



Race Course Map 2018 Master's Nationals

All shells must follow the traffic pattern

Launching: Allow at least 30 minutes before your race to warm up. Dock space is limited; launch as quickly as possible. Have people follow you to the dock with oars.

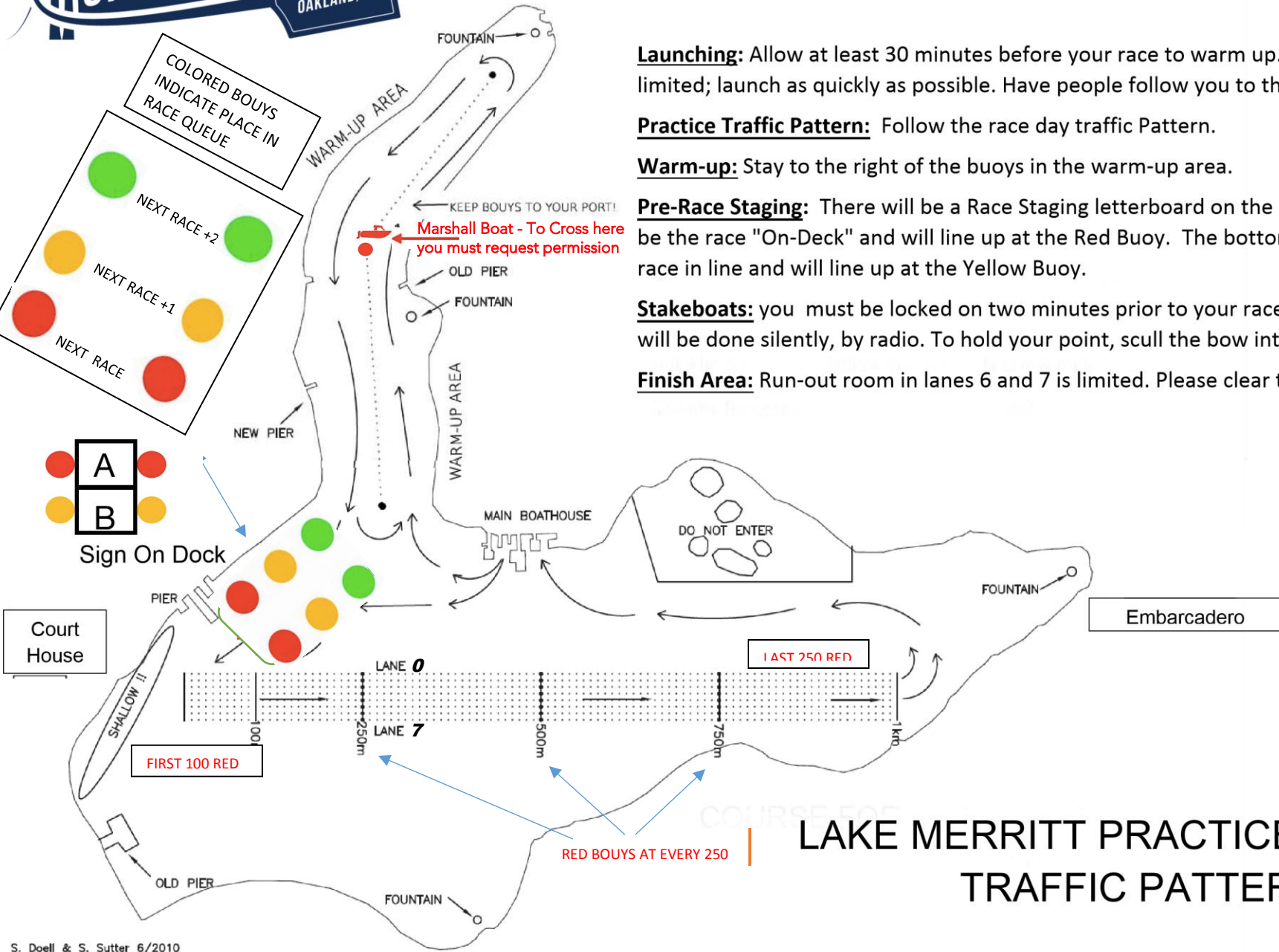
Practice Traffic Pattern: Follow the race day traffic Pattern.

Warm-up: Stay to the right of the buoys in the warm-up area.

Pre-Race Staging: There will be a Race Staging letterboard on the Pier, the top letter will be the race "On-Deck" and will line up at the Red Buoy. The bottom letter will be the 2nd race in line and will line up at the Yellow Buoy.

Stakeboats: you must be locked on two minutes prior to your race's start time. Alignment will be done silently, by radio. To hold your point, scull the bow into position.

Finish Area: Run-out room in lanes 6 and 7 is limited. Please clear the finish area quickly;



LAKE MERRITT PRACTICE / RACING TRAFFIC PATTERN