2018 World Rowing Championships
September 9-16, 2018
Plovdiv, Bulgaria

Press Kit

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About the Event

The 2018 World Rowing Championships will be held from September 9-16 in Plovdiv, Bulgaria. The eight-day regatta offers 29 events including the men’s and women’s single sculls, lightweight single sculls, double sculls, lightweight double sculls, pair, lightweight pair, quadruple sculls, lightweight quadruple sculls, four and eight, as well as the para-rowing men’s and women’s PR1 single sculls, PR2 single sculls, PR2 mixed double sculls, PR3 mixed double sculls and the PR3 mixed four with coxswain.

**Men (M):** 1x, 2x, 2-, 4x, 4-, 8+  
**Women (W):** 1x, 2x, 2-, 4x, 4-, 8+  
**Lightweight Men (LM):** 1x, 2x, 2-, 4x  
**Lightweight Women (LW):** 1x, 2x, 2-, 4x  
**Para-Rowing:** PR1W1x, PR1M1x, PR2Mix2x, PR2M1x, PR2W1x, PR3Mix2x, PR3Mix4+, PR3W2-

The regatta is the premier event for senior rowers with the exception of the Olympic Games. The World Rowing Championships serve as a showcase for athletes as they prepare for the 2020 Olympic Games in Tokyo.

The World Rowing Championships will kick-off on Saturday, September 8, with the opening ceremonies. Heats begin Sunday, September 9, with finals being held beginning Friday, September 14. More than 900 rowers from 62 nations are scheduled to compete.

About the Venue

9, Georgi Tringov str.  
4003 Plovdiv,  
Bulgaria

The 2018 World Rowing Championships will take place on an artificial canal in Plovdiv, Bulgaria. The canal has a total length of 2,500 meters. It was specially designed to meet all contemporary requirements to be able to host large water sport events.

The course at Plovdiv meets all the requirements and standards of FISA to hold a large, international regatta. The best part of the course is that is designed to help reduce prevailing winds on the course. The direction of the course is East/West, which is parallel to the direction of prevailing winds. The course is surrounded by natural forests, offering fair and equal racing conditions in all lanes.

The city of Plovdiv is among the largest and oldest cities in the world. Plovdiv has established itself as a major tourist center for the country of Bulgaria.
Important Links

World Rowing Championships Events Page:  

World Rowing Championships Homepage (LOC):  
http://www.wrch2018.com

USRowing Homepage:  
http://www.usrowing.org

USRowing Facebook:  
https://www.facebook.com/USRowing/

Event Press Releases

The most up-to-date event information is available at  

and  
www.usrowing.org. Press releases and a limited selection of event photos for editorial use are available by contacting the USRowing Communications Department. To be placed on USRowing’s media distribution list, please email media@usrowing.org.

Social Media

The official account of USRowing is @USRowing. The official hashtag for the event is  
#WRC2018 or #wrchamps. USRowing will provide updates and short commentary via Twitter, Facebook and Instagram. Athletes, fans and media are encouraged to send messages using the official hashtag.

Interview policy for U.S. National Team Members

Most rowers and coaches are available for interviews on a daily basis outside of competition. USRowing’s policy is to not release athlete phone numbers without prior approval from the athlete. Interviews or photos may be arranged on an individual basis by contacting Dan Brauchli, Communications Manager, at Daniel.brauchli@usrowing.org.
**General Event Schedule** *Subject to change*

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**Para-Rowing**

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2018 Senior National Team Roster

**Men’s Single Sculls**  
Kevin Meador (Berkeley, Calif./Northeastern University)

**Women’s Single Sculls**  
Kara Kohler (Clayton, Calif./University of California, Berkeley)

**Lightweight Men’s Single Sculls**  
Andrew Campbell (New Canaan, Conn./Harvard University)

**Lightweight Women’s Single Sculls**  
Michelle Sechser (Folsom, Calif./University of Tulsa)

**Men’s Double Sculls**  
Ben Davison (Inverness, Fla./University of Washington)  
John Graves (Cincinnati, Ohio/Trinity College)

**Women’s Double Sculls**  
Ellen Tomek (Flushing, Mich./University of Michigan)  
Meghan O’Leary (Baton Rouge, La./University of Virginia)

**Lightweight Men’s Double Sculls**  
Hugh McAdam (Hollis, N.H./Washington College)  
Peter Schmidt (Providence, R.I./Drexel University)

**Lightweight Women’s Double Sculls**  
Mary (Jones) Nabel (Huntsville, Ala./University of Tennessee)  
Emily Schmieg (Philadelphia, Pa./University of Pittsburgh)

**Men’s Quadruple Sculls**  
Justin Keen (Hatfield, Pa./Pennsylvania State University)  
Gregory Ansolabehere (Bakersfield, Calif./California State University, Sacramento)  
Michael Knippen (Germantown, Wis./University of Wisconsin)  
Erik Frid (Madbury, N.H./Ithaca College)

**Women’s Quadruple Sculls**  
Kara Soucek (McCall, Idaho/Gonzaga University)  
Maureen McAuliffe (Herndon, Va./George Mason University)  
Emily Huelskamp (Sainte Genevieve, Mo./Wheaton College)  
Elizabeth Sonshine (Short Hills, N.J./Bates College)
**Lightweight Men’s Quadruple Sculls**  
James Nelson (Austin, Texas/Franklin and Marshall College)  
Alexander Loy (Ballston Lake, N.Y./Trinity College)  
Sam Hausmann (Buffalo, N.Y./Northeastern University)  
Michael Landuyt (Grosse Pointe, Mich./Rensselaer Polytechnic Institute)

**Lightweight Women’s Quadruple Sculls**  
Michaela Copenhaver (Berkeley, Calif./Princeton University)  
Christine Cavallo (Windermere, Fla./Stanford University)  
Margaret Bertasi (London, England/Princeton University)  
Hillary Saeger (Dedham, Mass./Marist College)

**Men’s Pair**  
Anders Weiss (Barrington, R.I./Brown University)  
Michael Colella (Kensington, Md./Cornell University)

**Women’s Pair**  
Gia Doonan (Rochester, Mass./University of Texas)  
Vicky Opitz (Middleton, Wis./University of Wisconsin)

**Lightweight Men’s Pair**  
Tom Foster (New York, N.Y./Oxford University)  
David O. Smith (Seattle Wash./Dartmouth College)

**Lightweight Women’s Pair**  
Jillian Zieff (Wayland, Mass./Trinity College)  
Jennifer Sager (Philadelphia, Pa./Trinity College)

**Men’s Four**  
Michael Clougher (Canton, Mass./Connecticut College)  
Alexander Richards (Watertown, Mass./Harvard University)  
Nick Mead (Strafford, Pa./Princeton University)  
Dariush Aghai (Skokie, Ill./University of Wisconsin)

**Women’s Four**  
Erin Reelick (Brookfield, Conn./Princeton University)  
Molly Bruggeman (Dayton, Ohio/University of Notre Dame)  
Erin Boxberger (Overland Park, Kan./University of Notre Dame)  
Madeline Wanamaker (Neenah, Wis./University of Wisconsin)

**Men’s Eight**  
(c) Julian Venonsky (Malvern, Pa./University of California, Berkeley)  
Patrick Eble (Fort Washington, Pa./Princeton University)
Andrew Reed (Wayland, Mass./Harvard University)
Mike DiSanto (Boston, Mass./Harvard University)
Conor Harrity (Weston, Mass./Harvard University)
Tom Dethlefs (Lawrenceville, N.J./Yale University)
Tom Peszek (Farmington Hills, Mich./University of Michigan)
Glenn Ochal (Philadelphia, Pa./Princeton University)
Alex Karwoski (Moultonborough, N.H./Cornell University)

Women’s Eight
(c) Katelin Guregian (Detroit, Mich./University of Washington)
Olivia Coffey (Watkins Glen, N.Y./Harvard University)
Kristine O’Brien (Massapequa Park, NY/University of Virginia)
Tracy Eisser (Fair Lawn, N.J./Cornell University)
Dana Moffat (Manlius, N.Y./University of California, Berkeley)
Felice Mueller (Cleveland, Ohio/University of Michigan)
Emily Regan (Buffalo, N.Y./Michigan State University)
Gia Doonan (Rochester, Mass./University of Texas)
Vicky Opitz (Middleton, Wis./University of Wisconsin)

PR1 Women’s Single Sculls
Hallie Smith (Washington, D.C./Smith College)

PR1 Men’s Single Sculls
Blake Haxton (Columbus, Ohio/The Ohio State University)

PR2 Women’s Single Sculls
Laura Goodkind (Los Angeles, Calif./Whittier College)

PR2 Mixed Double Sculls
Laura Goodkind (Los Angeles, Calif./Whittier College)
Ronald Harvey (Long Beach, Calif./Massachusetts Institute of Technology)

PR3 Mixed Double Sculls
Pearl Outlaw (Charlottesville, Va./Ithaca College)
Joshua Boissoneau (Bedford, N.H./Elmira College)

PR3 Women’s Pair
Jaclyn Smith (Williston Park, N.Y./Sacred Heart University)
Danielle Hansen (Patterson, Calif./University of Washington)

PR3 Mixed Four with Coxswain
(c) Jenny Sichel (Clifton, N.J./Bryn Mawr College)
Danielle Hansen (Patterson, Calif./University of Washington)
Charley Nordin (Alameda, Calif./Gonzaga University)
Mike Varro (Spooner, Wis./University of Minnesota)
Allie Reilly (North Kingstown, R.I./University of Rhode Island)

2018 Senior National Team Coaches
Kate Bertko, Women’s Double Sculls
Clive Cooper, Lightweight Men’s Pair
Casey Galvanek, Women’s Quadruple Sculls
Sean Hall, Men’s Quadruple Sculls
Andrew Hashway, Men’s Single Sculls/Lightweight Women’s Pair
Patrick Kington, PR1 Men’s Single Sculls/PR2 Mixed Double Sculls/PR2 Women’s Single Sculls
Cameron Kiosoglous, Men’s Pair
Laurel Korholz, Women’s Four/Women’s Single Sculls
Kris Korzeniowski, Men’s Four
Matthew Madigan, Lightweight Women’s Double Sculls
Adrienne Martelli, PR3 Women’s Pair
Ellen Minzner, PR3 Mixed Four with Coxswain
Linda Muri, Lightweight Men’s Single Sculls/Lightweight Women’s Quadruple Sculls
Beth Noll, PR3 Mixed Double Sculls
Yohann Rigogne, Lightweight Women’s Single Sculls
Michael Teti, Men’s Eight/Men’s Four/Men’s Pair
Tom Terhaar, Women’s Eight/Women’s Pair
Emanuel Valentin, Lightweight Men’s Quadruple Sculls
Judith Vogel, Lightweight Men’s Double Sculls
Daniel Voigtsberger, PR1 Women’s Single Sculls
Stephen Whelpley, Men’s Double Sculls

2018 Senior National Team Support Staff
Dan Brauchli, Team Press Officer
Eric Carson, Team Doctor
Will Daly, Team Staff
Thomas Darling, Para Staff
Liz Fusco, Team Dietitian
Matt Imes, Team Staff
Brett Johnson, Team Press Officer
Kris Karlson, Team Doctor
Geoff Keller, Team Physical Therapist
Deirdre McLoughlin, Team Physical Therapist
Marc Nowak, Team Physical Therapist
Alicia Lamb, Team Physical Therapist
Liz Soutter, Team Staff
Michael Zimmer, Team Leader
Event Preview

Bringing a 72-person roster to the 2018 World Rowing Championships, the United States looks to build upon its impressive performance at the 2017 championships as the road to the 2020 Olympics rolls on. With 42 athletes returning from last year’s squad, more than half of the team has seen international competition before at the senior level. The U.S. will have entries in 27 of the 29 events contested at the championships this year.

Coming off a silver medal at last year’s world championships, the U.S. men’s eight crew of coxswain Julian Venonsky, Patrick Eble, Andrew Reed, Mike DiSanto, Conor Harrity, Tom Dethlefs, Tom Peszek, Glenn Ochal, and Alex Karwoski will be up against tough competition once again this year. The gold-medal German men’s eight from 2017 raced won all three World Rowing cups this year. With Venonsky, Eble, Reed, Peszek and Karwoski returning to the eight, the American men hope to be the crew to unseat the Germans at the championships.

Coxswain Katelin Guregian, Olivia Coffey, Kristine O’Brien, Tracy Eisser, Dana Moffat, Felice Mueller, Emily Regan, Gia Doonan and Vicky Opitz will be the lineup for the U.S. women’s eight at the 2018 championships. Last year in this event, the U.S. placed fourth behind Romania, Canada and New Zealand. This was the first time in 12 years that the U.S. women had not won the gold medal in the event. This year, The Netherlands won the first two world cup races, with New Zealand winning the third world cup race. The U.S. women won a bronze medal behind the Kiwis and Canada at the 2018 World Rowing Cup III in Lucerne, Switzerland. The U.S. boat is full of international experience with Guregian, Eisser, Mueller and Regan racing at the 2016 Olympic Games. Regan and Guregian won gold in the women’s eight in Rio.

In addition to racing the eight, Doonan and Opitz will be doubling up into the women’s pair. Although they have not competed in the pair internationally together, Opitz and Doonan won the 2018 Senior/Para World Championships Trials II. The two will be up against heavy competition in New Zealand and Canada. Grace Prendergast and Kerri Gowler, the reigning world champion Kiwi pair, have won both of the World Rowing cup races that they have entered this year.

Coming off a silver-medal finish in 2017, Meghan O’Leary and Ellen Tomek are aiming to return to the medal stand this year. The women’s double sculls crew has rowed together for years, including at the 2016 Rio Olympics where it finished sixth. Last year’s silver-medal finish was the best for the U.S. in the history of the event. To return to the podium, the two will likely have to face the powerhouse pairing of New Zealand’s Brooke Donoghue and Olivia Loe. The Kiwis have dominated the event over the past year, winning the world title in 2017 and winning both world cups they entered this year.
The men’s double sculls will see **John Graves** and **Ben Davison** looking to improve upon their ninth-place overall finish in Sarasota. Poland, Great Britain and Germany should be serious contenders in this year’s event.

**Emily Schmieg** and **Mary (Jones) Nabel** will race for the U.S. in the lightweight women’s double sculls. Schmieg raced in the boat class last year, winning a bronze medal, while Nabel won a bronze in the lightweight women’s single sculls. The duo raced together at World Rowing Cup I this year, where they placed sixth. South Africa, The Netherlands, Poland, Italy and Great Britain are all contenders in the event, having placed well on this year’s international circuit.

**Andrew Campbell**, a 2016 Olympian, will be racing in the lightweight men’s single sculls after taking a year off from competition. Having competed in the lightweight men’s double sculls in Rio in 2016, Campbell brings a wealth of knowledge and international experience to the team. The seven-time national team member placed fifth at the 2016 Olympic Games. Last year, the United States placed 10th overall in this event. Ireland, New Zealand and Norway took home the gold, silver and bronze medals, respectively.

**Kara Kohler** will be representing the United States in the women’s single sculls at the championships. Kohler’s recent fourth-place finish at World Rowing Cup III in Lucerne, Switzerland, earned her the opportunity to declare for the World Rowing Championship roster. Kohler is no stranger to the international stage. She won a bronze medal in the quadruple sculls at the 2012 Olympic Games, and last year at the 2017 World Rowing Championships, she placed fourth in the women’s quadruple sculls event, just shy of the medal stand. The United States finished seventh in the event last year. Switzerland, Great Britain and Austria won the medals last year.

In the men’s single sculls, **Kevin Meador** (Berkeley, Calif.) will be representing the United States at the 2018 World Rowing Championships. At the 2017 championships, the Czech Republic’s Ondrej Synek won the gold medal. New Zealand’s Robbie Mason is set to be one of Synek’s top challengers in 2018.

**Michelle Sechser**, who won bronze in the lightweight double sculls in 2017, is very familiar to the international stage and will be racing in the lightweight women’s single sculls this year. Last year, South Africa took home the gold medal and The Netherlands took home the silver, with the U.S. winning the bronze.

**Hugh McAdam** and **Peter Schmidt** will race the lightweight men’s double sculls at the championships. Schmidt raced in this boat class at last year’s championships and placed 16th overall. The O’Donovan brothers from Ireland are viewed as the heavy favorites coming into the event.

In the lightweight women’s quadruple sculls, **Michaela Copenhaver, Christine Cavallo, Margaret Bertasi** and **Hillary Saeger** will represent the U.S. Last year, the U.S. finished
seventh in the event. All four women are newcomers to the boat this year, although three have
international experience. This will be Saeger’s seventh national team, while Bertasi and Cavallo
both have international experience on the junior and under 23 levels. At this year’s third world
cup, China, Denmark and Germany won the gold, silver and bronze medals, respectively.

Anders Weiss and Michael Colella return with the same lineup as last year in the men’s pair.
The duo finished 11th overall in 2017 and hope to improve on that position this year. Top
competition includes New Zealand, France and the Czech Republic.

Erin Reelick, Molly Bruggeman, Erin Boxberger and Madeline Wanamaker will compete in
the women’s four event. The crew has extensive experience competing in World Rowing senior
and under 23 events. Boxberger, Bruggeman and Reelick have raced together in the women’s
under 23 eight in the past, while Bruggeman and Reelick competed together in the four at last
year’s World Rowing Championships, coming in fourth. The U.S. took third and fourth in the
event at the 2018 World Rowing Cup race in Lucerne behind Australia and Denmark.

The men’s four lineup will consist of Michael Clougher, Alexander Richards, Nick Mead and
Dariush Aghai. Although Richards is the only returning member of the 2017 lineup, all four
oarsmen were on the 2017 roster. Clougher raced the men’s single, placing 19th, while Mead
and Aghai were both in the silver-medal men’s eight. Last year, the U.S. men’s four finished
10th overall. Australia won the gold medal in the event last year in Sarasota and most recently
won gold at the 2018 World Rowing Cup III.

