



## **Event Confirmation Packet**

**May 4-5, 2019**

**Oklahoma City, Okla.**

USRowing and the Oklahoma City Boathouse Foundation are excited to welcome the teams competing in the 2019 USRowing Central Youth Championships.

This packet includes venue related information, such as parking, practice times, the initial schedule of races, and other important information regarding the event.

### **USRowing Information Desk**

USRowing staff will be available at the Information desk, located on the second floor of the Devon Boathouse.

A representative from each team must come to the USRowing desk to collect team registration packets, including athlete credentials & time trial bow numbers prior to competing.

The desk will be open during the following hours to handle athlete registration, regatta administration, and to answer questions throughout the event.

USRowing Information Desk Hours:

Friday, May 3: 1:00pm-6:00pm

Saturday, May 4: 6:30am-end of racing

Sunday, May 5: 6:30am-end of racing

### **Emergency Water Evacuation Traffic Pattern**

A map showing the on-water evacuation plan to be used for crew in the case that the course needs to be cleared for inclement weather is available at the end of this packet and on the regatta website.

In all cases, always listen to directions given by referees.

### **Team Packets**

Each team will receive a packet at this year's on-site registration. The packet will contain time trial bow numbers, athlete credentials, and lightweight/coxswain weigh-in sheets.

Coaches are responsible for ensuring the correct bow number is placed on the correct shell prior to approaching the referees at Control Commission to launch for their race.

Coaches should also have weigh-in forms filled in, with the correct line-ups, prior to sending their crews to weigh-ins.

Crews should arrive at weigh-ins with their forms completed.

These changes are intended to help speed up the lines at both the launch dock and weigh-ins, so your cooperation is appreciated.

### **“Express Lane” On-Site Registration**

Teams that have achieved 100% membership compliance (organizational and individual “Championship), and have paid their entry fees in full at least two days before the regatta will be eligible for the “Express Lane”.

An email will be sent to the RegattaCentral account associated with the entries, and your team’s credentials will be in a separate line from the normal registration area.

Instead of waiting in line, you can simply walk up, sign out that you’ve collected your team packet, and get back to your team.

### **Line-up Changes**

To allow for further ease at the registration table, USRowing will re-open RegattaCentral to accept line-up changes online.

Coaches will be able to edit their line-ups in RegattaCentral beginning Thursday, May 2, until the Coaches and Coxswains Meeting on the evening of May 3.

After the C&C Meeting, any line-up changes after that date must be submitted by completing a form at the USRowing Information Desk. A copy of this form is available on the RegattaCentral page for this event.

**Any line-up change required on Saturday or Sunday will be subject to a \$5 administrative fee for processing the request. Payment is due before a line-up change can be officially made.**

No line-up changes will be allowed less than 1 hour before the first race of an event.

Reminder from the Regatta Packet: The “50% rule” will be enforced during on-site registration on Saturday. Line-up changes made on RegattaCentral on Thursday and Friday are not subject to this restriction.

### **Late Entries**

Late entries will be accepted in events where additional entries will not change the progression of the event.

Late entries will only be accepted at the regatta venue during official registration hours. E-mail submissions will not be accepted.

On-site late entries must be submitted no later than the close of registration on Friday, May 5, 2017.

### **Scratches**

**All entry fees are non-refundable as of April 27, so the fees for entries scratched are still due for payment.**

Email notification of scratches will be accepted until the close of on-site registration on Friday, May 3.

As of May 4, all scratches must be submitted to USRowing on a Scratch Form at the USRowing Information Desk. Email submissions will not be accepted after May 3.

Scratches received after the Coaches and Coxswains Meeting will be subject to a forfeiture of the entry fee plus an

additional \$50 scratch fee.

Crews failing to notify USRowing of a scratch in writing will be subject to an additional no-show fee of \$100 that must be paid in full before other crews from that organization are allowed to continue racing.

