To all interested participants in the 2019 Pan American Games,

The 2019 Pan American Games will be held July 26 - August 11, 2019 in Lima, Peru. At past Pan American Games, the United States and Canada have been granted a full team in rowing to participate in the Games. In 2018, the Pan American Rowing Confederation (COPARE) decided to go away from automatic qualified slots and instead run qualification for Pan American Rowing events through a qualification regatta.

Both the United States and Canada worked with COPARE, PASO, and FISA to try and find a resolution that would delay this new requirement until 2023, so there would not be a burden to competitors and allow time for the Pan American rowing program to reflect gender equity and parity amongst all events. Unfortunately, the proposed solutions were not passed, and the result is that there will be a Qualification Regatta for slots in the 2019 Pan American Games.

This Qualification Regatta will take place November 29 - December 2, 2018, in Rio de Janeiro, Brazil. The posted Pan American Selection Procedures reflect the process that will be used to identify athletes and boat classes that will need to compete in Rio on those dates.

Any athlete that chooses to participate at the Pan American Qualification Regatta in Rio de Janeiro will need to cover his or her expenses. Because of this burden, the selection procedure grants the athlete and boat classes that qualify for the Pan American Games in Rio to be named directly to the 2019 United States’ Pan American Games Team in that event. USRowing is continuing to look into options regarding equipment and lodging to try and reduce the cost for participating athletes and will continually update this information as plans are solidified. Athletes that qualify for the 2019 Pan American Games Team through their results in Rio will have no cost at the Pan American Games in Lima as part of Team USA.

The trials event to name the athletes that will have the right to participate in the Pan American Qualification Regatta will take place August 20, 2018 at Mercer Lake in West Windsor, N.J. as outlined in the posted selection procedures.

Please note:

The 2019 World Rowing Championships is the main 2020 Olympic Qualifier and is scheduled for August 25-September 1 in Linz, Austria. This is the priority event for the senior national team in 2019. The 2019 World Championship Selection Procedures may have trials events or naming dates that would conflict with the 2019 Pan American Games competition dates.

Any interested participants that have questions regarding the procedures or process, please contact:

Matt Imes - High Performance Director
Matt.imes@USRowing.org
1. SELECTION SYSTEM

1.1. Provide the minimum eligibility requirements for an athlete to be considered for selection to the Team:

1.1.1. Nationality/Passport requirements:

* Athlete must be a national of the United States at the time of selection.
* Athlete must hold a valid U.S. passport that will not expire for six months after the conclusion of the Games.

1.1.2. Minimum International Olympic Committee (IOC), International Paralympic Committee (IPC) and/or Pan American Sport Organization (PASO) (PAG and PPAG only) standards for participation:

* Any competitor in the Olympic, Paralympic, Pan American or Parapan American Games must be a national of the country of the National Olympic Committee (NOC) or National Paralympic Committee (NPC) which is entering such competitor. For additional information regarding an athlete who is a national of two or more countries, has changed his or her nationality or acquired a new nationality, refer to the Olympic Charter (Rule 41), the IPC Handbook (Section 2, Chapter 3.1), or the PASO Statutes (Article XXII, Sections 4 and 5).

1.1.3. Minimum International Federation (IF) standards for participation (if any):

* All athletes are required by the FEDERATION INTERNATIONALE DES SOCIETES D’AVIRON (FISA) to sign the commitment document, attached as Appendix A.

1.1.4. Other requirements (if any):

* Athletes must be a member in good standing of USRowing
* Athletes must abide by these Selection Procedures and the USRowing Rules of Rowing, found at http://www.usrowing.org/About/RulesofRowing.aspx
* Athletes must complete the U.S. Center for SafeSport’s online training.
* Athletes must have completed the USRowing ECG & Pre-Competition Health Screening requirement
Athletes must have successfully completed all Games Registration requirements by stated deadline.

1.2. Tryout Events:

1.2.1. Provide the event names, dates and locations of all trials, events and camps to be used as part of the selection process.

Pan Am Qualifier Trials
August 20, 2018
Mercer Lake, West Windsor, N.J.

1.2.2. Provide event names, dates, locations and description of how athletes qualify for the trials, events and camps listed above in 1.2.1. (if any).

