



**2019**  
**UNDER 23 NATIONAL TEAM**  
**SELECTION PROCEDURES**

*2019 Under 23 World Rowing Championships*  
*July 24 – July 28, 2019*  
*Sarasota, FL USA*



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## Eligibility Requirements

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The USRowing National Team selection process is open to all athletes who meet all the following criteria. Athletes must comply with these criteria through the date of the completion of the World Championships:

- A. All athletes must be championship members of, and be in good financial and other standing with, USRowing.
- B. All athletes must abide by the Athlete Selection Procedures and the USRowing Bylaws, Rules of Rowing, and other USRowing rules, requirements and regulations.
- C. All athletes must hold United States citizenship and a current and valid United States passport by the date of selection to the team. *Please note: Many countries require a passport valid for 6 months past the date of return to the US.* Passports are need for FISA entries even when competition is in the United States.
- D. All athletes must have read and signed a copy of the 2019 USRowing Athlete Agreement and Consent. ([Appendix G](#))
- E. All athletes participating in selection for the National Team must be in compliance with United States Anti-Doping Agency (USADA), IOC, USOC, WADA, FISA and USRowing rules, decisions, policies, and procedures relating to banned substances, including but not limited to obtaining and maintaining current therapeutic use exemptions as needed. A complete guide to banned substances is available on USADA's website at <http://www.usantidoping.org/>. USRowing may implement additional eligibility requirements related to banned substances as necessary in order to maintain compliance with USADA, IOC, USOC, WADA, and FISA rules, policies, and procedures; any such additional requirements will be incorporated herein and published as soon as practicable.
- F. All candidates must adhere to the USRowing [ECG & Pre-Competition Health Screening Policy](#).
- G. All athletes must meet eligibility rules to compete for the United States under IOC, USOC, and IF governance.
- H. All Candidates for the Under 23 team must be born on or after January 1, 1997.

## Anti-Doping

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All athletes participating in selection for the United States National Rowing Team are subject to the USADA, IOC, USOC, WADA, FISA, and USRowing rules, decisions, policies, and procedures relating to banned substances, including drug testing administered by representatives of the USADA or FISA and obtaining and maintaining current therapeutic use exemptions. Athletes who violate USADA, IOC, USOC, WADA, FISA, or USRowing rules, decisions, policies, or procedures relating to banned substances will be subject to penalties as established by the respective organization. Athletes are responsible for calling the USADA drug hotline (800.233.0393) prior to taking any medications and making sure the medication they are taking is not on the banned list. A complete guide to banned substances is available by contacting USADA Drug Control and Education Program (800.233.0393) or USRowing (609.751.0714).

## Selection Procedures

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As outlined below, selection to the 2019 Under 23 World Championships Team (2019 Team) will be made in one of two methods:

### **TRIALS BOATS**

M4x, M2x, W2x, M2-, W2-, LM2-, LW2-, LM2x, LW2x, M1x, W1x, LM1x, and LW1x

### **TRIALS DATE AND LOCATION**

SENIOR, PARA, U23, AND U19 WORLD CHAMPIONSHIP TRIALS  
July 7-10, 2019  
West Windsor, N.J.

### **SELECTION CAMP BOATS**

M8+, W8+, W4x, M4-, W4-, M4+, W4+, LM4x, and LW4x

## Trials Boats

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### UNDER 23 TRIALS

- A. The winning boat at the Under 23 World Championship Trials in each event will represent the United States at the 2019 U23 World Championships.
- B. The athletes in that boat must satisfy the minimum eligibility criteria and declare their intent to compete in the 2019 U23 World Championships in writing to the USRowing High Performance Director, or their designee, no later than two hours after the finals race at U23 Trials has been declared official.
- C. Should the winning boats athletes decline, fail to declare their intent or fail to meet the minimum eligibility criteria, the second-place finisher will be given the option to take the spot as outlined under [Appendix A: General Trials Rules](#)- “Declaration of Intent to Compete”. If second place also declines or fails to meet the minimum eligibility criteria, the Nominating Committee reserves the right to decline to send a boat to the Senior World Championships for the boat class in question..
- D. Upon winning, each winning boat is required to nominate a coach who is required to travel with the crew for the length of the 2019 U23 World Championships. Exceptions to this rule may only be granted by the High Performance Director. Nominated Coaches must meet the requirements in [Appendix D – Coaches](#).
- E. Each boat that wins at Trials, and their respective named coach, are required to pay, at the trials site, the 2019 Fees covering local travel, support, and room and board expenses.
  1. The 2019 Fees exclude athlete(s) and named coach airfare, boat and oar rental, and boat transportation costs; these costs and associated logistics are the responsibility of the athlete(s) and coach.
  2. The 2019 Fee will be announced and posted by April 1, 2019.