### **Time Trial Skills and Tips**

Coaches, in preparation for this year's time trial, and the conditions and configuration in the start area of the OKC venue, we ask that your crews are capable of the following technical skills in order to keep competition on schedule:

#### Time Trial Traffic Pattern

- **MAKE YOUR COXSWAINS AND BLIND BOATS AWARE:** Time trial racing sessions will have a different traffic pattern than sprint racing sessions.
- Launching crews will travel up lanes 6 & 7 to the start, and queue behind the start bridge.
- Crews will be directed onto the course through the lane 1 side of the start bridge, one crew at a time.
- Once clear of the start bridge, crews should move into their assigned lane (2 or 3), then build their speed over the first 100 meters of the course.
- See the map at the end of this packet, and share with your coxswains and blind boats.

#### Maintaining Control of the Boat in a Cross Wind

- Crews waiting in the start area to enter the course will need to keep themselves in line while waiting to enter the course. This may be challenging if we experience the crosswinds that are typical to this course.
- For coxswains, managing control of a boat in the wind means:
  - Be Aware.
    - Be aware of spacing between you and other crews. Don't get too close to other boats
    - Identify where you want to go and maintain your point in that direction. Use your rowers and your rudder to adjust.
    - Identify where the wind is coming from. Row into the wind and always keep moving. Do not let the boat get perpendicular to the wind
  - Be clear and decisive.
    - Give clear directions to your crew and do it in a timely manner
    - Again most crews get into trouble when the coxswain is waiting and thinking about what to do or their rowers just are not putting enough pressure
  - Be Ready when you enter the starting area
    - Be prepared when you enter the starting area (first 100 m). Do not stop to take a drink of water, take off clothing, etc. They should be doing that in the warm up area.

Referees will be on the water to maintain safety and fairness, but crews should be able to execute these items in order to effectively compete and to avoid unwarranted delays. Coaches, please practice these maneuvers over the next few weeks so that your crews are prepared to execute on race day.

### **Team Tents**

Teams are welcomed to set up team tents beginning Friday, May 3.

Team tents must only be set up in areas designated for "Team Tents" on the venue map.

There is no charge for setting up these tents.

## **Parking and Venue Access Information**

Parking will be available at the Boathouse District for \$10.

### *Walk from Bricktown*

Pedestrians can park in Bricktown and walk along the canal entering the Boathouse District via the Bricktown Landing. Parking is also available at the Land Run Monument just south of Bass Pro. Note: as with all Bricktown parking, you may be charged.

### **Trailer Parking:**

The venue will open for trailer parking Friday, May 3.

All trailers will be parked in the small lot near the Finish Tower. Shells and equipment can be offloaded and stored in the grass areas around the Devon Boathouse and Finish Tower.

Shell racks are no longer available from the venue.

All boat storage and staging for visiting crews will be available around the Devon Boathouse and Finish Line Tower areas. The goal is to help alleviate the congestion around the Chesapeake Boathouse area by limiting the number of entry points to the Control Commission area, and to clear the entrance and exit ramps of the dock and to accommodate traffic coming from the Small Boat Dock located in the channel.

Security will be provided overnight Friday and Saturday. All equipment must be removed from the regatta site Sunday evening.

### **Team Bus Parking:**

Team buses can park on site for the same \$10/day parking fee. See venue map for designated bus parking area.

### **Practice Times**

The venue will be open for training times at the following sessions:

Friday, May 3: 1:00pm-6:00pm (Launching ends at 5:30pm, crews must be off of the water by 6:00pm).

Saturday, May 4: No practice session on Saturday evening.

During listed practice times, crews will have access to the course to practice as well as access to unofficial athlete scales for coxswains and lightweights.

### **Coaches and Coxswains Meeting**

Coaches and Coxswains Meeting will be scheduled for Friday, May 3 at 6:30 PM at the base of the Finish Line Tower.