After finishing 2.13 seconds shy of the podium last year, the women’s quadruple sculls lineup
of Kara Soucek, Maureen McAuliffe, Emily Huelskamp and Elizabeth Sonshine will aim to
grab a spot on the podium this year. Soucek is the only newcomer to the boat as McAuliffe,
Huelskamp and Son shine all raced together last year. Germany, Poland and The Nether-lands
have placed well throughout this year’s international circuit.

Both Blake Haxton and Hallie Smith will be returning to the PR1 men’s and women’s single
sculls, respectively. In its first year of the event being contested over a full 2,000-meter course,
both Haxton and Smith made the finals, placing sixth. Australia and Ukraine are favorites on
the men’s side, while Norway and Israel are favorites on the women’s.

In the PR3 mixed four with coxswain, the U.S. has a history of silver-medal finishes. Since 2014,
the group has finished in silver-medal position at the championships, including a 2016
Paralympic silver medal. The crew of coxswain Jenny Sichel, Danielle Hansen, Charley
Nordin, Mike Varro and Allie Reilly will be racing for gold in 2018. Sichel and Hansen are
both 2016 Paralympians and have been members of the crew since 2013 and 2014, respectively.
Varro was also a member of the boat in 2017. This is Nordin’s first national team. The American
crew will face tough competition from Great Britain, who has a history of winning the event.
Hansen will be racing twice as she is also racing in the PR3 women’s pair. She will be joined by 2016 Paralympian Jaclyn Smith. This is the first year this event is being contested at the championships.

Justin Keen, Gregory Ansolabehere, Michael Knippen and Erik Frid will represent the U.S. in the men’s quadruple sculls. Coming off of last year’s 15th-place finish, the crew recently finished ninth at the 2018 World Rowing Cup II. At World Rowing Cup III, Great Britain, The Netherlands and Poland took home gold, silver and bronze, respectively.

The lightweight women’s pair will return to the international race program at the 2018 World Rowing Championships. Coming out of last year’s lightweight women’s quadruple sculls crew, Jillian Zieff and Jennifer Sager will race the lightweight pair for the U.S.

Pearl Outlaw and Joshua Boissonneau will be making their national team debuts in the PR3 mixed double sculls. Last year, the U.S. finished fifth in the event. Ukraine and The Netherlands are both serious contenders in this year’s event.

Tom Foster and David Smith will be racing the lightweight men’s pair at this year’s championships. The two were part of the lightweight men’s four that finished sixth in 2017. Brazil and Austria are the only two countries that have competed in the event at the world cups.

Laura Goodkind and Ronald Harvey will be racing together in the PR2 mixed double sculls. Goodkind has raced in the PR2 mixed double sculls the last two years, including a 10th-place finish in the event at the 2016 Paralympic Games. Joining her this year is Harvey, who last raced internationally at the 2012 Paralympic Games in London where he finished eighth in the AS (now PR1) men’s single sculls. The two will look to build upon last years fifth-place finish as they look to face tough competition from The Netherlands, Ukraine, Poland and China.

Goodkind also will be racing in the PR2 women’s single sculls. This will be the first year this event will be contested at the world championship, but France and The Netherlands competed in the event at the 2018 World Rowing Cup II.

James Nelson, Alexander Loy, Sam Hausmann and Michael Landuyt will represent the U.S. in the lightweight men’s quadruple sculls. The U.S. finished 16th in the event last year. France, Great Britain and Greece won gold, silver and bronze in 2017, respectively.
Athlete Bios

Dariush Aghai
Men’s Four
Date of Birth: 5/15/1990
Birthplace: Chicago, Ill.
Hometown: Skokie, Ill.
Current Residence: Oakland, Calif.
Height: 6'2"
Weight: 190
Began Rowing: Loyola Academy, 2013
Current Club Affiliations: USRowing Training Center - Oakland, New York Athletic Club
Undergraduate Education: University of Wisconsin
Graduate Education: University of Wisconsin
Current Coaches: Mike Teti, Kris Korzeniowski
Training Location: Princeton, N.J.
National Teams: Five – Under 23, 2011-12; Senior, 2015, 2017-18
International Results: Won silver in the eight at the 2017 World Rowing Championships...Placed ninth in the pair at the 2015 World Rowing Championships...Placed fifth in the pair at the 2015 World Rowing Cup II...Placed fourth in the pair at the 2012 World Rowing Under 23 Championships...Won gold in the eight at the 2011 World Rowing Under 23 Championships.
National Results: Won the pair at the 2015 Senior World Championship Trials II...Finished sixth in the pair at the 2015 National Selection Regatta 1...Finished eighth in the varsity eight at the 2012 IRA Championships...Finished fourth in the varsity eight at the 2011 IRA Championships...Finished third in the varsity eight at the 2011 Eastern Sprints...Finished fourth in the varsity eight at the 2010 Eastern Sprints...Won the championship four at the 2009 Head of the Charles Regatta...Finished fifth in the freshman eight at the 2009 IRA Championships...Finished fourth in the freshman eight at the 2009 Eastern Sprints.

Gregory Ansolabehere
Men’s Quadruple Sculls
Date of Birth: 9/19/1986
Birthplace: Bakersfield, Calif.
Hometown: Bakersfield, Calif.
Height: 6'6"
Weight: 210
Current Club Affiliation: Penn AC Rowing Association
Undergraduate Education: California State University, Sacramento
Current Coach: Sean Hall
National Teams: One – Senior, 2018
International Results: Placed ninth in the quadruple sculls at the 2018 World Rowing Cup II...Finished 11th in the quadruple sculls at the 2017 World Rowing Cup III.
Personal: Greg played trombone in high school before starting rowing for the first time in college.

Margaret Bertasi
Lightweight Women’s Quadruple Sculls
Date of Birth: 11/01/1992
Birthplace: Sacramento, Calif.
Hometown: London, England
Height: 5’9”
Weight: 129
Undergraduate Education: Princeton University
Current Coach: Linda Muri
Training Location: Boston, Mass.
National Teams: Four – Junior, 2009-10; Under 23, 2014; Senior, 2018
International Results: Finished seventh in the quadruple sculls at the 2014 World Rowing Under 23 Championships...Finished sixth in the quadruple sculls at the 2010 World Rowing Junior Championships...Finished ninth in the quadruple sculls at the 2009 World Rowing Junior Championships.
National Results: Finished fourth in the double sculls at the 2017 World Championship Trials...Won the double sculls at the 2014 Under 23 World Championship Trials...Won the varsity eight at the 2014 Ivy League Championships and finished seventh at the 2014 NCAA Championships...Finished third in the second varsity eight at the 2013 Ivy League Championships and finished sixth at the 2013 NCAA Championships...Won the second varsity eight race at the 2012 Ivy League Championships and finished fourth at the 2012 NCAA Championships...Won the varsity four at the 2011 Eastern Women’s Sprints and finished ninth the 2011 NCAA Championships.

Joshua Boissoneau
PR3 Mixed Double Sculls
Date of Birth: 9/10/1987
Birthplace: Manchester, N.H.
Hometown: Bedford, N.H.
Height: 5’10”
Weight: 165
Began Rowing: 2015, Community Rowing, Inc.
Current Club Affiliation: Community Rowing, Inc.
Undergraduate Education: Assumption College
Current Coaches: Beth Noll, Coree Naslund
Training Location: Newton, Mass.
National Teams: Senior – One, 2018

Personal: Joshua is a former competitive hockey and lacrosse player. He transitioned to competitive para-rowing in 2015.

Erin Boxberger
Women’s Four
Date of Birth: 5/26/1993
Birthplace: Shawnee, Kan.
Hometown: Overland Park, Kan.
Current Residence: Princeton, N.J.
Height: 5’11”
Weight: 175
Current Club Affiliation: USRowing Training Center - Princeton
Undergraduate Education: University of Notre Dame
Current Coaches: Tom Terhaar, Laurel Korholz
Training Location: Princeton, N.J.
National Teams: Three – Under 23, 2013-14; Senior, 2018
International Results: Finished fourth in the four at the 2018 World Rowing Cup III...Placed third in the eight at the 2017 World Rowing Cup II...Won gold in the eight and four at the 2014 World Rowing Under 23 Championships...Won gold in the eight at the 2013 World Rowing Under 23 Championships.
National Results: Finished ninth in the eight at the 2014 NCAA Championships.
Personal: Erin was a 2013 and 2014 Collegiate Rowing Coaches Association All-American. In her free time, she enjoys writing, random creative projects and relaxing in the great outdoors, preferably in the shade. Erin drinks coffee and consumes snacks like it’s her job.

Molly Bruggeman
Women’s Four
Date of Birth: 6/19/1992
Birthplace: Dayton, Ohio
Hometown: Dayton, Ohio
Current Residence: Princeton, N.J.
Height: 5’11”
Weight: 175
Began Rowing: Dayton Boat Club, 2007
Current Club Affiliation: USRowing Training Center - Princeton
Undergraduate Education: University of Notre Dame
Current Coaches: Tom Terhaar, Laurel Korholz
Training Location: Princeton, N.J.
National Teams: Six – Under 23, 2013-15; Senior, 2016-18
International Results: Finished fourth in the pair at the 2018 World Rowing Cup III...Finished fourth in the four at the 2017 World Rowing Championships...Finished third in the eight and
fourth in the 2017 World Rowing Cup II...Placed second in the four at the 2016 World Rowing Championships...Won the pair at the 2015 Pan American Games...Won the four and eight at the 2014 World Rowing Under 23 Championships...Placed sixth in the quadruple sculls at the 2013 World Rowing Under 23 Championships...Placed sixth in the four at the 2012 World Rowing Under 23 Championships.

**National Results:** Finished third in the pair at the 2017 Spring Speed Order 1...Won the pair at the 2015 Pan American Games Trials...Finished ninth in the eight at the 2014 NCAA Championships...Finished sixth in the championship women’s eight at the 2013 Head of the Charles...Finished 13th in the eight at the 2013 NCAA Championships...Finished 16th in the varsity eight at the 2012 NCAA Championships...Finished second in the senior eight at the 2011 USRowing Club National Championships...Finished fifth in the four with coxswain at the 2011 Head of the Charles...Finished sixth in the four with coxswain at the 2010 USRowing Youth National Championships...Finished fifth in the four with coxswain at the 2009 USRowing Youth National Championships...Finished fourth in the four with coxswain at the 2008 USRowing Youth National Championships.

**Personal:** Molly enjoys reading, drinking coffee, watching movies and hanging out with friends...She has two older brothers and a younger sister and has a dog named George...She was a First-Team Collegiate Rowing Coaches Association Pocock All-American in 2011 and 2012 and a Second-Team CRCA Pocock All-American in 2014...She was a First-Team All-Big East selection in 2011 and 2013 and a First-Team All-ACC selection in 2014...She lists her most memorable sporting achievement as winning the Midwest Regional Championships in the four with coxswain in 2010...Molly lists Mike Miles, her coach at Dayton Boat Club, as the most influential person in her sporting career.

Andrew Campbell

**Lightweight Men’s Single Sculls**

**Date of Birth:** 2/2/1992

**Birthplace:** Barrington, Ill.

**Hometown:** New Canaan, Conn.

**Current Residence:** Cambridge, Mass.

**Height:** 5’10”

**Weight:** 155

**Began Rowing:** Maritime Rowing Club, 2005

**Current Club Affiliation:** Cambridge Boat Club

**Undergraduate Education:** Harvard University

**Training Location:** Cambridge, Mass.

**National Teams:** Twelve – Junior, 2010; Under 23, 2009, 2011, 2013-14; Senior, 2011-2016, 2018

**International Results:** Placed fifth in the lightweight double sculls at the 2016 Olympic Games...Placed sixth in the lightweight double sculls at the 2016 World Rowing Cup II...Finished eighth in the lightweight double sculls at the 2015 World Rowing Championships...Placed fourth in the lightweight double sculls at the 2015 World Rowing Cup II...Finished 15th in the lightweight single sculls at the 2014 World Rowing
Championships...Won gold in the lightweight single sculls at the 2014 World Rowing Under 23 Championships...Finished seventh in the lightweight single sculls at the 2013 World Rowing Championships...Won gold in the lightweight single sculls at the 2013 World Rowing Under 23 Championships...Placed third in the lightweight single sculls at the 2012 World Rowing Championships...Finished third in the lightweight double sculls at the 2012 Final Olympic Qualification Regatta...Finished fourth in the lightweight single sculls at the 2011 World Rowing Championships...Placed third in the lightweight single sculls at the 2011 World Rowing Under 23 Championships...Placed third in the single sculls at the 2010 World Rowing Junior Championships...Finished seventeenth in the lightweight double sculls at the 2009 World Rowing Under 23 Championships.

**National Results:** Won the lightweight double sculls at the 2016 Olympic & Paralympic Team Trials...Won the lightweight double sculls at the 2015 National Selection Regatta 1...Won the lightweight single sculls at the 2014 World Championship Trials...Won the lightweight single sculls at the 2014 Under 23 World Championship Trials...Won the lightweight single sculls at the 2013 World Championships Trials...Won the lightweight single sculls at the 2013 Under 23 World Championships Trials...Won the lightweight single sculls at 2012 World Rowing Non-Olympic Senior Championship Trials...Won the lightweight double sculls at the 2012 Non-Qualified Small Boat Olympic Trials...Finished second in the championship double sculls at the 2011 Head of the Charles Regatta...Won the lightweight single sculls at the 2011 World Championships Trials...Won the lightweight single sculls at the 2011 Under 23 World Championships Trials...Won the lightweight single sculls and finished third in the lightweight double sculls at the 2011 USRowing National Championships...Finished seventh in the lightweight freshman eight at the 2011 Eastern Sprints Regatta...Won the single sculls and the lightweight double sculls at the 2010 USRowing Youth National Championships...Finished second in the lightweight double sculls at the 2009 USRowing Youth National Championships...Finished fourth in the lightweight double sculls at the 2008 USRowing National Championships.

**Christine Cavallo**  
**Lightweight Women’s Quadruple Sculls**  
**Date of Birth:** 5/5/1995  
**Birthplace:** Orlando, Fla.  
**Hometown:** Windermere, Fla.  
**Current Residence:** Windermere, Fla.  
**Height:** 5’6”  
**Weight:** 130  
**Began Rowing:** 2006  
**Undergraduate Education:** Stanford University  
**Graduate Education:** Stanford University  
**Current Coach:** Linda Muri  
**Training Location:** Boston, Mass.  
**National Teams:** Five – Junior, 2012-13; Under 23, 2014, 2017; Senior, 2018
International Results: Finished fourth in the lightweight single sculls at the 2018 World Rowing Cup II...Finished 10th in the lightweight double sculls at the 2018 World Rowing Cup I...Won the lightweight category at the 2018 World Rowing Indoor Championships, setting a new world record...Finished sixth in the quadruple sculls at the 2017 World Rowing Under 23 Championships...Finished fifth in the lightweight quadruple sculls at the 2014 World Rowing Under 23 Championships...Finished fifth in the pair at the 2013 World Rowing Junior Championships...Won a silver medal in the junior pair, a first medal for the United States in the event, at the 2012 World Rowing Senior and Junior Championships.

National Results: Won the lightweight quadruple sculls at the 2014 Under 23 World Championship Trials...Took second in the lightweight eight at the 2014 IRA Championships...Finished first in the pair at the 2013 Junior World Championship Trials...Finished second in the pair at 2013 USRowing Youth National Championships...Won the pair at the 2012 Junior World Championships Trials...Set a world record in the junior lightweight 2,000-meter and 500-meter events at the 2012 and 2013 C.R.A.S.H.-B. Indoor Rowing Championships.

Personal: Christine likes to run and go to the beach. Her personal heroes are her mother and father. She has a younger sister, Elizabeth and three dogs. Sometimes, she dances before her races. The sporting accomplishment she is most proud of is beating the odds of her young lineup and taking second at states in Florida her senior year of high school. Kirsten Anderson, Al Acosta and Cass Cunningham have had the most influence on her sporting career.

Michael Clougher
Men’s Four
Date of Birth: 1/6/1993
Birthplace: Canton, Mass.
Hometown: Canton, Mass.
Current Residence: Oakland, Calif.
Height: 6'10"
Current Club Affiliation: USRowing Training Center - Oakland
Undergraduate Education: Connecticut College
Current Coach: Mike Teti
Training Location: Oakland, Calif.
National Teams: Two – Senior, 2017-18
International Results: Placed 19th in the single sculls at the 2017 World Rowing Championships.
National Results: Won the single sculls at the 2017 USRowing Senior and Para World Championship Trials...Won the senior/elite single at the 2017 USRowing Club National Championships.

Olivia Coffey
Women’s Eight
Date of Birth: 1/29/1989
Birthplace: Elmira, N.Y.
**Hometown:** Watkins Glen, N.Y.  
**Current Residence:** Princeton, N.J.  
**Height:** 6'1"  
**Weight:** 170  
**Current Club Affiliation:** USRowing Training Center - Princeton  
**Undergraduate Education:** Harvard University  
**Graduate Education:** Cambridge University  
**Current Coaches:** Tom Terhaar, Laurel Korholz  
**Training Location:** Princeton, N.J.  
**National Teams:** Seven – Under 23, 2009-2011; Senior, 2013-15, 2018  
**International Results:** Finished third in the eight at the 2018 World Rowing Cup III...Finished sixth in the quadruple sculls at the 2016 World Rowing Cup II...Won gold in the quadruple sculls at the 2015 World Rowing Championships...Won gold in the eight and the four at the 2015 World Rowing Cup II...Won bronze in the quadruple sculls at the 2014 World Rowing Championships...Won gold in the four at the 2013 World Rowing Championships...Won bronze in the eight at the 2011 World Rowing Under 23 Championships...Won gold in the eight at the 2010 World Rowing Under 23 Championships...Won silver in the eight at the 2009 World Rowing Under 23 Championships.  
**National Results:** Finished fifth in the pair at the 2015 National Selection Regatta I...Finished third in the pair at the 2014 National Selection Regatta I...Won the four at the 2013 World Championships Trials.  
**Personal:** Olivia’s father stroked the men’s pair to a silver medal at the 1976 Olympics. She has three older sisters.

