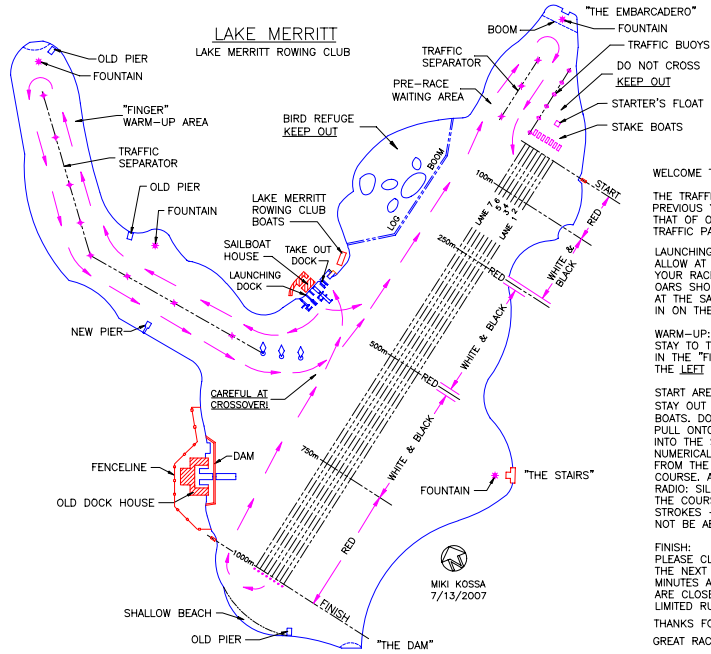


TRAFFIC PATTERN CHANGED !



WELCOME TO LAKE MERRITT!

THE TRAFFIC PATTERN HAS CHANGED FROM PREVIOUS YEARS. FOR YOUR SAFETY AND THAT OF OTHERS PLEASE FOLLOW THE TRAFFIC PATTERN AND STAY ALERT.

LAUNCHING:
ALLOW AT LEAST 30 MINUTES BEFORE YOUR RACE IF YOU NEED TO WARM UP. OARS SHOULD BE BROUGHT BEFORE OR AT THE SAME TIME AS THE SHELL TIE IN ON THE WATER.

WARM-UP:
STAY TO THE RIGHT OF THE BUOY LINES IN THE "FINGER" (WARM-UP AREA) AND TO THE LEFT IN THE PRE-RACE WAITING AREA.

START AREA:
STAY OUT OF THE AREA BEHIND THE STAKE BOATS. DO NOT WARM UP TO THE COURSE. PULL ONTO THE COURSE AND BACK INTO THE STAKEBOATS. TRY TO WAIT IN NUMERICAL ORDER, LANE ONE IS FURTHEST FROM THE SIDE YOU WILL ENTER THE COURSE. ALIGNMENT WILL BE DONE BY RADIO: SILENTLY. TO KEEP POINTED DOWN THE COURSE, SCULL, DO NOT TAKE FULL STROKES - THE STAKEBOAT PERSON WILL NOT BE ABLE TO HOLD THE SHELL.

FINISH:
PLEASE CLEAR THE FINISH AREA QUICKLY. THE NEXT RACE MAY FINISH ONLY A FEW MINUTES AFTER YOURS. LANES 6 AND 7 ARE CLOSE TO SHORE. WATCH THE LIMITED RUN-OUT ROOM.

THANKS FOR COMING!
GREAT RACE TO YOU!

MIKI KOSSA
7/13/2007