### **USRowing Youth National Championship Invitations**

Youth Nationals qualification details are included in the entry packet for this regatta.

Following this event, USRowing will determine which crews have earned bids in each event, and open up registration for those crews.

Upon entering them into the RegattaCentral system, USRowing will notify the qualified crews of their status via an

e-mail invitation sent to the email account listed on RegattaCentral.

Please be sure to update your email address in RegattaCentral to make sure you receive the invitation.

**Crews will have 3 days to register in their qualified event from the date when the invitation is sent. This limit will be strictly enforced this year.**

### **Results and Heat Sheets**

HereNow Timing is providing online heat sheets and results.

[Click here to access online heat sheets and results.](#)

### **Trophy Return**

Crews are reminded that they are required to turn in trophies won at the 2018 event to the USRowing Registration desk before the Coaches and Coxswains Meeting on Friday, May 3.

### **Awards Ceremonies**

Medals will be awarded to the top three crews in all events, including non-qualifiers. Events with less than 4 entries will only have gold and silver medals awarded.

There will be three ceremonies to award medals and trophies to crews. Ceremonies will be held on the walkway near the dock in front of the Chesapeake Finish Tower. (\*\*Crews should not row up to this dock. The ceremonies will be land-based.\*\*)

Ceremonies will be held at the following times for the following events:

Sunday, May 5 – Events 1-18 (Youth Nationals Qualification Events) -- 11:45am

Sunday, May 5 – Events 19-42 (Non-Youth Nationals Qualification Events) and Team Point Trophies -- 3:45pm

Crews missing their ceremony can either come to a later ceremony, to be recognized at the end of the ceremony, or pick up medals at the USRowing registration desk during normal hours. We ask that crews not interrupt a ceremony in progress to pick up medals from an earlier ceremony that was missed.

No awards will be distributed until the results of an event is marked "Official" by race officials.

### **Initial Schedule of Races**

The initial schedule is now available on the USRowing web site:

