



2017 USRowing Southwest Regional Masters Championship

July 16, 2017

Lake Merritt, Oakland, CA

This is the initial call for entries to compete in the USRowing Southwest Regional Masters Championship Regatta. All racing takes place on Lake Merritt and is hosted by Lake Merritt Rowing Club.

Eligibility: A Master is a competitor who has or will attain the age of 21 during the current calendar year. There is an “AA” category for those over 21 and younger than 27. A competitor becomes a Master on January 1st of the year of his or her 21st birthday. A Masters crew shall be comprised exclusively of Masters rowers, but the coxswain need not be a Master. The age category of a Masters crew shall be determined by the average age of the rowers in the crew, rounded down to the nearest integer. The age of a coxswain shall not be counted. The ages of individual rowers need not fall within the age category, so long as each rower is at least in the AA age category and so long as the average age of the crew falls within the applicable category. Although the Southwest (SW) Regional Masters Championship Regatta is a championship event for rowers from Arizona, California, Colorado, Hawaii, Nevada, New Mexico and Utah, rowers who are from outside the Southwest Region may also enter the regatta. First, second, and third place Regional Championship awards will be presented for each event to the top three finishing crews. If the first-place crew is from outside the region, the highest placing SW crew will also receive a first-place award and the designation of Regional Champion. (In a three boat race, awards will be presented for first and second place only).

See the USRowing Rules of Rowing Handicapping Guidelines for details regarding the use of handicaps.

HANDICAPS WILL BE ASSESSED AT THE FINISH, NOT AT THE START.

Age Categories are defined below:

“AA” 21-26 “A” 27-35 “B” 36-42 “C” 43-49 “D” 50-54 “E” 55-59 “F” 60-64 “G” 65-69 “H” 70-74 “I” 75-79 “J” 80+

AA category athletes may compete in any event. The average age of the crew will determine their category.

All crews entering must be bona-fide members of a USRowing member organization.

USRowing Membership: The Southwest Regional Championship is a USRowing owned event. **Each participant is required to be a current individual “Championship” member of USRowing, and must have signed the USRowing waiver.** Both membership and waiver can be completed on-line at www.usrowing.org
To receive USRowing membership information or membership registration materials, please call the

USRowing Member Service Department at (800)314-4ROW.

ON-SITE REGISTRATION

All competitors will be issued credentials. **WE WOULD PREFER TO GIVE THE ENTIRE CLUB THEIR CREDENTIALS AT ONCE, RATHER THAN HAVING EVERYONE COME TO THE DESK. PLEASE HAVE YOUR MEMBERSHIP AND YOUR WAIVER COMPLETE BEFORE THE REGATTA AND WE WILL HAVE YOUR CREDENTIALS READY!** The registration desk will be open from Noon to 7:00PM on Saturday, July 15 and from 6:00AM to end of racing on Sunday July 16. All competitors must be a full "championship" member of USRowing, and have signed the USRowing waiver. Both membership and waiver can be completed on the USRowing website.

Regatta Schedule: Races will run on 4 or 5 minute centers with the order of events to remain as listed. **We would like to accommodate as many competitors as possible.** Racing will begin as early as 7:30 am. Events with less than three entries, from different programs, may be eliminated from the regatta schedule. **If there are more than three entries in a particular age category we will run that as a separate event (assuming that action doesn't leave a properly entered crew without a race).** We will run all races as finals only or as "flights". **The Heat Sheet/schedule will be available for your review on RegattaCentral on July 10. If you have any questions regarding the schedule or your entries, please contact Paul Wilkins at swrowing@cs.com or (562)666-6415.**

Important Deadline:

ENTRIES AND FEES MUST BE RECEIVED BY MIDNIGHT TUESDAY, JULY 4, 2017.

	Entry Fee	Late Entry Fees (after July 4)
8+	\$215.00	\$320.00
4+, 4x	\$160.00	\$240.00
2-, 2x	\$88.00	\$130.00
1x	\$66.00	\$80.00

How to submit entries and fees:

This year we are pleased to announce that the regatta again will be utilizing an online entry system <http://www.regattacentral.com>. You will be able to submit entries and view entries, access various information, and more. RegattaCentral also enables automated waiver compliance (assuming waivers are on file with USRowing). Entries must be received by **TUESDAY, July 4, 2017**. Entries lacking fees, or waivers will be considered late entries.

Late entries, or entries received after the deadline will be subject to the higher entry fee and space availability in the scheduled heats and finals. Fees and waivers are due with entry forms. Entries must be submitted with fees in order to be included in the draw. Late entries may be made through RegattaCentral, but you must contact Paul Wilkins (swrowing@cs.com) in order to make these entries. A scratch fee of \$25.00 will be assessed for any scratches made after noon on July 13, 2017. "No shows" at the starting line will be subject to the scratch fee. RegattaCentral offers many features that will make the entry process easy and will allow coaches that are registered to access and change their entries and view other entries to the regatta. Changes or corrections to boat line-ups should be made as soon as is practicable. You may make lineup changes on RegattaCentral up until midnight July 14, 2016.

Questions should be directed to: Paul Wilkins, E-mail: swrowing@cs.com

Email is the best way to contact me. I am also available by phone, (562)666-6415, but I am out of the country the week that entries are due, so email will be best.

