



2019
SENIOR NATIONAL TEAM
SELECTION PROCEDURES

2019 World Rowing Championships
August 25 - September 1, 2019
Linz Ottensheim, Austria



Table of Contents

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Eligibility Requirements	Page 3
Anti-Doping	Page 4
Important Dates	Page 5
Selection Procedures	Page 6
Trial Boats Process	Page 7
Selection Camp Boats Process	Page 9
Funding for 2019 Senior World Championships	Page 12
National Team Coaches and Staff	Page 14
Nomination Committee	Page 15
Additional Information	Page 16

APPENDICES

[Appendix A – General Trial Rules](#)

[Appendix B – 4-Lane Progression System](#)

[Appendix C – 6-Lane Progression System](#)

[Appendix D – Coaches](#)

[Appendix E – Adverse Weather Policy](#)

[Appendix F – USRowing Code of Conduct](#)

[Appendix G – USRowing Athlete & Coaches Agreement](#)

[Appendix H – USRowing Policy on Personal Care Assistants and Service Dogs](#)

[Appendix I - Appendix I - Removal and Replacement of a Team Member](#)

Eligibility Requirements

The USRowing National Team selection process is open to all athletes who meet all the following criteria. Athletes must comply with these criteria through the date of the completion of the World Championships:

- a) All athletes must be championship members of, and be in good financial and other standing with, USRowing.
- b) All athletes must abide by the Athlete Selection Procedures and the USRowing Bylaws, Rules of Rowing, and other USRowing rules, requirements and regulations.
- c) All athletes must hold United States citizenship and a current and valid United States passport by the date of selection to the team. FISA requires the passport as proof of citizenship. *Please note: Many countries require a passport valid for 6 months past the date of return to the US.*
- d) All athletes must have read and signed a copy of the 2019 USRowing Athlete & Coaches Agreement. ([Appendix G](#))
- e) All athletes participating in selection for the National Team must be in compliance with United States Anti-Doping Agency (USADA), IOC, USOC, WADA, FISA and USRowing rules, decisions, policies, and procedures relating to banned substances, including but not limited to obtaining and maintaining current therapeutic use exemptions as needed. A complete guide to banned substances is available on USADA's website at <http://www.usantidoping.org/>. USRowing may implement additional eligibility requirements related to banned substances as necessary in order to maintain compliance with USADA, IOC, USOC, WADA, and FISA rules, policies, and procedures; any such additional requirements will be incorporated herein and published as soon as practicable.
- f) All candidates must adhere to the [USRowing ECG & Pre-Competition Health Screening Policy](#).
- g) All athletes must meet eligibility rules to compete for the United States under IOC, USOC and IF governance.

Anti-Doping

All athletes participating in selection for the United States National Rowing Team are subject to the USADA, IOC, USOC, WADA, FISA, and USRowing rules, decisions, policies, and procedures relating to banned substances, including drug testing administered by representatives of the USADA or FISA and obtaining and maintaining current therapeutic use exemptions. Athletes who violate USADA, IOC, USOC, WADA, FISA, or USRowing rules, decisions, policies, or procedures relating to banned substances will be subject to penalties as established by the respective organization. Athletes are responsible for calling the USADA drug hotline (800-233-0393) prior to taking any medications and making sure the medication they are taking is not on the banned list. A complete guide to banned substances is available by contacting USADA Drug Control and Education Program (800-233-0393) or USRowing (609-751-0714).

Important Dates

NSR (Placement for invites to selection camp M2- and W2-, W2- placement for World Cup qualification)

NSR (M2-, W2-)

March 26-29, 2019

Chula Vista, CA

SENIOR NATIONAL TEAM TRIALS I / SPEED ORDER LM1x AND LW1x

National Team Trials I (M1x, W1x)

Speed Order I (LM1x, LW1x)

*(Order of finish in LM1x, LW1x will be used in World Cup Petition Process)**

April 18-21, 2019

Sarasota, FL

WORLD ROWING CUP I

May 10-12, 2019

Plovdiv, Bulgaria

SENIOR NATIONAL TEAM TRIALS II

National Team Trials II (W2x, LM2x, LW2x)