Not applicable- The Pan Am Qualifier Trials is an open event therefore any athlete meeting the eligibility requirements outlined at 1.1 may compete.

1.3. Provide a comprehensive, step-by-step description of the method that explains how athletes will go through the selection process (include maximum Team size).

The team size for rowing is 26 athlete positions for the following events that will be contested at the 2019 Pan American Games: M1x, W1x, LW1x, M2x, W2x, LM2x, LW2x, M2-, W2-, M4x, W4x, M4-, LM4-, M8+. Selection to the 2019 Pan American Games Team shall be made according to the following criteria:

Trials Boats - (M1x, W1x, LW1x, M2x, W2x, LM2x, LW2x, M2-, W2-, M4-, LM4-)

The athletes in the winning crew at the Pan Am Qualifier Trials for each of these events will be nominated to represent the United States at the 2019 Pan American Games Qualifier to be held in Rio de Janeiro, November 29 - December 2, 2018. The athletes that qualify quotas for the United States, according to the Pan Am Games Qualification System for Rowing, at the 2019 Pan American Games Qualifier will be nominated to represent the United States at the 2019 Pan American Games. Each member of the winning crew must satisfy the Eligibility Criteria (see section 1.1.), and each athlete must declare his/her Intent to compete in the 2019 Pan American Games Qualifier and Games, in writing, to the USRowing High Performance Director, by 5pm EST August 28th. Should any athlete in the winning crew decline his/her intent to compete or fail to meet the eligibility criteria, selection will be offered to the next eligible rank order finish crew in that event until the spot is filled (see section 4). Trials will be run according to Appendix B – General Trials Rules; Appendix C – 4 Lane Progression System; and Appendix D – Adverse Weather Policy.
Other Boats - \( (M4x, W4x, M8+) \)

Because of restrictions* established by the Pan American Sports Organization (PASO), the \( M4x, W4x, \) and \( M8+ \) will consist of athletes nominated to the 2019 Pan American Games Qualification Team from other Trials Boats as outlined below. These boat classes will need to make the PASO qualification standards at the 2019 Pan American Games to be activated:

\( M4x \): The Men’s Quad will consist of the 1st place M2x and 1st place LM2x from the Pan Am Qualifier Trials.

\( W4x \): The Women’s Quad will consist of the 1st place W2x and the 1st place LW2x from the Pan Am Qualifier Trials.

\( M8+ \): The Men’s Eight will consist of the 1st place M4- and the 1st and 2nd place M2- from the Pan Am Qualifier Trials. The coxswain will be selected by the Nomination Committee, as outlined in section II, Discretionary Selection.

*Because of the aforementioned restrictions, doubling between Pan Am Qualifier Trials Boats for the Pan American Games is not permitted. In the event that an athlete wins two Pan Am Qualifier Trials Boats events, they must declare which boat they would like to participate in at the Pan American Games Qualification event (and subsequent Pan American Games regatta).

If a qualifying boat in an event that combines athletes \( (M4x, W4x, M8+) \) chooses to participate only in the event that it originally qualified in, the next highest placing non-qualified entry will be offered the slot.

2. **DISCRETIONARY SELECTION (if applicable)**

2.1. Provide rationale for utilizing discretionary selection (if any):

**Coxswain for the \( M8+ \):** Since there is no trial event for crews with coxswain, the person steering the \( M8+ \) is the only athlete who does not have an objective basis for selection. Therefore, the position is best selected from a pool of coxswains training on a day-to-day basis with a club or group of athletes.

2.2. List the discretionary criteria and explain how they will be used (if any):

Interested candidates must submit a written letter of interest to the Nomination Committee via the USRowing High Performance Director, by 5pm EDT January 11. The Nomination Committee will select the coxswain based on the following criteria, listed in no particular order:
International competition results during the 2018 season, including the 2018 World Championships.
Domestic competition results during the 2018 season.
Choice of and compatibility with selected crews, M2- and M4-.
Coxswain’s weight
Coach’s letter of recommendation

2.3. Provide the name of the committee that will be responsible for making discretionary selections, along with a complete list of the members’ titles currently serving on the committee:

The Nomination Committee consists of:
- High Performance Committee Chair or Co-Chair
- High Performance Committee Athlete Representative
- USRowing Director of High Performance

2.3.1. Specify the process that will be used to identify and handle any potential conflicts of interest involving a member of the committee.

