



USRowing Southeast Youth Championships

May 13-14, 2017

Lake Lanier Olympic Venue, Gainesville, Ga.

USRowing, Lake Lanier Rowing Club, and Gainesville Hall '96 Roundtable are proud to present the 5th USRowing Southeast Youth Championships. This event offers opportunities for crews within the region to qualify for the USRowing Youth National Championships, as well as an opportunity for novice and junior varsity crews to compete at a championship caliber event.

Please read this packet completely as it includes information regarding entries, rules, events, Youth National Championships qualification and eligibility, and other information about the policies governing this regatta. **All crews competing in the USRowing Southeast Youth Championships are responsible for the information contained in this packet.**

USRowing would like to thank the Southeast Youth Coaches Council for their guidance in organizing this year's event.

New for 2017

Below is a list of significant changes to the packet that are being highlighted. Be sure to read the entire packet, as you are responsible for all information included herein.

- Important Information about 2017 Entry Fee Structure (pg 2-4)
- Important Dates & Deadlines -- Added listing of key dates (pg 5)
- Venue Information – Updated for Lake Lanier (pg 5)
- “Express Lane” -- Added requirements & deadlines for eligibility (pg 6)
- Classifications -- Updated requirements for Youth & 2nd categories, removed Novice (pg 7)
- Entry Information -- Updated entry and late entry fees (pg 10-11)
- On-Site Line-up Changes -- Added \$5 administrative fee for line-up changes processed on-site (pg 11)
- Order of Events -- Replaced Novice events with U17 4+ and U17 2- events (pg 13-14)
- Southeast Youth Council -- Updated list of council members and published approved by-laws for the council (pg 21-22)

Information about 2017 Entry Fee Structure

To our coaches, competitors, and members,

Following the 2016 racing season, USRowing's Board of Directors and staff conducted a full review of the working conditions at USRowing-owned championship events.

To this end, a subcommittee of the Board was formed, and worked with staff to develop solutions for improving the racing experience of competitors, staff, referees, volunteers, and rowing fans.

From this committee came a number of initiatives that will be enacted at the 2017 USRowing-owned events, beginning with the youth championships in May.

- Increased referee staffing -- USRowing is committing to providing funding for a 25% increase in the number of referees at its owned events
- Attracting top referee talent -- USRowing has committed a number of resources with the goal of attracting top referee talent to our most prestigious events. These include full travel reimbursements, to remove the financial burden of officiating USRowing's biggest events.
- Limiting the number of working hours in a single day -- USRowing's events have grown to levels that push the boundaries of physical daylight, physical safety of competitors and referees, and the work conditions and recruiting efforts for volunteers to staff the events. To these ends, USRowing is committed to keeping the planned racing schedules to no more than 8.5 hours of racing in a single day (generally, 8am-6pm). This will provide for improved fairness in a number of areas:
 - Officials and volunteers will be in better physical condition on the later days of the events, which typically host the most important races,
 - Improve each event schedule's ability to accommodate weather delays and interruptions,
 - Limiting the hours that coaches and athletes have to be ready to compete.

Enacting these improvements requires USRowing to make additional investments in the event budgets.

After the budget approval in December, USRowing staff has again worked with the Board of Directors in an effort to restructure the entry fees for USRowing owned events, making an effort to limit the amount of increase to regatta entry fees necessary to meet these investments.

At the regional level, USRowing worked to level pricing inequities found across the country. The west coast events were paying significantly higher entry fees than their counterparts in other regions. Those prices have been brought even with each other, resulting in increases for the events in the Southeast, Northeast, Mid-Atlantic, and Central regional events. From that equitable foundation, all regional events saw a 10% increase to reach the final entry fee numbers:

2017 USRowing Youth Regional Entry Fees	
8+	\$ 215.00
4x/4+	\$ 160.00
2x/2-	\$ 88.00
1x	\$ 66.00

2017 USRowing Masters Regional Entry Fees	
8+	\$215.00
4x/4+	\$ 160.00
2x/2-	\$88.00
1x	\$ 55.00

Entry fees for the national championships were set an average of 20% higher than the regional events, to represent the increased demands and prestige of these events.

2017 USRowing National Championship Entry Fees			
	Youth Nationals	Club Nationals	Masters Nationals
8+	\$ 248.00	\$ 248.00	\$ 248.00
4x/4+	\$ 182.00	\$ 182.00	\$ 182.00
2x/2-	\$ 121.00	\$ 121.00	\$ 105.00
1x	\$ 77.00	\$ 77.00	\$ 66.00

Along with the improved safety and fairness aspects, USRowing is also committed to elevating the experience at these championship regattas by providing programming and special events to create the “championship” atmosphere fitting for USRowing’s “Championship” members.

The new pricing structure will benefit coaches and competitors both on and off of the water.

If you have any questions about these, or any of the changes coming for 2017, feel free to contact alvin@usrowing.org or james@usrowing.org.

We look forward to a great racing season.