May 16-19

West Windsor, NJ

WORLD ROWING CUP II

June 21-23, 2019

Poznan, Poland

U19, U23, PARA, AND SENIOR NATIONAL TEAM TRIALS III

(All remaining boat classes with exception of Selection Camp boat classes and M2-, W2-)

July 7-10, 2019

West Windsor, NJ

WORLD ROWING CUP III

July 12-14, 2019

Rotterdam, Netherlands

SENIOR NATIONAL TEAM TRIALS IV

National Team W2- trials (If not qualified through World Cup)

July 17-19, 2019

West Windsor, NJ



SENIOR NATIONAL TEAM SELECTION CAMP NOMINATION DATE

(M4-, W4-, W4x, M8+, W8+)

July 28, 2019

SENIOR NATIONAL TEAM TRIALS V

National Team M2- trials

August 5-7, 2019

West Windsor, NJ

WORLD ROWING CHAMPIONSHIPS

August 25 – September 1, 2019

Linz Ottensheim, Austria

*Refer to information on Funded Boat Classes on page 12

Selection Procedures

As outlined below, selection to the 2019 Senior World Championships Team (2019 Team) will be made in one of two methods:

TRIALS BOATS PROCESS

- M1x, W1x, LM1x, LW1x, M2-, W2-, LM2-, LW2 -, M2x, W2x, LM2x, LW2x, M4x, LM4x, LW4x,
- Related Events
 - NSR: M2-, W2-
 - Senior Trials I: M1x, W1x
 - Speed Order events: LM1x, LW1x
 - Senior Trials II: W2x, LM2x, LW2x
 - Senior Trials III: LM2-, LW2-, LM4x, LW4x, LM4x, M4x, LM1x, LW1x, M2x, M4x
 - Senior Trials IV: W2- if necessary
 - Senior Trials V: M2-

SELECTION CAMP BOATS PROCESS

- M4-, W4-, W4x, M8+, W8+

Trials Boats Selection Process

A. TRIALS PROCESS: M1x, W1x, LM1x, LW1x, LM2x, LW2x, M2- LM2-, LW2-, M2x, W2x, M4x, LM4x, LW4x

1. Selection Through Trials

- a. The winning boat at the Senior World Championship Trials in each event will represent the United States at the 2019 Senior World Championships.
- b. The athletes in that boat must satisfy the minimum eligibility criteria set forth on page 3 and declare their intent to compete in the 2019 Senior World Championships in writing to the USRowing High Performance Director, or their designee, no later than two hours after their final race at Senior Trials has been declared official.
- c. Should the winning boats athletes decline, fail to declare their intent or fail to meet the minimum eligibility criteria set forth on page 3, the second-place finisher will be given the option to take the spot. If second place also declines or fails to meet the minimum eligibility criteria set forth on page 3 the Nominating Committee reserves the right to decline to send a boat to the Senior World Championships for the boat class in question.
- d. Each winning boat at a Senior Trials is required to nominate a coach after the trials, who is required to travel with the crew for the length of the 2019 Senior World Championships. Exceptions to this rule may only be granted by the High Performance Director. Nominated coaches must meet the requirements in [Appendix D – Coaches](#).

B. NSR/WORLD CUP PROCESS: W2-

1. Selection Through NSR & World Cup

- a. **W2-:** The winners of this event at the National Selection Regatta (NSR) **may attend 2019 FISA World Cup I or II**. Declaration of intent to compete at a World Cup must be submitted, in writing, to the USRowing High Performance Director, or their designee. Petition deadlines are as follows:
 - i. Petition Deadline for World Cup I is May 11th, 2019
 - ii. Petition Deadline for World Cup II is June 1st, 2019

