



## 2019 USRowing U17/U15 National Championships

June 1-2, 2019

Cooper River, Camden, NJ

USRowing and the South Jersey Rowing Club are proud to present the inaugural USRowing U17/U15 National Championships.

The goal is to provide an end-of-season championship for the younger athletes starting to become more prevalent in the sport. For organizations, the event provides an opportunity to recruit new athletes to their teams and may help with retention of younger athletes. The national championship can provide an aspirational target at the end of the season to keep these younger athletes engaged for longer times in the spring season.

For athletes, this provides more racing opportunities, both directly and indirectly. As a new regatta, we are offering a new opportunity for these younger athletes to continue to compete. Over the long term, having a national championship for these athletes will have a trickle-down effect of enhancing their racing opportunities throughout the spring.

Finally, this event is offered with a goal of providing significant racing opportunities at younger age categories, helping with talent identification and development for the international racing level by providing another avenue for competitive racing opportunities and an extension to the training and seasons of these younger athletes.

Please read this packet completely as it includes information regarding entries, rules, events, eligibility, and other information about the policies governing this regatta.

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## **Important Dates & Schedule Information**

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### ***Important Dates/Deadlines:***

- March 1, 2019 – Entry packet posted. Online registration opens on RegattaCentral.
- May 22, 2019 – Online registration deadline. All entries are required to have an initial lineup included by this deadline. Deadline for crews to meet “Express Lane” requirements. All entry fees become non-refundable after this deadline.
- May 23, 2019 – Initial race schedule posted.
- May 30, 2019 – RegattaCentral re-opens for last minute lineup changes. Initial start lists for time trials and heat sheets posted.
- May 31, 2019 – On-site credential pick-up is available. “Express Lane” opens. Last day for online line-up changes via RegattaCentral. Venue opens for trailer parking & practice. Coaches & Coxswains Meeting.
- June 1, 2019 -- U15 Heats in the morning. U17 Heats in the afternoon.
- June 2, 2019 -- U15 Finals in the morning. U17 Finals in the afternoon. Award Ceremonies.

### ***Schedule Information:***

Heats for U15 events will be run at the 1,000 meter distance on Saturday morning. Heats for U17 events will be run at the 2,000 meter distance on Saturday afternoon.

Finals for U15 events will be run at the 1,000 meter distance on Sunday morning. Finals for U17 events will be run at the 2,000 meter distance on Sunday afternoon.

This schedule is tentative and subject to change.

### ***Coaches, Coxswains, and Blind Boat Meeting:***

Coaches and Coxswains Meeting will be scheduled for Friday, May 31 at 5:30 PM at Veterans Island.

**All competitors and coaches are responsible for any information given at this meeting.**

### ***Order of Events:***

Below is the order in which finals are scheduled to be run.

U15 Events (1k distance)	
1	Mens U15 1x
2	Womens U15 1x
3	Mens U15 4+
4	Womens U15 4+
5	Mens U15 2x
6	Womens U15 2x
7	Mens U15 8+
8	Womens U15 8+
9	Mens U15 4x+
10	Womens U15 4x+
11	Mens U15 4x
12	Womens U15 4x

U17 Events (2k distance)	
13	Mens U17 1x
14	Womens U17 1x
15	Mens U17 2-
16	Womens U17 2-
17	Mens U17 2x
18	Womens U17 2x
19	Mens U17 4+
20	Womens U17 4+
21	Mens U17 4x
22	Womens U17 4x
23	Mens U17 8+
24	Womens U17 8+
25	Mens, Womens, or Mixed U17 Inclusive 2x
26	Mens or Womens U17 PR 1 and PR 2 1x

The schedule of races will be determined based on the number of entries at the close of registration.

***Inclement Weather Information:***

The Chief Referee, USRowing, and Local Organizing Committee will work together to monitor the weather continuously during the regatta.

Should it be determined that schedule changes are necessary due to weather concerns, the following weather plan will be utilized:

*Communication Plan*

Weather-related schedule changes will be announced utilizing the following mediums.

- Posted on the results board located at the regatta site
- Online via Twitter, Facebook, RegattaCentral, and the USRowing web site
- Via text message. Coaches, athletes, and parents can register to receive weather related text messages by texting "Usrowing" to 313131.

To ensure that each crew has at least 1 representative on the texting list, USRowing will manually add the Race Day Contact listed on RegattaCentral to the texting system.

Crews are responsible for staying updated on any announced schedule changes.

Please direct any questions about schedule changes to USRowing at the registration area.