--

Susan Smith, USRowing

Director, Member Programs and Services

Important Dates & Deadlines

- March 1, 2017 – Entry packet posted.
- March 15, 2017 -- Online registration opens on RegattaCentral.
- May 1, 2017 – Initial online registration deadline. All entry fees become non-refundable after this deadline.
- May 2, 2017 – Initial race schedule posted.
- May 3, 2017 – Online late entry deadline. Line-up deadline. All crews must meet the “Express Lane” requirements by this date in order to guarantee their eligibility for this option.
- May 11, 2017 – RegattaCentral re-opens for last minute lineup changes. Initial start lists for time trials and heat sheets posted.
- May 12, 2017 – On-site credential pick-up is available. “Express Lane” opens. Last day for online line-up changes via RegattaCentral. Venue opens for trailer parking & practice. Coaches & Coxswains Meeting.

Venue Information:

Venue – Lake Lanier Olympic Venue

Location:

3105 Clarks Bridge Rd.

Gainesville, GA 30506

Driving directions are available online: <http://www.lakelanierolympicvenue.org/>

Course: The course is a 2,000 meter, 7-lane, fully-buoyed course with stakeboats. All crews must be able to back into a Stakeboat, including crews competing in non-qualification events.

Event Drone Policy:

Aerial drones are prohibited at Lake Lanier Olympic Park, by the U.S. Army Corps of Engineers.

The use of drones at the venue could result in the U.S. Army Corps of Engineers suspending the event.

For this reason, any drone use may result in an “Unsportsmanlike Conduct” penalty, with a presumed penalty of “Disqualification”. This would end a program’s further participation in the event.

USRowing Membership:

The USRowing Southeast Youth Championship is a USRowing-owned event.

Each participant is required to be a current, “Championship” member of USRowing. Each participant must also have a signed waiver on file for 2017.

Each competing organization is required to be a current organizational member of USRowing.

Memberships can be activated or renewed by visiting <http://www.usrowing.org/join.aspx> or by calling the Membership Services Department at (800) 314-4769.

Memberships should be handled prior to arriving for the event.

Pre-Registration "Championship" Membership	On-Site Registration "Championship" Membership
\$45	\$50

If you have questions regarding the status of your organizational or individual memberships, please contact our Membership Services department at (800) 314-4769 or members@usrowing.org.

A current listing of your athletes, their member numbers, and expiration dates can be found on your online roster: <https://rosters.usrowing.org>

Waivers:

All athletes should make sure to sign their USRowing waiver using their Championship Member number.

Credentials:

Credentials will be issued to athletes once registration is complete, membership and waiver information is verified, and all fees are paid in full.

A coach or team representative may pick up the credentials for their team if all team members meet the above criteria and the organization's membership and regatta fees are paid in full. All team credentials must be picked up at the same time. Partial groups will not be distributed.

All athletes will be required to show credentials in order to pass through Control Commission and launch for racing sessions.

Crews shall not launch without showing proper credentials.

Each athlete will receive one complimentary credential as part of their registration for the event. Any replacement credentials can be purchased for \$10 at the registration desk.

"Express Lane":

Any crew whose line-ups are complete, fully compliant with Membership requirements, and fully paid on all entry and other fees are eligible for the "Express Lane" on-site registration option.

These crews may collect their credentials without waiting in line to speak with a USRowing representative.

To be eligible, crews must be in compliance by the Line-up Deadline posted in this packet and on RegattaCentral.

After this deadline, a list of eligible crews will be made available.

Eligibility:

The USRowing Southeast Youth Championships are open to youth competitors from Alabama, Florida, Georgia, Mississippi, North Carolina, South Carolina, and Tennessee and any crew approved to use this as their qualification regatta, that meet the membership requirements stated above.

Crews from outside of the United States are not eligible to compete at this event.

Classifications:

Youth- A Youth is a competitor who in the current calendar year does not attain the age of 19, or who is and has been continuously enrolled in secondary school as a full-time student seeking a diploma. A competitor thus ceases to be a Youth after December 31 of the year of his or her 18th birthday, or of the year in which he or she completes the 12th grade of secondary school, having been a full-time student, whichever is later.

Entries in the "Youth" category are expected to be an organization's top crew in the category.

Post Graduates: Per Rule 4-104 (a), a student must be working towards their first secondary school diploma, therefore, post graduate students who attain the age of 19 in the current calendar year are ineligible to compete.

U17- A competitor may compete in the U17 category until December 31 of the year of his or her 16th birthday.

U15- A competitor may compete in the U15 category until December 31 of the year of his or her 14th birthday.

"2nd" Boats- The 2nd boat classification *is expected to include the second boat for organizations competing in the "Youth" race of the same event.* These events are not open to any rower competing in a Youth National Championship qualifying event in the same discipline (sweep or sculling). In order to enter a 2nd boat, organizations must also enter a boat in the "Youth" event in the same gender classification and boat class. **Entries in Lightweight events do not count towards meeting this requirement.**

"3rd" Boats- The 3rd boat classification is not open to any rower competing in a Youth National Championship qualifying event of any discipline or in a "2nd" boat event of the same discipline (sweep or sculling). Organizations must have an entry in the corresponding "2nd" event to be eligible to place an entry in the "3rd" boat event.