**Michael Colella**  
**Men’s Pair**  
**Date of Birth:** 1/24/1994  
**Birthplace:** Kensington, Md.  
**Hometown:** Kensington, Md.  
**Current Residence:** Berkeley, Calif.  
**Height:** 6'1"  
**Weight:** 182  
**Began Rowing:** Bethesda-Chevy Chase High School, 2008  
**Current Club Affiliations:** USRowing Training Center - Oakland  
**Undergraduate Education:** Cornell University  
**Current Coach:** Mike Teti  
**Training Location:** Oakland, Calif.  
**National Teams:** Three – Under 23, 2016; Senior, 2017-18  
**International Results:** Placed 11th in the pair at the 2017 World Rowing Championships...Placed fourth in the four at the 2016 World Rowing Under 23 Championships.  
**National Results:** Won the pair at the 2017 USRowing Senior and Para World Championship Trials...Finished fifth in the varsity eight at the 2016 Eastern Sprints...Finished first in the
senior eight at the 2015 USRowing Club National Championships...Finished third in the freshmen eight at the 2013 Eastern Sprints.

Michaela Copenhaver
Lightweight Women’s Quadruple Sculls
Date of Birth: 11/29/1989
Birthplace: Berkeley, Calif.
Hometown: Berkeley, Calif.
Current Residence: New Milford, Conn.
Height: 5'7"
Weight: 125
Began Rowing: Berkeley High School, 2003
Current Club Affiliation: GMS Rowing Center
Undergraduate Education: Princeton University
Current Coaches: Guenter Beutter, Linda Muri
Training Location: New Milford, Conn.
National Teams: One – Senior, 2018
International Results: Finished fourth in the lightweight quadruple sculls at the 2013 Sydney International Rowing Regatta...Placed first in the senior quadruple sculls at the 2012 Canadian Henley.
National Results: Won the lightweight quadruple sculls at the 2018 USRowing Senior/Para World Championships Trials II...Placed third in the lightweight single sculls at the 2017 World Championship Trials...Placed second in the lightweight single sculls at the 2016 Non-Olympic World Championship Trials...Placed first in the lightweight double sculls at the 2015 USRowing National Championships...Placed first in the lightweight quadruple sculls at the 2014 USRowing National Championships...Placed second in the lightweight eight at the 2011 IRA Championships.

Ben Davison
Men’s Double Sculls
Date of Birth: 7/24/1996
Birthplace: Durham, England
Hometown: Inverness, Fla.
Current Residence: Craftsbury, Vt.
Height: 6'4"
Weight: 190
High School: Citrus High School
Undergraduate Education: University of Washington
Current Club Affiliation: Craftsbury Sculling Center
Training Location: Craftsbury, Vt.
International Results: Finished fourth in the single sculls at the 2018 World Rowing Under 23 Championships...Finished seventh in the double sculls at the 2018 World Rowing Cup
Finished ninth in the double sculls at the 2017 World Rowing Championships...
Won bronze in the four with coxswain at the 2017 World Rowing Under 23 Championships...
Finished seventh in the single sculls at the 2016 World Rowing Under 23 Championships...
Raced in the quadruple sculls at the 2016 World Rowing Cup II...
Finished third in the quadruple sculls at the 2016 European and Final Olympic Qualification Regatta...
Finished seventh in the single sculls at the 2015 World Rowing Under 23 Championships...
Finished sixth in the single sculls at the 2014 World Rowing Junior Championships...
Finished 21st in the single sculls at the 2014 World Rowing Under 23 Championships...
Finished sixth in the quadruple sculls at the 2013 World Rowing Junior Championships.

**National Results:** Won the senior double sculls and under 23 single sculls at the 2018 USRowing U19, U23 and Senior World Championship Trials I...
Won the senior double sculls at the 2017 U.S. Senior and Para World Championship Trials...
Won the four with coxswain at the 2017 Under 23 Team Trials...
Won the single sculls at the 2016 Junior, Under 23 and Senior Team Trials...
Won the single sculls at the 2015 Under 23 World Championship Trials...
Won the single sculls at the 2014 Under 23 and Junior World Championship Trials...
Won the quadruple sculls at the 2013 Junior World Championship Trials.

**Personal:** Ben lists his family as the most important people in his life. Ben's hobbies include rowing, eating and playing Temple Run. He said he hopes to row for the U.S. National Team as many times as possible and someday make it to the Olympics.

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**Thomas Demers**

PR3 Mixed 4+ Spare

**Date of Birth:** 8/22/1989

**Birthplace:** Andover, Mass.

**Hometown:** Andover, Mass.

**Current Residence:** Boston, Mass.

**Began Rowing:** 2005, Union Boat Club

**Current Club Affiliation:** Community Rowing Inc.

**Undergraduate Education:** Northeastern University, 2012

**Current Coach:** Ellen Minzner

**Training Location:** Boston, Mass.

**National Teams:** One - Senior, 2018

**International Results:** Placed fifth at the 2018 Gavirate International Para Regatta.

**Personal:** Thomas helped to start and grow a rowing club in Lawrence, Mass., which he captained for two seasons.

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**Tom Dethlefs**

Men’s Eight

**Date of Birth:** 5/6/1990

**Birthplace:** Tilton, N.H.

**Hometown:** Lawrenceville, N.J.

**Height:** 6'6”

**Weight:** 210
Current Club Affiliations: USRowing Training Center - Oakland, New York Athletic Club
Undergraduate Education: Yale University
Current Coach: Mike Teti
Training Location: Oakland, Calif.
National Teams: Nine – Junior, 2008; Under 23, 2010-12; Senior, 2013-16, 2018
International Results: Served as an alternate at the 2016 Olympic Games...Finished seventh in the eight at the 2015 World Rowing Championships...Won bronze in the eight at the 2015 World Rowing Cup II...Finished fourth in the eight at the 2014 World Rowing Championship...Won gold in the eight at the 2014 World Rowing Cup II...Won bronze in the eight at the 2013 World Rowing Championships...Won gold in the eight at the 2013 World Rowing Cup III...Won gold in the eight at the 2012 World Rowing Under 23 Championships...Won silver in the eight at the 2013 World Rowing Cup I...Won gold in the eight at the 2011 World Rowing Under 23 Championships...Took silver in the eight at the 2010 World Rowing Under 23 Championships...Competed at the 2010 E.On Hanse Cup in Rendsburg, Germany...Won bronze in the eight at the 2008 World Rowing Junior Championships.
National Results: Finished third in the pair at the 2015 National Selection Regatta I...Finished second in the pair at the 2014 National Selection Regatta II...Won the eight at the 2013 USRowing National Championships.
Personal: Tom enjoys traveling, skiing and hammocks. He lists winning the 2011 World Rowing Under 23 Championships and setting the Under 23 World Best Time (5:24.31) as his most memorable sporting achievement. He set the junior (under 19) world record for 30 minutes on the Concept2 ergometer in 2008.

Mike DiSanto
Men’s Eight
Date of Birth: 12/10/1989
Birthplace: Boston, Mass.
Hometown: Boston, Mass.
Current Residence: Oakland, Calif.
Height: 6’1”
Weight: 195
Began Rowing: The Belmont Hill School, 2006
Current Club Affiliations USRowing Training Center - Oakland, Oxford University Boat Club
Undergraduate Education: Harvard University
Graduate Education: Oxford University
Current Coach: Mike Teti
Training Location: Oakland, Calif.
National Teams: Five – Under 23, 2011; Senior, 2013, 2015-16, 2018
International Results: Placed fourth in the eight at the 2016 Olympic Games...Placed third in the eight at the 2016 World Rowing Cup II...Placed ninth in the pair at the 2015 World Rowing Championships...Placed 14th in the pair at the 2013 World Rowing Championships...Finished sixth in the four at the 2011 World Rowing Under 23 Championships...Won the Ladies’ Challenge Plate at the 2010 Henley Royal Regatta.
National Results: Finished first in the pair at the 2016 National Selection Regatta I...Won the pair at the 2015 Senior World Championship Trials II...Won the pair at 2013 World Championships Trials...Finished second in the varsity eight at the 2011 IRA Championships...Won the varsity eight at the 2010 and 2011 Eastern Sprints...Finished second in the freshman eight at the 2009 IRA Championships...Won the four at the 2007 USRowing Youth National Championships.

Gia Doonan
Women’s Eight
Date of Birth: 6/30/1994
Birthplace: Rochester, Mass.
Hometown: Rochester, Mass.
Height: 6’0”
Weight: 162
Current Club Affiliation: USRowing Training Center - Princeton
Undergraduate Education: University of Texas
Current Coaches: Tom Terhaar, Laurel Korholz
Training Location: Princeton, N.J.
National Teams: Three – Under 23, 2016; Senior, 2017-18
International Results: Finished third in the eight at the 2018 World Rowing Cup III...Served as an alternate at the 2017 World Rowing Championships...Won gold in the four and eight at the 2016 World Rowing Under 23 Championships.

Patrick Eble
Men’s Eight
Date of Birth: 6/4/1994
Birthplace: Wynnewood, Pa.
Current Residence: Oakland, Calif.
Height: 6’4”
Weight: 200
Began Rowing: La Salle College High School, 2009
Current Club Affiliation: USRowing Training Center - Oakland
Undergraduate Education: Princeton University
Graduate Education: Cambridge University
Current Coach: Mike Teti
Training Location: Oakland, Calif.
National Teams: Five – Junior, 2010-12; Senior, 2017-18
International Results: Placed second in the eight at the 2017 World Rowing Championships...Finished fifth in the eight at the 2012 World Rowing Junior Championships...Finished fifth in the eight at the 2011 World Rowing Junior Championships...Finished fifth in the four with coxswain at the 2010 World Rowing Junior Championships.
National Results: Placed third in the eight at the 2016 IRA Championships...Finished sixth in the senior eight at the 2011 Stotesbury Cup Regatta...Won the junior B four and the junior B eight at the 2009 USRowing Club National Championships.

Personal: Patrick enjoys cooking, small-game hunting and pool basketball. He lists coach, Bill Lamb, as the most influential person in his sporting career.

Tracy Eisser
Women’s Eight
Date of Birth: 11/20/1989
Birthplace: Fair Lawn, N.J.
Hometown: Fair Lawn, N.J.
Current Residence: Princeton, N.J.
Height: 6’1”
Weight: 185
Current Club Affiliation: USRowing Training Center - Princeton
Undergraduate Education: Cornell University
Current Coaches: Tom Terhaar, Laurel Korholz
Training Location: Princeton, N.J.
National Teams: Senior – Five, 2014-2018
International Results: Placed third in the eight and four at the 2018 World Rowing Cup III...Placed second in the pair at the 2017 World Rowing Championships and World Rowing Cup II...Placed fifth in the quadruple sculls at the 2016 Olympic Games...Won the quadruple sculls at the 2015 World Rowing Championships...Placed third in the quadruple sculls at the 2015 World Rowing Cup II...Earned bronze in the quadruple sculls at the 2014 World Rowing Championships...Placed second in the quadruple sculls at the 2014 World Rowing Cup II...Won the senior pair at the 2011 Royal Canadian Henley.
National Results: Finished first in the pair at the 2017 Spring Speed Order I...Finished sixth in the pair at the 2014 National Selection Regatta I.
Personal: Tracy was a Collegiate Rowing Coaches Association National Scholar Athlete from 2010-2012. She was a track and field athlete in high school, participating in the high jump, and she won a New Jersey State Track and Field Championship in 2008. She enjoys doing crossword puzzles and watching movies in her free time.

Tom Foster
Lightweight Men’s Pair
Date of Birth: 3/19/1994
Birthplace: New York, N.Y.
Hometown: New York, N.Y.
Current Residence: Oxford, Great Britain
Height: 5’10”
Weight: 160
Began Rowing: Yale University, 2012
Current Club Affiliations: New York Athletic Club, Upper Thames Rowing Club
Undergraduate Education: Yale University
Current Coaches: Clive Cooper, Matt Muffleman
Training Location: Henley-on-Thames, Great Britain
National Teams: Senior – Two, 2017-18
International Results: Placed sixth in the lightweight four at the 2017 World Rowing Championships.
National Results: Placed first in the second varsity eight at the 2016 Eastern Sprints...Placed third in the lightweight eight at the 2015 Princeton Chase...Placed fourth in the lightweight eight at the 2015 Head of the Charles...Won the lightweight four at the 2015 IRA Championships.

Erik Frid
Men’s Quadruple Sculls
Date of Birth: 8/20/1992
Birthplace: Corpus Christi, Texas
Hometown: Madbury, N.H.
Height: 6’4”
Weight: 215
Began Rowing: Great Bay Rowing, 2004
Current Club Affiliation: Penn AC Rowing Association
Undergraduate Education: Ithaca College
Current Coaches: Sean Hall, Paul Coomes
National Teams: Three – Under 23, 2014; Senior, 2017-18
International Results: Placed 15th in the quadruple sculls at the 2017 World Rowing Championships...Placed fourth in the double sculls at the 2017 Holland Beker Regatta...Placed 14th in the double sculls at the 2014 World Rowing Under 23 Championships.
National Results: Placed first in the quadruple sculls at the 2017 U.S. Senior and Para World Championship Trials...Won the men’s double sculls at the 2017 Spring Speed Order II...Won the double sculls at the 2014 Under 23 World Championship Trials...Finished fourth in the eight at the 2014 ECAC/NIRC Championships...Won the eight at the 2012 New York State Championships.
Personal: Erik was co-commodore at Ithaca College. His brother, Nick, influenced his decision to join the rowing team. Erik’s parents are his personal heroes. Dan Robinson, Manny Delgado, Dave Olsen, Chris Mulstay, and his brother have been the most influential people in his sporting career and life.

Katelin Guregian
Women’s Eight
Date of Birth: 8/16/1987
Birthplace: Nashua, N.H.
**Hometown:** Detroit, Mich.
**Current Residence:** Princeton, N.J.
**Height:** 5’4”
**Weight:** 110
**Current Club Affiliation:** USRowing Training Center - Princeton
**Undergraduate Education:** University of Washington
**Current Coaches:** Tom Terhaar, Laurel Korholz
**Training Location:** Princeton, N.J.
**National Teams:** Ten – Under 23, 2006-08; Senior, 2009, 2013-18

**International Results:** Finished third in the eight at the 2018 World Rowing Cup III... Finished fourth in the eight at the 2017 World Rowing Championships... Placed third in the eight at the 2017 World Rowing Cup II... Won gold in the eight at the 2016 Olympic Games... Won gold in the eight at the 2016 World Rowing Cup II... Won gold in the eight at the 2015 World Rowing Championships... Won gold in the eight at the 2015 World Rowing Cup II... Won gold in the eight at the 2014 World Rowing Championships... Won gold in the eight at the 2014 World Rowing Cup II... Won gold in the eight at the 2013 World Rowing Championships... Won gold in the eight at the 2013 World Rowing Cup III... Won gold in the eight at the 2010 World Rowing Cup III... Won gold in the eight at the 2009 World Rowing Championships... Took silver in the eight at the 2009 World Rowing Cup III... Won gold in the eight at the 2008 World Rowing Under 23 Championships... Placed third in the eight at the 2007 World Rowing Under 23 Championships... Won gold in the eight at the 2006 World Rowing Under 23 Championships.

**National Results:** Won the women’s championship eight at the 2009 Head of the Charles... Won gold in the men’s varsity eight at the 2009 IRA Championships... Won silver in the men’s varsity eight at the 2008 IRA Championships... Finished first in the men’s championship eight at the 2008 Head of the Charles... Won gold in the men’s varsity eight at the 2007 IRA Championships... Won gold in the men’s freshmen eight at the 2006 IRA Championships.

**Personal:** Katelin enjoys zoos, aquariums, museums, books, rollerblading and the beach. She has one younger brother, Ben, who is serving in the Air Force as an Arabic translator.

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**Laura Goodkind**
**PR2 Mixed Double Sculls**
**PR2 Women’s Single Sculls**
**Date of Birth:** 4/22/1986
**Birthplace:** New York, N.Y.
**Hometown:** Los Angeles, Calif.
**Current Residence:** Los Angeles, Calif.
**Height:** 5’7”
**Weight:** 150
**Current Club Affiliations:** Saratoga Rowing Association, Long Beach Rowing Association, California Adaptive Rowing Program
**Undergraduate Education:** Whittier College
**Current Coach:** Patrick Kington
Training Location: Saratoga Springs, N.Y.
National Teams: Three – Senior, 2016-18
International Results: Placed fifth in the PR2 mixed double sculls at the 2017 World Rowing Championships...Placed 10th in the trunk and arms mixed double sculls at the 2016 Paralympic Games.
National Results: Won the PR2 mixed double sculls at the 2017 U.S. Senior and Para World Championship Trials.
Personal: Laura is an athlete ambassador for Angel City Sports and volunteers with Ready, Set, Gold! and UCLA Santa Monica Hospital. She is an amateur DIY’er.