*Schedule changes will be made using the following priority system:*

1. Delay racing either later the same day or to the next day, if time is available.
2. Begin racing earlier than previously announced. Announcement will be made no later than 3 hours before racing or 9:00 PM the evening before in the case of morning racing.
3. Utilize a time-trial system for a round of the event.
4. Omit a round of the event. The composition of the next round will be determined on the basis of the results of those rounds that have been completed. If Grand Finals must be omitted, medals will be awarded based on crews' placements in the last completed round of the event.
5. Cancel events that have completed at least one round of racing.
6. Cancel regatta.

Under no circumstances will races be rescheduled for a date later than June 2, 2019.

#### *Effect on Weigh-in Procedures*

In instances where inclement weather causes a change in the scheduled race times for events that require the weighing of competitors (coxswains), the time in which a competitor must be weighed will be affected as described in the Rules of Rowing. See the current year's rulebook, or the weigh-in sections in this packet for details.

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## **Registration Information**

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### ***USRowing Membership:***

The USRowing U17/U15 National Championship is a USRowing-owned event.

Each participant is required to be a current member of USRowing, with either a Basic membership with Add-On Regatta Package or a Championship member of USRowing in place. Each participant must also have a signed waiver on file for 2019.

**Not familiar with our brand new Add-On Regatta Package?** Learn more about our great new membership deal for current Basic members through our website FAQ. Athletes can now be compliant for USRowing-owned regattas and get our most popular benefits at a serious discount.

Each competing organization is required to be a current organizational member of USRowing.

Memberships can be activated or renewed by visiting <http://www.usrowing.org/join.aspx> or by calling the Membership Services Department at (800) 314-4769.

Memberships should be handled prior to arriving for the event. A current listing of your athletes, their member numbers, and expiration dates can be found on your online roster through the Membership Portal at <http://membership.usrowing.org>

***Waiver:***

All athletes should make sure to sign their USRowing waiver using their Basic w/ Regatta Package or Championship member number.

Please make sure the number on the athlete's RegattaCentral profile matches their current USRowing number.

***Credentials:***

Credentials will be issued to athletes once registration is complete, membership and waiver information is verified, and all fees are paid in full.

A coach or team representative may pick up the credentials for their team if all team members meet the above criteria and the organization's membership and regatta fees are paid in full. All team credentials must be picked up at the same time. Partial groups will not be distributed.

Athletes will be required to show credentials in order to pass through Control Commission and launch for racing sessions.

Crews will not be able to launch without showing proper credentials.

Each athlete will receive one complimentary credential as part of their registration for the event. Any replacement credentials can be purchased for \$10 at the registration desk.

***"Express Lane":***

Any crew whose line-ups are complete, fully compliant with Membership requirements, and fully paid on all entry and other fees are eligible for the "Express Lane" on-site registration option.

These crews may collect their credentials without waiting in line to speak with a USRowing representative.

To be eligible, crews must be in compliance by the May 22 deadline.

After this deadline, a list of eligible crews will be made available.

***Entry Information:***

Entries in each event will be accepted on a first-come, first-served basis.

No paper entries will be accepted for this event. All entries must be made online at [RegattaCentral](https://www.usrowing.org/regatta-central). Initial registration will be available beginning March 1, 2019, and ending May 22, 2019. No refunds will be given once the initial registration period has ended.

**All entry fees are due when entries are submitted.** Crews needing to make alternate payment arrangements must contact the USRowing Regatta Director at [alvin.dominique@usrowing.org](mailto:alvin.dominique@usrowing.org).

Events with entries from 2 or more organizations will be run as scheduled.

Events with entries from 2 or fewer organizations at the close of registration may be combined with other events or removed from the schedule.

Crews representing an organization with an outstanding balance will not be allowed to compete until

the balance is paid in full.

**Entry Fees:**

<b>Boat Class</b>	<b>Amount</b>	<b>Late Entry Fees (Applicable May 23)</b>
8+	\$268	\$402
4+/4x/4x+	\$192	\$288
2x/2-	\$128	\$192
1x	\$82	\$123

Entry fees become non-refundable on May 23, 2019.

**Entry Fee Limits**

**As a special offer for the organizations supporting this event in its first year, we will be limiting entry fees to a maximum of \$3,500 per team.**

**Late Entries:**

Entries may be accepted in events where additional entries do not change the progression, or exceed any listed entry maximums. These entries are subject to the higher entry fees listed above.

All late entries must be submitted at the USRowing registration desk during posted hours.