Unaffiliated- Crews entered as "Unaffiliated" are not considered to be representing a club or organization for this regatta. Competitors may compete as "unaffiliated" in single sculls only, as composite entries are not accepted for this event. "Unaffiliated" competitors must meet the individual membership requirements listed in this packet.

Youth National Qualification Rules:

The USRowing Southeast Youth Championships offer 3 bids in each of the USRowing Youth National Championships events.

The bids will be distributed to the top 3 crews in each qualifying event that are eligible to qualify at the USRowing Southeast Youth Championships.

All crews from a given organization must qualify at the same qualification regatta.

Only crews competing in Youth National Championship qualifying events are eligible to receive bids. Crews competing in 2nd, 3rd, U17, or U15 events are ineligible to receive automatic bids. Crews competing in 2nd, 3rd, U17, or U15 events are ineligible to petition to receive bids based on the results of

non-qualifying races.

Full rules regarding qualification for the 2017 Youth National Championships will be available in the event entry packet which will be posted on the event website no later than March 1, 2017:

<http://www.usrowing.org/event/2017-youth-national-championships/>

Rules:

The 2017 USRowing Rules of Rowing will govern this event.

An online version is available at <http://www.usrowing.org/About/RulesofRowing.aspx>

Be sure to note the approved rule changes for 2017 listed on page 1 of the 2017 Rules of Rowing.

USRowing licensed referees will officiate the event to ensure fairness and safety.

The following rules will be waived for this event:

- Rule 3-104 Minimum Weight of Boats

Equipment:

All equipment used in competition must meet the USRowing Rules of Rowing requirements for equipment, with the exception of the waived rule listed above. Each organization is responsible for ensuring that their equipment meets these standards.

Quick release foot stretchers – In all boats the foot stretchers, shoes, or other devices holding the feet of the rowers shall be a type which allows the rowers to get clear of the boat with no delay. Where shoes or other devices holding the feet will remain in the boat, each shoe or device shall be independently restrained such that the heel will not lift more than three inches (7.5cm) above the foot board to which it is anchored. In addition, where laces, Velcro or similar materials must be opened before the rower can remove his/her feet from the shoes or other devices, these must be able to be released immediately by the rower with a single quick hand action of pulling on one easily accessible strap.

Crews must provide their own bow balls. Bow ball shall be firmly attached and mounted on its bow.

Bow numbers will be provided at the launch docks, once a crew has passed through Control Commission.

Any equipment not meeting these standards, or judged to be unsafe by a USRowing official, will not be allowed onto the water.

Outside Assistance:

Crews are reminded that they are not to receive outside assistance during a race except from the unaided voice.

Weigh-Ins

Competitors shall be weighed in racing uniform without shoes or other footgear. The racing uniform shall cover the torso of the competitor.

Lightweights:

The weight of Youth Rowers in lightweight events shall be determined once each day during either the

Weigh-in Window or the Adjusted Weigh-in Window, but not both. Each Youth Rower shall have only one (1) initial opportunity to weigh in. A Rower within one (1.0) pound or less of the weight standard is allowed one (1) re-weigh within the same window as his or her initial opportunity. A Rower whose initial weight is greater than one (1.0) pound above the weight standard will be ineligible to compete in the Event.

Competitors who fail to weigh-in during either the Weigh-in Window or the Adjusted Weigh-in Window shall be deemed ineligible to race.

When an Adjusted Weigh-in Window is created due to a scheduling change, a Competitor may weigh-in during either the original Weigh-in Window or the Adjusted Weigh-in Window, but not both, provided the Competitor completes his or her weigh-in prior to the newly Scheduled Time of the Race and on the same day as the newly Scheduled Time of the Race.

“Adjusted Weigh-in Window”: Should Race Officials adjust or alter the racing schedule for compelling reasons, changing the amount of time between the Weigh-in Window and the newly Scheduled Time of the Race, an Adjusted Weigh-in Window shall be created. The Adjusted Weigh-in Window shall be no less than one (1) hour and not more than two (2) hours before the newly Scheduled Time of the Race.

An “Adjusted Weigh-in Window” is only created if an adjusted schedule is officially posted or published by USRowing. Commonly occurring delays throughout the day are not considered an official adjustment to the schedule.

Lightweight Men:

Max: 150 lbs. (no average)

Coxswains:

Lightweight Women:

Max: 130 lbs. (no average)

The weight of Coxswains shall be determined once **each day** during either the Weigh-in Window or Adjusted Weigh-in Window, but not both. In the event a Coxswain is weighed after the applicable Weigh-in Window or Adjusted Weigh-in Window but before the first Race in which the weight is relevant, the Coxswain may be subject to one of the penalties described in Rule 2-602 (“Types of Penalties”); the presumed penalty for such infraction is a Warning. Failure to weigh-in at any point in time prior to the first Race in which the weight is relevant shall constitute a violation of Rule 4-105.1 (“Coxswain’s Weight”) and result in the Coxswain being deemed ineligible to race.