Any member of the selection committee that has a possible conflict of interest must disclose it. If such conflict exists, the selection committee member must recuse him/herself from committee discussions and voting. Further, the committee member should not otherwise influence other members of the committee in the selection process. However, a committee member who recused him/herself, but who has relevant and necessary information with respect to athlete performance, for example a national team coach or high performance director, may, if requested by the selection committee, provide such information to the committee so long as such information is provided in a fair and unbiased manner and the committee member who declared the conflict of interest does not vote toward the final decision.

3. REMOVAL OF ATHLETES

3.1. Prior to entry by name to the Local Organizing Committee by the USOC, the NGB/HPMO has jurisdiction over potential nominees.

An athlete who is to be nominated to the Team by the NGB/HPMO may be removed for any of the following reasons, as determined by the NGB/HPMO:

3.1.1. Voluntary withdrawal. Athlete must submit a written letter to the USRowing CEO.
3.1.2. Injury or illness as certified by a USRowing physician (or medical staff). If an athlete refuses verification of his/her illness or injury by a physician (or medical staff) approved by USRowing, his/her injury will be assumed to be disabling and he/she may be removed.

3.1.3. Violation of the NGB’s/HPMO’s Code of Conduct (Attachment E).

3.1.4. Violation of USRowing’s National Team Athlete and Coaches Agreement (Attachment F).

An athlete who is removed from the Team pursuant to this provision has the right to a hearing per USRowing’s Bylaws (Article IX, section 70 of the USRowing Bylaws) and the USOC’s Bylaws, Section 9.

3.2. Once athlete entries have been submitted to the Local Organizing Committee by the USOC, the USOC has jurisdiction over the Team, at which time, in addition to any applicable NGB/HPMO Code of Conduct, the USOC’s Code of Conduct and Grievance Procedures apply. The USOC’s Code of Conduct and Grievance Procedures can be found at:
http://www.teamusa.org/Athlete-Resources/Athlete-Ombudsman/Resources/Code-of-Conduct
http://www.teamusa.org/Footer/Legal/Governance-Documents

3.3. An athlete may be removed as a nominee to the Team or from the Team for an adjudicated violation of IOC, PASO, IPC, WADA, IF, USADA and/or USOC anti-doping protocol, policies and procedures, as applicable.

4. REPLACEMENT OF ATHLETES

4.1. Describe the selection and approval process for determining replacement athlete(s) should a vacancy occur:

Athletes having participated in the Trials and meeting the eligibility requirements in section 1.1, will comprise the replacement pool of athletes. Should there be no one who meets this requirement, then the pool will be enlarged to include athletes in training for the 2019 U23 or Senior Worlds Team as evidenced by their participation in the 2018 selection process of, international results, erg testing, attendance at selection events or camps.
The National Team Head Coach for the impacted crew will recommend replacement athletes for the 2019 Pan American Games to the Nomination Committee (2.3). The National Team Head Coach will evaluate possible replacements according to the following criteria, which are listed in no particular order of priority:

1. Pan Am Qualifier Trials results
2. In the case of lightweight events or coxswain, the athlete’s weight
3. Performance at National Team Training Centers or Selection Camps
4. 2018/2019 National Selection Regatta I and II results
5. 2019 Speed Order results
6. Athlete’s compatibility with rest of crew as indicated through on-the-water timed pieces

If the W1x or M1x is to be replaced, the next rank order finish athlete in that event from the Pan Am Qualifier Trials will be nominated, until the spot is filled.

4.1.1. prior to submission of Entries by Name to the Local Organizing Committee, including any applicable group or committee:

The National Team Head Coach recommendation shall be subject to review of the Nomination Committee (2.3) and must be approved by the Nomination Committee to be effective.

4.1.2. after submission of Entries by Name to the Local Organizing Committee, including any applicable group or committee:

The National Team Head Coach shall select the replacement.

5. SUPPORTING DOCUMENTS

USRowing will retain the approved Selection Procedures and all supporting documents, including scouting or evaluation forms, etc., and data from the selection process for six months past the date of the Closing Ceremony of the Games.

