



2018
U19 NATIONAL TEAM
SELECTION PROCEDURES

2018 World Rowing Junior Championships
August 8-August 12, 2018
Racice, CZE



REQUIREMENTS OF ALL POTENTIAL NATIONAL TEAM MEMBERS

Eligibility:

The USRowing U19 National Team selection process is open to all athletes who meet all the following criteria:

- Must be born in 2000 or later.
- Must hold United States citizenship and a current and valid United States passport.
- Must be Selection Eligible as explained below

Athletes who would like to participate in National Team selection will need to provide/complete the following in order to be Selection Eligible prior to their first *point of entry* to National Team Selection. A point of entry refers to the first point in time that an athlete participates in a selection camp or selection event (trials) in a calendar year.

- Have a current USRowing Championship Membership & signed waiver
- Have completed a USRowing Anti-Doping Acknowledgement
- Submit a scanned copy of your valid United States Passport to USRowing- **FISA requires the passport as proof of citizenship.** *Please note: Many countries require a passport valid for 6 months past the date of return to the US.*
- Complete the Medical History questions included in the submission form below
- Submit a copy of a 12-lead ECG recorded in 2016 or later. Athletes who have an eligible ECG on file with USRowing do not need to resubmit anything to USRowing until their ECG expires. ECGs are valid for 3 calendar years.
- Submit a completed physical form, signed by a doctor, dated in 2018 or later

The above items can only be submitted to USRowing through the Selection Eligible form, found at the link below. For more information, click below:

[Selection Eligible Form Link](#)

Drug Testing:

All athletes participating in selection for the National Team are subject to drug testing administered by representatives of the United States Anti Doping Agency (USADA) or FISA. Athletes who violate USADA, IOC, USOC, WADA, FISA, or USRowing rules relating to banned substances will be subject to penalties as established by the respective organization. Athletes are responsible for calling the USADA drug hotline (800-233-0393) prior to taking any medications and making sure the medication they are taking is not on the banned list. A complete guide to banned substances is available by contacting USADA Drug Control and Education Program (800-233-0393) or USRowing (609-751-0708)

SELECTION CAMP PROCEDURES

Selection Camp Events (M8+, M4+, M4-, M4x, W8+, W4+, W4-, W4x):

The M8+, M4+, M4- and the M4x will be selected at Selection Camp and recommended to the nomination committee by the U19 Men's National Team Coach. The W8+, W4+, W4- and W4x will be selected at Selection Camp and recommended to the nomination committee by the U19 Women's National Team Coach.

Invitation of Athletes to Selection Camp:

Selection Camp invitations will be sent by the U19 Men's and U19 Women's National Team Coaches to U19 men and women, respectively. More information regarding the U19 National Team selection process, as well as deadlines for submission, may be found at www.usrowing.org.

All candidates proposed for invitation to Selection Camp, and for selection to the Camp Boats, will be evaluated according to the following criteria:

- Performance at the 2017-2018 U19 Identification Camps
- Video and audio tapes of performance
- Competition results during the 2018 season
- 2017-2018 trials/camps held throughout the year
- Athlete's ability to match the style and technique of the crew as determined by the designated coach
- Physical and physiological characteristics, e.g. height, weight.

Composition of the National Team Head Coaches and the Nomination Committee:

a) The National Team Head Coaches shall be comprised of the National U19 Women's Head Coach (Liz Trond) and the National U19 Men's Head Coach (Casey Galvanek) --or any replacement-- and their designees. Each coach shall be responsible for making recommendations relating to a boat that he/she will coach. In making recommendations called for under these Selection Procedures, each National Team Head Coach may seek input and information from other coaches as he/she deems appropriate. Once the Team has been selected National Team Head Coaches and their designees must abide by [Appendix D – Coaches](#).

b) The Nomination Committee shall be comprised of each of the National Team Head Coaches; the Head Coach of U19 National Team Development, Steve Hargis; the U19 High Performance Committee co-chairs, Justin Moore and Gil Roehrs; and the USRowing Board Representative or Alternate Representative to the USOC AAC, Jamie Redman or Nick LaCava

Dates and Locations of Selection Camps:

- M8+, M4x, M4- and M4+ will be held at Chula Vista Training Center, CA from June 11 to July 13, 2018.

- W8+, W4x, W4- and W4+ will be held at USCGA, New London, CT and Princeton, NJ from June 11 to July 13, 2018.