<http://www.usrowing.org/event/2019-usrowing-central-youth-championships/>

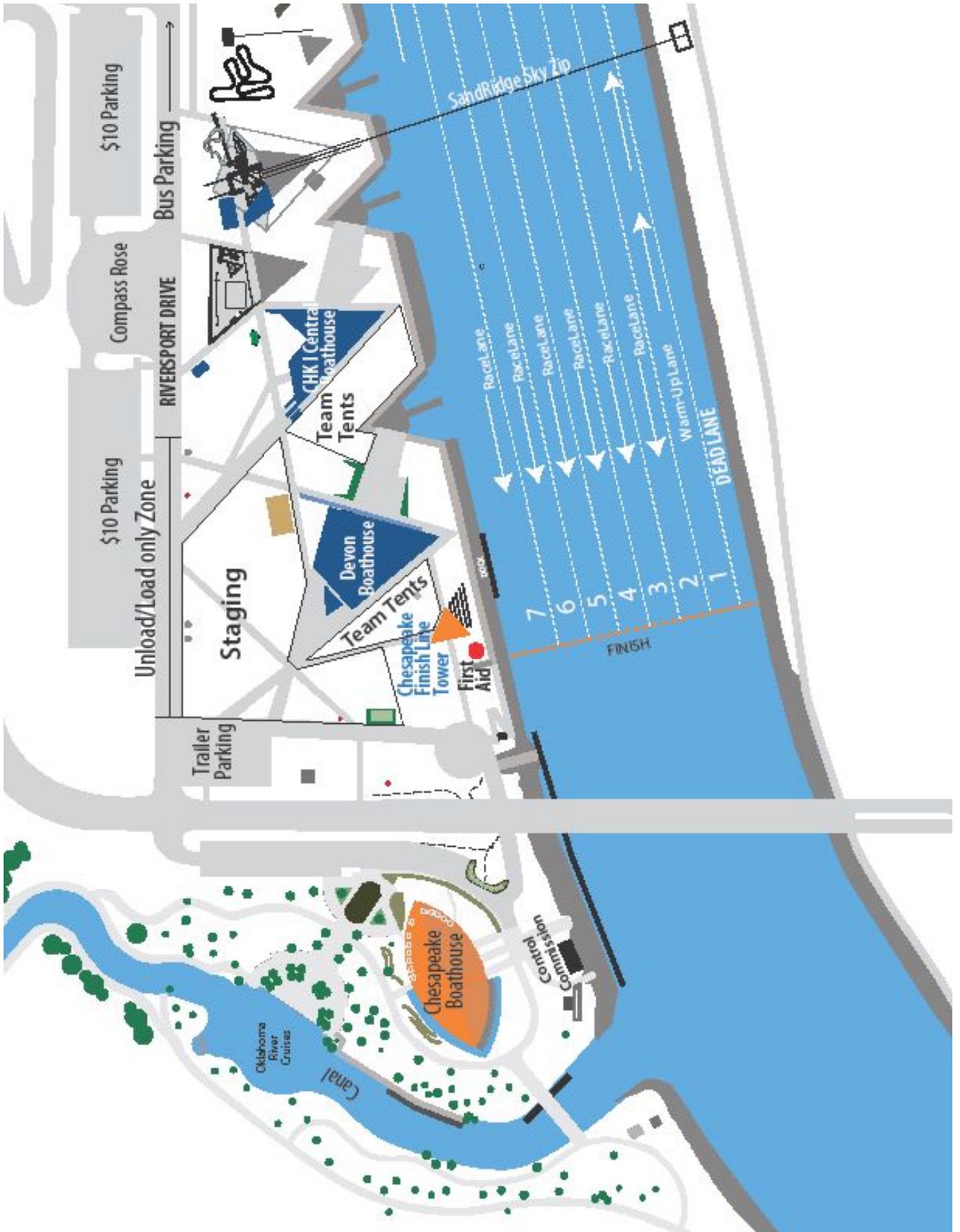
The heat sheet with initial bow assignments will be posted no later than Thursday, May 2, 2019.

