any event with 22 or more entries, the schedule will use a modified USRowing Progression System "C" for seven lanes. Please reference rule 5-209(d). Heats, semifinals and grand finals will be scheduled to allow adequate recovery for the crews.

If either the Men's or Women's Lightweight 2x receives more than 14 entries, they will progress to the Semi Final structure mentioned above. The semi final will happen at the end of the day, the same day as the heat. If weather becomes a factor and the semi final is unable to run at that time, then the progression for the final will come out of the results from the heats.

Inclement Weather Information and Notification Process

The Chief Referee, USRowing, and Local Organizing Committee will work together to monitor the weather continuously during the regatta.

In the event that inclement weather causes delays in the regatta schedule, the following weather plan will be utilized:

- Delay racing either later the same day or to the next day, if time is available.
- Begin racing earlier than previously announced. Announcement will be made no later than 3 hours before racing or 9:00 PM the evening before in the case of morning racing.
- Omit a round of the event. The composition of the next round will be determined on the basis of the results of those rounds that have been completed. If grand finals must be omitted, medals and Youth National Championship bids will be awarded based on the results of the last completed round of the event.
- Cancel some or all non-Youth National Championship qualification events. Cancellation priority will be:
 1. Non-Youth National Championship qualification events that have completed at least one round of racing
 2. Non-Youth National Championship qualification events that have not completed at least one round of racing.
- Cancel Youth National Championship qualification events that have completed at least one round of racing.
- Cancel regatta.

All schedule change notifications will be announced in the following places:

- On-site on the results/announcements board by the Launch Area
- On-site through any on-site public address systems in use
- Online via Twitter, Facebook, Regatta Central, and the USRowing website
- Via text message. Coaches, athletes, and parents can register to receive weather related text messages by texting "USRowing" to 313131.

To ensure that each crew has at least 1 representative on the texting list, USRowing will manually add the Race Day Contact listed on Regatta Central to the texting system.

Crews are responsible for staying updated on any announced schedule changes.
Please direct any questions about schedule changes to USRowing at the registration area.