To expedite the process of submitting entries, be sure to have the USRowing Member Number for all rowers you'll be entering. You may now sign waivers online at USRowing.org or send them to: USRowing, 2 Wall St, Princeton, NJ 08540

Each regatta has a separate "entry window". Our entry window is June 4– July 4. Late entries may also be made through RegattaCentral. If you have trouble, please email me for guidance.

Multiple Entries: Multiple entries, for one event, from a club will be accepted and scheduled into the event if possible. However, please keep in mind that this is a Regional Championship and our time is limited. List multiple entries with "A", "B", etc. designations in order of priority. Events with less than three entries from different programs, may be removed from the schedule.

Bow Balls and Bow Numbers:

Bow balls and bow numbers are required for any boat preparing to race. Boats without bow balls will not be allowed onto the racecourse. Please have the appropriate bow numbers for your boat to ensure proper identification by the officials. The regatta organizers will not provide Bow numbers. The participants must supply Bow numbers and bow balls. Each shell must be equipped with quick release footgear or heels attached with strings to allow quick release. All bow-coxed shells must meet the Rules of Rowing requirements regarding the size of the opening through which the coxswain enters the shell.

Directions, Boat Storage/Trailer Parking:

[https://www.regattacentral.com/cms/uploads/usrowing/files/2017%20SW%20Regional%20Information%20for%20Regatta%20Central%20Final\(3\).pdf](https://www.regattacentral.com/cms/uploads/usrowing/files/2017%20SW%20Regional%20Information%20for%20Regatta%20Central%20Final(3).pdf)

Weigh-ins:

All rowers in races with lightweight classifications and all coxswains are required to weigh in on race day in

accordance with USRowing rules. **All athletes shall weigh-in in racing attire.**

Team boats must weigh-in together, although there will be no averaging of the crews. Coxswains who are required to carry weight must provide their own additional weight and have it verified by the weigh-in officials. The weigh-in schedule will follow USRowing rules of racing, except for coxswains, who may weigh in anytime during the day, at least one hour prior to their first event. Crews must weigh in at least one hour, but not more than two hours before their first scheduled lightweight event. Crews and coxswains only need to weigh in once. Minimum Weights: Coxswains for Men's events 120 lbs. min, Ltwt. Men 160 lbs. max, Coxswains for Women's events 110 lbs. min, Ltwt. Women 130 lbs. max, Coxswains for Mixed events 120 lbs. min

Practice Weigh-Ins:

The scales will be available to check your weight at Registration on Saturday July 15 from 2PM until 7PM.

IMPORTANT INFORMATION

https://www.youtube.com/watch?v=rX8VEAcs_g&feature=youtu.be

Coaches and all competitors directing a shell during racing or practice are RESPONSIBLE TO KNOW ALL SAFETY INFO contained in the video, and it is strongly recommended that all competitors watch the video.

Coaches, team representatives and referees meeting:

6:30 AM on Sunday at the launching area courtyard, next to the registration desk. A REPRESENTATIVE FROM EACH TEAM MUST ATTEND this meeting and convey any needed info to the team's crews and scullers.

Rules of Racing:

The USRowing SW Masters Championship is a USRowing Registered Regatta and will abide by the USRowing Rules of Racing except where amended by the organizers.

Medals:

There are medals for 1st, 2nd and 3rd, but you need to beat a boat to medal. For example, a race with three entries will only have 1st and 2nd place medals. Once results are official (i.e., posted on the results board) your medals can be picked up at the registration table. Medals are handed out by boat; please send a representative.

Practice:

Shells may launch and row in the warm-up area and racecourse FOLLOWING THE TRAFFIC PATTERN from 2PM to 8PM on Saturday, July 15. BUT, Lake Merritt is open to all other users on Saturday and ALL SHELLS MUST KEEP CLEAR OF OTHER USERS IN ALL AREAS, INCLUDING THE RACECOURSE Other users include canoes, kayaks, and small sailboats, many of which are operated by children. There will be NO PRACTICE allowed on the course on Sunday, July 16 (Raceday).

SW MASTERS/OPEN REGIONAL CHAMPIONSHIP EVENTS

CLASSIFICATION	BOATS 8+	4+	4x-	2-	2x	1x
Masters Men	X	X	X	X	X	X
Masters Women	X	X	X	X	X	X
Masters Lightweight Men		X			X	X
Masters Lightweight Women		X			X	X
Masters Novice Men	X	X				X
Masters Novice Women	X	X				X
Masters Mixed	X	X	X		X	

RACE CLASSIFICATIONS:

"MASTERS LIGHTWEIGHT": See weigh-in information. NOTE: Lightweight events may be combined with "Same Age" events if there are not 3 entries for both the open weight and lightweight age.

"MASTERS NOVICE"

All members of the crew are "novices" for **two years** from the date of their first race. Those new to the discipline of sculling (though not to rowing) would be considered novice scullers for their first year in the single.

"MASTERS MIXED"

One half of the rowers within the boat must be men and the other half must be women

Order of Events Sunday July 16, 2017 SW Masters Regional Championship

AS LISTED ON REGATTACENTRAL:

https://www.regattacentral.com/regatta/events/?job_id=4953&org_id=0