### **Contact Information:**

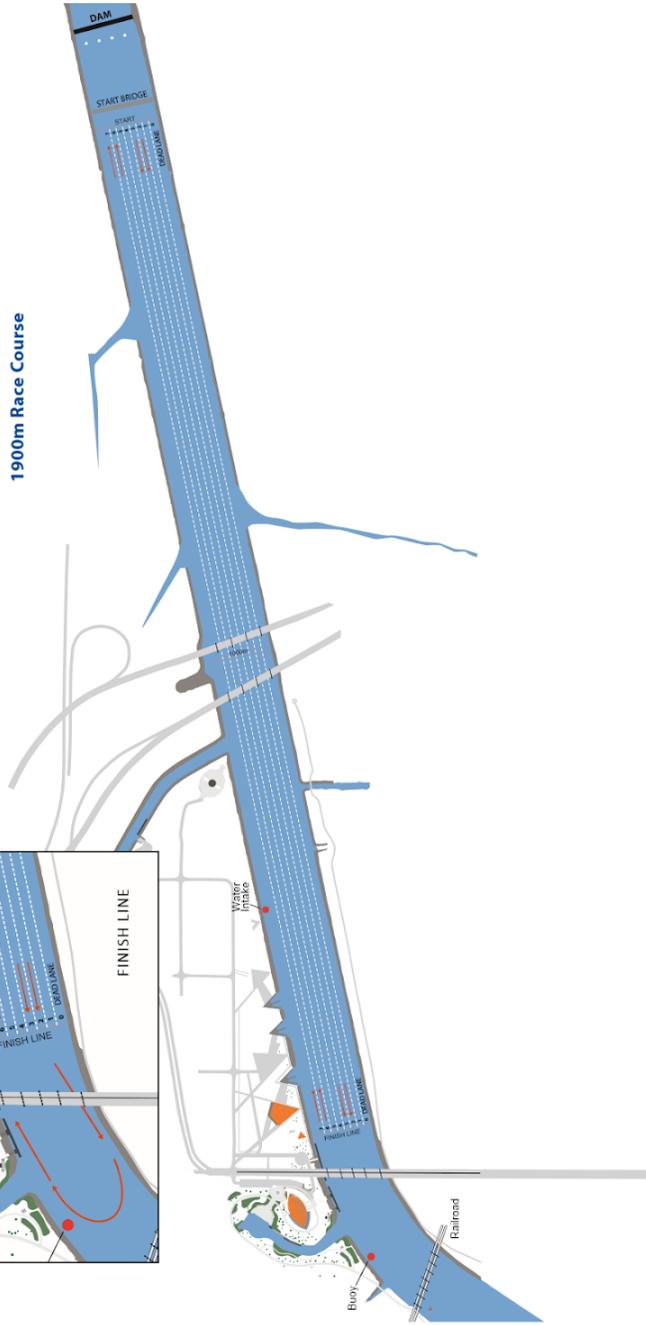
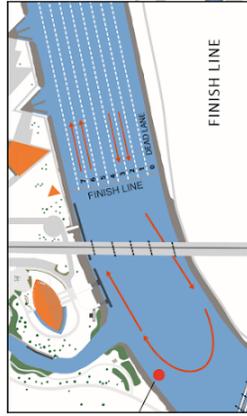
AJ Dominique III, Senior Events Manager, USRowing