John Graves
Men’s Double Sculls
Date of Birth: 3/26/1988
Hometown: Cincinnati, Ohio
Current Residence: Princeton, N.J.
Height: 6’0”
Weight: 185
Current Club Affiliation: Craftsbury Sculling Center
Undergraduate Education: Trinity College
Current Coach: Steve Whelpley
Training Location: Princeton, N.J.
National Teams: Seven – Under 23, 2009-10; Senior, 2013-15, 2017-18
International Results: Finished seventh in the double sculls at the 2018 World Rowing Cup III...Finished 19th in the single sculls at the 2018 World Rowing Cup I...Finished ninth in the double sculls at the 2017 World Rowing Championships...Finished eighth in the double sculls at the 2017 World Rowing Cup I...Raced in the quadruple sculls at the 2016 World Rowing Cup II...Placed fourth in the quadruple sculls at the 2016 European and Final Olympic Qualification Regatta...Placed 16th in the double sculls at the 2015 World Rowing Championships...Placed 10th in the double sculls at the 2015 World Rowing Cup III...Placed 11th in the double sculls at the 2015 World Rowing Cup II...Placed eighth in the quadruple sculls at the 2014 World Rowing Championships...Won bronze in the quadruple sculls at the 2014 World Rowing Cup III...Placed 10th in the double sculls at the 2013 World Rowing Championships...Placed ninth in the single sculls at the 2013 World Rowing Cup III...Placed 11th in the lightweight single sculls at the 2010 World Rowing Under 23 Championships...Placed 13th in the pair at the 2009 World Rowing Under 23 Championships...Reached the final of the Temple Challenge Cup at the 2008 Henley Royal Regatta.
National Results: Won double sculls at the 2017 U.S. Senior and Para World Championship Trials...Won the single sculls at the 2017 Spring Speed Order I....Won the double sculls at the 2015 Senior World Championship Trials II...Won the double sculls at the 2015 National Selection Regatta I...Won the quadruple sculls at the 2014 Senior I World Championship Trials...Won the single sculls at the 2013 USRowing East Coast Fall Speed Order...Won the double sculls at 2013 World Championships Trials...Won the single sculls at the 2013 National Selection Regatta I...Finished third in the lightweight single sculls at the 2011 National
Selection Regatta...Won the collegiate varsity eight at the 2010 San Diego Crew Classic...Won the pair at the 2009 Under 23 World Championships Trials...Won the eight at the 2008 ECAC National Invitational Regatta...Finished second in the junior double sculls and junior single sculls at the 2006 USRowing National Championships...Finished second in the single sculls at the 2006 Junior World Championships Trials.

Dani Hansen
PR3 Mixed Four with Coxswain
Date of Birth: 10/16/1993
Birthplace: Patterson, Calif.
Hometown: Patterson, Calif.
Current Residence: Boston, Mass.
Height: 6'1"
Weight: 165
Began Rowing: University of Washington, 2012
Current Club Affiliation: Community Rowing, Inc.
Undergraduate Education: University of Washington
Current Coaches: Adrienne Martelli, Ellen Minzner
Training Location: Boston, Mass.
National Teams: Five – Senior, 2014-18
International Results: Finished second in the PR3 mixed four with coxswain at the 2017 World Rowing Championships...Finished second in the legs, trunk and arms mixed four with coxswain at the 2016 Paralympic Games...Finished second in the legs, trunk and arms mixed four with coxswain at the 2015 World Rowing Championships...Finished second in the legs, trunk and arms mixed four with coxswain at the 2014 World Rowing Championships.
National Results: Won the novice eight at the 2014 Pac-12 Championships.
Personal: Dani lists her hobbies as going to church and the beach, rowing, playing guitar and ukulele, and hanging out with her friends and family. She chose rowing because it was the only sport a coach would let her play with Erb’s Palsy in her arm. Her parents are the most influential people in her sporting career because they have worked hard their entire lives and always stay humble, persevere through setbacks and put God first.

Conor Harrity
Men’s Eight
Date of Birth: 9/3/1994
Birthplace: Boston, Mass.
Height: 6'5"
Weight: 215
Began Rowing: Boston College High School, 2009
Current Club Affiliation: USRowing Training Center - Oakland
Undergraduate Education: Harvard University
Current Coach: Mike Teti
Training Location: Oakland, Calif.
National Teams: One – Senior, 2018
National Results: Finished fourth in the varsity eight at the 2018 IRA Championships...Won bronze in the varsity eight at the 2017 IRA Championships.
Personal: Conor was team captain at Harvard University his senior year. He graduated with a degree in economics. Conor was named to the All-Ivy League second team in 2017.

Ronald Harvey
PR2 Mixed Double Sculls
Date of Birth: 7/15/1971
Birthplace: Downingtown, Pa.
Hometown: Long Beach, Calif.
Current Residence: Long Beach, Calif.
Height: 6’2”
Weight: 170
Began Rowing: Massachusetts Institute of Technology, 1989
Current Club Affiliation: Long Beach Rowing Association
Undergraduate Education: Massachusetts Institute of Technology
Graduate Education: Stanford University, Anderson School at UCLA
Training Location: Long Beach, Calif.
National Teams: Ten – Senior, 2004-12, 2018
International Results: Finished eighth in the arms and shoulders single sculls at the 2012 Paralympic Games...Finished fourth in the arms and shoulders single sculls at the 2011 World Rowing Championships...Finished ninth in the arms and shoulders single sculls at the 2010 World Rowing Championships...Finished fourth in the arms and shoulders single sculls at the 2009 World Rowing Championships...Finished fifth in the arms and shoulders single sculls at the 2008 Paralympic Games...Finished fifth in the arms and shoulders single sculls at the 2007 World Rowing Championships...Won silver in the arms and shoulders single sculls at the 2006 World Rowing Championships...Won bronze in the arms and shoulders single sculls at the 2005 World Rowing Championships...Won bronze in the arms and shoulders single sculls at the 2004 World Rowing Championships.
National Results: Won the adaptive single sculls at the 2012 Paralympic Trials – Rowing...Won the adaptive single sculls at the 2012 National Selection Regatta II...Won the adaptive single sculls at the 2011 Adaptive World Championship Trials...Won the adaptive single sculls at the 2010 Adaptive World Championship Trials...Won the adaptive single sculls at the 2009 World Championship Trials...Won the adaptive single sculls at the 2008 USRowing National Championships.

Sam Hausmann
Lightweight Men’s Quadruple Sculls
Date of Birth: 10/21/1994
Birthplace: Buffalo, N.Y.
Hometown: Buffalo, N.Y.
**Current Residence:** Boston, Mass.
**Height:** 5’8”
**Weight:** 152

**Began Rowing:** Canisius High School, 2009

**Current Club Affiliation:** Riverside Boat Club

**Undergraduate Education:** Northeastern University

**Current Coaches:** Tom Keister, Emanuel Valentin

**Training Location:** Cambridge, Mass.

**National Teams:** One – Senior, 2018

**International Results:** Placed second in the senior quadruple sculls at the 2017 Canadian Henley and in the under 23 lightweight double sculls at the 2016 Canadian Henley.

**National Results:** Placed first in the lightweight quadruple sculls at the 2018 Senior Trials II...Finished fourth in the lightweight single sculls at the 2017 Head of the Charles Regatta.

**Personal:** Sam works as a software engineer. He enjoys cycling and cooking.

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**Blake Haxton**

**PR1 Men's Single Sculls**

**Date of Birth:** 12/17/1990

**Birthplace:** Columbus, Ohio

**Hometown:** Columbus, Ohio

**Current Residence:** Columbus, Ohio

**Height:** 3’2”

**Weight:** 160

**Current Club Affiliations:** Upper Arlington Crew

**Undergraduate Education:** Ohio State University

**Current Coach:** Patrick Kington

**Training Location:** Upper Arlington, Ohio

**National Teams:** Five – Senior, 2014-18

**International Results:** Placed sixth in the PR1 single sculls at the 2017 World Rowing Championships...Placed fourth in the arms and shoulders single sculls at the 2016 Paralympic Games...Placed fifth in the arms and shoulders single sculls at the 2015 World Rowing Championships...Placed fourth in the arms and shoulders single sculls at the 2014 World Rowing Championships.

**National Results:** Finished first in the PR1 single sculls at the 2017 U.S. Senior and Para World Championship Trials...Won the arms and shoulders single sculls at the 2016 Olympic & Paralympic Team Trials...Won the arms and shoulders single sculls at the 2015 Para Rowing and Junior World Championships Trials...Won the arms and shoulders single sculls at the 2014 U.S. Para-Rowing World Championships Trials...Winner of the 2014 C.R.A.S.H. B. Indoor Rowing Championships...Finished fifth in the youth four with coxswain at the 2007 Head of the Charles Regatta.

**Personal:** Blake chose rowing in high school when his friends and family really wanted him to give it a try. He gave in a was hooked within a few weeks. He lists making the U.S. National
Team as his most memorable achievement. Blake lists his older brother, Anderson, as the most influential person in his life.

Emily Huelskamp

Women’s Quadruple Sculls

Date of Birth: 1/17/1987
Birthplace: St. Louis, Mo.
Hometown: Sainte Genevieve, Mo.
Current Residence: Princeton, N.J.
Height: 6’2”
Weight: 180
Began Rowing: Wheaton College, 2006
Current Club Affiliations: USRowing Training Center - Princeton
Undergraduate Education: Wheaton College
Graduate Education: Boston University
Current Coach: Casey Galvanek
Training Location: Princeton, N.J.
National Teams: Five – Senior, 2013, 2016-18; Pan Am, 2015
International Results: Placed fifth in the quadruple sculls at the 2017 World Rowing Championships...Placed second in the four at the 2016 World Rowing Championships...Placed sixth in the quadruple sculls at the 2016 World Rowing Cup II...Won the pair at the 2015 Pan American Games...Won the four at the 2013 World Rowing Championships.
National Results: Finished fifth in the pair at the 2016 National Selection Regatta I...Won the pair at the 2015 Pan American Games...Finished eighth in the pair at the 2014 National Selection Regatta I...Won the four at the 2013 World Championships Trials...Won gold in the single sculls and finished second in the double sculls at the 2012 USRowing National Championships...Finished third in the quadruple sculls at the 2011 USRowing National Championships.
Personal: Emily enjoys reading, baking and hiking. She lists her team winning the cross-country state championship during her senior year of high school as her most memorable athletic achievement. After rowing, Emily intends to pursue a doctoral degree and then teach and coach at the collegiate level.

Alex Karwoski

Men’s Eight

Date of Birth: 9/16/1990
Birthplace: Nashua, N.H.
Hometown: Moultonborough, N.H.
Height: 6’4”
Weight: 195
Current Club Affiliations: USRowing Training Center - Oakland
Undergraduate Education: Cornell University
Current Coach: Mike Teti
Training Location: Oakland, Calif.
National Teams: Seven – Under 23, 2012; Senior, 2013-2018
International Results: Finished second in the eight at the 2017 World Rowing Championships...Placed fourth in the eight at the 2016 Olympic Games...Placed third in the eight at the 2016 World Rowing Cup II...Placed seventh in the eight at the 2015 World Rowing Championships...Won bronze in the eight at the 2015 World Rowing Cup II...Placed 20th in the double sculls at the 2014 World Rowing Championships...Finished 14th in the pair at the 2013 World Rowing Championships...Placed fourth in the four at the 2012 World Rowing Under 23 Championships.
National Results: Finished third in the pair at the 2016 National Selection Regatta I...Won the pair at the 2015 National Selection Regatta 1...Won the double sculls at the 2014 Senior II World Championships Trials.... Finished seventh in the pair at the 2014 National Selection Regatta 2...Won the pair at 2013 World Championships Trials.
Personal: Alex loves his family and is thankful that his mother and his sisters are so supportive of him. Alex’s brother is a professional triathlete. He lists his father as the most influential person in his sporting career.

Justin Keen
Men's Quadruple Sculls
Date of Birth: 6/6/1990
Birthplace: Hatfield, Pa.
Hometown: Hatfield, Pa.
Height: 6'3”
Weight: 195
Current Club Affiliation: Seattle Rowing Center, Penn AC Rowing Association
Undergraduate Education: Pennsylvania State University
Current Coach: Sean Hall
National Teams: One – Senior, 2018
International Results: Finished ninth in the quadruple sculls at the 2018 World Rowing Cup II...Finished 11th in the quadruple sculls at the 2017 World Rowing Cup III.

Michael Knippen
Men’s Quadruple Sculls
Date of Birth: 5/5/1994
Birthplace: Milwaukee, Wis.
Hometown: Germantown, Wis.
Current Residence: Seattle, Wash.
Height: 6'5”
Weight: 220
Began Rowing: Seattle Rowing Center, 2012
**Current Club Affiliation:** Seattle Rowing Center
**Undergraduate Education:** University of Wisconsin
**Current Coaches:** Sean Hall, Carlos Dinares, Conal Groom
**Training Location:** Philadelphia, Pa.
**National Teams:** One – Senior, 2018
**National Results:** Finished sixth in the second varsity eight at the 2016 Eastern Sprints and and fifth at the 2016 IRA Championships.
**Personal:** Michael majored in biochemistry and applied mathematics in biological structures. He received All-Big Ten Academic Honors in the 2012-2013 rowing season. Michael worked and coached for a year after graduation. In 2018, he lived on both coasts and trained in every boat class besides the elusive triple. His mom, dad, and younger brother have been extremely supportive of his journey. His favorite place is Waupaca, Wis.

**Kara Kohler**
**Women’s Single Sculls**
**Date of Birth:** 1/20/1991
**Birthplace:** Clayton, Calif.
**Hometown:** Clayton, Calif.
**Height:** 6’2”
**Weight:** 175
**Began Rowing:** University of California, Berkeley, 2009
**Current Club Affiliation:** USRowing Training Center - Princeton
**Undergraduate Education:** University of California, Berkeley
**Current Coach:** Laurel Korholz
**Training Location:** Oakland, Calif.
**National Teams:** Six – Under 23, 2010; Senior, 2011-13, 2017-18
**International Results:** Finished fourth in the single sculls at the 2018 World Rowing Cup III and seventh at the 2018 World Rowing Cup I...Finished fifth in the quadruple sculls at the 2017 World Rowing Championships...Finished sixth in the pair at the 2014 World Rowing Cup 1...Finished fifth in the quadruple sculls at the 2013 World Rowing Championships...Finished sixth in the quadruple sculls at the 2013 World Rowing Cup III...Won bronze in the quadruple sculls at the 2012 Olympic Games...Finished eighth in the quadruple sculls at 2012 World Rowing Cup II...Finished fourth in the quadruple sculls at the 2012 World Rowing Cup I...Won gold in the four at the 2011 World Rowing Championships...Won gold in the eight at the 2011 World Rowing Cup III...Won the Princess Grace Challenge Cup at the 2011 Henley Royal Regatta...Won gold in the eight at the 2010 World Rowing Under 23 Championships.
**National Results:** Finished fifth in the pair at the 2016 National Selection Regatta I...Won the four at the 2011 World Rowing Championships Trials...Finished fourth in the varsity eight at the 2010 NCAA Championships...Won the varsity eight at the 2010 Pac-10 Championships.
**Personal:** Kara was a competitive swimmer throughout high school, swimming at the 2008 Janet Evans Grand Prix Swim Meet at USC and the 2008 Pacific Swimming North America Cup Challenge. Her hobbies include camping, swimming, triathlons, cooking and baking. Kara was encouraged by a family friend to attend the University of California and to consider the sport of
rowing. She lists the late Cal coxswain, Jill Costello, as her personal hero, and her parents as the most influential people in her life. Kara was named the Pac-10 Conference Newcomer of the Year in 2010 and won Cal’s Most Promising Freshman Award. Kara was a 2010 Division I Second-Team All-American and a 2010 First-Team Division I All-West Region selection. Kara was a 2011 Division I First-Team All-American.

Michael Landuyt
Lightweight Men’s Quadruple Sculls
Date of Birth: 6/6/1997
Birthplace: Grosse Pointe Park, Mich.
Current Residence: Troy, N.Y.
Height: 5’11”
Weight: 160
Began Rowing: Detroit Boat Club, 2011
Current Club Affiliation: ARION
Undergraduate Education: Rensselaer Polytechnic Institute
Current Coach: Emanuel Valentin
Training Location: Saratoga Springs, N.Y.
National Teams: One – Senior, 2018
International Results: Placed first at the 2016 Canadian Henley in the under 23 quadruple sculls...Placed first at the 2014 Canadian Henley in the senior 64 kilogram four with coxswain.
National Results: Won gold in the collegiate single sculls at the 2018 Dad Vail Regatta...Placed third in the lightweight single sculls at the 2017 Head of the Charles Regatta...Placed second in the senior lightweight double sculls at the 2017 USRowing Club National Championships...Won the senior lightweight quadruple sculls at the 2017 USRowing Club National Championships...Placed second in the collegiate single sculls at the 2017 Dad Vail Regatta...Placed first in the senior lightweight quadruple sculls, senior lightweight double sculls, senior lightweight four with coxswain and senior lightweight eight at the 2016 USRowing Club National Championships...Won the intermediate lightweight eight and senior lightweight eight at the 2015 USRowing Club National Championships...Placed third in the lightweight eight at the 2014 USRowing Youth National Championships...Placed third in the lightweight eight at the 2013 USRowing Youth National Championships...Placed third in the under 17 single sculls at the 2013 USRowing Club National Championships.

Alexander Loy
Lightweight Men’s Quadruple Sculls
Date of Birth: 1/5/1993
Birthplace: Pittsburgh, Pa.
Hometown: Ballston Lake, N.Y.
Current Residence: Ballston Lake, N.Y.
Height: 5’11”
Weight: 155
Began Rowing: Friends of Shenendehowa Crew, Inc., 2004
Current Club Affiliation: ARION
Undergraduate Education: Trinity College
Graduate Education: Albany Law School
Current Coaches: Emanuel Valentin, Eric Catalano
Training Location: Saratoga Springs, N.Y.
National Teams: One – Senior, 2018
Personal: Alexander also swam in high school. He received the National Hispanic Scholar Award in high school. Alexander was a member of the Saratoga County Youth Court. He plays guitar and majored in public policy and law.

Hugh McAdam
Lightweight Men’s Double Sculls
Date of Birth: 9/13/1985
Birthplace: Hollis, N.H.
Hometown: Hollis, N.H.
Height: 6’0”
Weight: 154
Undergraduate Education: Washington College
Current Coach: Judith Vogel
National Teams: Two – Senior, 2015, 2018
International Results: Finished 11th in the lightweight single sculls at the 2017 World Rowing Cup II...Finished fifth in the lightweight quadruple sculls at the 2015 World Rowing Championships...Finished eighth in the lightweight single sculls at the 2013 World Rowing Cup II.
National Results: Won the lightweight single sculls at the 2017 Spring Speed Order I...Won the lightweight quadruple sculls at the 2015 Senior I World Championship Trials...Won the lightweight single sculls at the 2015 USRowing National Championship...Finished fourth in the lightweight single sculls at the 2015 National Selection Regatta...Won the lightweight single sculls at the 2013 National Selection Regatta I...Won the lightweight single sculls at the 2012 Fall Speed Order...Finished second in the lightweight single sculls at the 2012 Head of the Charles...Finished second in the lightweight single sculls at the 2012 Non-Olympic Senior National Team Trials...Finished third in lightweight single sculls at the 2011 Head of the Charles...Finished third in the lightweight double at the 2011 Pan American Games Trials...Finished third in the lightweight quad sculls at the 2011 Senior National Team Trials.
Personal: Hugh began rowing as a walk-on freshman with the Washington College Shoremen in 2004. Since graduating in 2008, rowing has taken him to Boston and Philadelphia before he began training with the Green Racing Project at the Craftsbury Outdoor Center in the fall of 2012. Outside of rowing, he enjoys coaching, mountain biking, cycling and kayaking.

