



MID-ATLANTIC BALLOT

Instructions for Organizational Member Ballots

Indicate the vote of your club or organization by writing the name of the preferred candidate in the space provided. The name of your club or organization, the name of the officer submitting the ballot, the signature of the officer, and the date all must be clearly written at the bottom of the ballot in order for the ballot to be valid. The club officer completing this ballot must sign the ballot for it to be valid.

NOTE: You must vote for one of the nominated candidates. **Write-in votes are not allowed.**

Masters Committee (Mid-Atlantic)

Candidates:

Loretta McCarthy

S.A. "Sally" O'Connor

First Choice: _____

Second Choice: _____

Masters Committee (At-Large Representative)

Candidate:

John Jablonic (Midwest)

Sunny McLean (Southeast)

John Nunn (Southwest)

S.A. "Sally" O'Connor (Mid-Atlantic)

Amy Shonstrom (Southwest)

First Choice: _____

Second Choice: _____

Third Choice: _____

Fourth Choice: _____

Fifth Choice: _____

Junior Men's Committee- Mid-Atlantic Representative

Candidate:

Craig Hoffman

First Choice: _____

Junior Men's Committee (At-Large Representative)

Candidate:

Will King (Southwest)

Ed Maxwell (Northwest)

First Choice: _____

Name of Organizational Member: _____ State: _____

Name of Organizational Officer Submitting Ballot: _____

USRowing Individual Member Number: _____

I hereby certify that I am authorized under the rules and bylaws of the above named club/organization to execute this ballot on its behalf, and that this vote is cast in accordance with its rules and bylaws.

Print Name: _____

Signed: _____ **Date:** _____

Ballots must be received or postmarked no later than **February 10, 2008**, in order to be valid.

Mail or fax ballots to:

ACFV, LLC
Attn: David Carmignani
3560 Quakerbridge Road
Mercerville, NJ 08619
Fax: (609) 890-4644

Do not send ballots to the USRowing office. ACFV is the official teller for USRowing election

USRowing Mid-Atlantic Candidate Biographies

The Candidates answered the following questions:

1. *What is your reason for running for this committee?*
2. *What particular qualifications and experience do you bring to the position that you seek?*

Answers were limited to 75 words; therefore some responses may be cut short.

Masters Committee- Mid-Atlantic Representative

Loretta McCarthy

1. A member of USRowing for 12 years and serving on the Masters Committee this last term, I have had the opportunity to contribute to the ongoing work of this great organization. I hope to continue to assist in meeting the needs of all rowers in promoting this sport.
2. My background and experience in competitive rowing, nationally and internationally, along with administrative duties within my club, helps me better serve the greater rowing community.

S.A. "Sally" O'Connor

1. I am an active masters coach and competitor in USRowing. I would like to volunteer my time to the organization, and make sure the needs of the members are represented.
2. I am a good communicator and, as the organizer of a rowing club with members from Florida to Alaska, I am in touch with the needs and the opinions of members of the masters rowing community.

Masters Committee- At-Large Representative

John Jablonic

1. I would like continue to be part of the Masters Committee that has made significant progress in the last few years. The committee has been instrumental in many areas of promoting and presenting new ideas and opportunities for masters rowers at all levels of participation.
2. I have been involved in the sport for 30 years and have raced competitively every year. My membership in various clubs over the years along with some coaching and club administration are valuable to understanding the sport and what we need to do to promote and enhance the rowing experience for all.

Sunny McLean

1. I have been active as an at-large delegate for 4 years, waiting for the SE position to open up. Rowing in an integral part of my life and this is one of the many ways I can give back.
2. Competitive rower for 20 years; 4 years as an at-large delegate; previous board member at Miami Rowing Club; current member of MRC Rowing Committee; director of the master women's rowing program; owner of my own consulting business. I have practical experience and business organizational skills.

John Nunn

1. As a current member of the Masters Committee, we have instituted several positive changes to help improve and grow masters rowing, a more efficient Nationals schedule, static referees, and club liaisons. I would like to continue to improve the masters rowing programs and events.
2. Cornell University- Varsity IRA Champion 8+, 1962 and 1963; Pan Am Games- 1x, Silver Medal, 1967; Mexico Olympics- 2x, Bronze Medal, 1968; Pan Am Games- 2x, Bronze Medal, 1971; Coach at USC, 1972-1975; Olympic Sculling Coach, Montreal, 1976; 1984 Olympics, Public Relations; USRowing Nationals competitor 1991- present; FISA Masters competitor, 1982- present; former executing director-

USRowing Masters Nationals; Long Beach Rowing Association- President, 1999-2003 and Vice President, 2004- present

S.A. "Sally" O'Connor

1. I am an active masters coach and competitor in USRowing. I would like to volunteer my time to the organization, and make sure the needs of the members are represented.
2. I am a good communicator and, as the organizer of a rowing club with members from Florida to Alaska, I am in touch with the needs and the opinions of members of the masters rowing community.

Amy Shonstrom

1. I am an active masters competitor at the national and international level. I am a past president of the Rocky Mountain Rowing Club during which I was responsible for establishing a coaching program and the expansion of the boathouse. My negotiating skills proved productive in dealing with state and local agencies for the boathouse expansion approval. I am a founder and current president of the Denver Boat Club.
2. The focus of the Masters Committee is to better serve the masters rowing community. I would like to continue to work on several big issues that we as a committee have been working on; static refereeing, improving national and regional regattas, and age handicaps. Moreover, I enjoy giving back to a sport that has offered me success and fulfillment and I would like to assure that environment is available for others.

Junior Men's Committee- Mid-Atlantic Representative

Craig Hoffman

1. To provide a fair opportunity for high school rowers to represent the United States at the Junior World Championships and CanAmMex. Through more competition at trials and selection camp will come more medals. It is important to note 90 United States junior team athletes over the last 12 years have rowed on the United States' under 23, world championship, and Olympic teams.
2. USA Junior National team coach 1993, 1994, 1995, 1996, 2000, 2001; Head Coach- Undine Junior Team 1992-1996; Head Coach- Malvern Prep School 1997- present; Junior Men's Committee- 1998-present

Junior Men's Committee- At-Large Representative

Will King

1. I would like to continue contributing to the effective committee that chair Craig Hoffman has developed. Due to our sound financial practices, we attract top athletes without regard to their ability to pay. I enjoy ensuring that our hiring, budgeting, fundraising, and communication practices are performed at commercial quality by bringing twenty-five years of business and non-profit experience to the committee.
2.
 - a. In touch with junior rowing stakeholders in multiple regions
 - b. Raised over \$60, 000 for USRowing Junior Men's teams
 - c. Bring financial discipline, both as former CFO and as treasurer of Jack London Aquatic Center, Inc.
 - d. Designed coach selection process that resulted in six highly-qualified applicants competing for position in 2005
 - e. Author of "Head of the Class: A Guide to College Recruiting for Junior Rowers and Their Parents", distributed by USRowing.

Ed Maxwell*

1. I would like to continue to serve the region as their representative to the Junior Men's Committee. I believe that I have done a good job representing the region and will continue to do so.

2. I have been coaching junior men for 23 years in the Northwest, and I have served as a members of the junior men's committee since 1987 (or so).

*Running for the at-large position and running un-opposed for the NW regional position to the Jr. Men's Committee