



Dear USRowing Athletes & Coaches,

USRowing is committed to continuously improving services and experiences for our members. After the first National Selection Regatta of 2018, we reached out to participating athletes and coaches to collect feedback on the event. Based on the feedback received and discussions with the High Performance Committee, USRowing is implementing the following changes for National Selection Regatta II/Spring Speed Order II on May 17-20, 2018.

The mandatory athlete and coaches meeting will be condensed and held at 6 a.m. on May 17, with the first time trial to run at 7:30 a.m. Subsequent racing sessions will start earlier at 7-7:30 a.m. For competitive purposes, we would like to avoid lightweight athlete weigh-ins prior to 6 a.m. For this to occur, we will look to schedule lightweight races at 8 a.m. or later, while staying as close as possible to the intent of giving priority times to NSR events. All racing time slots still will be weather-forecast dependent to get safe and fair conditions, if warranted.

A vast majority of participants noted that text message was their preferred source of receiving event notifications and updates. The NSR text service will be available for signup prior to the athlete meeting and will be the primary source of notifications for the event. As such, all competitors and coaches are highly encouraged to sign up prior to the event. A test text will be sent out during the athlete meeting to ensure functionality. The USRowing website will continue to show the most up-to-date event information and schedule.

The national team locker rooms at PNRA will be open to all competitors during the event. Athletes will be asked to not keep belongings in the locker room during the event and only use the space for changing and showering.

It is recommended that all participants know and understand the [Adverse Weather Conditions Policy](#) that the fairness committee utilizes in its determination of racing and scheduling during an event.

Thank you to all who provided feedback. As always, the national team programs staff is available to answer your questions and address your concerns regarding selection events.

Sincerely,

USRowing National Team Programs Staff

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