Maureen McAuliffe
Women’s Quadruple Sculls
Date of Birth: 12/26/1989
Birthplace: Olney, Md.
Hometown: Herndon, Va.
Height: 6’1”
Weight: 165

Current Club Affiliations: USRowing Training Center - Princeton, ARION
Undergraduate Education: George Mason University
Current Coaches: Casey Galvanek, Tom Terhaar
Training Location: Princeton, N.J.
National Teams: Three – Under 23, 2011; Senior, 2017-18

International Results: Placed fifth in the quadruple sculls at the 2017 World Rowing Championships...Finished third in the eight at the 2011 World Rowing Under 23 Championships.

National Results: Placed third in the double sculls at the 2018 National Selection Regatta II...Placed first in the championship double at the 2017 Head of the Charles Regatta...Finished second in the double sculls at the 2017 U.S. Senior/Para World Championships Trials...Finished third in the double sculls at the 2017 National Selection Regatta II...Placed first in the club four with coxswain at the 2012 Head of the Charles Regatta.

Personal: “Mo” was named First-Team All-CAA in 2010 and 2011 and was named a Division I Second-Team All-American in 2011. In 2013, she moved to Boston to begin training with Riverside Boat Club's high performance group. The most influential people in her athletic career are her mom, her Saratoga family, Bob Spousta, her Mason Rowing and Crew Club teammates and coaches, and Tom Keister. Off the water, Mo enjoys Costco samples, binge watching Avatar: The Last Airbender with teammates, and keeping up with her favorite and only sister, Faith. In 2016, she moved to Saratoga Springs to be coached by Eric Catalano, head coach of the ARION program. It was the best decision she ever made.

Nick Mead
Men’s Four
Date of Birth: 3/12/1995
Birthplace: Strafford, Pa.
Hometown: Strafford, Pa.
Current Residence: Strafford, Pa.
Height: 6’6”
Weight: 215

Current Club Affiliations: USRowing Training Center - Oakland, New York Athletic Club
Undergraduate Education: Princeton University
Current Coach: Mike Teti
Training Location: Oakland, Calif.

International Results: Placed second in the eight at the 2017 World Rowing Championships...Placed 10th in the eight at the 2016 World Rowing Under 23 Championships...Placed seventh in the eight at the 2013 World Rowing Junior Championships.
**National Results:** Finished first in the men’s four with coxswain at 2013 Scholastic Rowing Association of America Championships National Championships...Finished second in the men’s four with coxswain at 2012 Scholastic Rowing Association of America Championships National Championships.

**Kevin Meador**  
**Men’s Single Sculls**  
**Date of Birth:** 6/28/1994  
**Birthplace:** Oakland, Calif.  
**Hometown:** Berkeley, Calif.  
**Current Residence:** Boston, Mass.  
**Height:** 6'0”  
**Weight:** 183  
**Began Rowing:** Berkeley High School, 2009  
**Current Club Affiliation:** Riverside Boat Club  
**Undergraduate Education:** Northeastern University  
**Current Coaches:** Andrew Hashway, Tom Keister  
**Training Location:** Boston, Mass.  
**National Teams:** One – Senior, 2018  
**National Results:** Won the single sculls at the 2018 Senior and Para World Championship Trials II.

**Dana Moffat**  
**Women’s Eight**  
**Date of Birth:** 4/30/1997  
**Birthplace:** Palo Alto, Calif.  
**Hometown:** Manlius, N.Y.  
**Height:** 6'0”  
**Weight:** 180  
**Current Club Affiliations:** USRowing Training Center - Princeton, University of California, Berkeley  
**Undergraduate Education:** University of California, Berkeley  
**Current Coaches:** Tom Terhaar, Laurel Korholz  
**Training Location:** Princeton, N.J.  
**National Teams:** Four – Junior, 2014-15; Under 23, 2017; Senior, 2018  
**International Results:** Won silver in the eight at the 2017 World Rowing Under 23 Championships...Won gold in the four at the 2015 World Rowing Junior Championships...Finished second in the junior division at the 2015 C.R.A.S.H.-B. Sprints Indoor Rowing Championships...Placed fourth in the pair at the 2014 Youth Olympic Games...Won silver in the four at the 2014 World Rowing Junior Championships...Won the junior division at the 2014 C.R.A.S.H.-B. Sprints Indoor Rowing Championships...Won the junior division at the 2013 C.R.A.S.H.-B. Sprints Indoor Rowing Championships.
**National Results:** Won gold in the varsity eight at the 2018 NCAA Championships, helping the Golden Bears claim the overall NCAA team title...Placed fourth in the senior double at the 2015 Scholastic Rowing Association of America Championships...Placed fifth in the senior four at the 2014 Scholastic Rowing Association of America Championships.

**Personal:** Dana chose rowing because her mom and older sister convinced her that she was built for the sport. Her sister attends Cornell University, and she has two cousins that also attended Berkeley where Dana is currently majoring in economics. In 2018, she was a Pocock Collegiate Rowing Coaches Association First-Team All-American. She also earned 2018 CRCA Scholar-Athlete Honors and was a First-Team Pac-12 All-Academic selection. Dana held the American record for junior women for 2,000 meters on an indoor rowing machine in 2015.

**Felice Mueller**

**Women's Eight**

**Date of Birth:** 9/10/1989  
**Birthplace:** White Plains, N.Y.  
**Hometown:** Cleveland, Ohio  
**Current Residence:** Princeton, N.J.  
**Height:** 6’1”  
**Weight:** 160

**Began Rowing:** Pomfret School, 2005  
**Current Club Affiliation:** USRowing Training Center - Princeton  
**Undergraduate Education:** University of Michigan  
**Current Coaches:** Tom Terhaar, Laurel Korholz  
**Training Location:** Princeton, N.J.

**National Teams:** Nine – Junior, 2007; Under 23, 2010-11; Senior, 2013-18

**International Results:** Placed seventh in the single sculls at the 2017 World Rowing Championships...Placed fourth in the pair at the 2016 Olympic Games...Won gold in the pair at the 2016 World Rowing Cup II...Took bronze in the pair at the 2015 World Rowing Championships...Placed fourth in the pair at the 2015 World Rowing Cup II...Took bronze in the quadruple sculls at the 2014 World Rowing Championships...Won gold in the quadruple sculls at the 2014 World Rowing Cup II...Won gold in the four at the 2013 World Rowing Championships...Won gold in the pair and bronze in the eight at the 2011 World Rowing Under 23 Championships...Won gold and set the world record in the pair at the 2010 World Rowing U23 Championships...Won gold in the senior pair at the 2008 Canadian Henley...Placed third in the eight at the 2007 World Rowing Junior Championships.

**National Results:** Won the single sculls at the 2017 U.S. Senior and Para World Championship Trials...Won gold in the senior/elite single sculls at the 2017 USRowing Club National Championships...Finished first in the single sculls at the 2017 Spring Speed Order I...Finished first in the pair at the 2016 National Selection Regatta I...Finished first in the pair at the 2015 National Selection Regatta I...Finished fifth in the pair at the 2014 National Selection Regatta I...Won the women’s four at 2013 Senior World Championship Trials...Finished second in the pair at the 2013 National Selection Regatta II...Won the pair at the 2010 USRowing Under 23 World Championships Trials...Won the senior eight at the 2007 USRowing Club National...
Championships...Finished second in the four with coxswain at the 2006 USRowing Youth National Championships...Finished third in the four with coxswain at the 2006 New England Interscholastic Rowing Association Championships.

Mary (Jones) Nabel
Lightweight Women’s Double Sculls
Date of Birth: 8/25/1986
Birthplace: Huntsville, Ala.
Hometown: Huntsville, Ala.
Height: 5'7"
Weight: 128
Began Rowing: Rocket City Rowing Club, 2002
Undergraduate Education: University of Tennessee
Current Coaches: Matthew Madigan
National Teams: Five – Pan Am, 2015; Senior, 2014, 2016-2018
International Results: Finished seventh in the lightweight double sculls at the 2018 World Rowing Cup III...Finished 14th in the lightweight double sculls at the 2018 World Rowing Cup II...Finished sixth in the lightweight double sculls at the 2018 World Rowing Cup I...Finished third in the lightweight single sculls at the 2017 World Rowing Championships...Placed fifth in the lightweight single sculls at the 2017 World Rowing Cup II...Placed fourth in the lightweight single sculls at the 2016 World Rowing Championships...Finished seventh in the lightweight quadruple sculls at the 2015 Pan American Games...Finished third in the lightweight single sculls at the 2012 USRowing National Championships.
National Results: Won the lightweight single sculls at the 2017 U.S. Senior and Para World Championship Trials...Won the lightweight single sculls at the 2017 USRowing Spring Speed Order I...Won the lightweight single sculls at the 2016 Junior, Under 23 and Senior Team Trials...Won the lightweight single sculls at the 2015 Pan American Games Trials...Won the lightweight single sculls at the 2013 Head of the Charles...Won gold in the quadruple sculls at the 2013 USRowing National Championships...Finished second in the lightweight single sculls at the 2012 USRowing National Championships.
Personal: Mary’s most memorable sporting achievement was winning the lightweight single sculls at the Head of the Charles. The most influential people in her sporting career are Jada Leo, Michiel Bartman, Scott Wisniewski, Sean Clarke and her parents, Wayne and Elysa Jones. She hopes to represent the U.S. at future world championships and possibly the Olympic Games.

James Nelson
Lightweight Men’s Quadruple Sculls
Date of Birth: 12/23/1994
Birthplace: Baltimore, Md.
Hometown: Austin, Texas
Current Residence: Seattle, Wash.
Height: 6'1"
Weight: 155
Began Rowing: Texas Rowing Center, 2006
Current Club Affiliation: Seattle Rowing Center
Undergraduate Education: Franklin & Marshall College
Current Coaches: Conal Groom, Emanuel Valentin
Training Location: Seattle, Wash.
National Teams: One – Senior, 2018
Personal: James enjoys rowing, cycling and running.

Charley Nordin
PR3 Mixed Four with Coxswain
Date of Birth: 8/16/1997
Birthplace: San Francisco, Calif.
Hometown: Alameda, Calif.
Current Residence: Spokane, Wash.
Height: 6’8”
Weight: 205
Current Club Affiliations: Gonzaga University Men’s Rowing
Undergraduate Education: Gonzaga University
Current Coaches: Ellen Minzner, Mark Voorhees
Training Location: Spokane, Wash.
National Teams: One – Senior, 2018
National Results: Finished third in the second varsity eight at the 2018 Husky Open...Won the second varsity eight at the 2018 Western Sprints Challenge.
Personal: Charley loves making new friends, listening to music and exploring big cities. He started rowing his freshman year at Gonzaga as a walk on.

Glenn Ochal
Men’s Eight
Date of Birth: 3/1/1986
Current Residence: Los Angeles, Calif.
Height: 6’4”
Weight: 205
Began Rowing: Roman Catholic High School, Crescent Boat Club, 2001
Current Club Affiliations: USRowing Training Center - Oakland, RowLA
Undergraduate Education: Princeton University
Current Coach: Mike Teti
Training Location: Oakland, Calif., Los Angeles, Calif.
International Results: Placed fourth in the eight at the 2016 Olympic Games...Took bronze in the eight at the 2016 World Rowing Cup II...Placed seventh in the four at the 2015 World
Rowing Championships...Won gold in the four at the 2015 World Rowing Cup II...Placed sixth in the pair at the 2014 World Rowing Championships...Won the eight at the 2013 World Rowing Cup III...Won bronze in the four at the 2012 Olympic Games...Finished eighth in the quadruple sculls at the 2011 World Rowing Championships...Finished 11th in the double sculls at the 2011 Rowing World Cup III...Reached the semifinals of the Double Sculls Challenge Cup at the 2011 Henley Royal Regatta...Finished fifth in the double sculls at the 2011 World Rowing Cup II...Finished seventh in the double sculls at the 2010 World Rowing Championships...Finished seventh in the double sculls at the 2010 World Rowing Cup III...Finished 12th in the quadruple sculls at the 2009 World Rowing Championships...Finished fourth in the quadruple sculls at the 2009 World Rowing Cup III...Finished fifth in the double sculls at the 2009 World Rowing Cup II...Placed 16th in the quadruple sculls at the 2007 World Rowing Under 23 Championships...Placed 12th in the quadruple sculls at the 2005 World Rowing Under 23 Championships...Placed 18th in the double sculls at the 2003 World Rowing Junior Championships.

**National Results:** Won the pair at the 2014 Senior II World Championships Trials...Won the pair at the 2012 National Selection Regatta I...Won the double sculls at the 2011 National Selection Regatta II...Finished second in the single sculls at the 2011 National Selection Regatta I...Finished third in the single sculls at the 2011 West Coast Spring Speed Order...Won the double sculls at the 2010 National Selection Regatta II...Finished third in the single sculls at the 2010 National Selection Regatta I...Won gold in the quadruple sculls at the 2009 USRowing National Championships...Won the double sculls at the 2009 National Selection Regatta II...Finished second in the single sculls at the 2009 National Selection Regatta I...Won gold in the championship four with coxswain at the 2008 Head of the Charles Regatta...Won gold in the championship eight at the 2005 Head of the Charles Regatta.

**Personal:** Glenn was named USRowing’s Male Athlete of the Year in 2012. He enjoys outdoor activities and competitive card playing. Playing football is his favorite activity, followed closely by beach volleyball, competitive horseshoes and bocce ball. Glenn is a superfan of the Philadelphia Phillies and Eagles. He is a member of a family of six – parents Lee and JoAnne and siblings Lea Anne, Kyle and Justin. He attributes all of his accomplishments to his parents, who have given him every advantage needed to be successful. Glenn is married to Dylan Gwaltney, a student at USC Keck School of Medicine.

**Kristine O’Brien**
**Women’s Eight**
**Date of Birth:** 10/3/1991  
**Birthplace:** Clane, County Kildare, Ireland  
**Hometown:** Massapequa Park, N.Y.  
**Current Residence:** Princeton, N.J.  
**Height:** 5’11”  
**Weight:** 164  
**Began Rowing:** St. John the Baptist Diocesan High School, 2005  
**Current Club Affiliation:** USRowing Training Center - Princeton  
**Undergraduate Education:** University of Virginia
**Current Coaches:** Tom Terhaar, Laurel Korholz  
**Training Location:** Princeton, N.J.  
**National Teams:** Eight – Junior, 2009; Under 23, 2011-13; Senior, 2015-18  
**International Results:** Won bronze in the pair and eight at the 2018 World Rowing Cup III...Placed fourth in the four at the 2017 World Rowing Championships...Took bronze eight at the 2017 World Rowing Cup II...Took silver in the four at the 2016 World Rowing Championships...Won the Remenham Challenge Cup at the 2016 Henley Royal Regatta...Won gold in the four at the 2015 World Rowing Championships...Won gold in the eight at the 2015 World Rowing Under 23 Championships...Won gold in the eight at the 2012 World Rowing Under 23 Championships...Placed seventh in the quadruple sculls at the 2011 World Rowing Under 23 Championships...Placed sixth in the pair at the 2009 World Rowing Junior Championships.

**National Results:** Finished sixth in the pair at the 2015 National Selection Regatta I...Finished fourth in the varsity eight at the 2013 NCAA Championships...Finished third overall and won the collegiate category in the championship eight at the 2012 Head of the Charles Regatta...Won the varsity eight and team title at the 2012 NCAA Championships...Won the championship eight at the 2011 Head of the Charles...Finished seventh in the varsity eight at the 2011 NCAA Championships...Finished second in the championship eight at the 2010 Head of the Charles...Won the intermediate double sculls and senior eight at the 2010 USRowing Club National Championships...Finished second in the varsity eight at the 2010 NCAA Championships...Won the senior double sculls at the 2009 Stotesbury Cup Regatta...Finished second in the senior double sculls at the 2009 Scholastic Rowing Association of America Championships...Won the youth double sculls at the 2008 Head of the Charles.

**Personal:** Kristine, nicknamed “O’B,” enjoys picnics on the lawn, beach volleyball, and Buffalo wings. She was the 2010 ACC Freshman of the Year and was a part of the ACC Crew of the Year. In 2011 and 2012, she was All-ACC, CRCA All-South Region, and 2011 First-Team All-American. In 2011, she won the Coaches Award for Excellence. Kristine lists winning the varsity eight and team title at the 2012 NCAA Championships as her most memorable sporting achievement. She lists her grandmother as the most influential person in her life, and her parents and Kevin Sauer as the most influential people in her rowing career. The night before a race, Kristine says she must wear her lucky pajamas.

