USRowing Northeast Junior District Championships

May 19-20, 2012

Lake Quinsigamond, Worcester, MA

USRowing and Quinsigamond Rowing Association are proud to present the 3rd Annual USRowing Northeast Junior District Championships. This event offers the most opportunities for crews within the region to qualify for the USRowing Youth National Championships, as well as an opportunity for novice and junior varsity crews to compete in a full slate of racing including heats, semi-finals, and finals.

Please read this packet completely as it includes information regarding entries, rules, events, Youth National Championships qualification and eligibility, and other information about the policies governing this regatta. All crews competing in the USRowing Northeast Junior District Championships are responsible for the information contained in this packet.

USRowing would like to thank the Quinsigamond Rowing Association for hosting this year's event. This will be the first time the event is held on this course.

Venue Information:

Venue – Lake Quinsigamond, Worcester, Mass.

Location: Regatta Point at Quinsigamond State Park

10 North Lake Ave.

Worcester, MA 01612

Driving directions are available online: http://www.qra.org/visitors/directions.html.

All crews must launch from Regatta Point. No crews will be allowed to launch from the Donahue Rowing Center.

Admission: There will be a $5/person admission charge to enter the Regatta Point area. Athletes and coaches wearing credentials will be allowed to enter free-of-charge.

Course: The course is a 2,000 meter, 6-lane, fully-buoyed course with stakeboats. Crews must be able to back into a stakeboat. Crews are not allowed to cross between stakeboats.

Public Urination Policy: Crews are absolutely forbidden from urinating in the lake. This rule is strictly enforced. Crews that urinate into the lake will not be allowed to return to the lake for any event for a full calendar year.

USRowing Membership:

The USRowing Northeast Junior District Championship is a USRowing-owned event.

Each participant is required to be a current, full-privileged individual member of USRowing. Each participant must also have a signed waiver on file for 2012.

Each competing organization is required to be a current organizational member of USRowing.

Memberships can be activated or renewed by visiting http://www.usrowing.org/join.aspx or by calling the Membership Services Department at (800) 314-4769.

Memberships should be handled prior to arriving for the event. Any memberships completed on-site will include an additional $5 administrative fee.

If you have questions regarding the status of your organizational or individual memberships, please contact our Membership Services department at (800) 314-4769 or members@usrowing.org.

We will be happy to provide a list of members and their member numbers, expiration dates and verified waivers.

Waivers:

USRowing waivers are available online. Please visit the Join/Renew page of the USRowing website or RegattaCentral to submit your online waiver.

Credentials:

Credentials will be issued to athletes once registration is complete, membership and waiver information is verified, and all fees are paid in full.

A coach or team representative may pick up the credentials for their team if all team members meet the above criteria and the organization's membership and regatta fees are paid in full. All team credentials must be picked up at the same time. Partial groups will not be distributed.

Athletes will be required to show credentials in order to pass through Control Commission and launch for racing sessions.

Crews will not be able to launch without showing proper credentials.

Credentials must also be shown at the gate to avoid the $5 admission fee.

Lost credentials may be replaced at the USRowing registration desk, but are subject to a $10 administrative fee.

Eligibility:

The USRowing Northeast Junior District Championships are open to junior rowers from Connecticut, Maine, Massachusetts, New Hampshire, New York, Rhode Island, and Vermont that meet the membership requirements stated above.

Crews from outside of the United States are not eligible to compete at this event.

Classifications:

Junior- A Junior is a competitor who in the current calendar year does not attain the age of 19, or who is and has been continuously enrolled in secondary school as a full-time student seeking a diploma. A competitor thus ceases to be a Junior after December 31 of the year of his or her 18th birthday, or of the year in which he or she completes the 12th grade of secondary school, having been a full-time student, whichever is later.

Post Graduates: Per Rule 4-104 (a), a student must be working towards their first secondary school diploma, therefore, post graduate students who attain the age of 19 in the current calendar year are ineligible to compete.

"2nd" Boats- The 2nd boat classification is not open to any rower competing in a Youth National Championship qualifying event. In order to enter a 2nd boat, organizations must also enter a boat in the corresponding Youth National Championship qualifying event.

