To be eligible to sit for the written Assistant Referee Examination, a Candidate must meet the following requirements:

- One observation at each of the following six positions: Referee, Starter, Judge at Start, Chief Judge, Marshall, and Control Commission (or Dockmaster). Each observation must be certified by a licensed USRowing official (Referee or Assistant).

- Attend a clinic on the Rules of Rowing given by an approved Referee Clinician.

An "observation" is more than a single race, and requires exposure to a sufficient amount of activity so that, in the opinion of the certifying official, the Candidate has seen a comprehensive sampling of the skills required for the position.

Once a Candidate has completed the observation and clinic requirements, he/she may take the written Assistant Referee Examination. At the examination, the Candidate will be required to present this card as proof of compliance, and will also be required to provide proof of swimming ability (200 yards).