**Meghan O’Leary**  
**Women’s Double Sculls**  
**Date of Birth:** 8/24/1984  
**Birthplace:** Tulsa, Okla.  
**Hometown:** Baton Rouge, La.  
**Current Residence:** San Carlos, Calif.  
**Height:** 6’10”  
**Weight:** 165  
**Began Rowing:** Riverfront Recapture, 2010  
**Current Club Affiliations:** New York Athletic Club  
**Undergraduate Education:** University of Virginia
Graduate Education: University of Virginia (M.Ed)
Current Coaches: Sarah Trowbridge, Kate Bertko
Training Location: Redwood City, Calif.
National Teams: Six – Senior, 2013-18
International Results: Won bronze in the double sculls at the 2018 World Rowing Cup III...Won silver in the double sculls at the 2017 World Rowing Championships...Placed eighth in the single sculls at the 2017 World Rowing Cup II...Placed sixth in the double sculls at the 2016 Olympic Games...Placed second in the double sculls at the 2015 World Rowing Cup II...Placed sixth in the double sculls at the 2014 World Rowing Championships...Placed second in the double sculls at the 2014 World Rowing Cup II...Placed seventh in the double sculls at the 2013 World Rowing Championships...Placed second in the double sculls at the 2013 World Rowing Cup II...Placed first in the senior quadruple sculls at the 2011 Canadian Henley...Placed first in the senior double sculls at the 2011 Canadian Henley...Placed second in the championship double sculls at the 2011 Head of the Charles.
National Results: Placed first in the double sculls at the 2017 U.S. Senior and Para World Championship Trials...Won the double sculls at the 2015 National Selection Regatta I...Won the double sculls at the 2014 National Selection Regatta II...Won the double sculls at the 2013 National Selection Regatta II...Finished fourth in the single sculls at the 2013 National Selection Regatta I...Finished fifth in the single sculls at the 2012 Non-Qualified Small Boat Olympic Trials.
Personal: Meghan was a two-sport athlete (softball and volleyball) at the University of Virginia. She picked up rowing post-college while living in Hartford, Conn., and working for ESPN before deciding to train full-time at the USRowing Training Center. Follow her journey at Meghan O'Leary Blog.

Vicky Opitz
Women’s Eight
Date of Birth: 6/5/1988
Birthplace: Madison, Wis.
Hometown: Middleton, Wis.
Current Residence: Princeton, N.J.
Height: 5’11”
Weight: 153
Current Club Affiliations: USRowing Training Center – Princeton
Undergraduate Education: University of Wisconsin
Current Coach: Tom Terhaar
Training Location: Princeton, N.J.
National Teams: Four – Senior, 2013-15, 2018
International Results: Placed third in the eight and four at the 2018 World Rowing Cup III...Placed fourth in the four and third in the eight at the 2017 World Rowing Cup II...Won the Remenham Challenge Cup at the 2016 Henley Royal Regatta...Won the eight at the 2015 World Rowing Championships...Won the eight at the 2014 World Rowing Championships...Placed first in the eight at the 2014 World Rowing Cup II...Placed first and set a world record in the eight at
the 2013 World Rowing Cup III...Placed first in the senior four and second in the senior double sculls, second in the senior quadruple sculls and second in the championship eight at the 2012 Canadian Henley.

**National Results:** Finished fifth in the pair at the 2015 National Selection Regatta I...Finished fourth in the pair at the 2014 National Selection Regatta I...Finished second in the pair at the 2013 National Selection Regatta II...Finished second in the champion four at the 2012 Head of the Charles Regatta.

**Personal:** Vicky enjoys reading, cooking, baking, yoga, tennis traveling and napping. She was named the 2012 Vesper Boat Club Female Athlete of the Year. Her most memorable athletic achievement was being part of the first-ever Wisconsin Big Ten rowing championship, the highest finish at the South-Central Regatta, and the highest team finish of seventh at the NCAA Championships. After rowing, Vicky would like to go back to school for business or law or go completely in the other direction and go to culinary school, specializing in pastry.

**Pearl Outlaw**

**PR3 Mixed Double Sculls**

**Date of Birth:** 11/12/1997  
**Birthplace:** Charlottesville, Va.  
**Hometown:** Charlottesville, Va.  
**Current Residence:** Ithaca, N.Y.  
**Height:** 5’9”  
**Weight:** 160  
**Current Club Affiliations:** Community Rowing, Inc., Ithaca College Crew  
**Undergraduate Education:** Ithaca College  
**Current Coaches:** Beth Noll, Becky Robinson, Beth Greene  
**Training Location:** Boston, Mass., Ithaca, N.Y.  
**National Teams:** One – Senior, 2018  
**International Results:** Finished fifth in the PR3 mixed four with coxswain at the 2018 International Para Rowing Regatta...Finished fourth in the mixed inclusion double sculls at the 2017 Head of the Charles Regatta.  
**National Results:** Finished second in the novice women’s eight at the 2017 National Invitational Rowing Championship.

**Tom Peszek**

**Men’s Eight**

**Date of Birth:** 1/4/1985  
**Hometown:** Farmington Hills, Mich.  
**Current Residence:** Philadelphia, Pa.  
**Height:** 6’3”  
**Weight:** 200  
**Current Club Affiliations:** USRowing Training Center - Oakland, Vesper Boat Club  
**Undergraduate Education:** University of Michigan  
**Current Coach:** Mike Teti
Training Location: Oakland, Calif.
National Teams: Nine – Under 23, 2007; Senior, 2010-13, 2015-18
International Results: Won silver in the eight at the 2017 World Rowing Championships...Placed fifth in the pair with coxswain at the 2016 World Rowing Championships...Placed seventh in the eight at the 2015 World Rowing Championships...Won bronze in the eight at the 2015 World Rowing Cup II...Won gold in the eight at the 2014 World Rowing Cup II...Won bronze in the eight at the 2013 World Rowing Championships...Won gold in the eight at the 2013 World Rowing Cup II...Won silver in the eight at the 2013 World Rowing Cup I...Placed eighth in the pair at the 2012 Olympic Games...Placed ninth in the pair at the 2011 World Rowing Championships...Placed sixth in the eight at the 2010 World Rowing Championships...Placed fourth in the eight at the 2007 World Rowing Under 23 Championships.
National Results: Won the pair at the 2017 Spring Speed Order I...Won the pair with coxswain at the 2016 Junior, Under 23 and Senior Team Trials...Finished sixth in the pair at the 2016 National Selection Regatta I...Finished fourth in pair at the 2014 National Selection Regatta II...Won gold in the eight at the 2013 USRowing National Championships...Won the pair at the 2012 Olympic Trials - Rowing...Won the pair at the 2011 Senior World Championship Trials...Finished second in the pair at the 2011 National Selection Regatta II...Finished second in the pair at the 2011 National Selection Regatta I...Finished third in the pair at the 2010 National Selection Regatta III...Finished seventh in the pair at the 2010 National Selection Regattas I and II.
Personal: Tom enjoys skeet-shooting. His most memorable sporting achievement is winning the Canadian Henley Dash for Cash in back-to-back years. He chose rowing as a way to be competitive and stay in shape. He lists all of the people who ever have, or currently do, row for Michigan Crew, as well as the Michigan coaching staff, as the most influential people in his sporting career. Tom said they are the epitome of collegiate athletics and truly embody the spirit of competition. His personal heroes are his brother, Greg, Erik Hult and Patrick Kington. He thanks his parents, Donna and Larry, for their unwavering support.

Andrew Reed
Men’s Eight
Date of Birth: 12/19/1991
Current Residence: Oakland, Calif.
Height: 6'3"
Weight: 195
Began Rowing: Belmont Hill School, 2006
Current Club Affiliation: USRowing Training Center - Oakland
Undergraduate Education: Harvard University
Current Coach: Mike Teti
Training Location: Oakland, Calif.
National Teams: Two – Senior, 2017-18
International Results: Won silver in the eight at the 2017 World Rowing Championships...Won gold in the championship pair at the 2015 and 2016 Canadian Henley...Won the Visitor’s Cup at the 2014 Henley Royal Regatta.
National Results: Finished second in the pair at the 2017 Spring Speed Order I.
Personal: Andrew enjoys cross-country skiing, paddle boarding, movies and watching rowing footage. He lists high school coach Chris Richards, college freshman coach Bill Manning and teammates at Craftsbury Sculling Center as the most influential people in his rowing career.

Erin Reelick
Women’s Four
Date of Birth: 12/13/1993
Birthplace: Torrington, Conn.
Hometown: Brookfield, Conn.
Current Residence: Princeton, N.J.
Height: 6'0"
Weight: 162
Current Club Affiliations: USRowing Training Center - Princeton, New York Athletic Club
Undergraduate Education: Princeton University
Current Coaches: Tom Terhaar, Laurel Korholz
Training Location: Princeton, N.J.
International Results: Finished fourth in the pair at the 2018 World Rowing Cup III...Placed fourth in the four at the 2017 World Rowing Championships...Won silver in the four at the 2017 World Rowing Cup II...Won gold in the eight at the 2015 World Rowing Under 23 Championships...Won gold in the eight at the 2014 World Rowing Under 23 Championships...Placed fourth in the quadruple sculls at the 2011 World Rowing Junior Championships.
National Results: Finished second in the pair at the 2017 Spring Speed Order I...Finished seventh in the varsity eight at the 2014 NCAA Championships...Won the varsity eight at the 2014 Ivy League Championships...Finished second in the varsity eight at the 2013 NCAA Championships...Won the varsity eight at the 2013 Ivy League Championships...Won the quadruple sculls at the 2012 USRowing Youth National Championships...Won the double sculls at the 2011 Head of the Charles Regatta...Finished fourth in the quadruple sculls at the 2011 USRowing National Championships...Won the quadruple sculls at the 2011 USRowing Youth National Championships...Finished third in the double at the 2010 Head of the Charles Regatta...Won the eight at the 2010 USRowing Youth National Championships.
Personal: Erin grew up on the North Island of New Zealand and made her rowing debut as a coxswain. She was influenced by her siblings to pursue rowing. Erin enjoys baked goods, camping, and traveling. She hopes to visit 30 countries before the age of 30.

Emily Regan
Women’s Eight
Date of Birth: 6/10/88
Birthplace: Buffalo, N.Y.
Hometown: Buffalo, N.Y.
Current Residence: Princeton, N.J.
Height: 6’2”
Weight: 175
Began Rowing: Michigan State University, 2006
Current Club Affiliation: USRowing Training Center – Princeton
Undergraduate Education: Michigan State University
Current Coach: Tom Terhaar
Training Location: Princeton, N.J.
International Results: Won bronze in the four and eight at the 2018 World Rowing Cup III...Finished fourth in the eight at the 2017 World Rowing Championships...Finished third in the eight at 2017 World Rowing Cup II...Placed fourth in the four at the 2017 World Rowing Cup II...Placed first in the eight at the 2016 World Rowing Cup II...Won gold in the eight at the 2016 Olympic Games...Won the eight and four at the 2015 World Cup II...Won the eight at the 2015 World Rowing Championships...Placed second in four at the 2014 World Rowing Championships...Won the eight at the 2013 World Rowing Championships...Won the eight at the 2013 World Cup III that set a world record (5:54.16)...Won the four at the 2011 World Rowing Championships...Won the eight at the 2010 World Rowing Under 23 Championships.
National Results: Finished second in the pair at the 2017 Spring Speed Order I...Finished fourth in the pair at the 2015 National Selection Regatta I...Won the four at the 2011 Senior World Championship Trials...Won the varsity eight at the 2008, 2009 and 2010 Big 10 Championships.
Personal: After rowing, Emily would like to pursue a masters degree. Her parents are her personal heroes. The most influential person in her sporting career has been her college coach, Matt Weise, who showed her how much potential she had and encouraged her to keep developing herself in the sport of rowing. In 2010, Emily was named a Division I First-Team All-American, First-Team All-Big Ten, First-Team All-Central Region and the Big Ten Rowing Conference Athlete of the Year.

Allie Reilly
PR3 Mixed Four with Coxswain
Date of Birth: 9/30/1997
Hometown: North Kingstown, R.I.
Current Residence: Boston, Mass.
Height: 5’10”
Weight: 145
Began Rowing: 2015, University of Rhode Island
Current Club Affiliation: Community Rowing, Inc.
Undergraduate Education: University of Rhode Island
Current Coaches: Shelagh Donohoe, Ellen Minzner
Training Location: Boston, Mass.
**National Teams:** One – Senior, 2018

**National Results:** Finished 21st in the varsity eight at the 2018 NCAA Championships. Won the varsity eight at the 2018 Atlantic 10 Conference Championships.

**Personal:** Reilly likes skiing and going to the beach. She has one sister and one brother. She is majoring in kinesiology and loves the Boston Red Sox and New England Patriots.

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**Alexander Richards**  
**Men’s Four**  
**Date of Birth:** 8/12/1995  
**Birthplace:** Newton, Mass.  
**Hometown:** Watertown, Mass.  
**Current Residence:** Oakland, Calif.  
**Height:** 6’6”  
**Weight:** 215  
**Began Rowing:** The Belmont Hill School, 2009  
**Current Club Affiliation:** Newell Training Center  
**Undergraduate Education:** Harvard University  
**Current Coaches:** Mike Teti, Kris Korzeniowski  
**Training Location:** Cambridge, Mass.  

**National Teams:** Four – Junior, 2013; Under 23, 2017; Senior, 2017-18

**International Results:** Placed 10th in the four at the 2017 World Rowing Championships...Placed fourth in the pair at the 2017 World Rowing Under 23 Championships...Finished sixth in the four at the 2013 World Rowing Junior Championships.  

**National Results:** Placed second in the four at the 2012 USRowing Youth National Championships...Won the four at the 2012 New England Interscholastic Rowing Association Championships...Won the second four at the 2011 New England Interscholastic Rowing Association Championships.  

**Personal:** Alexander is an aspiring comedian and a proud Bostonian. He is a lover of larger dogs. Alexander lists his dad as the most influential person in his sports career, as well as his personal hero. In his free time, Alex will read, run and listen to music. He would like to compete in the Olympics and have a family when he gets older.

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**Hillary Saeger**  
**Lightweight Women’s Quadruple Sculls**  
**Date of Birth:** 9/25/1984  
**Birthplace:** Boston, Mass.  
**Hometown:** Dedham, Mass.  
**Height:** 5’5”  
**Weight:** 124  
**Current Club Affiliation:** Riverside Boat Club  
**Undergraduate Education:** Marist College  
**Current Coach:** Linda Muri  
**Training Location:** Boston, Mass.
National Teams: Seven – Senior, 2009, 2011-15, 2018
International Results: Finished 14th in the lightweight double sculls at the 2018 World Rowing Cup II...Finished 10th in the lightweight double sculls at the 2018 World Rowing Cup I...Finished sixth in the lightweight quadruple sculls at the 2015 World Rowing Championships...Finished seventh in the lightweight quadruple sculls at the 2014 World Rowing Championships...Won silver in the lightweight quadruple sculls at the 2013 World Rowing Championships... Took bronze in the lightweight quadruple sculls at the 2011 World Rowing Championships... Took bronze in the lightweight quadruple sculls at the 2009 World Rowing Championships.

National Results: Won the lightweight quadruple sculls at the 2012 World Rowing Non-Olympic Senior Championships Trials...Finished second in the lightweight double sculls at 2012 National Selection Regatta II...Finished third in the lightweight single sculls at the 2011 National Selection Regatta I...Finished third in the lightweight double sculls at the 2010 National Selection Regatta II...Finished third in the lightweight double sculls at the 2009 National Selection Regatta II... Finished second in the lightweight double sculls at the 2009 National Selection Regatta I...Placed fifth in the lightweight double sculls and third in the lightweight quadruple sculls at the 2009 USRowing National Championships.

Jennifer Sager
Lightweight Women’s Pair
Date of Birth: 11/14/1993
Hometown: Glenside, Pa.
Current Residence: Boston, Mass.
Height: 5’5”
Weight: 121
Began Rowing: Springside School, 2008
Current Club Affiliation: Riverside Boat Club
Undergraduate Education: Trinity College
Graduate Education: Oxford Brookes University
Current Coaches: Andrew Hashway, Tom Keister
Training Location: Boston, Mass.
National Teams: Three – Under 23, 2015; Senior, 2017-18
International Results: Finished seventh in the lightweight quadruple sculls at the 2017 World Rowing Championships...Finished 14th in the lightweight double sculls at the 2015 World Rowing Under 23 Championships.

Lauren Schmetterling
Women’s Sculling Spare
Date of Birth: 8/3/1988
Birthplace: Voorhees, N.J.
Hometown: Moorestown, N.J.
Current Residence: Princeton, N.J.
Lauren enjoys crossword puzzles, downhill skiing and napping...she lists her parents, Eric and Lorie and former Riverside coach Tom Keister as the most influential people to her athletic career.

Peter Schmidt

Lightweight Men’s Double Sculls

Date of Birth: 2/20/1989
Birthplace: Providence, R.I.
Hometown: Providence, R.I.
Height: 6'0”
Weight: 154
Began Rowing: Narragansett Boat Club, 2006
Current Club Affiliation: Potomac Boat Club
Undergraduate Education: Drexel University
Current Coach: Judith Vogel
Training Location: Washington, D.C.
National Teams: Five – Senior, 2014-2018
International Results: Placed 16th in the lightweight single sculls at the 2017 World Rowing Championships...Placed 10th in the lightweight double sculls at the 2017 World Rowing Cup II...Placed 11th in the lightweight quadruple sculls at the 2016 World Rowing Championships...Won bronze in the lightweight eight at the 2015 World Rowing...
Championships...Placed seventh in the lightweight quadruple sculls at the 2014 World Rowing Championships.

**National Results:** Placed first in the lightweight double sculls at the 2017 U.S. Senior and Para World Championship Trials...Won the lightweight quadruple sculls at the 2016 Junior, Under 23 and Senior Team Trials...Won the lightweight eight in the 2015 Senior I World Championship Trials...Won the senior four at the 2012 USRowing Club National Championships...Won the senior eight at the 2012 USRowing Club National Championships...Won the pair at the 2011 Dad Vail Regatta...Won the pair at the 2010 Dad Vail Regatta...Won the lightweight eight at the 2009 USRowing Club National Championships.