6. REQUIRED DOCUMENTS

In addition to the USOC Code of Conduct, the following documents are required to be signed by an athlete as a condition of nomination to the Pan American Games and are included as attachments:

FISA Commitment Form
USRowing Code of Conduct
USRowing National Team Athlete & Coaches Agreement

7. PUBLICITY/DISTRIBUTION OF PROCEDURES

The USOC approved Selection Procedures (complete and unaltered) will be posted/published by USRowing in the following locations:

7.1. USRowing Web site: www.usrowing.org
These procedures will be posted as soon as possible, but not more than five business days following notice of approval by the USOC.

8. DATE OF NOMINATION

The Nomination of Athletes form, including replacements, will be announced to all athletes and submitted to the USOC on or before: March 15, 2019.

9. MANDATORY TRAINING AND/OR COMPETITION

Specify the location, schedule and duration of mandatory training and/or competition: Athletes will be notified of any programs of training and/or competition at least 30 days prior to the start of the mandatory training/competition.

10. ANTI-DOPING REQUIREMENTS

Athletes must adhere to all IOC, IPC, PASO, WADA, IF, USADA and USOC anti-doping protocols, policies and procedures, as applicable. This includes participation in Out-of-Competition Testing as required by the IOC, IPC, PASO, WADA, IF, USADA and USOC Rules, as applicable.

11. DEVELOPMENT OF SELECTION PROCEDURES

The following committee/group (include names and titles) was responsible for creating these Selection Procedures:

Matt Imes – High Performance Director  
Liz Soutter – National Team Athlete Services Director  
Rob Milam - Chair, High Performance Committee  
Katelin Guregian - Athlete Rep, High Performance Committee  
Tom Peszek - Athlete Rep, High Performance Committee  
Charlie Butt - Member, High Performance Committee  
Bob Ernst - Member, High Performance Committee  
Yaz Farooq - Member, High Performance Committee

12. NGB/HPMO BYLAWS AND GRIEVANCE PROCEDURES

The USRowing Bylaws and Grievance Procedures can be found at:  
http://www.usrowing.org/governance/

13. INTERNATIONAL DISCLAIMER
These procedures are based on IOC, IPC, PASO, as applicable, and FISA rules and regulations as presently known and understood. Any change in the selection procedures caused by a change in IOC, IPC, PASO, as applicable, and FISA rules and regulations will be distributed to the affected athletes immediately. The selection criteria are based on the latest information available to USRowing. However, the selections are always subject to unforeseen, intervening circumstances, and realistically may not have accounted for every possible contingency.

If any force of nature, or force majeure, should cause the alteration or cancellation of any of the selection events listed in this document, these selection procedures will be revised, pursuant to their resubmission to the USOC.

14. ATHLETE OMBUDSMAN

Athletes who have questions regarding their opportunity to compete that are not answered by USRowing may contact the USOC Athlete Ombudsman, Kacie Wallace, by:
- Telephone at (719) 866-5000
- Email at Kacie.wallace@usoc.org
- http://www.teamusa.org/Athlete-Resources/Athlete-Ombudsman

15. NGB/HPMO SIGNATURES

I certify that I have read and understand the standards/criteria set by our IF and/or CF (PAG/PPAG only) and incorporated those standards/criteria into our Selection Procedures. I further certify that the information provided herein regarding Athlete Selection Procedures represents the method approved by USRowing.

<table>
<thead>
<tr>
<th>Position</th>
<th>Print Name</th>
<th>Signature</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>NGB/HPMO President or CEO/Executive Director</td>
<td>Patrick McLoughlin</td>
<td>Signature</td>
<td>6/16/18</td>
</tr>
<tr>
<td>Nat. Team Coach, Head Coach, or Nat. Program Director</td>
<td>Matt Ince</td>
<td>Signature</td>
<td>6/14/18</td>
</tr>
<tr>
<td>USOC Athletics Advisory Council Representative*</td>
<td>Nick LaCava</td>
<td>Signature</td>
<td>6/17/18</td>
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</table>

* If the USOC AAC Representative has delegated authority to the Alternate AAC Representative to sign the Selection Procedures, attach a letter from the AAC Representative indicating the reason he/she has delegated authority.