When an Adjusted Weigh-in Window is created due to a scheduling change, a Competitor may weigh-in during either the original Weigh-in Window or the Adjusted Weigh-in Window, but not both, provided the Competitor completes his or her weigh-in prior to the newly Scheduled Time of the Race and on the same day as the newly Scheduled Time of the Race.

“Adjusted Weigh-in Window”: Should Race Officials adjust or alter the racing schedule for compelling reasons, changing the amount of time between the Weigh-in Window and the newly Scheduled Time of the Race, an Adjusted Weigh-in Window shall be created. The Adjusted Weigh-in Window shall be no less than one (1) hour and not more than two (2) hours before the newly Scheduled Time of the Race.

An “Adjusted Weigh-in Window” is only created if an adjusted schedule is officially posted or

published by USRowing. Commonly occurring delays throughout the day are not considered an official adjustment to the schedule.

Coxswains who do not comply with the minimum weight standard must provide their own materials to create deadweight in accordance with the USRowing Rules of Rowing. This weight must be placed in the boat as close to the torso of the coxswain as possible, and is specifically forbidden to be distributed throughout the boat. At any time, before or immediately after the race, the Referee, another Race Official, or a member of the Control Commission may require the weight of the deadweight to be checked.

Crews must provide their own weight making materials.

Excess clothing, equipment, electronic systems, tools, and other utilitarian devices germane to competition shall not be considered part of the coxswain's weight and shall not be included as part of any deadweight.

Weighted vests cannot be worn in order to achieve the minimum weight.

Coxswain for Men's Event:

Minimum: 120 lbs.

Coxswain for Women's Event:

Minimum: 110 lbs.

Unsportsmanlike Conduct:

Unsportsmanlike conduct includes, but is not limited to, failure to heed the instructions of race officials, use of obscene language or gestures, delaying a race without just cause, intentional or flagrant disregard of principles of safety and fairness, or abusive behavior toward any official, team member, or spectator.

A crew that engages in unsportsmanlike conduct may be assessed a penalty by a race official.

Any team member, including a competitor, who engages in unsportsmanlike conduct, on or off of the water, at any time during the regatta, may have his or her further participation at the regatta curtailed or prohibited by a race official.

A crew may be subject to an "unsportsmanlike conduct" penalty if a person affiliated with their organization, including spectators and parents, engages in the use of a drone at the regatta venue. An "unsportsmanlike conduct" penalty issued for the use of a drone will carry a presumed penalty of "Disqualification".

Entry Information:

Entries in each event will be accepted on a first-come, first-served basis.

No paper entries will be accepted for this event. All entries must be made online at RegattaCentral. Initial registration will be available beginning March 15, 2017 and ending Monday, May 1, 2017. No refunds will be given once the initial registration period has ended.

All entry fees must be paid in full by Monday, May 1, 2017. After this date, unpaid entries may be considered late entries and subject to the conditions of such designation. Payment arrangements may be made by contacting alvin@usrowing.org prior to the deadline.

Youth National Championship qualifying events with entries from 2 or more organizations will be run as scheduled.

Non-Youth National Championship qualifying events with entries from 2 or fewer organizations at the

close of registration will be scratched from the schedule.

Crews representing an organization with an outstanding balance will not be allowed to compete until the balance is paid in full.

Category	Entry Fee	Late Entry Fee <i>(Total Cost after initial deadline)</i>
8+	\$ 215.00	\$323.00
4x/4+	\$ 160.00	\$240.00
2x/2-	\$ 88.00	\$132.00
1x	\$ 66.00	\$99.00

Line-ups:

All entries should include the line-up of athletes to compete as part of that entry. All entry line-ups must be submitted by Monday, May 1, 2017. Any entry without line-ups after this time will be treated as a late entry. Line-ups with placeholder names such as "A. Rower" will be considered incomplete and will also be considered late entries.

After Monday, May 1, 2017, crews may substitute up to one half of its rowers, as well as its coxswain, excluding single sculls. After this deadline, no substitutions may be made for single scull entries except for illness or injury in accordance with the USRowing Rules of Rowing.

Line-ups will remain open on RegattaCentral for editing until Wednesday, May 3, 2017. RegattaCentral will remain closed for credential printing and "Express Lane" notifications. RegattaCentral will be re-opened to accept any last minute line-up changes on Thursday, May 11 and Friday, May 12.

Any line-up changes needed on racing days must be completed at the USRowing registration desk in the Lake Lanier Rowing Club boathouse.

Each line-up change processed on-site is subject to a \$5 administrative fee.

Email lineup changes will not be accepted.