[alvin.dominique@usrowing.org](mailto:alvin.dominique@usrowing.org)

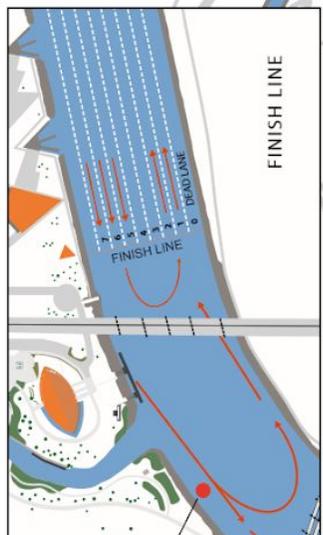
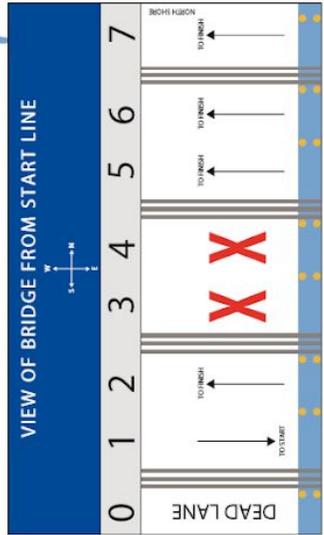
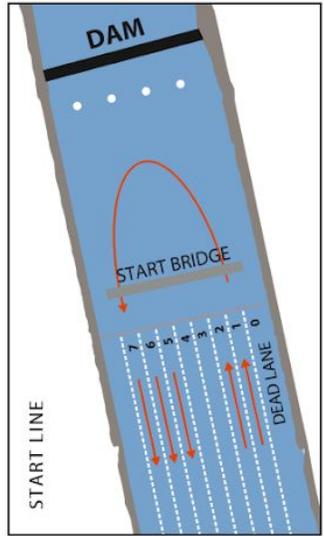
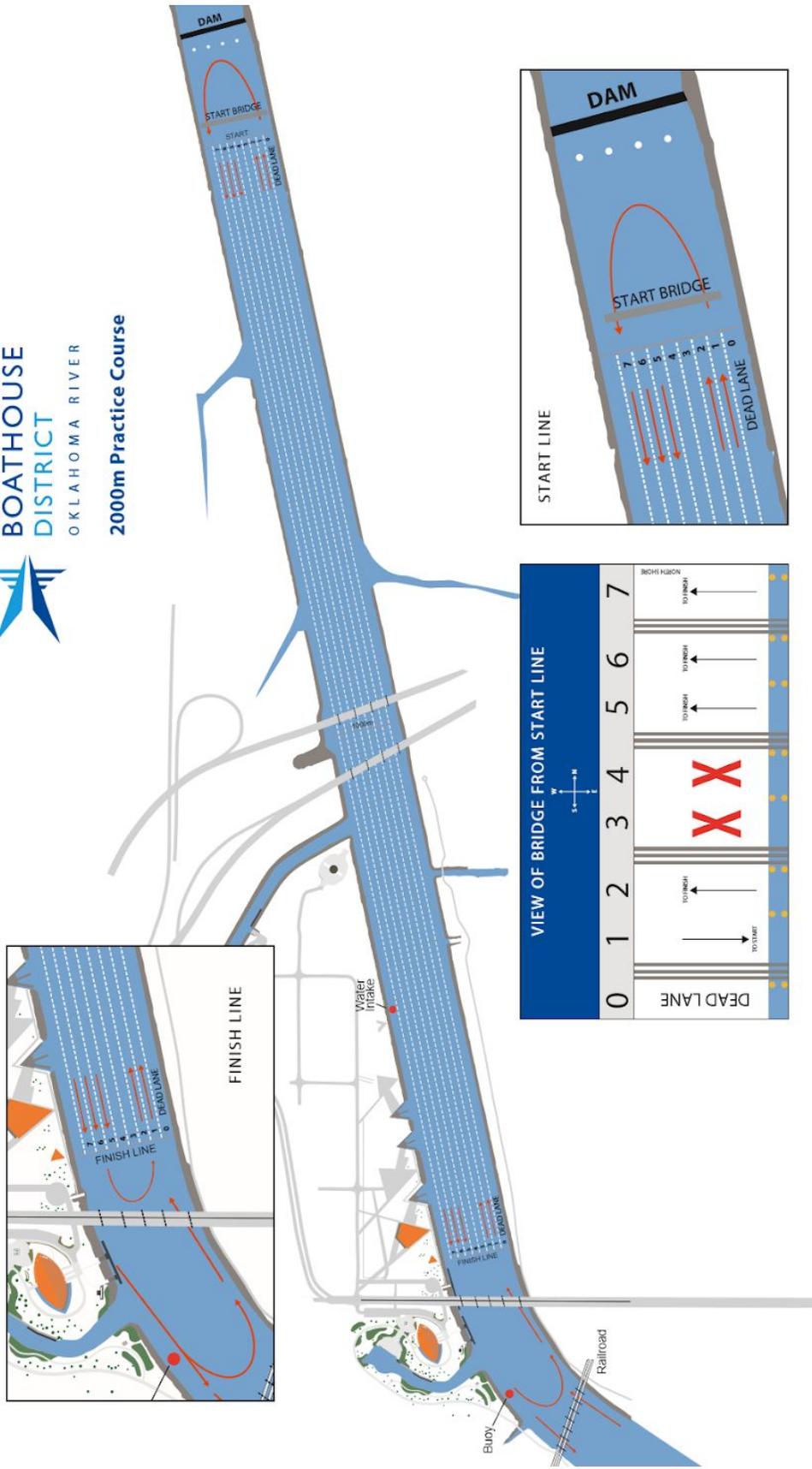
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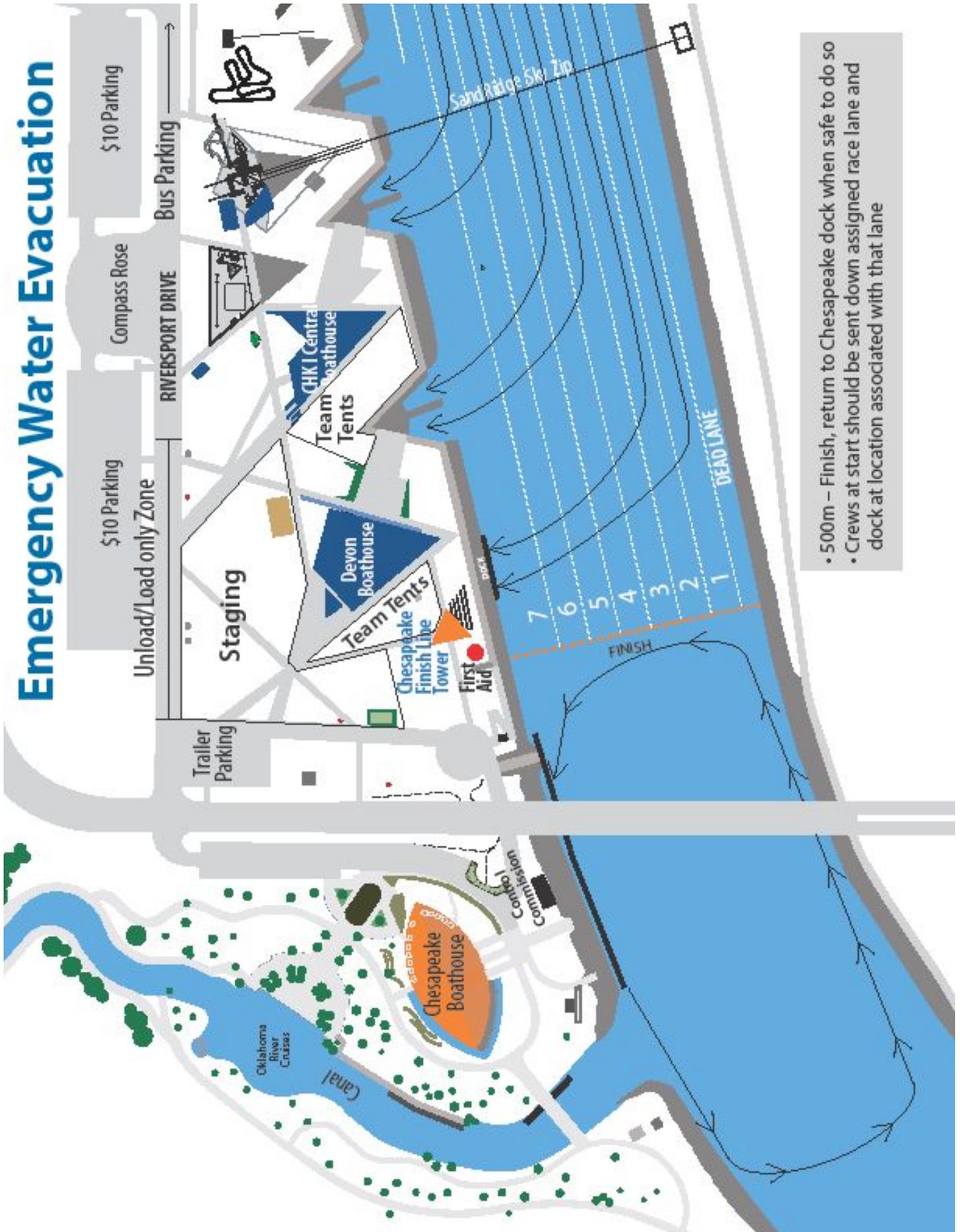
**BOATHOUSE  
DISTRICT**  
OKLAHOMA RIVER  
**1900m Race Course**



**BOATHOUSE DISTRICT**  
 OKLAHOMA RIVER  
**2000m Practice Course**



# Emergency Water Evacuation



- 500m – Finish, return to Chesapeake dock when safe to do so
- Crews at start should be sent down assigned race lane and dock at location associated with that lane