



2008 FISA World Rowing Under 23 Championships Media Packet

Brandenburg, Germany – July 17-20, 2008

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Press Releases, Information and Results

USRowing information is available 24 hours a day via the Internet. General information, news releases, athlete bios and other press information can be found on USRowing's Web site at www.usrowing.org. Press releases also are available from the USRowing fax and/or e-mail distribution service. To be placed on either or both distribution lists, please contact Brett Johnson. World Championship results will be available in real-time on the FISA Web site at www.fisa.org. They also will be available at the conclusion of racing each day at www.usrowing.org.

Interview Policy for USRowing Under 23 National Team Members

Most rowers and coaches are available for interviews as their competitive schedules allow. Interviews or photos may be arranged on an individual basis by contacting Allison Frederick at 609.751.0710 or allison@usrowing.org.

World Rowing Under 23 Championships General Information

The World Rowing Under 23 Championships showcase up-and-coming athletes who are too old to compete at the junior level but are still in need of further development to rank among top senior elite rowers. Held for the first time in 1976 in Macon, France, under the title “Seniors Match,” it eventually became the “Nations Cup” in 1992. FISA’s 2005 Extraordinary Congress in Dubrovnik, Croatia, voted to upgrade the World Rowing Under 23 Regatta to world rowing championship status. The first official World Rowing Under 23 Championships were raced in 2004. Annually, approximately 600 athletes from 40 countries compete.

Under 23 World Championships

This year’s regatta will feature competition in 20 events: men’s single sculls, women’s single sculls, lightweight men’s single sculls, lightweight women’s single sculls, men’s double sculls, women’s double sculls, lightweight men’s double sculls, lightweight women’s double sculls, men’s pair, women’s pair, lightweight men’s pair, men’s quadruple sculls, women’s quadruple sculls, lightweight men’s quadruple sculls, men’s four, women’s four, lightweight men’s four, men’s four with coxswain, men’s eight and women’s eight. The United States will have crews competing in 14 events.

The “Paolo d’Aloja,” or Nations Cup, is awarded to the nation that accumulates the most points at the championships. Points are awarded for finishes in the top seven places.

Brandenburg, Germany

Brandenburg is a federal state of Germany and home to over 2.5 million people. Its capital is Potsdam. The state surrounds the national capital of Berlin, though the city is not part of the state itself. Brandenburg contains more than 3,000 lakes and over 18,000 miles of waterways. Brandenburg’s history extends into the Middle Ages and it is home to many castles and manor houses.

The Beetzsee International Regatta Course is located at Brandenburg-an-der-Havel on Beetzsee Lake. The course lies approximately 50 miles outside of Berlin and 30 miles from Potsdam. It hosted the 1972 European Rowing Championships and the first ever World Rowing Junior Championships in 1985. For more information, visit: <http://www.u23wm2008.de/>

USRowing

USRowing is a nonprofit organization recognized by the United States Olympic Committee as the governing body for the sport of rowing in the United States. USRowing’s Official Sponsor is Johnson & Johnson; its Official Suppliers are Hudson Boat Works and NIKE, Inc.; its Official Patron is Concept2; its Official Electronics Outfitter is Nielsen Kellerman; its Official Timer is Powerhouse Timing; and its Preferred Printer is Sport Graphics Printing. USRowing also receives generous support from the National Rowing Foundation.

2007 Under 23 World Championship Results

The 2007 Under 23 National Team came home from last year's championships with two medals. The women's quadruple sculls won gold, while the women's eight won a bronze medal.

The women's quadruple sculls crew of **Gevvie Stone** (Newton, Mass.), **Lindsay Meyer** (Seattle, Wash.), **Esther Lofgren** (Newport Beach, Calif.) and **Alison Fishman** (Dallas, Texas) won gold in an exciting come-from-behind victory over Australia and Great Britain. The U.S. was last off the line, then moved into fourth position at the 1,000-meter mark after a boat-stopping crab took The Netherlands out of the lead. From there, it was an intense fight to the finish, as the U.S. powered through the competition in a 500-meter sprint to cross the line in a 6:34.11. Less than two seconds separated the top four crews. Australia took silver in a 6:33.38, with Great Britain following in a 6:34.11.

In the women's eight, coxswain **Katelin Snyder** (Winter Park, Fla.), **Andrea Sooter** (Bellevue, Wash.), **Mara Allen** (San Francisco, Calif.), **Jamie Redman** (Spokane, Wash.), **Elle Logan** (Boothbay Harbor, Maine), **Suzanne Van Fleet** (West Chester, Pa.), **Megan Smith** (Templeton, Calif.), **Kerry Birk** (Scottsdale, Ariz.) and **Anne Kennedy** (Mt. Vision, N.Y.) took bronze. The U.S. pushed up into second place behind Belarus in the last quarter of the race but could not hold off the charge of the German crew as it inched ahead in the last few strokes to take silver. Belarus won in a 6:15.20, with Germany finishing 0.23 seconds later. The U.S. clocked a 6:17.85, with Canada and Poland trailing.

Two other U.S. crews made the finals. The men's eight of coxswain **Adam Barhamand** (Naperville, Ill.), **Silas Stafford** (Santa Rosa, Calif.), **Nate Rooks** (Bainbridge Island, Wash.), **Will England** (Marblehead, Mass.), **Mark Murphy** (Madison, Wis.), **Alex Osborne** (Los Angeles, Calif.), **Charlie Cole** (New Canaan, Conn.), **Jesse Johnson** (Mercer Island, Wash.) and **Tom Peszek** (Farmington Hills, Mich.) finished fourth, missing the medal stand by just 0.35 seconds. The lightweight men's double sculls duo of **James Donovan** (Easton, Conn.) and **Todd Mickelson** (Woodenville, Wash.) finished sixth overall.

2008 Under 23 World Championships Roster

Name	Birthdate	Height	Weight	Hometown	Club
Men's Single Sculls (M1x)					
Zachary Ellison	5/12/1987	6'3"	208	Duluth, Minn.	Minneapolis Rowing Club
Women's Single Sculls (W1x)					
Helen Tompkins	1/2/1988	5'10"	155	Friendswood, Texas	Potomac Boat Club
Lightweight Men's Single Sculls (LM1x)					
Sam Cunningham	4/25/1986	6'2"	160	Pittsburgh, Pa.	Malta Boat Club
Lightweight Women's Single Sculls (LW1x)					
Katie Bucien	5/15/1986	5'6"	130	Detroit, Mich.	Detroit Boat Club
Lightweight Men's Double Sculls (LM2x)					
Robin Prendes	12/13/1988	6'1"	154	Miami, Fla.	Princeton University
James Donovan	7/11/1987	6'2"	155	Easton, Conn.	Princeton University
Lightweight Women's Double Sculls (LW2x)					
Lisa D'Aniello	4/6/1986	5'7"	125	Niskayuna, N.Y.	Pocock Rowing Center
Kristin Hedstrom	5/14/1986	5'6"	123	Concord, Mass.	Pocock Rowing Center
Men's Pair (M2-)					
Andrew Hatzenbuehler	2/28/1986	6'4"	193	Farmington, Conn.	Penn Athletic Club
Bryan Pape	4/17/1986	6'5"	180	Simsbury, Conn.	Penn Athletic Club
Lightweight Men's Pair (LM2-)					
Skip Kielt	3/21/1987	6'0"	155	Buffalo, N.Y.	California Rowing Club
Ryan Andre	11/28/1986	6'0"	160	New Canaan, Conn.	California Rowing Club
Men's Four (M4-)					
Max Goff	10/12/1987	6'5"	205	Sun Prairie, Wis.	University of Wisconsin
Colin Keogh	1/19/1986	6'2"	189	Greenwich, Conn.	California Rowing Club
Ed Newman	3/1/1987	6'3"	195	Palos Park, Ill.	California Rowing Club
Zachary Krupp	6/15/1987	6'5"	193	New Canaan, Conn.	California Rowing Club
Women's Four (W4-)					
Jessica Leidecker	6/12/1987	6'0"	175	Westerville, Ohio	Clemson University
Liz Robb	7/23/1988	6'0"	170	Roswell, Ga.	Clemson University
Michelle Nance	6/20/1987	5'11"	140	Simpsonville, S.C.	Clemson University
Hilary Cumbest	1/9/1987	5'6"	155	Nashville, Tenn.	Clemson University
Lightweight Men's Four (LM4-)					
John Wainwright	7/20/1986	6'0"	155	Alameda, Calif.	Oregon State University
Anthony Fahden	2/27/1986	5'11"	150	Lafayette, Calif.	Dartmouth College
Chad Healy	5/25/1987	6'0"	160	Ashland, Ore.	U.S. Naval Academy
David Montani	7/31/1988	6'2"	160	Lewiston, N.Y.	Fordham Crew
Men's Four with Coxswain (M4+)					
Kereeti Pisapati	3/5/1989	5'3"	116	Bethlehem, Pa.	Penn Athletic Club
Joseph McMullin	3/28/1986	6'4"	185	Woodbridge, Va.	Penn Athletic Club
Matthew Wheeler	5/2/1987	6'10"	218	Eugene, Ore.	Penn Athletic Club
Gregory Yurkow	7/10/1987	6'6"	206	Haddonfield, N.J.	Penn Athletic Club
David Weir	4/6/1987	6'1"	180	Folsom, Calif.	Penn Athletic Club

Men's Eight (M8+)

Daniel Connolly	2/2/1987	5'6"	122	Rockville Ctr., N.Y.	University of Wisconsin
Grant James	8/17/1987	6'5"	185	DeKalb, Ill.	University of Wisconsin
Ross James	8/17/1987	6'5"	185	DeKalb, Ill.	University of Wisconsin
Derek Rasmussen	2/13/1986	6'5"	175	Darnestown, Md.	University of Wisconsin
Silas Stafford	4/27/1986	6'4"	200	Santa Rosa, Calif.	Stanford University
Henrik Rummel	9/26/1987	6'5"	217	Pittsford, N.Y.	Harvard University
Blaise Didier	3/29/1988	6'6"	215	San Francisco, Calif.	University of Washington
Charlie Cole	6/21/1986	6'4"	200	New Canaan, Conn.	Yale University
Alex Osborne	5/4/1987	6'3"	198	Sherman Oaks, Calif.	Stanford University

Women's Eight (W8+)

Katelin Snyder	8/16/1987	5'5"	110	Winter Park, Fla.	University of Washington
Suzanne Van Fleet	9/16/1986	6'0"	170	West Chester, Pa.	Clemson University
Kady Glessner	3/11/1986	6'0"	180	Seattle, Wash.	Northeastern University
Jamie Redman	7/19/1986	6'0"	185	Spokane, Wash.	Yale University
Amanda Polk	8/2/1986	5'11"	180	Pittsburgh, Pa.	University of Notre Dame
Laura Larsen-Strecker	11/20/1986	6'1"	190	Brookline, Mass.	Harvard University
Theresa Shields	5/28/1986	5'11"	160	Gross Ile, Mich.	University of Wisconsin
Kelsie Chaudoin	8/18/1986	6'3"	190	Germantown, Tenn.	University of Virginia
Jessica Reel	6/12/1986	5'11"	143	Ojai, Calif.	Stanford University

Coaching and Managerial Staff

Name	Affiliation	Position
Katherine Ackerman	USRowing	Team Physician
Joshua Adam	Pocock Elite Sculling Team	Lightweight Women's Double Sculls
Christopher Bordeau	Dartmouth College	Men's Eight
Matthew Boyle	USRowing	Boatman
Mike Callahan	University of Washington	Men's Eight
Christopher DeFelice	Penn Athletic Club	Men's Pair
Joseph Dowd	Minneapolis Rowing Club	Men's Single Sculls
Allison Frederick	USRowing	Press Officer
John Hayburn	Malta Boat Club	Lightweight Men's Single Sculls
Greg Hughes	Princeton University	Lightweight Men's Double Sculls
James Lister	USRowing	Team Manager
Luke Agnini	Penn Athletic Club	Lightweight Men's Four
Rob McCracken	Potomac Boat Club	Women's Single Sculls
Glenn Merry	USRowing	Executive Director
Steve Perry	Dartmouth College	Women's Eight
Richard Ruggieri	Clemson University	Women's Four
Kevin Sauer	University of Virginia	Women's Eight

Under 23 National Team Bios

Ryan Andre

Lightweight Men's Pair

Hometown: New Canaan, Conn.