* Signature by the Athlete Representative constitutes that he/she has read and understands the Selection Procedures. If the Athlete Representative reads and does not agree with the Athlete Selection Procedures being submitted by the NGB/HPMO, he/she may submit those reasons in writing to his/her Sport Performance Team.
* If, for some reason, a sport does not have an elected USOC AAC Representative, the NGB/HPMO must designate an athlete from that sport to review and sign the Selection Procedures.
Rower’s Commitment Form

Full Name (as it appears on your passport): .................................................................

National Federation: ...............  Sex (F or M): ........ Birth Date (dd/mm/yyyy): ...........J........

This is to confirm that I have read, understood and accept the content of this document.

As a rower or a coxswain affiliated to a National Federation, myself a member of the World Rowing Federation (FISA), I agree to abide by the FISA Rules of Racing and other rules regulating FISA regattas and international rowing and confirm the following commitments, which already ensure from my affiliation to a National Federation, myself a member of FISA and from my participation in FISA activities, notably World Rowing Championships, International regattas, or other events organized under the authority of FISA (FISA events). I recognize and accept:

1. Authority - FISA’s authority on all matters concerning international rowing.

2. Governance - the mandatory character of the Statutes, the Bye-Laws and other rules regulating FISA, in their current version and as amended from time to time, and I agree to uphold and abide by them without reservation, in particular but not limited to my individual commitment set out in Articles 57 and 58 and any obligations under Part V “Integrity of Sport” regarding:
   a. Ethical Principles & Integrity - The obligation to respect fundamental ethical principles and to behave, in all circumstances, in an appropriate manner, and I agree to respect the FISA Code of Ethics (Bye-Law to Article 59 of the FISA Statutes).
   b. Integrity in Competition - The obligation to be bound by, and be required to respect the Bye-Law to Article 60 of the FISA Statutes relating to Manipulation of Competition and Betting.

3. Anti-doping – the authority of FISA regarding Anti-doping set out in FISA’s Statutes, Rules and Bye-Laws and the World Anti-Doping Code and Regulations including to implement in- and out-of-competition anti-doping testing and the biological passport; and:
   a. I confirm that I do not use and that I will not use substances or methods that are prohibited by the FISA and WADA anti-doping rules as long as I compete for my national federation;
   b. I agree to submit to any tests (blood, urine, breath, DNA, etc.) carried out by FISA, WADA or any other approved agency and to inform my team doctor of all the medication that I take, and;
   c. I accept, if I infringe the anti-doping provisions, that I might be penalised extending to, in a relevant case, a life ban from all competition.

4. Photographs - the prohibition of the use of any photographs, videos or films or other images that I might take during international regattas and other FISA activities other than for personal or non-commercial purposes, without specific written authorization from FISA.

5. Filming - the possibility of being filmed, (either for television or other medium), photographed, identified or recorded in any other way during international regattas or other FISA activities in which I take part under the conditions and for purposes currently or in the future authorized by FISA. Such films or other recordings may be used by FISA, or parties authorised by FISA, in any way, including sale and advertising, for the promotion and development of rowing, without any right to payment of compensation, but excluding the use which implies endorsement by me of any other commercial entity, product or service.

6. Personal Data - that FISA, or third parties contracted by FISA, may collect, store, process, use and disclose to third parties, my personal data related to participation in any competition organised under the umbrella of FISA (the “Personal Data”) to the extent necessary to facilitate participation in, and/or the organizing and promoting of, rowing competitions, and may create and keep up to date my Personal Data on sports databases, and may use such Personal Data in any other way in which I have or will provide my express consent or as may be required by law.

7. Social Media – that if I publish any comments, opinions and any other material in any way, including on social and digital media at or in relation to a FISA event, I am solely responsible for the consequences of this action. I will ensure that these comments or opinions comply with applicable laws and that all necessary permissions have been obtained from any third parties whose image or property is used. When using social and digital media, I will not:
   a. Violate the privacy of third parties;
   b. Infringe upon any intellectual property rights, or other rights of any third party;
   c. Disclose any information which is confidential or private in relation to another person or organisation;
   d. Interfere with the competitions or ceremonies of FISA events, or
   e. Violate security measures instituted to ensure the safe conduct of FISA events.