"3rd" Boats- The 3rd boat classification is not open to any rower competing in a Youth National Championship qualifying event or in a "2nd" boat event. Organizations must have an entry in the corresponding "2nd" event to be eligible to place an entry in the "3rd" boat event.

Novice- A Novice shall be a coxswain or rower whose initial competition within the same discipline has been in the previous 12 months of the regatta. Coxswains who wish to become rowers may race for one year as a novice rower regardless of their coxing experience.

Unaffiliated- Crews entered as "Unaffiliated" are not considered to be representing a club or organization for this regatta. Competitors may compete as "unaffiliated" in single sculls only, as composite entries are not accepted for this event. "Unaffiliated" competitors must meet the individual membership requirements listed in this packet.

Youth National Qualification Rules:

The USRowing Northeast Junior District Championships offer 3 bids in each of the USRowing Youth National Championships events.

The bids will be distributed to the top 3 crews in each qualifying event that are eligible to qualify at the USRowing Northeast Junior District Championships.

Crews competing in the New York State Scholastic Championships that wish to use the USRowing Northeast Junior District Championships as their qualifying regatta must declare their intention no later than May 4, 2012.

Crews competing in the USRowing Northeast Junior District Championships that wish to use the NEIRA Championships as their qualifying regatta must declare their intention no later than May 9, 2012.

Declarations must be made using the online form.

Failure to declare a different regatta will result in using the first qualification regatta entered as the crew's qualification regatta.

All crews from a given organization must qualify at the same qualification regatta.

Should a non-qualifying crew finish in the top 3 of a qualifying event; the corresponding bid will be offered to the next highest placing crew that is using the Northeast Junior District Championship as their qualifying regatta. Bids will not be offered to crews finishing lower than 4th place in the event in question.

Only crews competing in Youth National Championship qualifying events are eligible to receive bids. Crews competing in 2nd, 3rd, or Novice events are ineligible to receive automatic bids. Crews competing in 2nd, 3rd, or Novice events are ineligible to petition to receive bids based on the results of non-qualifying races.

Full rules regarding qualification for the 2012 Youth National Championships are available in the event entry packet posted on the event website:

http://www.usrowing.org/Events/YouthNationals.aspx

Rules:

USRowing's Rules of Rowing will govern this event.

An online version is available at http://www.usrowing.org/About/RulesofRowing.aspx

USRowing licensed referees will officiate the event to ensure fairness and safety.

The following rules will be waived for this event:

- Rule 3-104 Minimum Weight of Boats

Equipment:

All equipment used in competition must meet the USRowing Rules of Rowing requirements for equipment, with the exception of the waived rule listed above. Each organization is responsible for ensuring that their equipment meets these standards.

Crews must provide their own bow balls and bow numbers.

Any equipment not meeting these standards, or judged to be unsafe by a USRowing official, will not be allowed onto the water.

Electronic Devices:

Per the approved rule changes for 2011, crews will be allowed to bring electronic devices on the water.

Cell phone use is prohibited from the time a crew reaches the launching area to the time they leave the recovery area, except in the case of an emergency.

Crews seen using cell phones in non-emergency situations may be excluded from competition.

Outside Assistance:

Crews are reminded that they are not to receive outside assistance during a race except from the unaided voice.

Weigh-Ins

Lightweights:

Lightweights shall weigh-in once **each day** no less than 1 hour and no more than 2 hours before the scheduled time for the first race in which the weight is relevant. Competitors shall be weighed in racing uniform, without shoes or other footgear.

Each junior rower shall have only 1 initial opportunity to weigh-in. A competitor within 1 pound or less of the weight standard is allowed 1 re-weigh within the official weigh-in time window. A competitor whose initial weight is greater than 1 pound above the weight standard will be ineligible to compete in the event.

Any crew failing to weigh in during their window of opportunity will not be eligible to compete.

Lightweight Men:	**Lightweight Women:**
Max: 160 lbs. (no average)	Max: 130 lbs. (no average)

Coxswains:

Coxswains shall weigh-in once **each day** no less than 1 hour and no more than 2 hours before the scheduled time for the first race in which the weight is relevant. Coxswains shall be weighed in racing uniform, without shoes or other footgear.

Any coxswain failing to weigh in during his or her window of opportunity will not be eligible to compete.