Current Residence: New Canaan, Conn.

Club Affiliation: University of California at San Diego Crew/California Rowing Club

Began Rowing: 2003 -- New Canaan High School

Date of Birth: 11/28/1986 **Height:** 6'0" **Weight:** 160

High School: New Canaan High School

Undergraduate Education: University of California at San Diego

Current Coaches: Joel Scrogin, Zach Johnson

Years on National Team: One -- 2008, Under 23

National Results: Won the lightweight pair at the 2008 Under 23 World Championship Trials... Won the collegiate lightweight division at the 2008 San Diego Indoor Rowing Championships... Finished fifth in the junior quadruple sculls at the 2005 USRowing National Youth Invitational.

Personal: Ryan enjoys being outdoors and listening to music.

Katie Bucien

Lightweight Women's Single Sculls

Hometown: Detroit, Mich.

Current Residence: Shelby Township, Mich.

Club Affiliation: Detroit Boat Club

Began Rowing: 2001 -- Detroit Boat Club

Date of Birth: 5/15/1986 **Height:** 5'6" **Weight:** 130

High School: Anchor Bay High School

Undergraduate Education: Columbia University, English, 2008

Occupation: Legal Assistant with White and Case, LLP

Years on National Team: One -- 2008, Under 23

International Results: Took second in the junior B single sculls at the 2002 Canadian Henley... Finished second in the junior B single sculls at the 2002 Canadian Schoolboy Regatta.

National Results: Won the lightweight single sculls at the 2008 Under 23 World Championship Trials... Won the intermediate lightweight single sculls at the 2005 USRowing National Championship Regatta... Finished second in the single sculls at the 2004 World Junior Rowing Championships Trials... Finished fourth in the single sculls at the 2003 and 2004 USRowing Youth National Championships... Won the junior single sculls at the 2003 USRowing National Championships... Won the junior B single sculls at the 2002 USRowing National Championships.

Personal: Katie was on her high school swim team before she started rowing. She also competes in triathlons.

Kelsie Chaudoin**Women's Eight****Hometown:** Germantown, Tenn.**Current Residence:** Charlottesville, Va.**Club Affiliation:** University of Virginia**Began Rowing:** 2004 -- University of Virginia**Date of Birth:** 8/18/1986**Height:** 6'3"**Weight:** 190**High School:** Houston High School**Undergraduate Education:** University of Virginia, Architecture/Spanish, 2008**Current Coach:** Kevin Sauer**Years on National Team:** One -- 2008, Under 23**National Results:** Placed eighth in the varsity eight at the 2008 NCAA Championships...Placed fourth in the second varsity eight at the 2007 NCAA Championships.**Personal:** Kelsie received Atlantic Coast Conference Crew of the Year honors from 2006 to 2008, First-Team All-ACC in 2008, First-Team All-South Region in 2008 and First-Team All-American in 2008.

She enjoys playing volleyball and is a three-time intramural champion. She also likes tubing, marching bands and drawing. She is a member of Zeta Tau Alpha Sorority. Her most memorable sporting achievement is winning her first race on the Potomac River her novice year. Kelsie says her dad is famous internationally for his incredibly loud cheering. With his megaphone, he can be heard from 2,000 meters away. The most influential person in her sporting career has been Kevin Sauer for convincing her to try rowing, taking a chance on her and making it an absolute possibility to pursue both athletics and architecture when others told her it was impossible.

Charlie Cole**Men's Eight****Hometown:** New Canaan, Conn.**Current Residence:** New Canaan, Conn.**Club Affiliation:** Yale University/Oxford University**Began Rowing:** 1999 -- New Canaan High School**Date of Birth:** 6/21/1986**Height:** 6'4"**Weight:** 200**High School:** New Canaan High School**Undergraduate Education:** Yale University, 2007**Graduate Education:** Oxford University, 2008**Current Coach:** Sean Bowden**Years on National Team:** Five -- 2003-04, Junior; 2006-08, Under 23**International Results:** Won the eight at the 2008 Oxford-Cambridge Boat Race...Placed fourth in the eight at the 2007 FISA Under 23 World Championships...Placed 14th in the quadruple sculls at the 2006 FISA Under 23 World Championships...Placed fifth in the eight at the 2004 FISA Junior World Championships...Took silver in the eight at the 2003 FISA Junior World Championships.**National Results:** Won silver in the varsity eight at the 2007 Eastern Sprints...Placed sixth in the varsity eight at the 2006 Intercollegiate Rowing Association (IRA) Championships...Placed third in the freshman eight at the 2004 Intercollegiate Rowing Association (IRA) Championships...Placed third in the quadruple sculls at the 2003 USRowing Youth Invitational.

Personal: Charlie's coach, Yan Vengerovski, has been the most influential person in his sporting career because he directed Charlie toward rowing. Outside of rowing, he enjoys golf, reading and watching television. In the future, Charlie hopes to compete and win at the highest levels of the sport.

Dan Connolly

Men's Eight

Hometown: Rockville Centre, N.Y.

Current Residence: Madison, Wis.

Club Affiliation: University of Wisconsin

Began Rowing: 2001 -- Chaminade High School

Date of Birth: 2/2/1987

Height: 5'6"

Weight: 122

High School: Chaminade High School

Undergraduate Education: University of Wisconsin, Economics and Legal Studies, 2009

Current Coaches: Chris Clark, Matt Boyle, Eric Mueller

Years on National Team: One -- 2008, Under 23

National Results: Placed third in the second varsity eight at the 2008 Intercollegiate Rowing Association (IRA) Championships... Won gold in the second varsity eight at the 2008 Eastern Sprints... Placed third in the varsity eight at the 2004 Scholastic Rowing Association National Championships... Placed third in the varsity eight at the 2004 Stotesbury Cup Regatta... Won the youth eight at the 2003 Head of the Charles Regatta.

Personal: Dan enjoys surfing, snowboarding, skateboarding, hockey, football, University of Wisconsin athletics, cooking, movies and reading autobiographies. His most memorable sporting achievements are winning the Eastern Sprints in 2008 and winning the freshman eight at the 2006 Midwest Rowing Championships. Dan chose rowing in the fall of his freshman year of high school, when the crew coach, John Callinan, spotted him at lunch. At first, he wanted to be a rower but decided on coxing after he noticed that everyone else was quite a bit taller. The most influential person in his rowing career is Chris Clark, because he has taught him the most. The biggest influence overall has been Dan's mother, father, sisters and friends for showing him the highest level of support and love. Dan aspires to win the varsity eight title at the IRA Championships and one day compete on the senior national team.

Hilary Cumbest

Women's Four

Hometown: Nashville, Tenn.

Current Residence: Clemson, S.C.

Club Affiliation: Clemson University

Began Rowing: 2004 Baylor School/Lookout Rowing Club

Date of Birth: 1/9/1987

Height: 5'6"

Weight: 155

High School: Baylor School

Undergraduate Education: Clemson University, 2009

Current Coach: Richard Ruggieri

Years on National Team: One -- 2008, Under 23

National Results: Won the four at the 2008 Under 23 World Championship Trials... Finished fourth in the varsity eight at the 2008 South Central Region Sprints... Finished 14th in the varsity eight at the 2008 NCAA Championships.

Personal: Hilary began rowing on a bet that she would not last one week rowing. Her personal hero is her mother, who raised Hilary herself and “has never stopped showing her love and support.” Hilary is deaf in her right ear and half-deaf in her left, but despite this, she says rowing “has taught me that I can do anything if I put my mind to it.”

Sam Cunningham

Lightweight Men’s Single Sculls

Hometown: Pittsburgh, Pa.

Current Residence: Philadelphia, Pa.

Club Affiliation: Malta Boat Club

Began Rowing: 2000 -- Steel City Rowing Club

Date of Birth: 4/25/1986

Height: 6’2”

Weight: 160

High School: Taylor Allderdice High School

Undergraduate Education: Temple University, 2008

Occupation: Health Information Management Consultant at Diskriter, Inc.

Current Coach: John Hayburn

Years on National Team: One -- 2008, Under 23

National Results: Won the lightweight single sculls at the 2008 Under 23 World Championship Trials... Won the intermediate lightweight double sculls and lightweight quadruple sculls at the 2007 USRowing Club National Championships.

Personal: Sam’s hobbies include cycling and power lifting. The most influential person in his rowing career is his junior coach, Dan Grancea, who “taught me how to move the boat” and was the reason Sam went to college.

Lisa D’Aniello

Lightweight Women’s Double Sculls

Hometown: Niskayuna, N.Y.

Current Residence: Niskayuna, N.Y.

Club Affiliation: Pocock Rowing Center

Began Rowing: 2001 -- Niskayuna High School

Date of Birth: 4/6/1986

Height: 5’7”

Weight: 125

High School: Niskayuna High School

Undergraduate Education: Marist College, Psychology/Special Education, 2008

Graduate Education: Marist College, Educational Psychology, 2008

Current Coaches: Joshua Adam, Julie McCleery

Years on National Team: One -- 2008, Under 23

International Results: Won the lightweight quadruple sculls and open eight dash at the 2006 Canadian Henley.