In addition, I acknowledge that I can be held personally liable for any commentary and/or material deemed to be obscene, offensive, defamatory or otherwise illegal, infringing on any third party’s rights.

8. Jurisdiction - FISA’s jurisdiction to make any decision or impose any sanction within its field of competence and I will accept all such FISA decisions or sanctions with only the reservation of paragraph 9 below.

9. Right to Appeal - The Court of Arbitration for Sport (CAS), in Lausanne Switzerland, as the only competent judicial authority external to FISA to settle in a definitive manner any litigation remaining after all internal FISA remedies have been exhausted and any appeal against a final decision taken by FISA which affects me, and that this excludes any other ordinary court of law, any civil judicial authority of any country and any arbitration body.

10. Swiss Law - the application of Swiss law and the Swiss federal procedural law as supplemental to FISA and CAS rules and regulations with Lausanne as the only place and seat of the arbitration.

11. Validity - this commitment remains in force unless and until I have formally revoked it in writing and such written revocation has reached the FISA headquarters.

Place: .................................. Signature: ................................ Date: .................. (dd/mm/yyyy)

Please use this form by post to FISA, Av. de Rhodanie 54, 1007 Lausanne, Switzerland or submit it to the FISA Office at its World Rowing regattas.
Pan Am Appendix B - General Trial Rules

ENTRIES

There shall be no entry fee charged for trials to select the United States National Team for the Olympic Games or the Pan American Games. For all other trials, the entry fee shall be set by USRowing.

Entries should be submitted through RegattaCentral, accompanied by the correct fee payable. All entries should be received by the posted closing date on the event information page on usrowing.org.

If a trials event is being held in conjunction with another regatta, entries shall conform to that regatta’s published procedures and deadlines, and the entry fees shall be paid to the local organizing committee.

TRIALS WEIGHT REQUIREMENTS

Lightweight Men: The team boats must each average 70kgs, with no individual rower weighing more than 72.5kgs.

Lightweight Women: The team boats must each average 57kgs, with no individual rower weighing more than 59kgs.

Coxswains: Coxswains shall be weighed in racing uniform. The minimum weight for a coxswain wearing the racing uniform is 55kg. Coxswains may carry up to 15kg of deadweight, this weight shall be placed as close as possible to his or her torso and shall remain in the boat throughout the duration of the race.

An official scale will be provided at the Selection Trials course prior to racing. The weigh-in shall take place on each day no less than one hour and no more than two hours before the scheduled time of the first race of each event for which the athlete is scheduled to compete in that day. Competitors shall be weighed in racing uniform, without shoes or other footgear.

If two rounds of the same event take place on the same day of competition and some rowers in the second round do not have to race in the first round of that day, then these rowers in the second round shall be weighed at the same time as the rowers in the first round.

A reserve for a lightweight crew may be weighed with the crew as if they are a member of that crew. The recorded weight then applies to that specific crew in the event of a substitution in that crew under Rule 59 or 60.

If a crew has officially weighed in without a reserve, a replacement rower under the provisions of Rule 59 or 60 may be weighed at any time before the next race of the crew. The individual weight and the crew’s average weight, using the weight of the replacement rower and the recorded
weights of the remaining crew members, must comply with the Trials Weight Requirements.

**COXSWAINS**

Except for Olympic, Youth Olympic, Paralympic and relevant qualification regattas which shall be subject to the rules of the authority concerned, the gender of the coxswain shall be open so that a men’s crew may be coxed by a woman and a women’s crew by a man. Age categories shall apply to coxswains.

**RULES OF RACING**

All athletes must abide by all trials rules and safety procedures set forth in the current FISA Rules of Racing.