E-mail submissions will NOT be accepted.

All late entries must be submitted no later than 24 hours prior to the first race of an event.

All late entry submissions must include completed "Late Entry Form" submitted to the USRowing desk. Crew members for late entries must meet all membership and eligibility requirements, and payment must be made in full before a late entry may be placed into an event.

**Scratches:**

Entries may be scratched without penalty until the end of the initial registration period on May 22, 2019.

Beginning May 23, 2019, no refunds will be given for entries that are scratched.

E-mail notification will be accepted until the close of on-site registration on Friday, May 31, 2019. After this time, scratches must be made in person at the regatta site in order to avoid the additional "No Show Fee".

An additional \$50 scratch fee will apply to all scratches made after RegattaCentral closes on Friday, May 31, 2019.

Any crew failing to submit a completed "Scratch Form" to the USRowing desk after Friday, May 31, will

also be subject to a \$100 “No Show Fee” along with any other applicable fees.

All fees are due at the time of the scratch. Crews from an organization with outstanding “Scratch” or “No Show” fees may be prevented from competing until outstanding fees are paid in full.

***Lineup Changes:***

All entries must include the line-up of athletes to compete as part of that entry. All entry line-ups must be finalized by May 22, 2019, in order to ensure athlete credentials are available.

Any entry without line-ups after this time will be treated as a late entry. Line-ups with placeholder names such as “A. Rower” will be considered incomplete and will also be considered late entries. This means they are subject to “Late Entry” fees, and the entry restrictions associated with late entries.

RegattaCentral will close for credential printing and “Express Lane” notifications. RegattaCentral will be re-opened to accept any last minute line-up changes on Thursday, May 30 and Friday, May 31.

After Friday, May 31, 2019, crews may substitute up to one half of its rowers, as well as its coxswain, excluding single sculls. After this deadline, no substitutions may be made for single scull entries except for illness or injury in accordance with the USRowing Rules of Rowing.

Any line-up changes needed on racing days must be completed at the USRowing registration desk.

Each line-up change processed on-site is subject to a \$5 administrative fee.

Email line-up changes will not be accepted.

***On-Site Line-up Changes:***

Any line-up change required on May 30 or 31, will be subject to a \$5 administrative fee for processing the request.

Payment is due before a line-up change can be officially made.

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## **Competition Information**

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***Classifications:***

U17- A competitor may compete in the U17 category until December 31 of the year of his or her 16<sup>th</sup> birthday.

U15- A competitor may compete in the U15 category until December 31 of the year of his or her 14<sup>th</sup> birthday.



***Affiliation:***

A competitor shall represent only one organization at a regatta.

***Composite Entries:***

Crews made up of representatives from different clubs must be entered as composite crews.

The affiliation of each member of the crew must be submitted when the crew is registered.

Competitors are allowed to represent one organization at this regatta.

Composite crews are not required to wear matching uniforms, or have matching oar blade designs.

Composite crews are not eligible to earn points toward team point trophies.

***Foreign Crews:***

Foreign crews, including single scullers, must be current members of their nation's recognized governing body for the sport of rowing to be eligible to compete.

Foreign crews will be allowed to progress through an event based on their finish.

If a crew entered by a foreign club or rowing federation, or a foreign unaffiliated single sculler, places first, second, or third in a national championship event, it shall receive special gold, silver, or bronze medals memorializing the accomplishment, but the national championship medals and the designations and entitlements of national champion, shall be given only to domestic crews according to order of placement.

Foreign crews are ineligible to receive team point trophies

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## **Rules**

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USRowing's 2019 Rules of Rowing will govern this event.

An online version is available at <http://www.usrowing.org/rules-of-rowing/>

USRowing licensed referees will officiate the event to ensure fairness and safety.

The following rules will be waived for this event:

- Rule 3-104 Minimum Weight of Boats
- Rule 3.202 Oars, uniform throughout the crew

### ***Weigh-Ins:***

Athlete weigh-ins at this event will follow the current year's USRowing Rules of Rowing. Those rules are listed below, for your convenience. If any substantive differences are observed between the Rules and the transcription below, the former controls.

Competitors shall be weighed in racing uniform without shoes or other footgear.