National Results: Won the lightweight double sculls at the 2008 Under 23 World Championship Trials... Finished third in the lightweight double sculls at the 2007 USRowing Club National Championships... Finished second in the quadruple sculls at the 2006 USRowing National Championships... Won the double sculls at the 2006 Olympic Events Regatta.

Personal: Lisa enjoys running, cooking, travelling, scrapbooking and spending time with friends and family. A stress fracture in her rib at the beginning of the season almost kept Lisa from rowing this summer. She has competed in rowing and track at Marist College for four years and will run on the cross-country team in the fall of 2008.

Blaise Didier**Men's Eight****Hometown:** San Francisco, Calif.**Current Residence:** Seattle, Wash.**Club Affiliation:** University of Washington**Began Rowing:** 2002 -- Pacific Rowing Club**Date of Birth:** 3/29/1988**Height:** 6'6"**Weight:** 215**High School:** John O'Connell High School**Undergraduate Education:** University of Washington, Business**Current Coach:** Mike Callahan**Years on National Team:** One -- 2008, Under 23**National Results:** Won the Erickson Memorial Cup in the freshman eight at the 2007

Windermere Cup...Took silver in the varsity eight at the 2007 Pac-10 Championships...Placed third in the varsity eight at the 2007 Intercollegiate Rowing Association (IRA) Championships.

Personal: Blaise enjoys archery and card tricks. His pre-race rituals include no hair cuts and keeping the same facial hair style. He lists his most memorable sporting achievement as breaking six minutes on his 2,000-meter erg test. Blaise chose rowing because hard work matters more than talent alone. The most influential people in his sporting career are Ted Murphy and Mike Callahan because they have helped him in the process of achieving his dreams. Blaise lists his dad as his personal hero because he really respects and tries to emulate him. He aspires to go to the 2012 Olympic Games in London and win a gold medal.**James Donovan****Lightweight Men's Double Sculls****Hometown:** Easton, Conn.**Current Residence:** Easton, Conn.**Club Affiliation:** Princeton University**Began Rowing:** 2004 -- Saugatuck Rowing Club**Date of Birth:** 7/11/1987**Height:** 6'2"**Weight:** 155**High School:** Joel Barlow High School**Undergraduate Education:** Princeton University**Current Coach:** Greg Hughes**Years on National Team:** Two -- 2007-08, Under 23**International Results:** Finished sixth in the lightweight double sculls at the 2007 FISA Under 23 World Championships.**National Results:** Won the lightweight double sculls at the 2008 Under 23 World Championship Trials...Finished second in the varsity lightweight eight at the 2008 Eastern Sprints...Finished second in the lightweight freshman eight at the 2007 Eastern Sprints...Finished second in the four at the 2007 Intercollegiate Rowing Association (IRA) Championships.**Personal:** James has been a rower since high school. A long-time athlete, he enjoys biking, swimming and spending time with his friends. James' desire to row comes from his love of competition and hard work. He hopes to one day row in an Olympic boat.

Zach Ellison**Men's Single Sculls****Hometown:** Duluth, Minn.**Current Residence:** Minneapolis, Minn.**Club Affiliation:** Minneapolis Rowing Club/Minnesota Rowing Foundation**Began Rowing:** Duluth Rowing Club**Date of Birth:** 5/12/1987**Height:** 6'3"**Weight:** 208**High School:** East High School**Undergraduate Education:** University of Minnesota, Kinesiology, 2010**Current Coaches:** Joe Dowd, James Dundon**Years on National Team:** One -- 2008, Under 23**National Results:** Placed second in the single sculls at the 2008 USRowing National Championships...Won the single sculls at the 2008 Under 23 World Championship Trials...Won gold in the single sculls at the 2008 Minneapolis Sprints...Took third in the freshman four at the 2007 Dad Vail Regatta.**Personal:** Zach enjoys beat boxing, playing pool and hunting. Zach lists his parents as the most influential people in his sporting career. "They raised me to be determined and to go for anything." He was also influenced by his cousin, Matt Elias, for making him competitive in everything he does.**Anthony Fahden****Lightweight Men's Four****Hometown:** Lafayette, Calif.**Current Residence:** Lafayette, Calif.**Club Affiliation:** California Rowing Club**Began Rowing:** 2001 -- Oakland Strokes**Date of Birth:** 2/27/1986**Height:** 5'11"**Weight:** 150**High School:** Acalanes High School**Undergraduate Education:** Dartmouth College, Art History, 2008**Current Coaches:** Luke Agnini, Tim McLaren, Joel Scrogin**Years on National Team:** One -- 2008, Under 23**International Results:** Won the senior eight at the 2007 Reading Town Regatta.**National Results:** Won the varsity lightweight eight at the 2007 Eastern Sprints...Finished second in the eight at the 2004 USRowing Youth National Championships...Won the eight at the 2004 USRowing Southwest Regional Junior Championships.**Personal:** Anthony's hobbies include home renovation, making soap, Native American rights, travel and wine. After playing hockey for 10 years, he took up crew to try something different. Anthony lists the most influential person in his rowing career as Jeremiah Dees, his first crew coach.**Kady Glessner****Women's Eight****Hometown:** Seattle, Wash.**Current Residence:** Boston, Mass.**Club Affiliation:** Northeastern University**Began Rowing:** 2002 -- Holy Names Academy

Date of Birth: 3/11/1986 **Height:** 6'0" **Weight:** 180

High School: Holy Names Academy

Undergraduate Education: Northeastern University, Psychology, 2009

Current Coach: Joe Wilhelm

Years on National Team: Two -- 2006, 2008, Under 23

International Results: Won gold in the eight at the 2006 FISA World Rowing Under 23 Championships.

Personal: Kady took this last year off of rowing due to nerve damage in her right arm. She enjoys photography, reading and squash. She was named First-Team All-New England in 2006 and 2007, Second-Team All-American in 2006 and 2007, and Second-Team All-New England in 2005. With the encouragement of her sister who rowed, Kady began rowing. She said her greatest sporting achievement thus far is winning a gold medal at the 2006 FISA World Rowing Under 23 Championships. Her first rowing coach, Julie Raney, is the most influential person in her rowing career because she taught Kady how to push through all the nonsense and love the sport. She hopes to row for a few more years before going back to school to earn a higher degree.

Max Goff

Men's Four

Hometown: Sun Prairie, Wis.

Current Residence: Madison, Wis.

Club Affiliation: University of Wisconsin

Began Rowing: 2006 -- University of Wisconsin

Date of Birth: 10/12/1987 **Height:** 6'5" **Weight:** 205

High School: Sun Prairie High School

Undergraduate Education: University of Wisconsin, Mechanical Engineering, 2010

Current Coaches: Chris Clark, Joel Scrogin

Years on National Team: One -- 2008, Under 23

International Results: Won the championship eight at the 2007 Canadian Henley.

National Results: Won the four at the 2008 Under 23 World Championship Trials...Won the varsity eight at the 2008 Intercollegiate Rowing Association (IRA) Championships...Won the varsity eight at the 2008 Eastern Sprints.

Personal: Max enjoys cooking and playing video games. He wears a Silverstein band shirt while warming up for races. He was greatly influenced by his high school football coach, Tim Bass, who "was the first person to really push me to succeed athletically." His crew was undefeated in 2008, winning both the Eastern Sprints and IRA Championships.

Andrew Hatzenbuhler

Men's Pair

Hometown: Farmington, Conn.

Current Residence: Philadelphia, Pa.

Club Affiliation: Penn Athletic Club

Began Rowing: 2002 -- Farmington High School

Date of Birth: 2/28/1986 **Height:** 6'4" **Weight:** 193

High School: Farmington High School

Undergraduate Education: Colgate University, 2008

Current Coach: Khaled Sanad

Years on National Team: One -- 2008, Under 23

National Results: Won the pair at the 2008 Under 23 World Championship Trials...Finished fifth in the four at the 2007 Intercollegiate Rowing Association (IRA) Championships...Finished eighth in the four with coxswain at the 2006 Intercollegiate Rowing Association (IRA) Championships.

Personal: Andrew enjoys rowing and rock climbing. His most memorable sporting achievement is beating the Oxford-Brookes University Rowing Club, who held the Temple Cup, in the first round of the 2007 Royal Henley Regatta. Andrew says he chose rowing because he enjoys the water.

Chad Healy

Lightweight Men's Four

Hometown: Ashland, Ore.

Current Residence: Annapolis, Md.

Club Affiliation: California Rowing Club

Began Rowing: 2004 -- Ashland Rowing Club

Date of Birth: 5/25/1987

Height: 6'0"

Weight: 160

High School: Ashland High School

Undergraduate Education: United States Naval Academy, Aerospace Engineering, 2009

Current Coaches: Tim McLaren, Joel Scrogin, Luke Agnini

Years on National Team: One -- 2008, Under 23

National Results: Finished second in the lightweight varsity eight at the 2008 Intercollegiate Rowing Association (IRA) Championships...Finished second in the freshman lightweight eight at the 2006 Eastern Sprints.

Personal: Chad enjoys many outdoor activities, including hiking, mountaineering, cycling and swimming. The most influential people in his sporting career are his parents, who he says "were the only ones who could drag me out of bed at 5 a.m. so I could practice." His most memorable sporting achievement is scoring a touchdown in fifth-grade flag football, the only one of his eight-year football career. He began rowing initially because it demands physical toughness, and the sport soon became an obsession. After his rowing career, Chad plans to become a naval aviator and eventually work for NASA.

Kristin Hedstrom

Lightweight Women's Double Sculls

Hometown: Concord, Mass.

Current Residence: Madison, Wis.

Club Affiliation: Pocock Rowing Center

Began Rowing: 2000 -- Community Rowing, Inc.

Date of Birth: 5/14/1986

Height: 5'6"

Weight: 123

High School: Concord-Carlisle High School

Undergraduate Education: University of Wisconsin, Business Management, 2008

Current Coaches: Josh Adam, Julie McCleery

Years on National Team: Two -- 2007-08, Under 23

International Results: Finished 16th in the lightweight double sculls at the 2007 FISA World Rowing Under 23 Championships.

National Results: Won in the lightweight double sculls at the 2008 Under 23 World Championship Trials... Won gold in the lightweight eight at the 2007 Eastern Sprints... Won the lightweight eight at the 2006 Intercollegiate Rowing Association (IRA) Championships... Won the lightweight eight at the 2006 Eastern Sprints.

Personal: Kristin enjoys being outside and chose rowing because she likes being on the water. In her spare time, she likes going to the beach, eating and hanging out with friends. Her most memorable sporting achievement is winning the IRA Championships in 2006. Kristin has a pre-race ritual of telling jokes at the starting line to ease the tension. She lists her high school coach, Ethan Curren, as the most influential person in her sporting career because he really made her passionate and excited about rowing.

Grant James

Men's Eight

Hometown: DeKalb, Ill.

Current Residence: Madison, Wis.