Coxswains who do not comply with the minimum weight standard must provide their own materials to create deadweight in accordance with the USRowing Rules of Rowing. This weight must be placed in the boat as close to the torso of the coxswain as possible, and is specifically forbidden to be distributed throughout the boat.

Crews must provide their own weight making materials.

Excess clothing, equipment, electronic systems, tools, and other utilitarian devices germane to competition shall not be considered part of the coxswain's weight and shall not be included as part of any deadweight.

Weighted vests cannot be worn in order to achieve the minimum weight.

Coxswain for Men's Event:

Minimum: 120 lbs.

Coxswain for Women's Event:

Minimum: 110 lbs.

Entry Information:

No paper entries will be accepted for this event. All entries must be made online at RegattaCentral. Initial registration will be available beginning March 1, 2012 and ending Wednesday, May 9, 2012. No refunds will be given once the initial registration period has ended.

All entry fees must be paid in full by Wednesday, May 9, 2012. After this date, unpaid entries will be considered late entries and subject to the conditions of such designation. Payment arrangements may be made by contacting alvin@usrowing.org prior to the deadline.

Youth National Championship qualifying events with entries from 2 or more organizations will be run as scheduled.

Non-Youth National Championship qualifying events with entries from 2 or fewer organizations at the close of registration will be scratched from the schedule.

Organizations with an outstanding balance will not be allowed to compete until the balance is paid in full.

Boat Class	Entry Fee ($)	Late Entry Fee ($)
8+	$100	$125
4+/4x	$80	$105
2x/2-	$50	$75
1x	$30	$55

Line-ups:

All entries should include the line-up of athletes to compete as part of that entry. All entry line-ups must be submitted by Monday, May 13, 2012. Any entry without line-ups after this time will be treated as a late entry. Line-ups with placeholder names such as "A. Rower" will be considered incomplete and will also be considered late entries.

After Monday, May 13, 2012, crews may substitute up to one half of its rowers, as well as its coxswain, excluding single sculls. After this deadline, no substitutions may be made for single scull entries except for illness or injury in accordance with the USRowing Rules of Rowing.

Line-up changes must be submitted no later than 1 hour before the first race of the event for which the crew is entered.

Late Entries:

Beginning May 10, 2012, entries may be accepted in events where additional entries do not change the progression, or exceed any listed entry maximums. These entries are subject to the higher entry fees listed above.

Late entries must be submitted either via RegattaCentral, or at the regatta venue. E-mail submissions will NOT be accepted.

Late entries must be submitted no later than the close of on-site registration on Friday, May 18, 2012.

Scratches:

Entries may be scratched or changed without penalty until May 9, 2012.

Scratches received beginning May 10, 2012, are not subject to a refund.

Scratches made after the Coaches and Coxswains Meeting, will be subject to a forfeiture of entry fees and an additional $25 scratch fee.

Scratches will be accepted via e-mail until May 18, 2012.

Beginning May 19, 2012, all scratches must be submitted to USRowing on-site using the forms provided at the USRowing registration desk.

Any crew failing to submit written notification of a scratch, either online or on-site, may be subject to an additional no-show fee of $50 to be charged to the RegattaCentral account holder.

Composite Entries:

Composite entries are not allowed at the USRowing Northeast Junior District Championships.

Crews, excluding single sculls, which include athletes competing as "unaffiliated", would have to enter as a composite crew, and are therefore ineligible to compete at this regatta.

Entry Limits:

Organizations may submit as many as two entries in each Youth National Championships qualifying event. Each entry is eligible to receive separate bids for Youth Nationals, meaning an organization can earn a maximum of two bids per event.

Due to scheduling concerns, all events will be limited to a maximum of 24 entries. Entries are taken on a first-come, first-served basis.

Progression:

USRowing Progression System "A" Modified for YNC Bid Process

Entries	Heats	Advancing in each Heat	Semifinals	Advancing in each Semifinal	Finals
1-6	0	-	-	-	Final Only
7	2	(all but last)	0	-	5-boat final
8-12	2	3	0	-	Grand Final
13-15	3	(all but last)	2	3	Grand Final
16-18	3	4	2	3	Grand Final
19-24	4	3	2	3	Grand Final

Each crew is responsible for knowing the progression of their event.