**CHANGES IN THE FORM OF PROGRESSION**

Once the form of progression has been published according to the number of entries received, it may be changed under the following circumstances:

- By USRowing staff, no less than two hours before the time of the first race in the event if, due to scratches, the reduced number of entries would call for a different form of progression under the applicable progression system. The two hour rule may be waived in the case of a withdrawal, exclusion, or disqualification occurring before the start of the first heat, the start of the first repechage, or the start of the first semi-final in a round of racing that would create an imbalance between the number of crews racing in each heat.
- By USRowing staff any time before the first race in the specific event if, due to scratches, the event would be reduced to a final only, with no heats, under the applicable progression system.
- Entries may be added up to the Athlete Meeting if it does not change printed progressions from the close of entries

**SEEDING**

Seeding for heats will be determined by placement in time trials.

**POLICY FOR MISADVENTURE OCCURRING DURING TIME TRIALS**

1. A crew believing that they have suffered any misadventure during their time trial race and desiring relief from the effect of this misadventure MUST stop rowing, move to the outside of their time trial lane, signal to the referees, and wait until assistance is rendered by the referees. The referee will determine if misadventure has occurred.

2. Upon confirmation of misadventure by the referee, the crew will be offered a second opportunity to complete the time trial under either of the following circumstances:
a. Return to the starting area and commence their re-row after a suitable interval, but not later than one hour after conveying their decision to the referee on the water.

b. Return to the dock, correct any issue causing or incident to the misadventure, and commence their re-row not later than one hour after returning to the dock.

3. The Chief Referee may make reasonable exceptions to the time limits above, based on prevailing circumstances.

4. A crew deciding to finish the time trial may not claim misadventure after finishing.

5. A crew completing the time trial under the above procedure in a time that would have been sufficient to qualify in the original race will be placed into one of the lowest-seeded open slots in the heats.

Any other crew affected by the above procedure, whether suffering misadventure or not, may upon showing good cause petition the Chief Referee to be advanced. The petition must be filed no later than one hour after the race results have been declared official.

MISADVENTURE DURING THE RACE

The Race

a. The referee following a race may order that a race in progress be stopped, whenever he or she judges that some misadventure draws into question the validity of the race in determining the most competitive crew. Such misadventure need not be otherwise recognizable under USRowing Rules of Rowing. In particular, a race in progress may be stopped when a crew that is in contention to win or advance capsizes, suffers broken equipment, or suffers injury or illness, at any time during the race.

b. A race stopped before completion under subsection (a) above shall be re-rowed from the start with all the original crews participating, after a suitable interval has elapsed.

BOAT WEIGHTS

All boats are required to be at weight according to the FISA Rules of Racing. It is the responsibility of the athletes and/or their coaches to have their boats at weight. All boats will be subject to "weight checks" during the course of the Selection Trials. Any crew whose boat is found to be under the minimum weight as a result of a weight check following the conclusion of a race will be subject to relegation in that race. If the crew races again in an underweight boat in a later round
of the same event, then the penalty will be the exclusion of the crew. If a boat is underweight in a final, the penalty will be the exclusion of the crew.

A scale will be provided at the Selection Trials course following the Athletes' Meeting as well as throughout the remaining business hours of the Selection Trials. Athletes are strongly encouraged to weigh their boats well in advance of the start of their race.

**ATHLETE CHECK-IN**

A representative of each boat is required to attend and confirm their participation at the roll call during the Athletes' Meeting. Any crew failing to have at least one representative present at the meeting may be subject to a warning or exclusion. All athletes and coaches are responsible for abiding by any information given out by USRowing staff and the Chief Referee during the Athletes' Meeting.

**DECLARATION OF INTENT TO COMPETE**

A crew must declare its intent to compete in the World Championships, in writing, to the USRowing High Performance Director, no later than two hours after the final race has been declared official, unless otherwise stated in the Selection Procedures. If the winning crew declines the nomination to selection, the second-place crew will have the opportunity to be nominated.

**TRAVEL ARRANGEMENTS**

USRowing will arrange all accommodation details of the trip for all athletes and coaches, including meals, and all athletes and coaches will attend as part of the USRowing delegation unless granted permission from the High Performance Director to make alternative arrangements. Accommodations do not include airfare or boat logistics.

**FAIRNESS COMMITTEE**

The Fairness committee's composition will be the Chief Referee, the Trials Director, and the designated athlete representative. Along with the role outlined in the Adverse Weather Procedure, the committee will also be authorized to adjust lane assignments, schedule of racing, delays/postponements of the schedule, and other procedural matters in an effort to provide the fairest possible conditions for selection results.