- b. W2-: In order to be named to the 2019 Team in these events, the boat must place *in the top 3 at either 2019 FISA World Cup I or II*.
- c. Each athlete qualifying through a top 3 finish (or top 50%, as applicable), as described above, must declare his/her intent to compete in the 2019 Senior World Championships, in writing, to the USRowing High Performance Director by on 5pm EDT on Friday, June 28, 2019. Failure to declare intent by this deadline shall result in forfeiture of the nomination based on their respective NSR win. The athlete(s) will be named to the 2019 Team upon timely submission of their declaration of intent to compete, provided they meet the minimum athlete eligibility criteria set forth on page 3.
- d. Each boat that qualifies through the World Cups is required to nominate a coach with their declaration of intent to compete, who is required to travel with the crew for the length of the 2019 Senior World Championships. Exceptions to this rule may only be granted by the High Performance Director. Nominated coaches must meet the requirements in [Appendix D – Coaches](#).
- e. Should the qualified NSR winner fail to declare his/her intent to compete at the 2019 Senior World Championships, or if the NSR winner does not qualify through the requisite placing at the FISA World Cup, a trial for that event will be held at the Senior World Championships Trials IV. USRowing will publish all submitted declarations to compete at the 2019 Senior World Championships and an updated list of Senior Trials IV events by 5pm EST on Monday, July 1, 2019.

Selection Camp Boats Process

A. INVITATIONS TO SELECTION CAMPS: M4-, W4-, W4x, M8+, W8+

1. Invitations to 2019 Selection Camps will be sent out by National Team Coaches based on the following criteria (listed in no particular order):

- Performance in 2018-2019 Identification Camps
- Coach's Recommendation
- 2019 Speed Order Trials results
- Past performance in international and domestic competition
- Competitive performance during training sessions
- Athlete's ability to match the style and technique of the crew as determined by the designated coach
- Video and audiotapes of performance in the case of coxswains
- Meets minimum eligibility criteria set forth on page 3

In addition, athletes currently competing in a collegiate program in 2019 may be invited to a Selection Camp upon completion of their competitive season in the spring/summer of 2019. The criteria listed above may pertain to their invitation.

2. In addition to invitations sent out by National Team Coaches under the criteria listed above, automatic qualification will be awarded to any athlete that meets the minimum eligibility criteria set forth on page 3 and one of the following criteria for the corresponding Selection Camp(s):

- M8+/M4-: finish in the top 4 at NSR I in M2-
- W8+/W4x/W4-: finish in the top 2 in the W1x at Senior Trials I, top 4 in the W2- at NSR I, or top 1 in the W2x at Senior Trials II

B. DATES AND LOCATIONS OF SELECTION CAMPS

The default location of the Selection Camps shall be Princeton, NJ for the women's team and Oakland, CA for the men's team unless otherwise decided by the High Performance Director. If this occurs, affected athletes will be notified as soon as possible. This may also be changed based on agreement of two-thirds of the invitees, the relevant coach(es) and the High Performance Director. The dates of the 2019 Selection Camps are as follows.

- M8+/M4-: June 4 to July 28, 2019
- W8+/W4x/W4-: June 4 to July 28, 2019

The Selection Camps may conclude earlier than the dates listed above.

C. SELECTION PROCESS AT SELECTION CAMPS

1. Each National Team Head Coach will recommend crews for the boat(s) he/she will coach based on the following factors (listed in no particular order):
 - Athlete's compatibility with the rest of the crew
 - Competitive performance during training sessions
 - Overall performance at Selection Camp
 - In the case of coxed events, the cox's weight
 - 2k and 6k erg performance
 - 2019 Trials/Spring Speed Order Results
 - 2019 FISA World Cup Results
 - Recommendations of other relevant coaches
 - Meets minimum eligibility criteria set forth on page 3
2. The criteria outlined above and the Selection Camp process are subject to discretionary selection. This means that Selection Camp is used to determine the fastest combination of top athletes, allowing the fastest individual athletes to come together in one location to assemble the best combination of talent in the team boats. In order to do so, at Selection Camp, individual athletes will be selected to form the best combination of talent for each boat. The Selection Camp process ensures that every athlete in attendance has an opportunity to be selected for the team boat. However, the Selection Camp process, while based on objective racing and performance markers during the camp, also must include subjective team-related performance assessment. The dynamic of teamwork, leadership, and movement in a team boat requires development and assessment over time.
3. Results of measurable competitive processes at the Selection Camps, including, but not limited to time trials and seat racing, will be posted in a public location for athletes participating in the respective Selection Camp to review within 24 hours of the end of practice. USRowing will keep written records of the underlying data used to evaluate athletes in the Selection Camp process for a period of six months after the 2019 Senior World Championships.