Club Affiliation: University of Wisconsin

Began Rowing: 2005 -- University of Wisconsin

Date of Birth: 8/17/1987

Height: 6'5"

Weight: 185

High School: DeKalb High School

Undergraduate Education: University of Wisconsin, Mechanical Engineering, 2010

Current Coach: Chris Clark

Years on National Team: One -- 2008, Under 23

International Results: Won gold in the championship eight at the 2007 Canadian Henley.

National Results: Won gold in the varsity eight at the 2008 Intercollegiate Rowing Association (IRA) Championships... Won the collegiate eight and placed second in the championship eight at the 2007 Head of the Charles.

Personal: Grant won the University of Wisconsin Alan Award in 2008. Grant is an elite-level high power rifle marksman, and he won the National Trophy Infantry Team Match at the National Rifle and Pistol Matches in 2006. He lists his most memorable sporting achievement as winning the 2008 IRA Championships. Chris Clark is the most influential person in his sporting career because he has worked with Grant since he was a novice and led him to become the best he could be in rowing. Grant would like to pursue a career in engineering after rowing.

Ross James

Men's Eight

Hometown: DeKalb, Ill.

Current Residence: Madison, Wis.

Club Affiliation: University of Wisconsin

Began Rowing: 2005 -- University of Wisconsin

Date of Birth: 8/17/1987

Height: 6'5"

Weight: 185

High School: DeKalb High School

Undergraduate Education: University of Wisconsin, Biological Systems Engineering, 2010

Current Coaches: Chris Clark

Years on National Team: One -- 2008, Under 23

International Results: Won gold in the championship eight at the 2007 Canadian Henley.

National Results: Won gold in the varsity eight at the 2008 Intercollegiate Rowing Association (IRA) Championships... Won gold in the varsity eight at the 2008 Eastern Sprints... Won gold in the collegiate eight at the 2007 Head of the Charles Regatta... Won gold in the four and pair at the 2007 USRowing Club National Championships.

Personal: Ross lists winning the 2008 IRA Championships as his most memorable sporting achievement. He won the University of Wisconsin Alan Award for improvement and promise for the future. He is a three-time national champion for High Power Rifle Marksmanship and was named National Trophy Infantry Team Match Junior Champion in 2006. Ross chose rowing his freshman year because he was eager to try something new. The most influential person in his sporting career is Chris Clark, whose leadership and confidence as a rowing coach and a role model has been an enormous force behind Ross' rowing success. He lists his personal hero as his mom, because she has single-handedly raised and guided 6'5" twin brothers. He aspires to have her strength of will. Ross hopes to take his rowing career as far as he can and then begin a career in engineering.

Colin Keogh

Men's Four

Hometown: Greenwich, Conn.

Current Residence: Greenwich, Conn.

Club Affiliation: California Rowing Club

Began Rowing: 2001 -- Salisbury School

Date of Birth: 1/19/1986

Height: 6'2"

Weight: 189

High School: Salisbury School

Undergraduate Education: Brown University, 2008

Current Coaches: Joel Scrogin, Tim McLaren

Years on National Team: One -- 2008, Under 23

National Results: Won the four at the 2008 Under 23 World Championship Trials... Finished second in the varsity eight at the 2008 Eastern Sprints... Finished third in the varsity eight at the 2006 Intercollegiate Rowing Association (IRA) Championships... Finished third in the varsity eight at the 2006 Eastern Sprints... Won the freshman eight at the 2005 Eastern Sprints.

Personal: Colin is a first-time national team member. He enjoys big game hunting, yachting and creating hedge art. His grandfather, James Keogh, was an executive editor of *Time* magazine and a speech writer for Richard Nixon.

Nathanael "Skip" Kielt

Lightweight Men's Pair

Hometown: Buffalo, N.Y.

Current Residence: Wilson, N.Y.

Club Affiliation: West Side Rowing Club/California Rowing Club

Began Rowing: 2000 -- St. Joseph's Collegiate Institute/West Side Rowing Club

Date of Birth: 3/21/1987

Height: 6'0"

Weight: 155

High School: St. Joseph's Collegiate Institute

Undergraduate Education: Rutgers University, Environmental Planning, 2010

Current Coach: Joel Scrogin

Years on National Team: One -- 2008, Under 23

National Results: Won the lightweight pair at the 2008 Under 23 World Championship Trials...Finished sixth in the varsity pair at the 2008 Intercollegiate Rowing Association (IRA) Championships...Won the senior B lightweight eight at the 2006 Canadian Henley...Won the junior B eight at the 2002 USRowing National Championships.

Personal: Skip received the Rutgers Lightweight MVP Award in 2007 and 2008. Skip's personal hero is his grandfather, because he taught him how to work hard. He hopes to one day coach rowing when he is done training.

Zach Krupp

Men's Four

Hometown: New Canaan, Conn.

Current Residence: Madison, Wis.

Club Affiliation: California Rowing Club

Began Rowing: 2003 -- New Canaan High School

Date of Birth: 6/15/1987

Height: 6'5"

Weight: 193

High School: New Canaan High School

Undergraduate Education: University of Wisconsin, Economics, 2009

Current Coaches: Joel Scrogin, Tim McLaren

Years on National Team: One -- 2008, Under 23

National Results: Won the four at the 2008 Under 23 World Championship Trials...Won gold in the varsity eight at the 2008 Intercollegiate Rowing Association (IRA) Championships...Won the varsity eight at the 2008 Eastern Sprints...Finished second in the second varsity eight at the 2007 Intercollegiate Rowing Association (IRA) Championships...Won the second varsity eight at the 2007 Eastern Sprints.

Personal: Zach's hobbies include building forts and baking. Zach listens to stand-up comedy before races. His personal hero is Abraham Lincoln.

Laura Larsen-Strecker

Women's Eight

Hometown: Brookline, Mass.

Current Residence: Brookline, Mass.

Club Affiliation: Harvard University

Began Rowing: 2001 -- Brookline High School

Date of Birth: 10/20/1986

Height: 6'1"

Weight: 190

High School: Brookline High School

Undergraduate Education: Harvard University, 2008

Current Coaches: Liz O'Leary, Kate Woll, Cory Bosworth

Years on National Team: One -- 2008, Under 23

National Results: Finished seventh in the varsity eight at the 2008 NCAA Championships...Placed 11th in the varsity eight at the 2007 NCAA Championships...Placed eighth in the second varsity eight at the 2005 NCAA Championships

Personal: Laura's hobbies include knitting, reading and cross-country skiing...She was named to the CRCA Division I Pocock All-American Team in 2008 and to the second team in 2007.

Jessica Leidecker**Women's Four****Hometown:** Westerville, Ohio**Current Residence:** Clemson, S.C.**Club Affiliation:** Clemson University**Began Rowing:** 2001 -- Westerville Crew**Date of Birth:** 6/12/1987**Height:** 6'0"**Weight:** 175**High School:** Westerville North High School**Undergraduate Education:** Clemson University, 2009**Current Coach:** Richard Ruggieri**Years on National Team:** One -- 2008, Under 23**National Results:** Won the four at the 2008 Under 23 World Championship Trials...Finished fourth in the women's eight at the 2008 South Central Region Championships...Finished 14th in the varsity eight at the 2008 NCAA Championships.**Personal:** Jess' hobbies include reading, kayaking, playing ultimate Frisbee and volunteering at the local animal shelter. She was named to the All-Atlantic Coast Conference, All-Regional and All-American teams in 2008. She began rowing because both her uncle and sister rowed.**Joe McMullin****Men's Four with Coxswain****Hometown:** Woodbridge, Va.**Current Residence:** Philadelphia, Pa.**Club Affiliation:** Penn Athletic Club**Began Rowing:** 2000 -- Woodbridge Crew**Date of Birth:** 3/28/1986**Height:** 6'4"**Weight:** 185**High School:** Woodbridge Senior High School**Undergraduate Education:** University of Wisconsin, History, 2008**Current Coach:** Khaled Sanad**Years on National Team:** Two -- 2004, Junior; 2008, Under 23**International Results:** Finished first in the B eight, senior eight and senior four at the 2007 Canadian Henley...Finished first in the B eight at the 2006 Canadian Henley...Finished fifth in the eight at the 2004 FISA Junior World Rowing Championships.**National Results:** Won the four with coxswain at the 2008 Under 23 World Championship Trials...Won the varsity eight at the 2008 Eastern Sprints...Finished second in the championship eight at the 2007 Head of the Charles Regatta...Won the varsity eight at the 2007 Intercollegiate Rowing Association (IRA) Championships...Finished third in the varsity eight at the 2007 Eastern Sprints.**Personal:** Joe enjoys playing video games and weightlifting. His most memorable sporting achievement is having an undefeated senior year at the University of Wisconsin. Before racing, Joe listens to hard rock and Daft Punk.

David Montani**Lightweight Men's Four****Hometown:** Lewiston, N.Y.**Current Residence:** Lewiston, N.Y.**Club Affiliation:** California Rowing Club**Began Rowing:** 2002 -- Nichols School**Date of Birth:** 7/31/1988**Height:** 6'2"**Weight:** 160**High School:** Nichols School**Undergraduate Education:** Fordham University, Finance, 2010**Current Coaches:** Luke Agnini, Joel Scrogin, Tim McLaren**Years on National Team:** One -- 2008, Under 23**International Results:** Finished fifth in the senior lightweight eight at the 2007 Canadian Henley... Won the junior B eight at the 2004 Canadian Henley.**National Results:** Won the lightweight eight at the 2008 Dad Vail Regatta... Won the lightweight four with coxswain at the 2007 Dad Vail Regatta... Won the lightweight four with coxswain at the 2006 Stotesbury Cup... Finished third in the lightweight eight at the 2005 Scholastic Rowing Association National Regatta... Finished fifth in the lightweight eight at the 2005 USRowing Youth National Championships... Won the junior B eight at the 2004 USRowing Club National Championships.**Personal:** David's hobbies include golfing, skiing, being outdoors, listening to music and watching Sportscenter. He began rowing because his sister convinced him that his size made him suitable as a rower. One of his most memorable sporting achievements is winning the lightweight eight at the 2008 Dad Vail Regatta. He lists the most influential people in his sporting career as his parents.**Michelle Nance****Women's Four****Hometown:** Simpsonville, S.C.**Current Residence:** Clemson, S.C.**Club Affiliation:** Clemson Development Camp/Clemson University**Began Rowing:** 2006 -- Clemson University**Date of Birth:** 6/20/1987**Height:** 5'11"**Weight:** 140**High School:** Mauldin High School**Undergraduate Education:** Clemson University, 2010**Current Coach:** Richard Ruggieri**Years on National Team:** One -- 2008, Under 23**National Results:** Finished fourth in the eight at the 2008 South Central Region Championships... Finished 14th in the varsity eight at the 2008 NCAA Championships.**Personal:** Michelle's hobbies include swimming, reading, travelling and learning foreign languages. She was named a Collegiate Rowing Coaches Association Scholar-Athlete in 2007 and 2008. Michelle joined crew at the urging of her freshman roommate in college... She would one day like to live abroad and work with an organization such as UNICEF or the Peace Corps.