On-Site Line-up Changes:

Any line-up change required on Saturday or Sunday will be subject to a \$5 administrative fee for processing the request.

Payment is due before a line-up change can be officially made.

Late Entries:

Beginning May 2, 2017, entries may be accepted in events where additional entries do not change the progression, or exceed any listed entry maximums. These entries are subject to the higher entry fees listed above.

Online late entries must be submitted via RegattaCentral from May 2-May 3, 2017.

After May 3, late entries will only be accepted at the regatta venue during official registration hours.

E-mail submissions will NOT be accepted.

On-site late entries must be submitted no later than the close of on-site registration on Friday, May 12, 2017.

Scratches:

Entries may be scratched or changed without penalty until May 1, 2017.

Scratches received beginning May 2, 2017, are subject to a forfeiture of the entry fees, and are not eligible to receive a refund.

Scratches made after the close of on-site registration on Friday, May 12, 2017, will be subject to a forfeiture of entry fees and an additional \$25 scratch fee.

Scratches must be made on RegattaCentral until May 3, 2017.

After that time, all scratches must be submitted to USRowing at the regatta venue during official registration hours. E-mail submissions will NOT be accepted.

Any crew failing to submit written notification of a scratch may be subject to an additional no-show fee of \$100 to be charged to the RegattaCentral account holder.

Any crew that competes in the first round of a Youth Nationals qualification event is required to finish the event. A crew that scratches after competing in the first round of a Youth Nationals qualification event is ineligible to compete in that event at the next year's regatta. This does not apply to crews that scratch due to injury, and are able to provide medical documentation to verify that injury.

Composite Entries:

Composite entries are not accepted at the USRowing Southeast Youth Championships.

Crews, excluding single sculls, which include athletes competing as "unaffiliated", would have to enter as a composite crew, and are therefore ineligible to compete at this regatta.

Entry Limits:

Organizations may submit a maximum of one entry in each Youth National Championships qualifying event other than the 1x. An organization can earn a maximum of 1 bid for Youth Nationals in these events.

Organizations may submit a maximum of two entries in both the Mens Varsity 1x and Womens Varsity 1x events. Each entry is eligible to receive separate bids for Youth Nationals, meaning an organization can earn a maximum of two bids in these events.

Organizations interested in entering a third crew in the 1x may place those crews on the Waitlist. At the close of registration, "C" entries may be accepted in the 1x where the additional entries would not change the progression of the event. Entries will be accepted in the order they are listed on the Waitlist.

Athletes are eligible to compete in a maximum of two events. Coxswains are NOT limited in the number of events they may enter; however, they must meet all appropriate eligibility and classification requirements for the event being entered.

Due to scheduling concerns, all non-qualification events will be limited to a maximum of 21 entries.

Entries are taken on a first-come, first-served basis.

Progression:

For Youth National Championships Qualification Events Only
Modified USRowing Progression System "C"

Entries	Time Trial	Advancing	Semifinals	Advancing in each Semifinal	Finals
1-7	1 (Seeding)	7	-	-	Grand Final
8-14	1	7	-	-	Grand Final
15+	1	14	2	3	Grand Final

For Non-Youth National Championships Qualification Events Only

Modified USRowing Progression System "C"

Entries	Heats	Advancing	Finals
1-7	-	-	Final Only
8-14	2	3	Grand Final
15-21	3	2	Grand Final

Each crew is responsible for knowing the progression of their event.

Only Grand Finals will be run at the 2017 USRowing Southeast Youth Championships.

Order of Events:

Below is the order in which finals are scheduled to be run. **Bold** events are designated as Youth National Championship qualifying events.

1	Womens Youth 1x
2	Mens Youth 1x
3	Womens Youth 2x
4	Mens Youth 2x
5	Womens Youth 2-
6	Mens Youth 2-
7	Womens Youth 4x
8	Mens Youth 4x
9	Womens Ltwt Youth 2x
10	Mens Ltwt Youth 2x
11	Womens Youth 4+
12	Womens Ltwt Youth 8+

13	Mens Youth 4+
14	Mens Ltwt Youth 4+
15	Womens Ltwt Youth 4+
16	Mens Youth Ltwt 8+
17	Womens Youth 8+
18	Mens Youth 8+
19	Womens U17 8+
20	Mens U17 8+
21	Womens U17 1x
22	Mens U17 1x
23	Womens U17 2x
24	Mens U17 2x
25	Womens U17 2-
26	Mens U17 2-
27	Womens U17 4x
28	Mens U17 4x
29	Womens U15 8+
30	Mens U15 8+
31	Womens Youth 2nd 4+
32	Mens Youth 2nd 4+
33	Womens Youth 3 rd 8+
34	Mens Youth 3 rd 8+
35	Womens Youth 2nd 8+
36	Mens Youth 2nd 8+
37	Womens U17 4+
38	Mens U17 4+

The schedule of races will be determined based on the number of entries at the close of registration.