Coxswains:

The weight of Coxswains shall be determined once each day during either the Weigh-in Window or Adjusted Weigh-in Window, but not both. In the event a Coxswain is weighed after the applicable Weigh-in Window or Adjusted Weigh-in Window but before the first Race in which the weight is relevant, the Coxswain may be subject to one of the penalties described in Rule 2-602 ("Types of Penalties"); the presumed penalty for such infraction is a Warning. Failure to weigh-in at any point in time prior to the first Race in which the weight is relevant shall constitute a violation of Rule 4-105.1 ("Coxswain's Weight") and result in the Coxswain being deemed ineligible to race.

When an Adjusted Weigh-in Window is created due to a scheduling change, a Competitor may weigh-in during either the original Weigh-in Window or the Adjusted Weigh-in Window, but not both, provided the Competitor completes his or her weigh-in prior to the newly Scheduled Time of the Race and on the same day as the newly Scheduled Time of the Race.

"Adjusted Weigh-in Window": Should Race Officials adjust or alter the racing schedule for compelling reasons, changing the amount of time between the Weigh-in Window and the newly Scheduled Time of the Race, an Adjusted Weigh-in Window shall be created. The Adjusted Weigh-in Window shall be no less than one (1) hour and not more than two (2) hours before the newly Scheduled Time of the Race.

An "Adjusted Weigh-in Window" is only created if an adjusted schedule is officially posted or published by USRowing. Commonly occurring delays throughout the day are not considered an official adjustment to the schedule.

Coxswains who do not comply with the minimum weight standard must provide their own materials to create deadweight in accordance with the USRowing Rules of Rowing. This weight must be placed in the boat as close to the torso of the coxswain as possible, and is specifically forbidden to be distributed throughout the boat. At any time, before or immediately after the race, the Referee, another Race Official, or a member of the Control Commission may require the weight of the deadweight to be checked.

Due to the relatively limited experience level of the crews involved in this event, USRowing strongly encourages participation by coxswains whose maximum required deadweight does not exceed the FISA maximum (Rule 27) of 15kg (33.1 pounds). Coxswains whose required deadweight exceeds this threshold will be allowed to compete, but may be required to wear or display highly visible indications (e.g., safety vests, armbands, etc) of their status, to assist in monitoring by officials during competition.

Crews must provide their own weight making materials.

Excess clothing, equipment, electronic systems, tools, and other utilitarian devices germane to competition shall not be considered part of the coxswain’s weight and shall not be included as part of any deadweight.

Weighted vests cannot be worn in order to achieve the minimum weight.

Coxswain for Men’s Event:

Coxswain for Women’s Event:

Minimum: 120 lbs.

Minimum: 110 lbs.

***Unsportsmanlike Conduct:***

Unsportsmanlike conduct includes, but is not limited to, failure to heed the instructions of race officials, use of obscene language or gestures, delaying a race without just cause, intentional or flagrant disregard of principles of safety and fairness, or abusive behavior toward any official, team member, or spectator.

A crew that engages in unsportsmanlike conduct may be assessed a penalty by a race official.

Any team member, including a competitor, who engages in unsportsmanlike conduct, on or off of the water, at any time during the regatta, may have his or her further participation at the regatta curtailed or prohibited by a race official.

A crew may be subject to an “unsportsmanlike conduct” penalty if a person affiliated with their organization, including spectators and parents, engages in the use of an unapproved drone at the regatta venue. An “unsportsmanlike conduct” penalty issued for the use of a drone will carry a presumed penalty of “Disqualification”.

***Progression:***

Modified USRowing Progression System “A”

Entries	Heats	Advancing	Finals
1-6	1 (seeding)	6 to Final A	Final A
7-12	2	Top 3 to Final A 4-6 to Final B	Final A Final B
13-18	3	Top 2 to Final A 3-4 to Final B 5-6 to Final C	Final A Final B Final C
19-36	6	Top 1 to Final A 2 to Final B 3 to Final C 4 to Final D 5 to Final E	Final A Final B Final C Final D Final E Final F

		6 to Final F	
37+	1 (Time Trial)	Top 6 to Final A 7-12 to Final B 13-18 to Final C 19-24 to Final D 25-30 to Final E 31-36 to Final F 37-42 to Final G ...	Final A Final B Final C Final D Final E Final F Final G Final H ...

Each crew is responsible for knowing the progression of their event.

**Equipment:**

All equipment used in competition must meet the USRowing Rules of Rowing requirements for equipment, with the exception of the waived rule listed above. Each organization is responsible for ensuring that their equipment meets these standards.

USRowing will provide bow numbers, which will be given to crews as they pass through Control Commission.

Any equipment not meeting these standards, or judged to be unsafe by a USRowing official, will not be allowed onto the water.