D. SELECTION RECOMMENDATIONS

1. The National Team Head Coach shall make all recommendations to the High Performance Director (HPD) for the Selection Camp boats by 5pm EST on Sunday, July 28, 2019.

2. The HPD will present the recommendations to the Nomination Committee for review and recommendations and must be approved by the Nomination Committee to be effective.
3. The athletes in the recommended boats must declare their intent to compete in the 2019 Senior World Championships in writing to the USRowing High Performance Director, or their designee, no later than three days after approval by the Nomination Committee.
4. Each Selection Camp boat recommended by the HPD and approved by the Nomination Committee will be named to the 2019 National Team, provided the athletes in each such boat submit their declaration of intent to compete on time and satisfy the minimum eligibility criteria set forth on page 3.
5. USRowing will announce the 2019 National Team no later than 5pm Wednesday July 31, 2019.

Funding For 2019 Senior World Championships

A. FUNDED BOAT CLASSES

The USRowing funded Boat Classes for the 2019 Senior World Championships are: W1x, W2-, LW2x, W2x, M4-, W4-, W4x, M8+, W8+ (Funded Boat Classes).

1. Senior World Championships

USRowing will fully fund Funded Boat Class expenses for the 2019 Senior World Championships.

2. World Cup

Funded Boat Classes will be funded for a minimum of one World Cup competition in 2019; the maximum funding amount is not to exceed \$4,000 per person for NSR or Spring Speed Order winners.

3. Reevaluation

Funded Boat Classes for 2020 will be reevaluated after the 2019 Senior World Championships. It is possible that boat classes may be added or removed based on performance.

B. OTHER BOAT CLASSES

The Independently funded Olympic Boat Classes for the 2019 Senior World Championships are: M1x, M2-, LM2x, M2x, M4x (Non-Funded Olympic Boat Classes).

The Non-Olympic Boat Classes for the Senior World Championships are: LM1x, LW1x, LM2-, LW2-, LM4x, LW4x (Non-Olympic Boat Classes).

1. Senior World Championships

Subject to the exceptions below in Section II(B)(2), the Independently funded Olympic Boat Classes and Non-Olympic Boat Classes are responsible for paying fees and expenses associated with athlete and coach travel to and participation in the 2019 Senior World Championships, covering local travel, support, and room and board expenses (2019 Fees).

- a. The 2019 Fees exclude athlete(s) and named coach airfare, boat rental, and boat transportation costs; these costs and associated logistics are the responsibility of the athlete(s) and coach.

- b. The cost per athlete and per coach for the 2019 Senior World Championships will be posted by June 14, 2019 or sooner.
- c. Each athlete who wins an event at a Senior Trials and their respective named coach are required to pay, at the trials site, the 2019 Fees.

2. Exceptions for Non-funded Olympic Boat Classes

- a. The athlete(s) and named coach of any Independently funded Olympic Boat Class that places in the top 3 at FISA World Cup I or II or top 4 at FISA World Cup III and subsequently makes the 2019 Senior World Championships Team, in the same event, will be fully funded by USRowing to attend the 2019 World Championships; and
- b. The athlete(s) and named coach of any Independently Funded Olympic Boat Class that places in the top 6 at the 2019 Senior World Championships will be reimbursed 2019 Fees paid for the athletes and their named coach.

National Team Coaches and Staff

NATIONAL TEAM HEAD COACHES

The Senior National Team Head Coaches shall be comprised of the Senior National Women's Head Coach and the Senior National Men's Head Coach, or their delegate(s) (Senior National Team Head Coach(es)). Each Senior National Team Head Coach shall be responsible for making recommendations relating to the boat that he/she will coach. In making recommendations called for under these Selection Procedures, each National Team Head Coach may seek input and information from other coaches as he/she deems appropriate. Once the Team is selected all coaches must abide by [Appendix D- Coaches](#).