Schedule Information:

“Head Race” style time trials for Youth National Championship Qualification events will be held Saturday

morning.

Heats for Non-Youth National Championship Qualification events will follow time trials, on Saturday afternoon.

Semifinals for Youth National Championship Qualification events will be run as permitted by the schedule and available time. Semifinal races may be scheduled on Saturday and/or Sunday.

Grand Finals for all events will be run Sunday.

A “planned” schedule will be posted to the USRowing web site. This is for illustrative purposes only, and will likely change once registration has closed.

This schedule is tentative and subject to change.

Head-Race Style Time Trial Procedures

Time trials will be conducted over a 1,900 meter course.

Bow assignments for the time trial will be seeded by the Southeast Youth Coaches Council, in accordance with the policy listed later in this packet. The goal is to have the faster crews assigned to earlier bow numbers in each event.

A marshal will be positioned near the start to direct crews to enter the course. Crews are responsible for staying in numerical order, staying behind crews with lower numbers and in front of crews with higher numbers.

Crews are responsible for maintaining their proper order and distance. Crews failing to maintain their proper position may be delayed, moved to the end of the starting order, penalized, or excluded. A crew will be allowed to race as long as they are in the starting area before the crew with the last bow number of the event has started.

Crews will have approximately 100 meters to build up to race pace. A crew’s race time begins once their bow ball crosses the 1,900 meter start line.

Odd number crews will race in lane 3, and even number crews will race in lane 4.

There will be a 20-second gap between starting crews, resulting in a 40-second gap between crews in the same lane.

Passing:

A crew being overtaken must yield to the outside lane to allow the overtaking crew to pass. Crews racing in lane 3 would move to lane 2, and crews racing in lane 4 would move to lane 5.

Any crew failing to yield will be excluded.

A crew is deemed to be overtaking another crew when it has moved to within one length of open water of the crew ahead.

Referees will give instruction in accordance with the USRowing Rules of Rowing.

Broken Equipment:

A crew experiencing broken equipment during the race should move to the outside lane.

Seeding

Seeding for the Youth National Championships qualification time trials will be done using the Southeast Youth Coaches' Poll, no consideration is given to regional distribution.

Non-Qualifying events will be seeded randomly.

The votes are to be placed by the nine representatives of the Southeast Youth Coaches Council. Representatives must submit their votes via e-mail to Sarah Low no later than 11:59 PM on Tuesday, May 9, 2017. Representatives are not allowed to vote for their own crew in the poll. After May 9, all voting is final.

Heat sheets with seeded bow assignments will be posted on the USRowing web site no later than Thursday, May 11, 2017.

Practice

The course will be available for practice beginning at 1:00pm on Friday. Launching for practice will close at 5:30pm. All crews must be off of the water by 6:00pm.

The course will not be available for practice prior to racing or during lunch breaks on Saturday or Sunday.

Due to the amount of time required for racing, practice may not be available after racing on Saturday evening. If available, Saturday practice times will be listed in the Confirmation packet distributed to teams at the close of registration.

Teams are not permitted to practice on the course outside of posted practice times.

Coaches and Coxswains Meeting:

Coaches and Coxswains Meeting will be scheduled for Friday, May 13 at 6:30 PM.

All competitors and coaches are responsible for any information given at this meeting.

Medals:

Medals will be awarded to the first, second, and third-place finishers in each Grand Final, including non-qualifying events.

A final must contain a minimum of 4 boats in order for a third-place medal to be awarded. This rule applies to both qualifying and non-qualifying events.

Traveling Trophies

The following traveling trophies shall be awarded to the crew winning the sponsored event at the Southeast Youth Championship each year.

The trophies shall remain in the possession of the winning team for one (1) year and returned at the next Southeast Youth Championship Regatta. Teams failing to return trophies must pay a replacement fee (**\$400.00**) before they will be allowed to compete.

Team Trophies will be awarded at the awards ceremony at the conclusion of racing on Sunday.

Regional programs celebrate outstanding achievements by regional youth crews by sponsoring traveling

trophies. The regatta committee would like to thank the sponsors of these special awards.

Regional programs wishing to sponsor events please contact USRowing for details.

Event Trophies

- **The Spooner Cup** - Presented to the champion crew the Men's Youth Champion Eight (M1V8+) category. Sponsor: Oak Ridge Rowing Association. Named for Steve Spooner founding coach of the Oak Ridge Junior Men's program.
- **The Absher Cup** - Presented to the champion crew the Women's Youth Champion Eight (W1V8+) category. Sponsor: Oak Ridge Rowing Association. Named for Lorena Absher Founding coach of the Oak Ridge Junior Women's program.
- **The Allstate Cup** - Presented to the champion crew the Men's Youth Champion Four (M1V4+) category. Sponsor by Augusta Rowing Club.
- **The Augusta Cup** - Presented to the champion in the Women's Youth Champion Four (W1V4+) category. Sponsored by Augusta Rowing Club.
- **The Benderson Men's Cup** - Presented to the champion in the Men's Youth Champion single (M1V1x) category. Sponsored by Benderson Development.
- **The Benderson Women's Cup** - Presented to the champion in the Women's Youth Champion single (W1V1x) category. Sponsored by Benderson Development.
- **The James Paul Brant Roen Cup** - Presented to the champion in the Men's Varsity Lightweight 8+ (MLwt8+) category. Sponsored by Mary Margaret Schneider.