Ed Newman

Men's Four

Hometown: Palos Park, Ill.

Current Residence: Madison, Wis.

Club Affiliation: California Rowing Club

Began Rowing: 2005, University of Wisconsin

Date of Birth: 3/1/1987

Height: 6'3"

Weight: 195

High School: Amos Alonzo Stagg High School

Undergraduate Education: University of Wisconsin, 2009

Current Coaches: Chris Clark, Joel Scrogin

Years on National Team: One -- 2008, Under 23

International Results: Won the championship eight at the 2007 Canadian Henley.

National Results: Won the four at the 2008 Under 23 World Championship Trials...Won the varsity eight at the 2008 Intercollegiate Rowing Association (IRA) Championship...Won the varsity eight at the 2008 Eastern Sprints...Finished second in the championship eight at the 2007 Head of the Charles Regatta...Finished third in the varsity eight at the 2007 Eastern Sprints.

Personal: Ed enjoys playing Risk. He is a 2007/2008 Big Ten Conference Scholar-Athlete. Ed says he chose rowing because of a need for competition.

Alex Osborne

Men's Eight

Hometown: Sherman Oaks, Calif.

Current Residence: Sherman Oaks, Calif.

Club Affiliation: Stanford University

Began Rowing: 2005 -- Stanford University

Date of Birth: 5/4/1987

Height: 6'3"

Weight: 198

High School: Harvard-Westlake School

Undergraduate Education: Stanford University

Current Coach: Craig Amerkhanian

Years on National Team: Two -- 2007-08, Under 23

International Results: Placed fourth in the eight at the 2007 FISA World Rowing Under 23 Championships.

National Results: Won the Copley Cup at the 2007 San Diego Crew Classic...Took silver in the varsity eight at the 2007 Intercollegiate Rowing Association (IRA) Championships...Won a gold medal in the freshman four at the 2006 Intercollegiate Rowing Association (IRA) Championships...Won a gold medal in the elite four at the 2006 USRowing National Championships.

Personal: Alex got interested in rowing thanks to Jon Allbin, his freshman coach at Stanford. He lists his mom and dad as his personal heroes because they are always encouraging him to try new sports and do his best. Alex enjoys playing golf, watching television, eating and running the dish with Eva. His most memorable sporting achievement is doing a 360-degree dunk in a slam dunk contest in 10th grade. For races, Alex wears his friend Andrew's Puma socks for good luck. He hopes to someday win the Henley Royal Regatta.

Bryan Pape**Men's Pair****Hometown:** Simsbury, Conn.**Current Residence:** Simsbury, Conn.**Club Affiliation:** Penn Athletic Club**Began Rowing:** 1998 -- Simsbury Summer Rowing Program**Date of Birth:** 4/17/1986**Height:** 6'5"**Weight:** 180**High School:** Simsbury High School**Undergraduate Education:** Colgate University, 2008**Current Coach:** Khaled Sanad**Years on National Team:** One -- 2008 Under 23**National Results:** Won the pair at the 2008 Under 23 World Championship Trials...Finished second in the varsity eight at the 2008 Dad Vail Regatta...Finished fifth in the four at the 2007 Intercollegiate Rowing Association (IRA) Championships.**Personal:** Bryan enjoys skiing and playing basketball. His most memorable sporting achievement is beating Oxford-Brookes at the 2007 Royal Henley Regatta. He enjoys great support from his parents, who offer encouragement and have been to every race. He looks forward to begin coaching rowing in the fall.**Kereeti Pisapati****Men's Four with Coxswain****Hometown:** Bethlehem, Pa.**Current Residence:** Pittsburgh, Pa.**Club Affiliation:** Penn Athletic Club**Began Rowing:** 2006 -- University of Pittsburgh**Date of Birth:** 3/5/1989**Height:** 5'3"**Weight:** 116**High School:** Liberty High School**Undergraduate Education:** University of Pittsburgh, Neuroscience, 2010**Occupation:** Volunteer EMT with Northern Valley EMS**Current Coaches:** Khaled Sanad, Daniel Grancea**Years on National Team:** One -- 2008, Under 23**National Results:** Won the four with coxswain at the 2008 Under 23 World Championship Trials...Won the lightweight four with coxswain at the 2008 Dad Vail Regatta...Won the lightweight four with coxswain at the 2008 ACRA National Championships...Finished fourth in the lightweight four with coxswain at the 2007 Head of the Charles Regatta.**Personal:** Kereeti's hobbies include playing videogames, basketball and snowboarding. He decided to become a coxswain upon the recommendation of his high school track coach. Kereeti plans to attend medical school and become a surgeon or neuro-ophthamologist.**Amanda Polk****Women's Eight****Hometown:** Pittsburgh, Pa.**Current Residence:** Pittsburgh, Pa.**Club Affiliation:** University of Notre Dame**Began Rowing:** 2002 -- Oakland Catholic High School**Date of Birth:** 8/2/1986**Height:** 5'11"**Weight:** 180

High School: Oakland Catholic High School

Undergraduate Education: University of Notre Dame, Biochemistry, 2008

Current Coach: Kevin Sauer

Years on National Team: Two -- 2004, Junior; 2008, Under 23

International Results: Placed seventh in the eight at the 2004 FISA World Rowing Junior Championships.

National Results: Won gold in the varsity eight at the 2008 Big East Conference Championships... Won gold in the varsity eight at the 2007 Big East Conference Championships... Placed third in the varsity eight at the 2007 Central South Region Championships... Won gold in the varsity eight at the 2006 Big East Conference Championships... Won gold in the varsity eight at the 2006 Central South Region Championships.

Personal: Amanda was selected a First-Team Collegiate Rowing Coaches Association All-American from 2006 to 2008. She was selected First-Team All-Central Region from 2006 to 2008. She was named Second-Team CRCA All-America in 2005. She was named First-Team CRCA All-Region Selection in 2005. Amanda was a 2005 Big East Academic All-Star. She lists her most memorable sporting achievements as being a part of the first NCAA team bid in the history of Notre Dame Women's Rowing and placing first in the varsity eight at the South Central Region Championships in 2006.

Robin Prendes

Lightweight Men's Double Sculls

Hometown: Miami, Fla.

Current Residence: Princeton, N.J.

Club Affiliation: Princeton University

Began Rowing: 2001 -- American Barge Club

Date of Birth: 12/13/1988

Height: 6'1"

Weight: 154

High School: Miami Coral Park Senior High School

Undergraduate Education: Princeton University

Occupation: Tour Guide, Princeton University

Current Coach: Greg Hughes

Years on National Team: Two -- 2006, Junior; 2008, Under 23

International Results: Finished 13th in the single sculls at the 2006 FISA World Rowing Junior Championships... Won silver medals in the A single sculls and B single sculls at the 2005 South American Speed Championships.

National Results: Won the lightweight double sculls at the 2008 Under 23 World Championship Trials... Finished sixth in the freshman eight at the 2008 Eastern Sprints... Won the single sculls at the 2006 Junior World Championship Trials... Won the junior double sculls, finished second in the junior single sculls and finished third in the junior quadruple sculls at the 2005 USRowing National Championships... Finished second in the quadruple sculls at the 2005 USRowing Youth National Championships.

Personal: Robin enjoys long walks on the beach, reading, watching cartoons and arguing with his double sculls partner, James Donovan. He lists the most influential person in his sporting career as Francisco Viacava, who taught him that "rowing is an art and hammering your way will not achieve success." Robin says he rows because of "the purity of the sport and its blindness to talent and skill, but strong judgment of perseverance."

Derek Rasmussen

Men's Eight

Hometown: Darnestown, Md.

Current Residence: Madison, Wis.

Club Affiliation: University of Wisconsin

Began Rowing: 2004 -- University of Wisconsin

Date of Birth: 2/13/1986

Height: 6'5"

Weight: 175

High School: Northwest High School

Undergraduate Education: University of Wisconsin, Mechanical Engineering/Economics, 2009

Coach: Chris Clark

Years on National Team: One -- 2008, Under 23

National Results: Won gold in the varsity eight at the 2008 Intercollegiate Rowing Association (IRA) Championships... Won gold in the varsity eight at the 2008 Eastern Sprints... Took second in the championship eight at the 2008 Head of the Charles Regatta... Placed third in the varsity eight at the 2007 Eastern Sprints.

Personal: Derek won the Sonju Award from the University of Wisconsin. He enjoys waterskiing, hunting, fishing and watching sports. In high school, he was a state medalist in track and cross-country. He never showers or stretches the morning of a race. Derek's most memorable achievement is winning a gold medal at the 2008 IRA Championships. His uncle, Jim Dyreby, was a four-time IRA champion in the 1970s. Derek was recruited to row at freshman orientation and lists Chris Clark as the most influential person in his rowing career. Derek aspires to take rowing as far as his personal potential allows.

Jamie Redman

Women's Eight

Hometown: Spokane, Wash.

Current Residence: Spokane, Wash.

Club Affiliation: Yale University

Began Rowing: 2004 -- Spokane River Rowing

Date of Birth: 7/19/1986

Height: 6'0"

Weight: 185

High School: Lewis and Clark High School

Undergraduate Education: Yale University, 2008

Current Coach: Will Porter

Years on National Team: Two -- 2007-08, Under 23

International Results: Placed third in the eight at the 2007 FISA World Under 23 Championships.

National Results: Won a gold medal in the varsity eight at the 2008 NCAA Championships... Won a gold medal in the varsity eight at the 2007 NCAA Championships... Won a gold medal in the varsity eight at the 2007 Eastern Sprints.

Personal: Jamie was an Academic All-American from 2006 to 2008. She was an NCAA Post-Graduate Scholarship winner in 2008. She lists winning the 2007 NCAA Championships to complete an undefeated collegiate rowing season and running the New York City Marathon as her most memorable sporting achievements. Before rowing, Jamie was an elite-level Nordic ski racer and competed in the 2001 and 2002 Junior Olympic Games. One of her role models is the Norwegian Nordic skier, Bjorn Daehlie, a 12-time Olympic medalist. She also admires cyclist

Tyler Hamilton for racing with a broken collar bone and placing fourth in the 2003 Tour de France. Jamie enjoys skiing, playing the fiddle, running and quilting. After rowing, she hopes to run more marathons, continue playing the violin and become a physical therapist.

Jessica Reel

Women's Eight

Hometown: Ojai, Calif.

Current Residence: Bay Area, Calif.