Only Grand Finals will be run at the 2012 USRowing Northeast Junior District Championships.

Non-Youth National qualifying events will run a complete progression, including heats and semifinals as required by the listed progression system.

Order of Events:

Below is the order in which finals are scheduled to be run. Events marked with an asterisk (*) are designated as Youth National Championship qualifying events.

1	**Womens Varsity 1x***	18	**Womens Varsity 4+***
2	**Mens Varsity 1x***	19	**Mens Varsity Ltwt 4+***
3	**Womens Varsity Ltwt 2x***	20	**Mens Varsity 4+***
4	**Womens Varsity 2x***	21	**Womens Varsity Ltwt 4+***
5	**Mens Varsity Ltwt 2x***	22	Womens Novice 3rd 8+
6	**Mens Varsity 2x***	23	Mens Novice 3rd 8+
7	**Womens Varsity 2-***	24	Womens Youth 3rd 8+
8	**Mens Varsity 2-***	25	Mens Youth 3rd 8+
9	Womens Novice 4+	26	Womens 2nd 8+
10	Mens Novice 4+	27	Mens 2nd 8+
11	Womens 2nd 4x	28	Womens Novice 2nd 8+
12	Mens 2nd 4x	29	Mens Novice 2nd 8+
13	**Womens Varsity 4x***	30	Womens Novice 8+
14	**Mens Varsity 4x***	31	Mens Novice 8+
15	**Womens Varsity Ltwt 8+***	32	**Mens Varsity Ltwt 8+***
16	Womens 2nd 4+	33	**Womens Varsity 8+***
17	Mens 2nd 4+	34	**Mens Varsity 8+***

The schedule of races will be determined based on the number of entries at the close of registration.

Schedule Information:

Heats and semifinals will be run as close to the order of finals as possible.

Heats will be run on Saturday.

Semifinals will be run as permitted by the schedule and available time. Semifinal races may be scheduled on Saturday and/or Sunday.

Grand Finals will be run Sunday.

This schedule is tentative and subject to change.

Coaches and Coxswains Meeting:

Coaches and Coxswains Meeting will be scheduled for Friday, May 18 at 6:30 PM.

Medals:

Medals will be awarded to the first, second, and third-place finishers in each Grand Final.

A final must contain a minimum of 4 boats in order for a third-place medal to be awarded. This rule applies to both qualifying and non-qualifying events.

The awarding of medals is determined by place regardless of the crew's Youth National Championship qualification declaration. Therefore, the awarding of medals may not necessarily reflect the awarding of Youth National Championship bids.

Inclement Weather Information:

The Chief Referee, USRowing, and Local Organizing Committee will work together to monitor the weather continuously during the regatta.

In the event that inclement weather causes delays in the regatta schedule, the following weather plan will be utilized:

Notification Process:

All schedule change notifications will be announced in the following places:

- On-site on the results/announcements board by the boathouse
- On-site through any on-site public address systems in use
- Online via Twitter, Facebook, RegattaCentral, and the USRowing website
- Via text message. Coaches, athletes, and parents can register to receive weather related text messages by texting "USRNortheast" to 313131.

Schedule Changes will be made with the following priorities

- Delay racing either later the same day or to the next day, if time is available.
- Begin racing earlier than previously announced. Announcement will be made no later than 3 hours before racing or 9:00 PM the evening before in the case of morning racing.
- Utilize a time-trial system for a round of the event.
- Omit a round of the event. The composition of the next round will be determined on the basis of the results of those rounds that have been completed. If grand finals must be omitted, medals and Youth National Championship bids will be awarded based on the results of the last completed round of the event.
- Cancel some or all non-Youth National Championship qualification events.
- Cancel regatta.

Under no circumstances will races be rescheduled for a date later than May 20, 2012.

Lodging Information:

USRowing has partnered with EMC Venues to provide accommodation options for teams and spectators travelling to the 2012 USRowing Northeast Junior District Championships.

Rooms are now available at a variety of hotel properties near the Worcester venue.

Use the link below to find a listing of available properties:

USRowing Northeast Junior District Championship Hotel Link

Contact Information:

AJ Dominique III, Events Manager, USRowing

alvin@usrowing.org

609-751-0705