**Personal:** Peter is a professional engineer, amateur chef and baker.

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**Emily Schmiege**  
**Lightweight Women’s Double Sculls**  
**Date of Birth:** 5/11/1988  
**Birthplace:** Philadelphia, Pa.  
**Hometown:** Philadelphia, Pa.  
**Height:** 5’6”  
**Weight:** 121  
**Began Rowing:** University of Pittsburgh, 2006  
**Current Club Affiliation:** Potomac Boat Club  
**Undergraduate Education:** University of Pittsburgh  
**Current Coach:** Matthew Madigan  
**Training Location:** Washington, D.C.  
**National Teams:** Senior – Three, 2016-18  
**International Results:** Placed seventh in the lightweight double sculls at the 2018 World Rowing Cup III...Finished eighth in the lightweight single sculls at the 2018 World Rowing Cup II...Placed sixth in the lightweight double sculls at the 2018 World Rowing Cup I...Won bronze in the lightweight double sculls at the 2017 World Rowing Championships...Placed 10th in the lightweight single sculls at the 2017 World Rowing Cup III...Finished fifth in the lightweight quadruple sculls at the 2016 World Rowing Championships.  
**National Results:** Won the lightweight double sculls at the 2017 U.S. Senior and Para World Championship Trials...Finished first in the lightweight quadruple sculls at the 2016 Junior, Under 23 and Senior Team Trials... Finished first in the lightweight single sculls at the 2015 USRowing Speed Order East Coast...Won silver in the lightweight single sculls and double sculls at the 2015 USRowing National Championships...Won gold in the lightweight quadruple sculls at the 2015 USRowing National Championships...Finished third in lightweight single sculls at the 2015 Pan American Games Trials...Finished second in the lightweight single sculls at the 2015 Head of the Charles.

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**Michelle Sechser**  
**Lightweight Women’s Single Sculls**  
**Date of Birth:** 11/1/1986  
**Birthplace:** San Luis Obispo, Calif.
**Hometown:** Folsom, Calif.  
**Current Residence:** Philadelphia, Pa.  
**Height:** 5'5"  
**Weight:** 130  
**Began Rowing:** Capital Crew, 2000  
**Current Club Affiliation:** Vesper Boat Club  
**Undergraduate Education:** University of Tulsa  
**Graduate Education:** University of Tulsa  
**Current Coach:** Yohann Rigogne  
**Training Location:** Philadelphia, Pa.  
**National Teams:** Seven – Pan Am, 2011; Senior, 2012-15, 2017-18  
**International Results:** Won bronze in the lightweight single sculls at the 2017 World Rowing Championships...Placed 11th in the lightweight double sculls at the 2015 World Rowing Championships...Won bronze in the lightweight double sculls at the 2015 World Rowing Cup III...Placed 10th in the lightweight double sculls at the 2014 World Rowing Championships...Placed eighth in the lightweight double sculls at the 2014 World Rowing Cup II...Placed seventh in the lightweight single sculls at the 2013 World Rowing Championships...Placed fourth in the lightweight quadruple sculls at the 2012 World Rowing Senior and Junior Championships...Took bronze in the lightweight double and quadruple sculls at the 2011 Pan American Games.  
**National Results:** Won the lightweight double sculls at the 2017 U.S. Senior and Para World Championship Trials...Won the lightweight double sculls at the 2014 Senior II World Championships Trials...Won the lightweight single sculls at the 2014 National Selection Regatta I...Won the lightweight single sculls at 2013 Senior World Championships Trials...Won the lightweight quadruple sculls at 2012 World Rowing Non-Olympic Senior Championship Trials...Won lightweight double sculls at 2012 USRowing National Regatta...Finished second in the lightweight quadruple sculls at 2012 USRowing National Regatta...Finished third in lightweight double sculls at 2012 National Selection Regatta...Won the lightweight double sculls at the 2011 Pan American Games Trials...Finished fourth in the women’s quadruple sculls at the 2011 USRowing National Championships...Finished fifth in the lightweight double sculls at the 2011 National Selection Regatta II...Won gold in the senior lightweight single sculls, intermediate lightweight single sculls and senior lightweight quadruple sculls at the 2009 USRowing Club National Championships...Won bronze in the lightweight division at the 2009 C.R.A.S.H.-B. Indoor Rowing Championships...Took silver in the lightweight division at the 2008 C.R.A.S.H.-B. Indoor Rowing Championships.

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**Jenny Sichel**  
**PR3 Mixed Four with Coxswain**  
**Date of Birth:** 3/9/1988  
**Birthplace:** New York, N.Y.  
**Hometown:** Clifton, N.J.  
**Current Residence:** Clifton, N.J.  
**Height:** 5’3”
Weight: 110

**Current Club Affiliation:** Community Rowing, Inc.

**Undergraduate Education:** Bryn Mawr College

**Current Coach:** Ellen Minzner

**Training Location:** Boston, Mass.

**National Teams:** Seven – Senior, 2010, 2013-18

**International Results:** Won silver in the PR3 four with coxswain at the 2017 World Rowing Championships...Won silver in the legs, trunk and arms mixed four with coxswain at the 2016 Paralympic Games...Won silver in the legs, trunk and arms mixed four with coxswain at the 2015 World Rowing Championships...Won silver in the legs, trunk and arms mixed four with coxswain at the 2014 World Rowing Championships...Placed fourth in the legs, trunk and arms mixed four with coxswain at the 2013 World Rowing Championships...Placed sixth in the legs, trunk and arms mixed four with coxswain at the 2011 World Rowing Championships.

**National Results:** Won the men’s intermediate lightweight four with coxswain and the women’s senior four with coxswain at the 2010 USRowing Club National Championships.

**Personal:** Jenny began rowing her freshman year of college because the school did not have a softball team. Besides rowing, she enjoys running, pole vaulting, baton twirling, and playing softball. She was the 2010 Mid-Atlantic Regional Conference Rower and the 2010 Bryn Mawr College Most Valuable Rower. She received the 2010 Bryn Mawr College Founder’s Award. Jenny was named the 2007 Mid-Atlantic All-Region Novice Rower. In high school, she was a drum majorette for the band and earned the Clifton High School Drum Majorette Award for Excellence in Performance. She was a rower before a herniated disc caused her to switch to coxing. Jenny’s pre-race ritual is her “race day hair,” the braids she has worn for every race in her career. The most influential people in Jenny’s athletic career are her college rowing coach, Carol Bower, who taught her the sport and encouraged her national team aspirations, and her high school band director, Robert Morgan, who first taught her that dedication and desire make hard work pay off. Jenny's most memorable sporting achievement is making the 2010 U.S. National Team. After rowing, Jenny plans to study veterinary medicine.

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**Elizabeth Sonshine**

**Women’s Quadruple Sculls**

**Date of Birth:** 8/9/1990

**Birthplace:** Bronx, N.Y.

**Hometown:** Short Hills, N.J.

**Current Residence:** Princeton, N.J.

**Height:** 5'10"

**Weight:** 170

**Began Rowing:** Bates College, 2008

**Current Club Affiliation:** USRowing Training Center - Princeton

**Undergraduate Education:** Bates College

**Current Coaches:** Tom Terhaar, Laurel Korholz, Casey Galvanek

**Training Location:** Princeton, N.J.

**National Teams:** Two – Senior, 2017-18
International Results: Placed fifth in the quadruple sculls at the 2017 World Rowing Championships.

National Results: Finished second in the varsity eight at the 2011 NCAA Championships…Finished second in the varsity eight at the 2010 NCAA Championships…Finished third in the second varsity eight at the 2009 New England Championships.

Personal: Elizabeth began rowing as a walk-on at Bates College, where she majored in Geology. In 2012, Sonshine joined the Green Racing Project in Craftsbury, Vt., where she trained full-time for three years and became a somewhat proficient cross-country skier until moving to Boston to train with Riverside’s high performance group in 2015. After the Olympic Trials, she moved to Saratoga and joined the ARION team in the summer of 2016. She enjoys baking bread for her teammates, reading and drinking coffee.

David Smith
Lightweight Men's Pair
Date of Birth: 2/17/1986
Birthplace: Seattle, Wash.
Hometown: Seattle, Wash.
Current Residence: Seattle, Wash.
Height: 5'10"
Weight: 155
Began Rowing: The Lakeside School, 2001
Current Club Affiliations: New York Athletic Club, Pocock Rowing Center
Undergraduate Education: Dartmouth College
Graduate Education: Harvard University Graduate School of Design
Current Coach: Clive Cooper
Training Location: Seattle, Wash.
National Teams: Five – Senior, 2012-13, 2015, 2017-18
International Results: Placed sixth in the lightweight four at the 2017 World Rowing Championships…Won bronze in the lightweight eight at the 2015 World Rowing Championships…Finished seventh in the lightweight quadruple sculls at the 2013 World Rowing Championships…Finished eighth in the lightweight quadruple sculls at the 2012 World Rowing Senior and Junior Championships.
National Results: Placed first in the lightweight four at the 2017 U.S. Senior and Para World Championship Trials…Won the lightweight eight in the 2015 Senior I World Championship Trials…Won the lightweight quadruple sculls at the 2013 World Championships Trials…Finished third in the lightweight single sculls at the 2013 USRowing National Championships…Won the lightweight quadruple sculls at the 2012 World Rowing Non-Olympic Senior Championship Trials…Won the lightweight quadruple sculls at 2012 USRowing National Championships…Finished first in the lightweight single sculls at 2012 Head of the Charles Regatta…Took third place in the lightweight single sculls at the 2010 Head of the Charles…Took third in the lightweight pair, second in the lightweight quadruple sculls and first in the lightweight eight at the 2010 USRowing National Championships…Won the lightweight...
quadruple sculls at 2008 Canadian Henley...Placed first and set a course record (5:38.89) in lightweight varsity eight at the 2007 Eastern Sprints...Finished third in the single sculls at the 2004 Junior World Championships Trials.

Personal: Dave is the lead singer of The Blades, an all-rower band with the Riverside Boat Club and the world’s fittest band. He plans to continue rowing to find the highest possible level he can achieve, to keep improving until he reaches his best and then invest all his energy in starting a family of his own. Dave’s greatest athletic memory is winning the Eastern Spring with Dartmouth lightweight crew in 2007 and setting a course record. His great-grandfather, Orrin, was a minor league baseball player. Dave’s father is his personal hero. He suffered a bulging disc in 2011, forcing him to take 20 weeks off from rowing during the spring and summer.

Hallie Smith
PR1 Women’s Single Sculls
Date of Birth: 4/18/1993
Birthplace: Washington, D.C.
Hometown: Washington, D.C.
Current Residence: Washington, D.C.
Height: 5’4”
Weight: 160
Current Club Affiliation: MedStar National Rehabilitation Hospital Paralympic Sport Club
Undergraduate Education: Smith College
Current Coach: Daniel Voigstberger
Training Location: Washington, D.C.
National Teams: Two – Senior, 2017-18
International Results: Placed sixth in the PR1 single sculls at the 2017 World Rowing Championships.
Personal: Hallie is the PR1 women’s 2,000-meter indoor world record holder. She is the daughter of Joe and Vicky Smith and sister of Naval flight officer Tom Smith.

Jaclyn Smith
PR3 Women’s Pair
Date of Birth: 6/3/1993
Birthplace: Mineola, N.Y.
Hometown: Williston Park, N.Y.
Current Residence: Fairfield, Conn.
Height: 5’9”
Weight: 150
Began Rowing: 2007, Our Lady of Mercy Academy
Current Club Affiliation: Community Rowing, Inc.
Undergraduate Education: Sacred Heart University
Graduate Education: Fairfield University
Current Coach: Adrienne Martelli
Training Location: Boston, Mass.
**National Teams:** Six – Senior, 2013-18

**International Results:** Won silver in the PR3 four with coxswain at the 2017 World Rowing Championships...Won silver in the legs, trunk and arms mixed four with coxswain at the 2016 Paralympic Games...Won silver in the legs, trunk and arms mixed four with coxswain at the 2015 World Rowing Championships...Won silver in the legs, trunk and arms mixed four with coxswain at the 2014 World Rowing Championships...Finished fourth in the legs, trunk and arms mixed four with coxswain at the 2013 World Rowing Championships.

**National Results:** Won the legs, trunk and arms four at the 2015 C.R.A.S.H.-B. Indoor Rowing Championships...Finished second in the pair at the 2015 Dad Vail Regatta...Won the legs, trunk and arms mixed four with coxswain at the 2014 Head of the Charles.

**Personal:** Jaclyn is the second oldest of four to parents James and Annmarie Smith – older brother, James, younger brother, Brian, and younger sister, Caleigh. Born into a very athletic family, Jaclyn played all sorts of sports growing up in order to keep up with her very athletically talented siblings. Jaclyn was inspired to row when she attended high school at Our Lady of Mercy Academy, and they offered rowing as a varsity sport. She took up rowing because she believed it was a sport that she would be able to excel in. She favors all New York sports teams – the Yankees, Giants, Rangers, and Knicks. Her favorite book is “Hope Solo’s Memoir” and her favorite TV show is “Friday Night Lights.” During her free time, Jaclyn loves going to the beach and spending time with friends.

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**Kara Soucek**  
**Women’s Quadruple Sculls**

**Date of Birth:** 4/26/1994  
**Birthplace:** Bozeman, Mont.  
**Hometown:** McCall, Idaho  
**Current Residence:** Saratoga Springs, N.Y.  
**Height:** 5'8”  
**Weight:** 170

**Began Rowing:** Gonzaga University, 2012  
**Current Club Affiliations:** ARION, USRowing Training Center - Princeton  
**Undergraduate Education:** Gonzaga University  
**Current Coaches:** Tom Terhaar, Laurel Korholz, Casey Galvanek  
**Training Location:** Princeton, N.J.  
**National Teams:** Two – Senior, 2017-18

**International Results:** Served as the sculling alternate at the 2017 World Rowing Championships.

**National Results:** Placed third in the double sculls at the 2018 National Selection Regatta II...Finished seventh in the single sculls at the 2018 National Selection Regatta I...Placed first at the 2017 East Coast Fall Speed Order...Finished 10th in the championship single at the 2017 Head of the Charles Regatta...Placed third in the double sculls at the 2017 U.S. Senior Trials...Placed second in the double sculls at the 2017 Spring Speed Order II...Placed third in the single sculls at the 2017 Spring Speed Order I...Finished fourth at the 2016 East Coast...
Fall Speed Order...Finished 13th in the championship single at the 2016 Head of the Charles Regatta...Finished fourth in th double sculls at the 2016 Under 23 Trials.

**Personal:** Kara walked onto the Gonzaga women's rowing team in 2012 and was a member of the first Gonzaga team to appear at the NCAA Championships. She was named a 2016 Division I Collegiate Rowing Coaches Association First-Team All-American. Following graduation, she moved to Saratoga Springs, N.Y., to start sculling with the ARION program, coached by Eric Catalano. Her college coaches, Glenn Putrae, Kari Durgan, and Marisa Wortman, were influential in her decision to continue training, and none of it would be possible without the unyielding support of her mom. When not rowing, Kara enjoys watching Netflix, rewatching movies, being outdoors, petting cats, and hanging out with friends.

**Jessica Thoennes**
**Women's Sweep Spare**
**Date of Birth:** 9/20/1995
**Hometown:** Highlands Ranch, Colo.
**Current Residence:** Princeton, N.J.
**Height:** 6'2"  
**Current Club Affiliation:** USRowing Training Center - Princeton  
**Undergraduate Education:** University of Washington  
**Current Coach:** Tom Terhaar, Laurel Korholz  
**Training Location:** Princeton, N.J.
**National Teams:** Two - Senior, 2018; U23, 2017
**International Results:** Placed second in the women’s eight at the 2017 World Rowing Under 23 Championships.
**National Results:** Raced in the Remenham Challenge Cup at the 2018 Henley Royal Regatta...Won gold in the second varsity eight at the 2018 NCAA Championships...Rowed the winning varsity eight in the 2017 NCAA Championships.

**Personal:** Jessica loves watching sports and lists Donald Driver, Clay Matthews and Serena Williams as role models...She enjoys hiking in the mountains...She was an AP Scholar in high school.

**Ellen Tomek**
**Women’s Double Sculls**
**Date of Birth:** 5/1/1984
**Birthplace:** Flint, Mich.
**Hometown:** Flushing, Mich.
**Current Residence:** San Carlos, Calif.
**Height:** 5'10"  
**Weight:** 160  
**Current Club Affiliations:** New York Athletic Club  
**Undergraduate Education:** University of Michigan  
**Current Coaches:** Sarah Trowbridge, Kate Bertko  
**Training Location:** Redwood City, Calif.

International Results: Won bronze in the double sculls at the 2018 World Rowing Cup III...Won bronze in the double sculls at the 2018 World Rowing Cup III... Took silver in the double sculls at the 2017 World Rowing Championships...Placed sixth in the double sculls at the 2016 Olympic Games...Placed 11th in the double sculls at the 2015 World Rowing Championships... Took silver in the double sculls at the 2015 World Rowing Cup II...Placed sixth in the double sculls at the 2014 World Rowing Championships...Placed fifth in the double sculls at the 2014 World Rowing Cup III...Placed sixth in the double sculls at the 2013 World Rowing Cup III...Placed sixth in the double sculls at the 2009 World Rowing Championships...Won the double sculls at the 2009 World Rowing Cup II... Took silver in the quadruple sculls at the 2009 World Rowing Cup II...Placed fifth in the double sculls at the 2008 Olympic Games...Placed seventh in the double sculls at the 2008 World Rowing Cup II...Placed sixth in the double sculls at the 2007 World Rowing Championships...Placed fourth in the pair at the 2006 World Rowing Under 23 Championships.

National Results: Placed first in the double sculls at the 2017 U.S. Senior and Para World Championship Trials...Won the double sculls at the 2016 Olympic & Paralympic Team Trials...Won the double sculls at the 2015 National Selection Regatta I...Won the double sculls at the 2014 National Selection Regatta II...Won the single sculls at the 2013 USRowing East Coast Fall Speed Order...Won the double sculls at the 2013 National Selection Regatta II...Finished second in the single sculls at the 2013 National Selection Regatta I...Won the single sculls at the 2012 USRowing Fall Speed Order...Won the single sculls at the 2009 USRowing Fall Speed Order...Won the single sculls at the 2009 USRowing National Championships...Won the championship double sculls and the championship four with coxswain at the 2009 Head of the Charles Regatta...Won the double sculls at the 2009 National Selection Regatta II...Finished third in the single sculls at the 2009 National Selection Regatta I...Finished third in the single sculls at the 2009 USRowing Spring Speed Order...Won the double sculls at the 2008 National Selection Regatta II...Finished fourth in the double sculls at the 2007 National Selection Regatta III.