Club Affiliation: Stanford University

Began Rowing: 2004 -- Stanford University

Date of Birth: 6/12/1986 **Height:** 5'11" **Weight:** 143

High School: The Westminster Schools

Undergraduate Education: Stanford University, 2008

Graduate Education: Stanford University, 2008

Current Coach: Yaz Farooq, Kevin Saur

Years on National Team: One -- 2008, Under 23

National Results: Took second in the varsity eight at the 2008 NCAA Championships.

Personal: Jessica was named 2008 PAC-10 Conference Rower of the Year, 2008 Most Valuable Player, 2008 All-American and 2007 Academic All-American. She also received the College Rowing Coaches Association National Scholar Athlete Award from 2006 to 2008. Jessica received the Team Most Improved Award in the 2006 and Team Exemplary Novice Leader Award in 2005. She enjoys running, hiking, eating, hanging out with friends and family, coffee, cooking, painting and growing with Jesus. Jessica lists leading in the grand final of the varsity eight at the 2008 NCAA Championships as her most memorable sporting achievement.

Liz Robb

Women's Four

Hometown: Roswell, Ga.

Current Residence: Roswell, Ga.

Club Affiliation: Clemson University

Began Rowing: 2002 -- St. Andrew Rowing Club

Date of Birth: 7/23/1988 **Height:** 6'0" **Weight:** 170

High School: St. Francis High School

Undergraduate Education: Clemson University, 2011

Current Coach: Richard Ruggieri

Years on National Team: One -- 2008, Under 23

National Results: Won the four at the 2008 Under 23 World Championship Trials...Finished fourth in the varsity eight at the 2008 South Central Region Championships...Finished 14th in the varsity eight at the 2008 NCAA Championships.

Personal: Liz enjoys spending time with her family and friends, travelling, volunteering at children's hospitals and going to the beach. She was named the 2008 Atlantic Coast Conference Freshman of the Year and was named to the 2008 All-ACC Rowing Team and Second-Team All-Region. Her personal hero is her brother because he taught her to fight for what she wants. He passed away in 2007 from lung cancer.

Henrik Rummel**Men's Eight****Hometown:** Pittsford, N.Y.**Current Residence:** Cambridge, Mass.**Club Affiliation:** Harvard University**Began Rowing:** 2001 -- Pittsford Crew**Date of Birth:** 9/26/1987**Height:** 6'5"**Weight:** 217**High School:** Pittsford Mendon High School**Undergraduate Education:** Harvard University, Applied Mathematics/Economics**Current Coach:** Harry Parker**Years on National Team:** Three -- 2004-05, Junior; 2008, Under 23**International Results:** Won the Ladies Challenge Plate at the 2007 Henley Royal

Regatta... Won gold in the eight at the 2005 FISA World Rowing Junior Championships... Placed fifth in the eight at the 2004 FISA World Rowing Junior Championships... Won gold in the eight and four with coxswain at the 2003 CanAmMex Regatta... Placed third in the four with coxswain at the 2003 Canadian Henley.

National Results: Won gold in the varsity eight and at the 2007 Eastern Sprints. Won gold in the four with coxswain at the 2002 Empire State Games... Took second in the eight at the 2002 New York State Championships.

Personal: Henrik was named First-Team All-Ivy League in 2007. He enjoys Scrabble, basketball and pool. He was born in Copenhagen, Denmark, and moved to America in 2000. He speaks English, Danish, French and Swedish. In the fall of 2006, Henrik ruptured a tendon in his ankle and could not row for 15 weeks. He lists his most memorable sporting achievement as sweeping the Harvard-Yale Regatta in 2007. The most influential people in his sporting career have been his parents because they always supported Henrik and helped him through any troubles he had in sports. He lists his personal hero as his mother, who first signed him up for rowing. She is currently in Afghanistan, working as a Danish military doctor. She did a tour of duty in Iraq last year. Henrik aspires to someday row in the Olympics.

Theresa Shields**Women's Eight****Hometown:** Grosse Ile, Mich.**Current Residence:** Madison, Wis.**Club Affiliation:** University of Wisconsin**Began Rowing:** 2001 -- Grosse Ile High School**Date of Birth:** 5/28/1987**Height:** 5'11"**Weight:** 160**High School:** Grosse Ile High School**Undergraduate Education:** University of Wisconsin, 2010**Current Coach:** Bebe Bryans**Years on National Team:** One -- 2008, Under 23**International Results:** Took second in the senior B event at the 2007 Canadian Henley.

National Results: Won the intermediate pair and placed third in the senior pair at the 2007 USRowing Club National Championships.

Personal: Theresa was named Big Ten Second-Team All-Conference in 2008 and has served as class captain at the University of Wisconsin for the last three years. She was involved in synchronized skating at the elite level and was a member of the 2004 U.S. World Team on the

Crystallettes of Dearborn, Mich. Theresa chose rowing because she wanted a change from track and had to find a spring sport in high school. She lists her collegiate novice rowing coach, Nicole Borges, as the most influential person in her rowing career because she taught her that she could go as far as she wanted in this sport. Theresa's mother is her personal hero because she has an undying spirit of life and has shown it through her fight with cancer and her love for watching Theresa row and achieve her dreams. She aspires to become a high school math teacher and a rowing coach.

Katelin Snyder

Women's Eight

Hometown: Winter Park, Fla.

Current Residence: Winter Park, Fla.

Club Affiliation: University of Washington

Began Rowing: 2001 -- Winter Park High School

Date of Birth: 8/16/1987 **Height:** 5'5" **Weight:** 110

High School: Winter Park High School

Undergraduate Education: University of Washington, History, 2009

Current Coaches: Mike Callahan, Ben Fletcher, Kevin Sauer

Years on National Team: Three -- 2006-08, Under 23

International Results: Placed third in the eight at the 2007 FISA World Under 23

Championships... Won gold in the eight at the 2006 FISA World Under 23 Championships.

National Results: Took silver in the men's varsity eight at the 2008 Intercollegiate Rowing Association (IRA) Championships... Won gold in the men's varsity eight at the 2008 Pac-10

Championships... Won gold in the men's varsity eight at the 2007 Intercollegiate Rowing

Association (IRA) Championships... Won gold in the men's varsity eight at the 2007 Pac-10

Championships... Took silver in the men's championship eight at the 2006 Head of the

Charles... Won gold in the men's freshman eight at the 2006 Intercollegiate Rowing Association (IRA) National Championships... Won gold in the men's senior eight at the 2005 Scholastic National Championships.

Personal: Katelin broke her leg twice playing soccer, so she decided to try a "non contact" sport and become a coxswain. Her greatest sporting achievements are winning gold in the men's eight at the IRA National Championships in 2007 and winning Class Day her freshman year at the University of Washington. Katelin enjoys napping, rollerblading and going to the beach. She lists high school coach, Dan Bertossa, and Michael Callahan as the most influential people in her rowing career because they taught her the essential skills to succeed in rowing at the collegiate and elite levels.

Silas Stafford

Men's Eight

Hometown: Santa Rosa, Calif.

Current Residence: Stanford, Calif.

Club Affiliation: Stanford University

Began Rowing: 2004 -- UCLA

Date of Birth: 4/27/1986 **Height:** 6'4" **Weight:** 200

High School: Santa Rosa High School

Undergraduate Education: Stanford University, 2008

Graduate Education: Cambridge University, MPhil, 2009

Current Coaches: Craig Amerkhanian, Topher Bordeau, Mike Callahan

Years on National Team: Two -- 2007-08, Under 23

International Results: Placed fourth in the eight at the 2007 FISA World Rowing Under 23 Championships.

National Results: Tied for second in the varsity eight at the 2007 Intercollegiate Rowing Association (IRA) Championships...Won gold in the championship four at the 2006 Head of the Charles...Took silver in the varsity eight at the 2006 Pac-10 Championships...Won the Copley Cup at the 2006 San Diego Crew Classic.

Personal: Silas likes to write songs, cycle and backpack in his spare time. Before every race, Silas eats granola and GU. He wears his power-speed socks for important races. Racing at the Head of the Charles in 2006, running a 4:26-minute mile in high school and winning a silver medal at the IRA Championships are among his most memorable sporting achievements. Silas chose rowing because as he went through puberty, he got slower at running and needed to find something more competitive, so his sister suggested rowing. He lists his high school track coach and his brother as the most influential people in his athletic career because they showed Silas the value of hard work. He hopes to win an Olympic gold medal someday and win as many important races as possible until then.

Helen Tompkins

Women's Single Sculls

Hometown: Friendswood, Texas

Current Residence: Arlington, Va.

Club Affiliation: Potomac Boat Club

Began Rowing: 1996 -- Bay Area Rowing Club of Houston

Date of Birth: 1/2/1988 **Height:** 5'10" **Weight:** 155

High School: Friendswood High School

Undergraduate Education: University of Virginia, 2010

Current Coach: Rob McCracken

Years on National Team: One -- 2008, Under 23

National Results: Won the single sculls at the 2008 Under 23 World Championship Trials...Placed fourth in the second varsity eight at the 2008 NCAA Championships...Took second in the second varsity eight at the 2008 South Central Region Championships...Won gold in the second varsity eight at the 2008 ACC Championships.

Personal: Helen's hobbies include running, swimming, drawing and tutoring. Her personal hero is Olympic rower, Lindsay Shoop. The most influential person in her sporting career is her mother because she is very supportive.

Suzanne Van Fleet

Women's Eight

Hometown: West Chester, Pa.

Current Residence: Clemson, S.C.

Club Affiliation: Clemson University

Began Rowing: 2002 -- Wilmington Youth Rowing Association

Date of Birth: 9/16/1986 **Height:** 6'0" **Weight:** 170

High School: West Chester Henderson High School

Undergraduate Education: Clemson University, 2008

Current Coaches: Richard Ruggieri, Kevin Sauer

Years on National Team: Two -- 2007-08, Under 23

International Results: Took bronze in the eight at the 2007 FISA World Rowing Under 23 Championships.

National Results: Placed third in the women's varsity eight at the 2007 ACC Championships.

Personal: Suzanne is studying early childhood education at Clemson University and hopes to someday become a first-grade teacher. She was named a National Scholar Athlete from 2006 to 2008 and named to the All-ACC team in 2007 and 2008. She was also named to the 2008 South Region Team, 2008 All-American and served as 2008 Team Captain. One of her most memorable sporting achievements is receiving a bid to the 2008 NCAA Championships for the first time in the history of Clemson University. Suzanne enjoys spending time by the water, listening to music and volunteering at animal shelters. She started rowing after her high school rowing coach noticed she was wearing one of her sister's rowing T-shirts and talked her into giving it a try. Suzanne lists her older sister, Alison, and her cousin, Kelly, who passed away from cancer this spring, as the most influential people in her life.

John Wainwright

Lightweight Men's Four

Hometown: Alameda, Calif.

Current Residence: Alameda, Calif.