Points Trophies

The following traveling trophies shall be awarded to team based upon the points earned by that team's crews in national championship events each year.

The following table summarizes how points shall be awarded for events.

In the event of a points tie, a coin toss shall be used as a tie break. All events will be scored. One boat per team scores in each event.

- **Southeast Youth All Points Trophy** - Presented to the team with the highest **Combined** point total. Sponsor: The Oak Ridge Rowing Association
- **Nathan Benderson Trophy** - Presented to the team with the highest **Men's** point total. Sponsor: Southeast Junior Development Camp. Named for Nathan Benderson (Nov. 20, 1917- April 7, 2012) for generous commitment of time, support & inspiration to the vision of rowing in Sarasota, the State of Florida and the Southeast Region.
- **Southeast Youth Women's Points Trophy** - Presented to the team with the highest **Women's** point total. Sponsor: Southeast Junior Development Camp

TEAM POINTS REFERENCE TABLE

The club of the winning boat in each event shall receive points based on a modification of the "*Barnes Scoring System*" on the chart below. The teams of the remaining boats in the finals race of the event shall receive points according to the following percentage of the points awarded to the champion in that

event. If more than six boats raced in heats in an event, points shall be awarded as if six boats raced in the final, regardless of the number of crews that actually race in the final. In the event of a points tie, a coin toss shall be used as a tiebreak. All events will be scored. One boat per team scored in each event.

# Boats in Event	% of 1st Place Points					
	1st	2nd	3rd	4th	5th	6th
6+	100%	80%	60%	40%	20%	10%
5	80%	60%	40%	20%	10%	
4	60%	40%	20%	10%		
3	40%	20%	10%			
2	20%	10%				

1V 8+ | LT 8+

	1st	2nd	3rd	4th	5th	6th
6+	160	128	96	64	32	16
5	128	96	64	32	16	
4	96	64	32	16		
3	64	32	16			
2	32	16				

1V 4+ | LT 4+ | 1V 4x | 2nd 8+ | U17 8+ | U15 8+ | Novice 8+

	1st	2nd	3rd	4th	5th	6th
6+	80	64	48	32	16	8
5	64	48	32	16	8	
4	48	32	16	8		
3	32	16	8			
2	16	8				

1V 2x | LT 2x | 1V 2- | 2nd 4+ | Novice 4+ | U17 4x | 3rd 8+

	1st	2nd	3rd	4th	5th	6th
6+	40	32	24	16	8	4
5	32	24	16	8	4	
4	24	16	8	4		
3	16	8	4			
2	8	4				

1V 1x | U17 2x

	1st	2nd	3rd	4th	5th	6th
6+	20	16	12	8	4	2
5	16	12	8	4	2	
4	12	8	4	2		
3	8	4	2			
2	4	2				

U17 1x

	1st	2nd	3rd	4th	5th	6th
6+	10	8	6	4	2	1
5	8	6	4	2	1	
4	6	4	2	1		
3	4	2	1			
2	2	1				

Inclement Weather Information:

The Chief Referee, USRowing, and Local Organizing Committee will work together to monitor the weather continuously during the regatta.

In the event that inclement weather causes delays in the regatta schedule, the following weather plan will be utilized:

Notification Process:

All schedule change notifications will be announced in the following places:

- On-site on the results/announcements board by the boathouse
- On-site through any on-site public address systems in use
- Online via Twitter, Facebook, RegattaCentral, and the USRowing website
- Via text message. Coaches, athletes, and parents can register to receive weather related text messages by texting "USRowing" to 313131.

To ensure that each crew has at least 1 representative on the texting list, USRowing will manually add the Race Day Contact listed on RegattaCentral to the texting system.

Crews are responsible for staying updated on any announced schedule changes.

Please direct any questions about schedule changes to USRowing at the registration area.

Schedule Changes will be made with the following priorities

- Delay racing either later the same day or to the next day, if time is available.
- Begin racing earlier than previously announced. Announcement will be made no later than 3 hours before racing or 9:00 PM the evening before in the case of morning racing.
- Utilize a time-trial system for a round of the event.
- Omit a round of the event. The composition of the next round will be determined on the

basis of the results of those rounds that have been completed. If grand finals must be omitted, medals and Youth National Championship bids will be awarded based on the results of the last completed round of the event.

- Cancel some or all non-Youth National Championship qualification events. Cancellation priority will be:
 1. Non-Youth National Championship qualification events that have completed at least one round of racing
 2. Non-Youth National Championship qualification events that have not completed at least one round of racing.
- Cancel Youth National Championship qualification events that have completed at least one round of racing.
- Cancel regatta.