The end date of the Selection Camps may be earlier than the dates listed above

Selection Camp:

- a. At the Selection Camp, each National Team Head Coach will recommend crews for the boat(s) he/she will coach based on the following factors, which are listed in no particular order:
 - Athlete's compatibility with rest of crew
 - Competitive performance during training sessions
 - Overall performance at the Selection Camp
 - In the case of coxed events, the cox's weight
- b. Results of measurable competitive processes at the Selection Camps, e.g. time trials and seat racing, will be posted in a public location for athletes to review, in most instances within 24 hours of the end of practice. USRowing will keep written records of the data used to evaluate athletes in the selection process for a period of six months after the 2018 Junior World Rowing Championships.
- c. All recommendations shall be made by the National Team Head Coaches by July 20, 2018.
- d. The recommendations of the National Team Head Coaches shall be subject to review of the Nomination Committee and must be approved by the Nomination Committee to be effective.
- e. If a crew nominated by the National Team Head Coaches and approved by the Nomination Committee satisfies all eligibility criteria, then that crew will represent the United States at the 2018 Junior World Rowing Championships.

U19 TRIALS PROCEDURES

All trials will be run according to [Appendix A – General Trials Rules](#) set forth in the USRowing Rules of Rowing unless superseded by these Procedures.

Trials Events (W1x, M1x, W2x, M2x, W2-, M2-)

Trials will be held in West Windsor, N.J. on July 5-8, 2018 for the above boats.

The winning boat at the Trials for each of these events will represent the United States at the 2018 Junior World Rowing Championships provided that the boat satisfies the Eligibility Criteria and declares his/her intent to compete in the 2018 Junior World Rowing Championships, in writing, to Matt Imes, the USRowing High Performance Director, or their designee no later than two hours after the finals race has been declared official. Each winning crew is required to propose a coach at the Trials, who is required to travel with the crew for the length of the

World Championships, including roundtrip travel with the crew. Coaches will travel as members of the USRowing U19 National Team contingent and will be under the direction of the Team Leader and appropriate U19 National Team Head Coach.

Format for U19 Selection Trials:

All events will follow a “two out of three” final progression format. Each event with more than one entry shall consist of a minimum of two finals races with a third finals race if necessary. Due to course configurations, races will follow a 4-lane progression system.

U19 4-lane Progression:

If there are four or fewer entries, all crews are placed in the first final. If there is only one entrant, there will be only one final. If there are five or more entries, crews advancing out of the time trial are placed in the first final; all others are eliminated. All time trials are run using two (2) lanes with 20-30 second gap between each lane (40-60 seconds within the lane).

The following shall constitute the forms of progression for four-lane racing:

Number of Entries	Heats	Advance to Final
1-4	0	1-4
5+	1 (Time Trial)	1 st 4

Finals Format & Seeding – All Trials Boats:

Under the “two out of three” progression system, all crews advancing to the finals shall automatically compete in the first finals race. The heat results will be used to determine lane assignments in the first final. The first three places from the first finals race shall then advance to race in the second finals race. If the same crew wins both of these races, it shall be considered the winner of the event. Otherwise, a third race shall be held between the winners of the first two finals races only, and the winner of the third race shall be considered the winner of the event.

The assignment of lanes for finals shall be performed according to the order of finish in the previous level of competition. Should no previous level of competition exist, the draw will be randomized.

Tentative Racing Schedule* for Under 19 Trials, July 5-8, 2018:

- July 5: Athlete Meeting and Time Trial
- July 6 Finals Race#1 and Finals Race #2
- July 7: Finals Race #3 (will only be held if necessary)

*Dependent upon number of entries and subject to change

TEAM COMPOSITION

USRowing Athlete and Coaches Agreement:

All National Team athletes and coaches selected to the National Team must sign and adhere to [Appendix G – USRowing Athlete and Coaches Agreement](#), and are bound by [Appendix F - USRowing Code of Conduct](#).

Selection of Trials Coaches:

The winning crews from the U19 World Championship Trials, must propose one coach for their boat to the World Championships. The Nomination Committee will then select the team coaches based on the criteria listed below. World Championship Team Coaches will be named no later than three days after the last day of the U19 Trials. Nominated coaches should be aware of the conditions laid out in [Appendix D – Coaches](#).