Club Affiliation: California Rowing Club

Began Rowing: 2005 -- Oregon State University

Date of Birth: 7/20/1986

Height: 6'0"

Weight: 155

High School: Bishop O'Dowd High School

Undergraduate Education: Oregon State University, Zoology, 2008

Current Coaches: Tim McLaren, Joel Scrogin, Luke Agnini

Years on National Team: One -- 2008, Under 23

International Results: Won the senior lightweight eight dash and finished second in the senior lightweight eight at the 2007 Canadian Henley...Finished second in the senior B lightweight eight at the 2006 Canadian Henley.

National Results: Won the senior lightweight four with coxswain and intermediate lightweight four with coxswain at the 2007 USRowing Club National Championships...Finished third in the freshman eight at the 2006 Pac-10 Championships.

Personal: John enjoys fishing, hunting, hockey, watching baseball and eating food that he cooks. After his rowing career, John would like to go to culinary school. His most memorable sporting achievement is winning the 1994 California District Four Tournament of Champions in junior minor league baseball. John's personal heroes are Chad Johnson and Manny Ramirez. As a pre-race ritual, he listens to *In the Air Tonight* by Phil Collins.

Dave Weir**Men's Four with Coxswain****Hometown:** Folsom, Calif.**Current Residence:** Corvallis, Ore.**Club Affiliation:** Penn Athletic Club**Began Rowing:** 2003 -- Capital Crew**Date of Birth:** 4/6/1987**Height:** 6'1"**Weight:** 180**High School:** Folsom High School**Undergraduate Education:** Oregon State University, Exercise Sports Science, 2009**Occupation:** Firefighter/EMT with the Corvallis Fire Department**Current Coach:** Khaled Sanad**Years on National Team:** One -- 2008, Under 23

National Results: Won the four with coxswain at the 2008 Under 23 World Championship Trials...Took third in the second varsity eight at the 2008 Pac-10 Championships...Finished 11th in the second varsity eight at the 2008 Intercollegiate Rowing Association (IRA) Championships...Finished fourth in the second varsity eight at the 2008 San Diego Crew Classic...Finished fourth in the second varsity eight at the 2007 Pac-10 Championships.

Personal: Dave enjoys California sunsets and early morning practices. After winning coach's choice awards in high school in football and wrestling, Dave dislocated his shoulder and began rowing because he could no longer participate in those sports.

Matt Wheeler**Men's Four with Coxswain****Hometown:** Eugene, Ore.**Current Residence:** Providence, R.I.**Club Affiliation:** Brown University/Penn Athletic Club**Began Rowing:** 2001 -- South Eugene High School**Date of Birth:** 5/2/1987**Height:** 6'10"**Weight:** 218**High School:** South Eugene High School**Undergraduate Education:** Brown University, Environmental Studies, 2009**Current Coach:** Khaled Sanad**Years on National Team:** One -- 2008, Under 23

National Results: Won the four with coxswain at the 2008 Under 23 World Championship Trials...Finished second in the varsity eight at the 2008 Eastern Sprints...Finished third in the varsity four at the 2007 Intercollegiate Rowing Association (IRA) Championships.

Personal: Matt was the captain of his high school crew team and senior class president. He enjoys stamp collecting. His personal hero is his dad. Matt plans to "keep it real" for the remainder of his days.

Greg Yurkow

Men's Four with Coxswain

Hometown: Haddonfield, N.J.

Current Residence: Haddonfield, N.J.

Club Affiliation: Penn Athletic Club

Began Rowing: 2004 Haddonfield Crew Club

Date of Birth: 7/10/1987

Height: 6'6"

Weight: 206

High School: Haddonfield Memorial High School

Undergraduate Education: Rutgers University, Chemistry, 2009

Current Coaches: Khaled Sanad, Steve Wagner

Years on National Team: One -- 2008, Under 23

National Results: Won the four with coxswain at the 2008 Under 23 World Championship Trials.

Personal: Greg began rowing because his high school had just started a club and thought his body weight and height were suitable for rowing. Greg enjoys playing Guitar Hero and the Nintendo Wii, and biking. His father is his biggest influence because of his support, and his mom is his personal hero.

United States Under 23 World Championships Finishes: 1992-2007

Under 23 Men

Year	4+	2x	2-	1x	4-	4x	8+	L1x	L2-	L2x	LM4-	LM4x
2007	-	-	-	-	-	16	4	-	-	6	11	10
2006	6	-	-	15	-	14	5	-	-	-	7	2
2005*	-	-	-	-	4	12	-	-	-	-	8	-
* World Under 23 Regatta Upgraded to World Under 23 Championships												
2004	-	-	-	-	-	-	-	-	-	-	-	-
2003	-	-	-	-	-	-	-	-	-	-	-	-
2002	-	-	3	-	-	-	1	-	-	-	-	-
2001**	-	-	4	-	-	-	2	-	-	-	-	-
** Nation's Cup Renamed World Under 23 Regatta												
2000	-	-	5	-	-	-	3	-	/	-	5	-
1999	-	-	7	-	-	-	1	-	/	-	-	-
1998	-	-	4	-	-	-	9	2	-	/	-	5
-	-	-	-	-	-	-	-	-	-	-	-	-
1997	-	-	-	8	10	8	2	-	/	16	5	-
1996	-	-	-	-	-	-	1	-	/	-	-	-
1995	-	-	-	-	-	-	3	-	/	-	-	-
1994	-	-	-	-	-	-	-	-	/	-	-	-
1993	-	-	-	-	-	-	-	-	/	-	-	-
1992	-	-	-	-	-	-	-	-	/	-	-	-

Under 23 Women

Year	4+/4-	2x	2-	1x	4x+/4x	8+	L1x	L2x
2007	-	-	6	-	1	3	15	16
2006	-	-	4	-	-	1	11	-
2005*	1	3	-	-	-	/	-	-
* World Rowing Under 23 Regatta Upgraded to World Under 23 Championships								
2004	-	-	-	-	-	/	-	-
2003	-	-	-	-	-	/	-	-
2002	4	3	2	-	-	/	-	-
2001**	2	-	-	-	-	/	-	-
** Nation's Cup Renamed World Under 23 Regatta								
2000	1	-	-	-	-	/	10	-
1999	3	-	-	-	-	/	8	-
1998	2	-	7	-	7	/	-	-
1997	5	-	6	15	5	/	-	dnq
1996	1	9	-	-	-	/	-	-
1995	-	-	3	-	7	/	-	11
1994	1	-	-	-	-	/	-	-
1993	-	-	-	-	-	/	-	-
1992	-	-	-	-	-	/	-	-

(-) USA did not enter boats in this event

(dnq) USA crews did not qualify for placement

(/) Event not included in schedule

Under 23 World Championships Medal Count

1992 Nation's Cup Regatta – Glasgow, Scotland

Under 23 Men

Event	Gold	Silver	Bronze
BM4+	GER	ROM	ITA
BM2x	ESP	GER	NOR
BM2-	ITA	GBR	GER
BM1x	NED	FIN	TUR
BM4-	GBR	ITA	GER
BM4x	ITA	GER	AUT
BM8+	GER	FRA	ESP
BLM1x	GER	GBR	GRE
BLM2x	GER	AUT	FRA
BLM4-	DEN	GER	GBR
BLM4x	GER	DEN	ITA

Under 23 Women

Event	Gold	Silver	Bronze
BW2x	ROM	GER	POL
BW2-	FRA	GBR	NED
BW1x	GER	AUT	GRE
BW4x	FRA	ITA	GBR
BLW1x	SWE	FRA	RFA
BLW2x	GER	ESP	GBR

1993 Nation's Cup Regatta – Ioannina, Greece

Under 23 Men

Event	Gold	Silver	Bronze
BM4+	GER	ROM	GBR
BM2x	NED	SUI	CRO
BM2-	ITA	RUS	LAT
BM1x	AUT	GRE	NED
BM4-	CRO	ITA	GRE
BM4x	ITA	GER	RUS
BM8+	GBR	GER	FRA
BLM1x	SVK	DEN	POL
BLM2x	AUT	GER	SUI
BLM4-	GER	FRA	NED
BLM4x	GER	ITA	ESP

Under 23 Women

Event	Gold	Silver	Bronze
BW4-	GER	NED	BUL
BW2x	ROM	GER	BUL
BW2-	FRA	LAT	GRE
BW1x	BUL	IRL	SUI
BW4x	GER	AUT	ITA
BLW1x	FRA	ITA	GER
BLW2x	GER	ITA	FIN

1994 Nation's Cup Regatta – Vaires, France

Under 23 Men

Event	Gold	Silver	Bronze
BM4+	ITA	FRA	CRO
BM2x	SUI	GER	FRA
BM2-	ITA	AUS	NOR
BM1x	DEN	NED	SLO
BM4-	ITA	GBR	ROM
BM4x	GER	FRA	ITA
BM8+	GER	POL	FRA
BLM1x	DEN	TUR	SVK
BLM2x	SWE	AUS	NOR
BLM4-	GBR	GER	ITA
BLM4x	DEN	ITA	GER

Under 23 Women

Event	Gold	Silver	Bronze
BW4-	USA	GER	FRA
BW2x	GER	ESP	AUT
BW2-	GER	GBR	ROM
BW1x	GER	AUT	SUI
BW4x	POL	GER	RUS
BLW1x	ITA	NED	GER
BLW2x	GER	ITA	AUS

1995 Nation's Cup Regatta – Groningen, The Netherlands

Under 23 Men

Event	Gold	Silver	Bronze
BM4+	YUG	ROM	CRO
BM2x	GER	NED	POL
BM2-	AUS	FRA	GER
BM1x	SLO	SUI	ARG
BM4-	GBR	GER	ITA
BM4x	GER	NOR	ITA
BM8+	GER	CZE	USA
BLM1x	DEN	GER	URU
BLM2x	SWE	GER	AUS
BLM4-	GBR	AUS	FRA
BLM4x	ITA	ESP	GER

Under 23 Women

Event	Gold	Silver	Bronze
BW4-	GER	NZL	GBR
BW2x	GER	LAT	POL
BW2-	GER	CZE	USA
BW1x	GER	FRA	SUI
BW4x	ROM	GER	RUS
BLW1x	SWE	DEN	CRO
BLW2x	GER	NED	GRE

1996 Nation's Cup Regatta – Hazewinkel, Belgium

Under 23 Men

Event	Gold	Silver	Bronze
BM4+	CRO	GBR	GER
BM2x	ITA	CZE	AUT
BM2-	CRO	AUS	GER
BM1x	ITA	GER	NED
BM4-	GBR	ROM	GER
BM4x	GER	ITA	POL
BM8+	USA	RUS	GER
BLM1x	IRL	FRA	ITA
BLM2x	ITA	HUN	GER
BLM4-	AUS	GBR	GER
BLM4x	GER	ITA	GBR