## Selection Camp Boats

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- A. Invitation to Selection Camp will be sent out by National Team Coaches based on the following criteria (listed in no particular order):
- Performance in 2018-2019 Identification Camps and National Team Testing
  - Coach's Recommendation
  - Physical and physiological characteristics, e.g. height, weight.
  - Past performance in international and domestic competition.
  - Athlete's ability to match the style and technique of the crew as determined by the designated coach
  - Video and audio tapes of performance in the case of coxswains.
  - Meets minimum eligibility criteria
- B. Dates and Locations of Selection Camps.  
*Final dates and locations to be posted by December 21, 2018*
- Men's camp (M8+ and M4-) – *Seattle, WA, June 7 – July 10, 2019*  
Women's camp (W8+, W4-, W4+, W4x) – *Charlottesville, VA, June 9 – July 10, 2019*  
Men's camp LM4x - *TBD, June 7 – July 10, 2019*  
Women's camp LW4x – *TBD, June 7 – July 10, 2019*
- C. At the Selection Camp, each National Team Head Coach will recommend crews for the boat(s) he/she will coach based on the following factors (listed in no particular order):
- Athlete's compatibility with the rest of the crew
  - Competitive performance during training sessions
  - Overall performance at Selection Camp
  - In the case of coxed events, the cox's weight
  - In the case of lightweight events, the athlete's weight
  - 2k and 6k erg performance
  - Meets minimum eligibility criteria
- D. The criteria outlined above and the Selection Camp process are subject to discretionary selection. This means that Selection Camp is used to determine the fastest combination of top athletes, allowing the fastest individual athletes to come together in one location to assemble the best combination of talent in the team boats. In order to do so, at Selection Camp, individual athletes will be selected to form the best combination of talent for each boat. The Selection Camp process ensures that every athlete in attendance has an opportunity to be selected for the team boat. However, the Selection Camp process, while based on objective racing and performance markers during the camp, also must include subjective team-related performance assessment. The dynamic of teamwork, leadership, and movement in a team boat requires development and assessment over time.
- E. Results of measurable competitive processes at the Selection Camps, including, but not limited to, time trials and seat racing, will be posted in a public location for athletes to review, within 24 hours of the end of practice. USRowing will keep written records of the

data used to evaluate athletes in the selection process for a period of six months after the 2019 Under 23 World Championships

- F. All recommendations shall be made by the National Head Team Coaches by the end of business on July 10, 2019
- G. The recommendations of the National Team Head Coaches shall be subject to review of the Nomination Committee and must be approved by the Nomination Committee to be effective.
- H. If a crew nominated by the National Team Head Coaches and approved by the Nomination Committee satisfies all eligibility criteria, then that crew will represent the United States at the 2019 Under 23 World Championships.
- I. Upon receiving all of the athlete declarations of intention to compete, USRowing will nominate the 2019 Under 23 National Team no later than July 12, 2019

## National Team Coaches and Staff

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### NATIONAL TEAM HEAD COACHES

The Under 23 National Team head coaches shall be comprised of the Under 23 National Women's head coach, and the Under 23 National Men's head coach, or any replacement or designee. Each coach shall be responsible for making recommendations relating to a boat that he/she will coach. In making recommendations called for under these Selection Procedures, each National Team Head Coach may seek input and information from other coaches as he/she deems appropriate. Once the Team is selected all coaches must abide by in [Appendix D – Coaches](#).