Jordan Vanderstoep
Men’s Sweep Spare

Date of Birth: 9/1/1993
Birthplace: Santa Cruz, Calif.
Hometown: Soquel, Calif.
Current Residence: Berkeley, Calif.
Height: 6’6”
Weight: 219
Began Rowing: 2010, Los Gatos Rowing Club
Current Club Affiliation: USRowing Training Center - Oakland
Undergraduate Education: University of California, Berkeley
Current Coach: Mike Teti
Training Location: Oakland, Calif.
National Teams: Five - Junior, 2011; U23, 2013-2014; Senior, 2017-2018
International Results: Placed second in the eight at the 2017 World Rowing Championships...Placed second in the eight at the 2015 World Rowing U23 Championships...Finished eighth in the pair at the 2013 World Rowing U23 Championships...Placed first in the Ladies Challenge Plate at the 2014 Henley Royal Regatta...Finished eighth in the four with coxswain at the 2011 World Rowing Junior Championships.
National Results: Won the men’s pair at the 2014 Under 23 World Championship Trials...Won the junior varsity eight at the 2014 IRA Championships...Member of the freshman eight that won bronze at 2013 IRA Championships...Gold medalist in the pair at the 2012 USRowing Youth National Championships...Finished fifth in the eight at the 2011 USRowing Youth National Championships.
Personal: Jordan’s hobbies include mountain biking and music...Jordan lists Mike Teti as his personal hero as well as his parents, “for working as hard as they did to immigrate to the U.S.A. for me.”

Mike Varro
PR3 Mixed Four with Coxswain
Date of Birth: 4/19/1982
Birthplace: Spooner, Wis.
Hometown: Spooner, Wis.
Current Residence: Orlando, Fla.
Height: 6’5”
Weight: 225
Current Club Affiliation: South Orlando Rowing Association
Undergraduate Education: University of Minnesota
Current Coach: Ellen Minzer
Training Location: Orlando, Fla.
National Teams: Two – Senior, 2017-18
International Results: Won silver in the PR3 four with coxswain at the 2017 World Rowing Championships.
National Results: Won the PR3 masters double sculls at the 2016 Head of the Giblet.

Julian Venonsky
Men’s Eight
Date of Birth: 10/15/1993
Hometown: Malvern, Pa.
Current Residence: New York, N.Y.
Height: 5’6”
Weight: 120
Current Club Affiliation: USRowing Training Center - Oakland
Undergraduate Education: University of California, Berkeley
Current Coach: Mike Teti
Training Location: Oakland, Calif.
National Teams: Two – Senior, 2017-18
International Results: Placed second in the eight at the 2017 World Rowing Championships...Won the Ladies’ Challenge Plate at the 2014 Henley Royal Regatta.
National Results: Won the varsity eight at the 2016 IRA Championships...Won the second varsity eight at the 2014 IRA Championships.

Madeline Wanamaker
Women’s Four
Date of Birth: 2/14/1995
Birthplace: Neenah, Wis.
Hometown: Neenah, Wis.
Current Residence: Princeton, N.J.
Height: 6'0"
Weight: 166
Began Rowing: University of Wisconsin, 2013
Current Club Affiliation: USRowing Training Center - Princeton
Undergraduate Education: University of Wisconsin
Current Coaches: Laurel Korholz, Tom Terhaar
Training Location: Princeton, N.J.
National Teams: Three – Under 23, 2016-17; Senior, 2018
International Results: Placed second in the eight at the 2017 World Rowing Under 23 Championships...Placed 11th in the quadruple sculls at the 2016 World Rowing Under 23 Championships.
National Results: Finished ninth in the varsity eight at the 2016 NCAA Championships...Finished ninth in the second varsity eight at the 2015 NCAA Championships.
Personal: Maddie ran and played soccer in high school but chose to pursue rowing in college. She walked on to the University of Wisconsin program in 2013 and cites this decision as one of the best she’s ever made. She enjoys being outdoors, reading and writing.

Anders Weiss
Men’s Pair
Date of Birth: 10/5/1992
Birthplace: Providence, R.I.
Hometown: Barrington, R.I.
Current Residence: Oakland, Calif.
Height: 6'4"
Weight: 200
Began Rowing: Narragansett Boat Club, 2008
Current Club Affiliation: USRowing Training Center - Oakland
Undergraduate Education: Brown University
Graduate Education: Oxford University
Current Coaches: Mike Teti, Chris Kerber
Training Location: Oakland, Calif.
National Teams: Four – Under 23, 2013; Senior, 2016-18
International Results: Placed 11th in the pair at the 2017 World Rowing Championships...Placed 11th in the pair at the 2016 Olympic Games...Took silver in the eight at the 2013 World Rowing Under 23 Championships.
National Results: Won the pair at the 2017 U.S. Senior and Para World Championship Trials...Finished third in the pair at the 2017 Spring Speed Order I.... Won the pair at the 2016 Olympic Team Trials - Rowing.
Personal: Anders’ sister started rowing at Brown University as a walk-on and suggested he give it a shot. Once he did, he said he loved it. Anders’ biggest sports accomplishment is qualifying for the Olympics in the pair. He enjoys playing chess and the card game, hearts.

Meghan Wheeler
Women’s Sweep Spare
Date of Birth: 11/6/1993
Birthplace: Washington, D.C.
Current Residence: Princeton, N.J.
Height: 6’0’’
Weight: 175
Began Rowing: 2008, McLean High School
Current Club Affiliation: USRowing Training Center - Princeton
Undergraduate Education: Princeton University, Sociology, 2016
Current Coach: Tom Terhaar, Laurel Korholz
Training Location: Princeton, N.J.
National Teams: Four - Under 23, 2014 & 2015; Senior, 2017 & 2018
International Results: Finished fourth in the women’s eight at the 2017 World Rowing Championships...Finished third in the women’s eight at the 2017 World Rowing Cup III...Finished fourth in women’s quadruple sculls in the 2015 World Rowing Under 23 Championships...Finished ninth in women’s quadruple sculls in the 2014 World Rowing Under 23 Championships.
National Results: Finished sixth in the eight at the 2016 NCAA Championships...Won the eight at the 2016 and 2014 Ivy League Championships.
Personal: Meghan lists winning the Virginia State Championship in the four with coxswain her junior year of high school as her most memorable sporting achievement...Both of her parents have been the most influential people in her athletic career. Her mom started rowing right around when she did and currently rows out of Potomac Boat Club, and they have both supported her entire athletic career no matter the sport, the time commitment, the travel or athletic success.
Jillian Zieff
Lightweight Women’s Pair
Date of Birth: 7/7/1992
Birthplace: Boston, Mass.
Height: 5’5”
Weight: 130
Began Rowing: Wayland-Weston Rowing Association, 2006
Current Club Affiliation: Riverside Boat Club
Undergraduate Education: Trinity College
Current Coaches: Tom Keister, Andrew Hashway
Training Location: Boston, Mass.
National Teams: Two – Senior, 2017-18
International Results: Finished seventh in the lightweight quadruple sculls at the 2017 World Rowing Championships.
National Results: Finished fourth in the Division III varsity eight at the 2013 NCAA Championships...Won a bronze medal in the varsity eight at the 2013 New England Championships.
Personal: Jillian started rowing at Wayland-Weston in 2006. She rowed under Wesley Ng at Trinity College and now trains at Riverside Boat Club.
United States Senior World/Olympic Finishes

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H4x event added to Worlds

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Last European Championships

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Current U.S. oar design is introduced

First World Championships

USA begins to enter European Championships

H2- and H4- events added

Only North American oarsmen competed

First races in Olympics

First Olympic Games - rowing events were rained out

First European Championships

Women

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Para-Rowing

Year PR1Mix1x PR1W1x PR1M1x PR2Mix2x PR3Mix4+ PR3ID4+ PR3Mix2x
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2016 (p/w) / 7 4 10 2 / -
2015 (w) / 8 5 10 2 / /
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2005 (w) / / / 1 4 / /
2002 (w) 1, 2 / / / 3 / /

(-) USA did not enter boats in this event
(dnq) USA crews did not qualify for placement
(dq) USA crew disqualified for two false starts
(1) Event not included in schedule
(o) Olympic Games
(p) Paralympic Games
(w) World Rowing Championships
(ec) European Rowing Championships
(o/w) Non-Olympic events held at world championships
(p/w) Non-Paralympic events held at world championships
About USRowing

USRowing is a nonprofit membership organization recognized by the United States Olympic Committee as the national governing body for the sport of rowing in the United States. USRowing selects, trains and manages the teams that represent the U.S. in international competition, including the world championships, Pan American Games, Olympic Games and Paralympic Games.

More than 85,000 individuals and 1,350 member organizations strong, USRowing serves and promotes the sport on all levels of competition. USRowing membership reflects the spectrum of American rowers – juniors, collegians, masters and those who row for recreation, competition or fitness.

In 1982, the United States Rowing Association was formed by the merger of the National Association of Amateur Oarsmen, founded in 1872, and the National Women's Rowing Association, established in the early 1960s. USRowing brought these two organizations together with a name incorporating both men and women and reflecting the broader interests of rowing. In 1985, the organization moved from Philadelphia, Pa., to Indianapolis, Ind., home of several other Olympic sport governing bodies; and in 1994, Indianapolis became the only U.S. city to host a world rowing championship. In February 2006, USRowing moved its corporate headquarters to Princeton, N.J.

USRowing registers hundreds of regattas across the country each year, ensuring they are run under specific safety guidelines. The association also provides programs to educate referees and coaches. USRowing stages national championship regattas annually and conducts regional championships and national team selection events.

USRowing is a member of the United States Olympic Committee and Federation Internationale des Societes D'Aviron (FISA), the international rowing federation.

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United States Rowing Association (USRowing)
2 Wall Street
Princeton, N.J. 08540
Phone: (609) 751-0700
Fax: (609) 924 1578
Email: members@usrowing.org
**Glossary of Rowing Terms**

**Bow:** The forward section of the boat. The first part of the boat to cross the finish line. Also, the person in the seat closest to the bow, who crosses the finish line first.

**Button:** A wide collar on the oar that keeps it from slipping through the oarlock.

**Coxswain:** The person who steers the shell and is the on the water coach for the crew.

**Deck:** The part of the shell at the bow and stern that is covered with fiberglass cloth or a thin plastic.

**Ergometer:** Rowers call it an “erg.” It’s a rowing machine that closely approximates the actual rowing motion. The rowers’ choice is the Concept2, which utilizes a flywheel and a digital readout so that the rower can measure his “strokes per minute” and the distance covered.

**Gate:** The bar across the oarlock that keeps the oar in place.

**Lightweight:** Refers to the rowers, not the boats; there is a maximum weight for each rower in a lightweight event as well as a boat average.

**Oar:** Used to drive the boat forward; rowers do not use paddles.

**Port:** The left side of the boat, while facing forward, in the direction of the movement.

**Power 10:** A call for rowers to do 10 of their best, most powerful strokes. It’s a strategy used to pull ahead of a competitor.

**Repechage:** The second-chance race, which ensures that everyone has two chances to advance from preliminary races since there is no seeding in the heats.

**Rigger:** The triangular shaped metal device that is bolted onto the side of the boat and holds the oars.

**Run:** The run is the distance the shell moves during one stroke. You can figure it by looking for the distance between the puddles made by the same oar.

**Sculls:** One of the two disciplines of rowing, where scullers use two oars or sculls.

**Shell:** Can be used interchangeably with boat.

**Slide:** The set of runners for the wheels of each seat in the boat.

**Starboard:** The right side of the boat, while facing forward, in the direction of movement.

**Stern:** The rear of the boat; the direction the rowers are facing.

**Straight:** Refers to a shell without a coxswain, i.e. a straight four or straight pair.

**Stretcher or Foot stretcher:** Where the rower’s feet go. The stretcher consists of two inclined footrests, which hold the rower’s shoes. The rower’s shoes are bolted into the footrests.

**Stroke:** The rower who sits closest to the stern. The stroke sets the rhythm for the boat; others behind him must follow his cadence.

**Sweep:** One of the two disciplines of rowing, where rowers use only one oar. Pairs (for two people), fours (for four people) and the eight are sweep boats. Pairs and fours may or may not have a coxswain. Eights always have a coxswain.

**Swing:** The hard to define feeling when near perfect synchronization of motion occurs in the shell, enhancing the performance and speed.
Viewer's Guide & Frequently Asked Questions

The Race

All events at the World Rowing Championships are 2,000 meters, or approximately 1.25 miles. The racecourse is divided into six lanes and each 500-meter section is marked with buoys.

The race begins with all boats aligned at the start in the lanes they’ve been assigned. Individuals in each lane hold the stern of each boat steady while an official, known as the aligner, ensures that each boat is even with the others and squarely facing the course.

Each crew is allowed one false start; two means disqualification. If within the first 100 meters there is legitimate equipment breakage (e.g., an oar snaps in two), the race will be stopped and restarted with repaired equipment.

The stroke rate (the number of rowing strokes per minute that a crew is taking) is high at the start – maybe 45 to even 50 for an eight, 38 to 42 for a single scull. Then, the crew will “settle” into the body of the race and drop the rating back – 58 to 40 for an eight, 32 to 36 for a single. The coach and the way the race is going determine when the crew will sprint, but finishing stroke rates of 46+ in the last 200 meters aren’t unheard of. However, higher stroke rates are not always indicative of speed. A strong, technically talented crew may be able to cover more water faster than a less capable crew rowing a high stroke rate.

Unlike canoe/kayak competitions, rowers are allowed to leave their lanes without penalty, so long as they do not interfere with anyone else’s opportunity to win. An official follows the crews to ensure safety and fairness.

Despite the exhaustion that follows each race, the crew will row for five to 10 minutes afterwards in order to cool down. In rowing, the medal ceremonies include the shells. The three medal winning crews row to the awards dock, climb out of their shells and receive their medals before rowing away.

The Stroke

The whole body is involved in moving a shell through the water. Although rowing tends to look like an upper body sport, the strength of the rowing stroke comes from the legs.

The stroke is made up of four parts: catch, drive, finish and recovery. As the stroke begins, the rower is coiled forward on the sliding seat, with knees bent and arms outstretched. At the catch, the athlete drops the oar blade vertically into the water.
At the beginning of the \textit{drive}, the body position doesn’t change – all the work is done by the legs. As the upper body begins to uncoil, the arms begin their work, drawing the oar blades through the water. Continuing the drive, the rowers move their hands quickly into the body, which by this time is in a slight “layback” position, requiring strong abdominal muscles.

During the \textit{finish}, the oar handle is moved down, drawing the oar blade out of the water. Then, the rower “feathers” the oar – turning the oar handle – so that the oar blade changes from a vertical position to a horizontal one. The oar remains out of the water as the rower begins \textit{recovery}, moving the hands away from the body and past the knees. The body follows the hands and the sliding seat moves forward until, knees bent, the rower is ready for the next catch.

\textbf{The Equipment}

Oars
Oars move the boat through the water and act as balancers. Sweep oars are longer than sculling oars and may have wooden handles instead of rubber grips. The shaft of the oar is made of extremely lightweight carbon fiber instead of the heavier wood used years ago. The popular “hatchet” blade – named because of its cleaverlike shape – is about 20 percent larger than previous blades. Its larger surface area has made it the almost universal choice among elite level rowers.

The Boats – Sculls and Shells
All rowing boats can be called shells. Rowing boats with scullers in them (each person having two oars) are called sculls, \textit{e.g.} single scull, double scull, quadruple scull. So, all sculls are shells but not vice versa. Originally made of wood, today’s boats – especially those used in competition – are made of honeycombed carbon fiber. They are light and appear fragile but are crafted to be strong and stiff in the water.

The smallest boat – the single scull – is approximately 27 feet long and as narrow as 10 inches across. At 58 feet, the eight is the longest boat on the water. The oars are attached to the boat with riggers, which provide a fulcrum for the levering action of rowing. Generally, sweep rowers sit in configurations that have the oars alternating from side to side along the boat. But sometimes, the coach will rig the boat so that two consecutive rowers have their oars on the same side in order to equalize individual athlete power.
Rowing Quick Facts

Rowing is one of the original sports in the modern Olympic Games. Baron Pierre de Coubertin, founder of the modern Olympics, was a rower.

Eight oared shells are about 60 feet long, about 20 yards on a football field.

Rowing was the first intercollegiate sport contested in the United States. Yale College founded the first collegiate boat club in the U.S. in 1843.

Physiologically, rowers are superb examples of physical conditioning. Cross-country skiers and long-distance speed skaters are comparable in terms of the physical demands the sport places on the athletes.

An eight, which carries more than three quarters of a ton (1,750 pounds), may weigh as little as 200 pounds. The boats are made of fiberglass composite material.

Singles may be as narrow as 10 inches across, weigh only 30.86 pounds, and stretch nearly 27 feet long.

FISA, the international governing body of the sport, requires all eights used in international competition to be sectional, so that crews who must disassemble and ship their boats overseas in standard shipping containers will not be at a disadvantage.

The first amateur sport organization was a rowing club, Philadelphia’s Schuylkill Navy, founded in 1858.

From 1920 through 1956, the United States won the gold medal in the men’s eight at every Olympic Games.

The first national governing body for a sport in the United States was for rowing. Founded as the National Association for Amateur Oarsmen in 1872, it was changed in 1982 to the United States Rowing Association.

FISA, the first international sports federation, was founded in 1892.

Dr. Benjamin Spock, the famous doctor, was an Olympic rower in 1924 and won a gold medal in the eight. Legendary Hollywood actor Gregory Peck rowed at the University of California in 1937.
Physiologists claim that rowing a 2,000-meter race – equivalent to 1.25 miles – is equal to playing back to back basketball games. All Olympic events are contested over a 2,000-meter course with six lanes. In the 1976, 1980, and 1984 Olympics, women raced 1,000 meters.