Under 23 Women

Event	Gold	Silver	Bronze
BW4-	USA	NZL	GER
BW2x	GER	ROM	CRO
BW2-	ROM	IRL	GER
BW1x	HUN	GER	GBR
BW4x	POL	GER	HUN
BLW1x	DEN	NED	CRO
BLW2x	GER	NED	ESP

1997 Nation's Cup Regatta – Milan, Italy

Under 23 Men

Event	Gold	Silver	Bronze
BM4+	CRO	POL	GER
BM2x	ITA	RUS	AUT
BM2-	POL	ITA	SLO
BM1x	NED	SLO	NZL
BM4-	ROM	AUS	NZL
BM4x	ITA	GER	ROM
BM8+	GER	USA	FRA
BLM1x	CZE	AUS	SUI
BLM2x	ITA	AUS	FRA
BLM4-	FRA	AUS	ESP
BLM4x	GER	RUS	ESP

Under 23 Women

Event	Gold	Silver	Bronze
BW4-	AUS	NZL	CAN
BW2x	ROM	HUN	GER
BW2-	GBR	RUS	IRL
BW1x	AUS	FRA	ITA
BW4x	GER	POL	RUS
BLW1x	ITA	NED	AUT
BLW2x	ESP	GER	AUS

1998 Nation's Cup Regatta – Ioannina, Greece

Under 23 Men

Event	Gold	Silver	Bronze
BM4+	ITA	POL	GER
BM2x	ITA	ESP	SUI
BM2-	NED	SLO	GER
BM1x	SLO	FRA	CRO
BM4-	ROM	GER	ITA
BM4x	AUS	GER	AUT
BM8+	AUS	USA	GER
BLM1x	GRE	ITA	GER
BLM2x	FRA	GER	ESP
BLM4-	FRA	GRE	GER
BLM4x	ITA	GBR	GRE

Under 23 Women

Event	Gold	Silver	Bronze
BW4-	AUS	USA	GBR
BW2x	FRA	GER	ROM
BW2-	GER	RUS	ITA
BW1x	ITA	NOR	NED
BW4x	GER	POL	HUN
BLW1x	DEN	SUI	AUT
BLW2x	AUS	ITA	SUI

1999 Nation's Cup Regatta – Hamburg, Germany

Under 23 Men

Event	Gold	Silver	Bronze
BM4+	CRO	FRA	GBR
BM2x	FRA	SLO	AUS
BM2-	ESP	SLO	SUI
BM1x	GER	LTU	GBR
BM4-	ROM	SLO	FRA
BM4x	GER	DEN	ROM
BM8+	USA	GER	RUS
BLM1x	AUS	AUT	GBR
BLM2x	AUT	FRA	CZE
BLM4-	DEN	AUS	FRA
BLM4x	ITA	GER	AUS

Under 23 Women

Event	Gold	Silver	Bronze
BW4-	GER	AUS	USA
BW2x	GBR	GER	RUS
BW2-	AUS	NED	RUS
BW1x	GER	AUS	SLO
BW4x	GER	POL	DEN
BLW1x	AUS	ITA	ESP
BLW2x	AUS	GER	AUT

2000 Nation's Cup Regatta – Copenhagen, Denmark

Under 23 Men

Event	Gold	Silver	Bronze
BM4+	GBR	ITA	SLO
BM2x	EST	AUT	SLO
BM2-	POL	CAN	GER
BM1x	GBR	GER	FRA
BM4-	YUG	AUS	FRA
BM4x	ROM	AUS	GER
BM8+	GER	AUS	USA
BLM1x	RUS	GER	HUN
BLM2x	AUT	DEN	FRA
BLM4-	DEN	FRA	IRL
BLM4x	DEN	GER	ESP

Under 23 Women

Event	Gold	Silver	Bronze
BW4-	USA	GER	ROM
BW2x	GER	RUS	ITA
BW2-	GBR	RUS	GER
BW1x	GBR	GER	AUS
BW4x	GER	AUS	POL
BLW1x	DEN	SUI	ITA
BLW2x	SUI	GER	ESP

2001 Under 23 World Regatta – Ottensheim, Austria

Under 23 Men				Under 23 Women			
Event	Gold	Silver	Bronze	Event	Gold	Silver	Bronze
BM4+	FRA	GER	YUG	BW4-	AUS	USA	GER
BM2x	EST	FRA	HUN	BW2x	AUS	GER	RUS
BM2-	FRA	AUS	SLO	BW2-	FRA	ROM	GER
BM1x	NOR	IRL	GER	BW1x	BLR	LAT	GRE
BM4-	YUG	GBR	ROM	BW4x	AUS	GER	POL
BM4x	GER	SLO	AUS	BLW1x	POL	ESP	GBR
BM8+	CAN	USA	POL	BLW2x	ROM	AUT	SUI
BLM1x	POL	DEN	RUS				
BLM2-	YUG	FRA	GER				
BLM2x	GER	AUT	SUI				
BLM4-	GER	IRL	AUS				
BLM4x	GER	ITA	ARG				

2002 Under 23 World Regatta – Genoa, Italy

Under 23 Men				Under 23 Women			
Event	Gold	Silver	Bronze	Event	Gold	Silver	Bronze
BM4+	ITA	YUG	FRA	BW4-	AUS	NED	RUS
BM2x	GER	POL	DEN	BW2x	ITA	GER	USA
BM2-	GER	ITA	LAT	BW2-	AUS	USA	GER
BM1x	GBR	AUS	HUN	BW1x	GER	CZE	FRA
BM4-	ROM	GER	ITA	BW4x	GER	AUS	RUS
BM4x	FRA	ITA	GER	BLW1x	ESP	CZE	GER
BM8+	USA	CAN	GER	BLW2x	CAN	GER	AUS
BLM1x	GER	AUT	DEN				
BLM2-	CAN	AUS	YUG				
BLM2x	ITA	NED	SUI				
BLM4-	FRA	AUS	AUS				
BLM4x	AUS	ITA	GER				

2003 Under 23 World Regatta – Belgrade, Serbia

Under 23 Men				Under 23 Women			
Event	Gold	Silver	Bronze	Event	Gold	Silver	Bronze
BM4+	GER	ITA	SCG	BW4-	GER	AUS	CHN
BM2x	ITA	GER	FRA	BW2x	AUS	POL	CZE
BM2-	GER	LAT	RUS	BW2-	ROM	AUS	GBR
BM1x	AUS	LTU	NED	BW1x	GER	SWE	LAT
BM4-	ROM	GER	IRL	BW4x	ROM	RUS	LAT
BM4x	AUS	ITA	POL	BLW1x	CHN	SUI	GER
BM8+	CAN	FRA	AUS	BLW2x	CHN	GER	CAN
BLM1x	SLO	AUS	HKG				
BLM2-	ITA	AUS	GBR				
BLM2x	HUN	CHN	POL				
BLM4-	AUS	FRA	GER				
BLM4x	POL	ITA	GER				

2004 Under 23 World Regatta – Poznan, Poland

Under 23 Men				Under 23 Women			
Event	Gold	Silver	Bronze	Event	Gold	Silver	Bronze
BM4+	AUS	GBR	GER	BW4-	GBR	AUS	CAN
BM2x	GER	BLR	RUS	BW2x	CZE	GER	AUS
BM2-	FRA	GER	POL	BW2-	GER	ROM	GBR
BM1x	LAT	GBR	NED	BW1x	GER	AUS	SCG
BM4-	CRO	AUS	ESP	BW4x	NZL	ROM	GER
BM4x	GER	POL	AUS	BLW1x	CZE	RUS	AUS
BM8+	GER	CAN	BLR	BLW2x	CAN	GER	ESP
BLM1x	ITA	GER	SLO				
BLM2-	TUR	GER	GBR				
BLM2x	HUN	POR	CAN				
BLM4-	GER	ITA	CAN				
BLM4x	POL	GRE	ITA				

Prior to 2005, World Under 23 Regatta Upgraded to Under 23 World Championships

2005 Under 23 World Championships – Amsterdam, The Netherlands

Under 23 Men				Under 23 Women			
Event	Gold	Silver	Bronze	Event	Gold	Silver	Bronze
BM4+	GER	ITA	ROM	BW4-	USA	FRA	BLR
BM2x	ITA	GER	EST	BW2x	ITA	AUS	USA
BM2-	NED	GRE	POL	BW2-	ROM	GER	GBR
BM1x	NED	GER	LAT	BW1x	SCG	POL	GER
BM4-	SCG	GER	ESP	BW4x	ROM	GER	NZL
BM4x	BLR	ROM	UKR	BLW1x	GBR	NED	GER
BM8+	ROM	ITA	CAN	BLW2x	GER	ITA	AUS
BLM1x	GBR	SLO	NZL				
BLM2-	ITA	GBR	GER				
BLM2x	CZE	POR	CAN				
BLM4-	GER	GRE	ITA				
BLM4x	ITA	GBR	GER				

2006 Under 23 World Championships – Hazewinkel, Belgium

Under 23 Men				Under 23 Women			
Event	Gold	Silver	Bronze	Event	Gold	Silver	Bronze
BM4+	NZL	AUS	ITA	BW4-	AUS	BLR	POL
BM2x	BLR	ITA	RUS	BW2x	CZE	GER	NED
BM2-	GER	SCG	GBR	BW2-	ROM	GER	AUS
BM1x	GER	NZL	ROM	BW1x	POL	SCG	SUI
BM4-	CZE	GRE	GER	BW4x	ROM	GBR	GER
BM4x	UKR	ROM	GER	BW8+	USA	BLR	GER
BM8+	CAN	GER	ITA	BLW1x	GRE	GBR	FRA
BLM1x	NZL	FRA	TUR	BLW2x	RUS	GER	POL
BLM2-	GBR	ITA	RSA				
BLM2x	NZL	ITA	CZE				
BLM4-	ITA	GRE	GER				
BLM4x	GER	USA	AUS				

2007 Under 23 World Championships – Strathclyde, Scotland

Under 23 Men Under 23 Women

Event	Gold	Silver	Bronze	Event	Gold	Silver	Bronze
BM4+	ITA	FRA	GBR	BW4-	ITA	AUS	GBR
BM2x	BLR	GER	GBR	BW2x	CZE	GER	POL
BM2-	GRE	ITA	GBR	BW2-	GBR	ROU	BLR
BM1x	NZL	LTU	GER	BW1x	NZL	POL	HUN
BM4-	GER	NZL	GBR	BW4x	USA	AUS	GBR
BM4x	GER	FRA	AUS	BW8+	BLR	GER	USA
BM8+	EST	GER	AUS	BLW1x	GRE	FRA	GER
BLM1x	NZL	NED	GER	BLW2x	POL	DEN	ITA
BLM2-	ITA	RSA	ESP				
BLM2x	FRA	HUN	GER				
BLM4-	GRE	AUT	SUI				
BLM4x	ITA	FRA	DEN				