Under no circumstances will races be rescheduled for a date later than May 14, 2017.

Weigh-in Procedures

In instances where inclement weather causes a change in the scheduled race times for events that require the weighing of competitors (lightweights or coxswains), the time in which a competitor must be weighed will be affected as described in the Rules of Rowing. See the current year's rulebook, or the weigh-in sections in this packet for details.

Lodging Information:

USRowing has partnered with EMC Venues to provide accommodation options for teams and spectators travelling to the 2017 USRowing Southeast Youth Championships.

Rooms are now available at a variety of hotel properties near the venue.

[Click here to secure rooms through EMC Venues.](#)

Southeast Youth Coach Council

Chair - Georgia - Sarah Low, Atlanta Junior Rowing

Vice Chair - Tennessee - Eric Gehrke, Nashville Rowing

North & South Carolinas - Jack Gartner, Asheville Youth Rowing

Mississippi/Alabama - Jeff Coy, Huntsville-Madison County Rowing & Watersports

North Florida - Brett Tillotson, Capital City Rowing

South Florida - Cesar Herrera, Miami Rowing Club

East Florida - Justin Knust, Lake County Rowing

West Florida - Casey Galvanek, Sarasota Crew

At-Large - Ethan Shoemaker, Space Coast Crew

Youth Advisory Committee Southeast Rep (non-voting position) -- Byron Walthall, Charlotte Youth

By-Laws

1. Regional Committee: A council of coaches will be empowered to act on the business of the Southeast Youth Championship regatta, as well as the business of the Southeast Region. The committee will be empowered to create and approve policies and procedures for the Southeast region membership, and will serve as point of contact for

existing, new, and potential youth rowing programs in the Southeast Region.

- a. Membership: The council will be made of nine (9) voting members, one from each area of the region as follows: A – North Florida, B – East Florida, C – South Florida, D – West Florida, E – Georgia, F – Mississippi/Alabama, G – North Carolina/South Carolina, H – Tennessee, as well as one at-large member. The YAC Southeast Representative will also serve on the committee in an advisory, non-voting role.
 - b. Quorum: In order for the Regional Committee to transact business, a quorum must be established. A quorum will consist of five voting members.
 - c. Election: If there is a vacancy in any regional representative position, an election will be held among member organizations in the respective area no less than thirty (30) days after the vacancy occurs or is announced. This election process will be held by the Chair (or Vice Chair if Chair is vacant) in a suitable online forum, with a one-week timeline for nominations, and a subsequent one-week timeline for voting.
 - i. Eligibility: Any head coach, or person in similar position as defined by their program, is eligible for election as regional representative. Program must be active, defined as competing in registered regattas for the previous three consecutive years, at minimum. Any questions of eligibility will be resolved by the current coaches council.
 - d. Re-election: In order to ensure regional interests are being represented, an election will be held every two (2) years after initial election, with opportunity for new representatives to be nominated or self-nominated. This election process will be held by the Chair (or Vice Chair if Chair is up for re-election) in a suitable online forum within thirty days of the Youth National Championship.
 - e. Term Limit: There will be no term limit for any voting member, though all are subject to re-election as outlined above.
2. Officers: There will be two officers within the regional committee, Chairperson and Vice Chairperson. Officers will be nominated by members of the Regional Committee, and elected by a majority of votes. A run-off election will be run if necessary. There is a two-year term limit for either position.
- a. Chair: The Regional Chair serves as leadership for the Regional Committee. Responsible for tasks including, but not limited to: communication with USRowing and other national governing bodies on behalf of the Southeast Regional Committee, running elections as needed, and running seeding processes as needed.
 - b. Vice Chair: The Regional Vice Chair acts as assistant to the Chair as needed or as delegated, and, in the absence of the Chair, shall assume all duties of the Chair.
3. Meetings: An annual meeting of the Regional Committee will take place once the committee is finalized for the coming school year, in a time and place determined by the Regional Chair. Members will be given thirty days notice of such meetings. A call-in option, or similar accommodation, will be available for committee members not able to attend, but a physical meeting is priority and always first option.

4. Role with Southeast Regional Championship Regatta: The Regional Committee will work with USRowing representative to establish and communicate the guidelines and changes of the Regional Championship regatta. Proposed changes must be finalized by August 1st, voted on by the committee within 30 days, and communicated to the entire Southeast region by September 1st prior to the next year's regatta.
5. Approval of Bylaws: Once finalized by the Regional Committee, the full text of proposed bylaws will be sent to the full Southeast region membership for a vote. A simple majority of votes will suffice as approval of bylaws.
 - a. Amendment to Bylaws: Amendments may be proposed at any time, by any member of the Southeast region, to their respective area representative. The area representative shall then bring the amendment forward within the Regional Committee for discussion and motion as appropriate.

Contact Information:

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