### SELECTION OF COACHES

Trials Boats must propose one coach (U23 National Team Coach) for their boat to the 2019 U23 World Championships subject to meeting the criteria outlined in [Appendix D – Coaches](#). The Nominating Committee will select coaches to the U23 National Team based on the following criteria no later than three days after the last day of Trials. All proposed coach candidates will be evaluated according to the following criteria (listed in order of priority):

- A. Choice of and compatibility with the selected crews
- B. The number of available coaching positions on the team
- C. Demonstrated commitment to the crew throughout the year
- D. Demonstrated commitment to the National Team throughout the year
- E. Number of athletes on the team trained by a particular coach
- F. International coaching experience
- G. Domestic coaching experience

### SELECTION OF OTHER STAFF

USRowing programs staff will select the team manager, doctors, trainers, and other related staff.

## Nomination Committee

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### UNDER 23 NOMINATION COMMITTEE

The Nomination Committee shall be comprised of each of the National Team Head Coaches or their delegate; USRowing High Performance Director; High Performance Committee Chair, and a USRowing HPC Athlete Representative.

- Recommendations of the National Team Head Coaches for invitations to Selection Camps shall be subject to review and approval of the Nomination Committee
- Nomination of Selection Camp boats as outlined in Selection Camp Boats Process
- Nomination of National Team coaches as outlined in National Team Coaches and Staff/Selection of Coaches
- Other duties related to athlete or coach selection or eligibility to compete, as necessary

## **Additional Information**

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### **PROCESS FOR ISSUES AND CONFLICTS**

An athlete or coach who has issues related to selection and logistics is strongly encouraged to discuss his/her concern or issue first with:

- The appropriate National Team Coach directly or through a USRowing athlete representative.
- The USRowing High Performance Director
- Chair of the USRowing High Performance Committee

For issues occurring during selection events the [USRowing National Team Selection Event Due Process](#) will be followed.

### **USOC ATHLETE OMBUDSMAN**

If you have questions regarding your opportunity to compete that are not answered by your USRowing staff, you may contact the USOC Athlete Ombudsman: Kacie Wallace by telephone at (888) ATH-LETE, or by e-mail at [kacie.wallace@usoc.org](mailto:kacie.wallace@usoc.org)

### **INTERNATIONAL DISCLAIMER**

These procedures are based on FISA and/or USRowing rules and regulations as presently known and understood. Any change in the Selection Procedures caused by a change in FISA and/or USRowing rules and regulations will be incorporated herein and distributed to the affected athletes immediately. The selection criteria are based on the latest information available to USRowing. However, the selections are always subject to unforeseen, intervening circumstances, and realistically have not accounted for every possible contingency.

### **PRIORITY OF WRITTEN PROCEDURES**

The terms and conditions of these written Selection Procedures shall take priority over any verbal explanation, clarification or interpretation of the Selection Procedures, and an athlete or coach relies on a verbal explanation, clarification or interpretation of these Selection Procedures at his or her sole risk. Any request or question that would involve a formal clarification or interpretation of these Selection Procedures, or that would address an issue not otherwise covered in these Selection Procedures, should be submitted to Matt Imes at USRowing in writing, and the response to such request by USRowing must be provided in writing and must be published promptly on the USRowing website.



## **ANTI-DOPING AND SAFE SPORT VIOLATIONS**

If an athlete is alleged to have committed an anti-doping rule violation, that athlete shall remain on the Team (or remain eligible to be nominated to the Team) until: a) the athlete is provisionally suspended or declared ineligible after a hearing conducted pursuant to the U.S. Anti-Doping Agency Protocol for Olympic Movement Testing or by FISA; b) the athlete voluntarily accepts a provisional suspension or sanction of ineligibility; or c) the athlete voluntarily withdraws from the Team or relinquishes eligibility to be nominated to the Team.

## **SUPPORTING DOCUMENTS**

USRowing will retain all supporting documents, including scouting or evaluation forms, etc., and data from the selection process for six months past the date of the 2019 U23 World Championships. Records pertaining to a specific selection process under these Selection Procedures will be made available for review to an athlete involved in such selection, upon written request to the High Performance Director.

## **QUESTIONS**

If you have any questions regarding these procedures, you may contact the USRowing High Performance Director, Matt Imes at [Matt.Imes@USRowing.org](mailto:Matt.Imes@USRowing.org).