SELECTION OF COACHES

Trials Boats must propose one coach (National Team Coach) for their boat to the 2019 Senior World Championships subject to meeting the criteria outlined in [Appendix D – Coaches](#). The Nominating Committee will select coaches to the Senior National Team based on the following criteria no later than three days after the day of nomination at Trials as applicable. All proposed coach candidates will be evaluated according to the following criteria (listed in order of priority):

- a) Choice of and compatibility with the selected crews
- b) The number of available coaching positions on the team
- c) Demonstrated commitment to the crew throughout the year
- d) Demonstrated commitment to the National Team throughout the year
- e) Number of athletes on the team trained by a particular coach
- f) International coaching experience
- g) Domestic coaching experience

SELECTION OF OTHER STAFF

USRowing Programs Staff will select the team manager, doctors, trainers, and other related staff.

Nomination Committee

2019 TEAM NOMINATION COMMITTEE

The Nomination Committee shall be comprised of each of USRowing's National Team Head Coaches or their delegate; USRowing High Performance Director; High Performance Committee Chair, and a USRowing HPC Athlete Representative.

RESPONSIBILITIES

- Recommendations of the National Team Head Coaches for invitations to Selection Camps shall be subject to review and approval of the Nomination Committee
- Nomination of Selection Camp boats as outlined in Selection Camp Boats Process, Section II
- Nomination of National Team coaches as outlined in National Team Coaches and Staff/Selection of Coaches
- Other duties related to athlete or coach selection or eligibility to compete, as necessary

In the event of a vacancy in one or more boats on the 2019 Team, that vacancy will be filled according to [Appendix I – Removal and Replacement of an Athlete, Coach, or Staff Member](#).

Additional Information

PROCESS FOR ISSUES AND CONFLICTS

An athlete or coach who has issues related to selection, funding, or logistics is strongly encouraged to discuss his/her concern or issue first with:

- a) The appropriate National Team Coach directly or through a USRowing athlete representative
- b) The USRowing High Performance Director
- c) Chair of the USRowing High Performance Committee

For issues occurring during selection events the [USRowing National Team Selection Event Due Process Procedure](#) will be followed.

USOC ATHLETE OMBUDSMAN

If you have questions regarding your opportunity to compete that are not answered by your USRowing staff, you may contact the USOC Athlete Ombudsman: Kacie Wallace by telephone at (888) ATH-LETE, or by e-mail at kacie.wallace@usoc.org

INTERNATIONAL DISCLAIMER

These Selection Procedures are based on FISA and/or USRowing rules and regulations as presently known and understood. Any change in the Selection Procedures caused by a change in FISA and/or USRowing rules and regulations will be incorporated herein and distributed to the affected athletes immediately. The selection criteria are based on the latest information available to USRowing. However, the selections are always subject to unforeseen, intervening circumstances, and realistically have not accounted for every possible contingency.

PRIORITY OF WRITTEN PROCEDURES

The terms and conditions of these written Selection Procedures shall take priority over any verbal explanation, clarification or interpretation of the Selection Procedures, and an athlete or coach relies on a verbal explanation, clarification or interpretation of these Selection Procedures at his or her sole risk. Any request or question that would involve a formal clarification or interpretation of these Selection Procedures, or that would address an issue not otherwise covered in these Selection Procedures, should be submitted to Matt Imes at USRowing in writing, and the response to such request by USRowing must be provided in writing and must be published promptly on the USRowing website.

ANTI-DOPING AND SAFE SPORT VIOLATIONS

If an athlete is alleged to have committed an anti-doping rule violation, that athlete shall remain on the Team (or remain eligible to be nominated to the Team) until: a) the athlete is provisionally suspended or declared ineligible after a hearing conducted pursuant to the U.S. Anti-Doping Agency Protocol for Olympic Movement Testing or by FISA; b) the athlete voluntarily accepts a provisional suspension or sanction of ineligibility; or c) the athlete voluntarily withdraws from the Team or relinquishes eligibility to be nominated to the Team.

SUPPORTING DOCUMENTS

USRowing will retain all supporting documents, including scouting or evaluation forms, etc., and data from the selection process for six months past the date of the 2019 Senior World Championships. Records pertaining to a specific selection process under these procedures will be made available for review to an athlete involved in such selection, upon written request to the High Performance Director.

QUESTIONS

For questions regarding these procedures, you may contact the USRowing High Performance Director, Matt Imes, matt.imes@usrowing.org