All proposed candidates will be evaluated according to the following criteria (listed in order of priority):

1. The number of available coaching positions on the team
2. Demonstrated commitment to the crew throughout the year
3. Demonstrated commitment to the National Team throughout the year
4. Choice of and compatibility with the selected crews
5. Number of athletes on the team trained by a particular coach
6. International coaching experience
7. Domestic coaching experience

Selection of other staff:

USRowing Programs staff will select the team manager and other related staff.

Removal and replacement of an athlete, coach, or staff member from the 2018 team.

In the event of a vacancy in one or more boats on the 2018 Team, that vacancy will be filled according to the procedures in [Appendix I – Removal and Replacement of an athlete, coach, or staff member from the Team](#).

FUNDING:

USRowing does not provide funding for the U19 National Teams and the Junior World Rowing Championships. The team may derive funding from other sources including the National Rowing Foundation, team fund-raising efforts, and self-funding. For trials boats, a fee for local travel and housing costs at World Championship must be submitted by trials winners for the athlete(s) and coach at the conclusion of trials. Bank check, cash and VISA or MasterCard are accepted forms of payment. The amount of the fee due will be posted **no later than June 1, 2018**. Trials winners are responsible for their own arrangements and costs for overseas airfare

to and from the Junior World Rowing Championships as well as boat rental. Trials winners are strongly encouraged to travel with the other members of the U19 National Team and this, along with the purchase of allotted tickets, as well as rental of boats can be arranged through Steve Hargis, U19 National Team Head Development Coach.

ADDITIONAL INFORMATION

Process for issues and conflicts:

An athlete or coach who has issues related to selection, funding, or logistics is strongly encouraged to discuss his/her concern or issue first with:

- a) The appropriate National Team Coach directly or through a USRowing athlete representative
- b) The USRowing High Performance Director
- c) Chair of the High Performance Committee

For issues occurring during selection events the [USRowing National Team Selection Event Due Process Procedure](#) will be followed.

USOC Athlete Ombudsman:

If you have questions regarding your opportunity to compete that are not answered by your USRowing staff, you may contact the USOC Athlete Ombudsman: Sara Clark by telephone at (888) ATH-LETE, or by e-mail at sara.clark@usoc.org.

International Disclaimer:

These Selection Procedures are based on FISA and/or USRowing rules and regulations as presently known and understood. Any change in the Selection Procedures caused by a change in FISA and/or USRowing rules and regulations will be incorporated herein and distributed to the affected athletes immediately. The selection criteria are based on the latest information available to USRowing. However, the selections are always subject to unforeseen, intervening circumstances, and realistically have not accounted for every possible contingency.

Priority of Written Procedures:

The terms and conditions of these written Selection Procedures shall take priority over any verbal explanation, clarification or interpretation of the Selection Procedures, and an athlete or coach relies on a verbal explanation, clarification or interpretation of these Selection Procedures at his or her sole risk. Any request or question that would involve a formal clarification or interpretation of these Selection Procedures, or that would address an issue not otherwise covered in these Selection Procedures, should be submitted to Matt Imes at USRowing in writing, and the response to such request by USRowing must be provided in writing and must be published promptly on the USRowing website.

Anti-Doping and SafeSport Violations:

If an athlete is alleged to have committed an anti-doping rule violation, that athlete shall remain on the Team (or remain eligible to be nominated to the Team) until: a) the athlete is provisionally suspended or declared ineligible after a hearing conducted pursuant to the U.S. Anti-Doping Agency Protocol for Olympic Movement Testing or by FISA; b) the athlete voluntarily accepts a provisional suspension or sanction of ineligibility; or c) the athlete voluntarily withdraws from the Team or relinquishes eligibility to be nominated to the Team.

Supporting Documents:

USRowing will retain all supporting documents, including scouting or evaluation forms, etc., and data from the selection process for six months past the date of the 2018 Junior World Championships. Records pertaining to a specific selection process under these procedures will be made available for review to an athlete involved in such selection, upon written request to the High Performance Director.

QUESTIONS:

Any questions on these procedures can be referred to any USRowing programs staff at: Steve Hargis at shargis@snet.net

Questions may also be directed towards the co-chairs of the U19 High Performance Committee:
Gil Roehrs 610-363-7999 gilroehrs@roehrs.com
Justin Moore 315-416-6501 jmoore06@syr.edu