**Outside Assistance:**

Crews are reminded that they are not to receive outside assistance during a race except from the unaided voice.

**Medals:**

Medals will be awarded to the first, second, and third-place finishers in each Final A.

A final must contain a minimum of 4 boats in order for a third-place medal to be awarded. This rule applies to both qualifying and non-qualifying events.

**Team Point Trophies:**

The following trophies shall be awarded to teams based upon the points earned by that team's crews in national championship events.

The following table summarizes how points shall be awarded for events.

All events will be scored. Points will be awarded to the highest placing crew for each organization in

each event. In the event of a tie, the team with the highest number of gold medal crews in all events will be awarded the trophy.

The organizations that win these trophies in 2019 will have the trophy named for them moving forward to commemorate their inaugural victory.

- **All Points Trophy** - Presented to the team with the highest **Combined** point total in all events.
- **Men's Team Point Trophy** - Presented to the team with the highest **Men's** point total.
- **Women's Team Points Trophy** - Presented to the team with the highest **Women's** point total.

**TEAM POINTS REFERENCE TABLE**

Points shall be awarded as follows:

Boat Class	Points for 1 <sup>st</sup> Place in Grand Final
1x	10
2x, 2-	15
4+, 4-, 4x	20
8+	30

# Boats in Final A	Percentage of 1 <sup>st</sup>				
	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>
2	20%				
3	40%	20%			
4	60%	30%	5%		
5	80%	40%	10%	5%	
6	80%	40%	20%	10%	5%

Composite & foreign crews are not eligible to earn points toward team point trophies.

**Venue Information**

***Venue: Veteran's Island, Cooper River, Camden County, NJ***

Course: The course is a 6-lane, fully-buoyed course with stakeboats. The U17 races will run the full 2,000 meter distance. The U15 races will be run at the 1,000 meter distance. Both distances will utilize stakeboats at the start and require that crews are able to back into a stakeboat.

Teams will be permitted to begin arriving at the venue on the afternoon of Friday, May 31.

*Regatta Venue*

The regatta will be hosted at Veteran's Island. Team tents, vendors, results and on land regatta activities will be based from the island.

#### *Trailer Parking/Staging Information*

The primary staging area will be the area behind LaScala's Birra restaurant near Veteran's Island. Crews will unload their equipment onto the grass area, and trailers will be moved to the parking lot above the finish line.

Crews will launch and recover from the docks located behind the LaScala's Birra restaurant.

[Click here for a Google Map of the area.](#)

#### ***Lodging Information:***

USRowing has partnered with EMC Meetings & Events to provide accommodation options for teams and spectators travelling to the 2019 USRowing U17/U15 National Championships.

Rooms are now available at a variety of hotel properties near the venue.

[Click here to secure rooms through EMC Meetings and Events.](#)

#### ***Event Drone Policy:***

In accordance with USRowing's drone policy, anyone interested in utilizing a flying drone at the regatta venue must receive approval from USRowing and the Local Organizing Committee.

To request approval, contact [alvin.dominique@usrowing.org](mailto:alvin.dominique@usrowing.org) for more information.

Unapproved drones are not permitted anywhere on the regatta venue. Continued use of unapproved drones may result in penalties to the associated crew, and the operator may be subject to removal from the venue.

#### ***Practice:***

The course will be available for practice beginning at 12:00pm on Friday. Launching for practice will close at 4:30pm. All crews must be off of the water by 5:00pm.

The course will not be available for practice prior to racing or during lunch breaks on Saturday or Sunday.

Due to the amount of time required for racing, practice may not be available after racing on Saturday evening. If available, Saturday practice times will be listed in the Confirmation packet distributed to teams at the close of registration.

Teams are not permitted to launch from the venue or practice on the course outside of posted practice times.

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## Contacts and Organizers

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### **Contact Information:**

USRowing Regatta Director:

AJ Dominique III  
Senior Events Manager, USRowing  
[alvin.dominique@usrowing.org](mailto:alvin.dominique@usrowing.org)  
609-786-9018

Vendors:

Alexandra Edenzon  
Events Coordinator, USRowing  
[alexandra.edenzon@usrowing.org](mailto:alexandra.edenzon@usrowing.org)  
609-786-9035

Local Organizing Committee (venue, volunteers, trailer parking):

Jamie Stack  
Boathouse Manager, Camden County Boathouse  
Head Coach, South Jersey Rowing Club  
[stacksrows@comcast.net](mailto:stacksrows@comcast.net)  
856-275-1315