**USROWING ATHLETE AGREEMENT**

All National Team athletes selected to the National Team must sign and adhere to the USRowing National Team Athlete & Coaches Agreement.
Pan Am Appendix C – 4-Lane Progression System

The 4-lane progression will be the preferred progression used at US National Team Trial events. Pan Am Qualification Trials 4-lane Progression:

If there are four or fewer entries, all crews are placed in the final. If there is only one entrant, that entrant will still need to row the final and weigh-in if necessary. If there are five or more entries, crews will race the time trial with the top 4 advancing to the final; all others are eliminated. All time trials are run using two (2) lanes with 20-30 second gap between each lane (40-60 seconds within the lane).

The following shall constitute the forms of progression for four-lane racing:

<table>
<thead>
<tr>
<th>Number of Entries</th>
<th>Heats</th>
<th>Advance to Final</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-4</td>
<td>0</td>
<td>1-4</td>
</tr>
<tr>
<td>5+</td>
<td>1 (Time Trial)</td>
<td>1st 4</td>
</tr>
</tbody>
</table>

All Trials Boats:

The assignment of lanes for finals shall be performed according to the order of finish in the previous level of competition. Should no previous level of competition exist, the draw will be randomized.

Tentative Racing Schedule* for Pan American Qualification Trials, August 20, 2018:

August 20: AM - Athlete Meeting and Time Trial  
PM - Finals

Once a particular progression in any given event has begun, scratches throughout the event will not warrant any change in the method of progression.
Pan Am Appendix D – Adverse Weather Conditions Policy

USROWING ADVERSE WEATHER CONDITIONS POLICY
National Selection Regattas and Trials Regattas – There shall be a “Fairness Committee” to make
changes to the program and/or to the USRowing Progression System if the weather creates
unfair or unrrowable conditions. The Fairness Committee shall consist of three persons: The Chief
Referee, the Trials Director, and the designated Athlete Representative. The identity of the
members of the Fairness Committee shall be announced at the athletes meeting.

ALTERNATIVE PROGRAMS IN CASES OF ADVERSE WEATHER CONDITIONS
1. It is the duty of the Fairness Committee to determine that the weather has created, or is about
to create, unfair or unrrowable conditions. It is then the committee’s responsibility to implement
the appropriate program from the alternatives described below. In applying these alternatives,
the Fairness Committee will always consider (a), (b) and (c) before considering (d) or (e).

a) To use the lanes offering the most equal conditions.
b) To delay the racing program, either to later in the same day or to the next day, if the
weather forecast indicates that the conditions are likely to improve.
c) To start racing earlier than previously announced, provided that the announcement of
the new times is made at least three hours before racing, or before 9:00 p.m. the evening
before in the case of morning racing. The announcement will be made on the
USRowing.org website and on the posting board at the event site.
d) To re-allocate the lanes for each individual race, using placement from the previous round
to put the crews with the better finish (or the seeded crews for the heats or final where
there are no heats or the fastest in the case of a Time Trial) in the better lanes. For a heat,
the unseeded crews shall start in the order of their lanes, as assigned to them in the
official draw. Where two or more crews have the same placement in the immediately
previous round, (e.g. each were heat winners), then there shall be a draw to determine
their lanes.
e) To implement the Time Trial System for each individual race, e.g. if there were four heats
from the official draw, then there shall be four separate Time Trial Races.

2. After the Fairness Committee has determined that alternatives (a) to (e) in 1.) above are not
appropriate solutions to the difficulties created by adverse weather conditions and after
consultation with the teams/athletes at an Athletes’ Meeting convened for this purpose, it is the
duty of the Regatta Director to decide whether to implement one of the following solutions in
order to continue the regatta:

a) To omit a round of the event (e.g. semifinals) where adverse conditions have stopped
racing for a significant period of time. In such a case, the composition of the next rounds
will be determined on the basis of the results of those rounds that have been completed
and may necessitate more than six crews in each race. Wherever possible, the rankings of
the crews in the previous rounds will be used as the basis for the composition of the next rounds.
b) To reduce the length of the race to no less than 1,000 meters where conditions are so adverse that no other alternative is possible.